



2010 Annual Report

*Improving People's Lives...
Working Together for a Healthy Nebraska*



Behavioral Healthcare

STRUCTURE AND GOVERNANCE

Region 6 Behavioral Healthcare (Region 6) is a quasi-governmental entity, comprising of five counties in eastern Nebraska, originally established through state legislation enacted in 1974 and re-confirmed in the Nebraska Behavioral Health Services Act of 2004. The Region's statutory responsibility include:

- Comprehensive planning, development, integration, and coordination of an array of publicly-funded community-based behavioral health treatment and rehabilitation services
- Preparation of funding plans and budgets that document the behavioral health services and activities provided in the region
- Coordination of site reviews of services

This regional system provides strategies for local participation, governance and autonomy in the development and delivery of behavioral health services. These efforts are further enhanced through the partnerships created with consumers, service providers, state agencies, and other care systems.

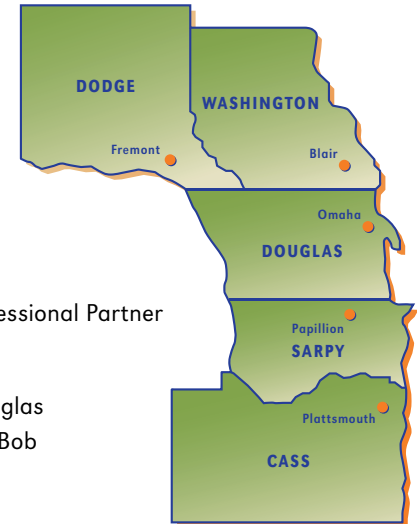
In addition, Region 6 provides funding and technical assistance to local community coalitions that make up a prevention system that strives to prevent and/or reduce tobacco, alcohol and other drug use in our communities. This initiative is part of the Substance Abuse Prevention Block Grant and Tobacco Free Nebraska.

Region 6 provides a child and youth behavioral health case management program, Professional Partner Program, which was originally established by legislative appropriations.

Region 6 Governing Board members are elected county officials that include: Chair, Douglas County, Mary Ann Borgeson; Vice Chair, Cass County, R.W. (Ron) Nolte; Dodge County, Bob Missel; Sarpy County, Rich Jansen; and Washington County, Duane Wilcox.

Region 6 Behavioral Health Advisory Committee members include: Sarpy County, Chair, Mike Smith and Vice Chair, Ann Ebsen; Douglas County, Mary Angus and Jo Lynn Coles; Washington County, Donna Mahlendorf; Consumer Advisory Team, Michael Touzin.

Patricia E. Jurjevich serves as the Regional Administrator.

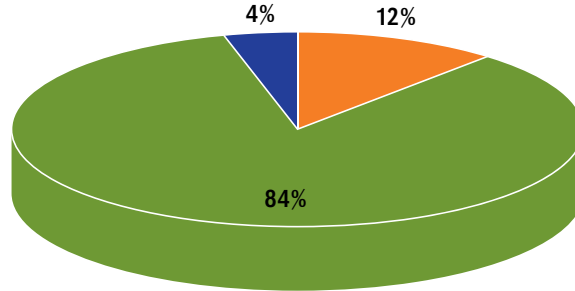


Population 744,546 which is 41% of the State.

Source: US Census Bureau 2009

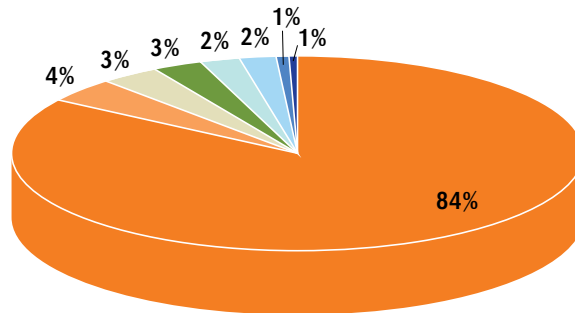
FUNDING AND EXPENDITURES

FY 2010 Funding Sources



- State Funds | \$23,884,863
 - Federal Funds | \$3,317,855
 - County Funds | \$1,204,630
- Total \$28,407,348**

FY 2010 Expenses by Program Area



- Community-Based Network Services | \$23,892,977
 - One-Time Grants | \$1,171,389
 - Rental Voucher Program | \$936,240
 - Administrative & Quality Improvement | \$814,047
 - Intensive Case Management, Child Welfare | \$653,934
 - Tobacco Control Program | \$597,621
 - Homeless Transition Project | \$221,611
 - Other Federal Grants and State Contracts | \$119,529
- Total \$28,407,348**

LEVELS OF CARE AND NETWORK PROVIDERS

Region 6 contracted with a network of 18 community-based service organizations to provide behavioral health treatment, rehabilitation and prevention services.

Emergency Services

Level of Care	Service Provider
Emergency Community Support	Salvation Army
Civil Protective Custody/Emergency Protective Custody (CPC/EPC)	Catholic Charities
Emergency Detoxification	Catholic Charities
Urgent Medication Management	Lutheran Family Services
Urgent Outpatient	Lutheran Family Services
Mobile Crisis Response	Heartland Family Service, Lutheran Family Services

Inpatient

Level of Care	Service Provider
Acute Inpatient/Subacute	Alegent Health, Douglas County Community Mental Health Center, Lasting Hope Recovery Center

Residential

Level of Care	Service Provider
Psychiatric Residential Rehabilitation	Community Alliance
Secure Residential	Telecare Corporation
Halfway House	ARCH, Santa Monica
Intermediate Residential	Catholic Charities, Santa Monica
Short Term Residential (Enhanced)	Catholic Charities, NOVA Therapeutic Community
Therapeutic Community	Heartland Family Service, NOVA Therapeutic Community
Dual Disorder Residential	Catholic Charities

Non Residential

Level of Care	Service Provider
Assertive Community Treatment (ACT)	Community Alliance
Community Support	Catholic Charities, Community Alliance, Friendship Program, Lutheran Family Services, Salvation Army
Day Rehabilitation	Community Alliance, Friendship Program
Day Treatment	Douglas County Community Mental Health Center
Region 6 Housing Voucher Program	Community Alliance Housing Management Services
Intensive Community Services	Community Alliance, Salvation Army
Intensive Outpatient	Catholic Charities, Lutheran Family Services
Medication Management	Catholic Charities, Douglas County Community Mental Health Center, Heartland Family Service, Lutheran Family Services
Methadone Maintenance	BAART Community Healthcare
Outpatient, Mental Health and Substance Abuse	Alegent Health, Catholic Charities, Douglas County Community Mental Health Center, Heartland Family Service, Lutheran Family Services, Nebraska Urban Indian Health Coalition
Homeless Transition Services	Community Alliance
Family Programming	Catholic Charities
Supported Employment	Community Alliance
Peer Services	Catholic Charities, Community Alliance, Douglas County Community Mental Health Center

Specialized Children/Youth Services

Level of Care	Service Provider
Outpatient	Heartland Family Service, Lutheran Family Services, Nebraska Urban Indian Health Coalition
Intensive Outpatient	NOVA Therapeutic Community
Respite Care	Lutheran Family Services
Therapeutic Community	NOVA Therapeutic Community
Professional Partners, including Transition Age Youth and Rapid Response Programs	Region 6 Behavioral Healthcare
Community Support	Catholic Charities

Prevention

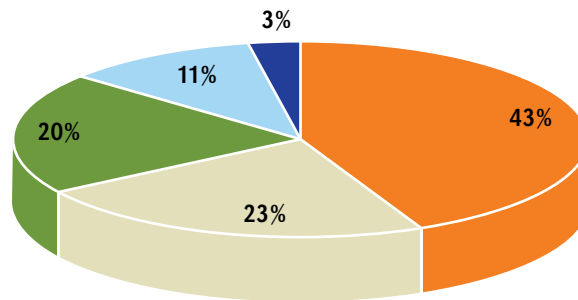
Coalition	Sub Contracted Service Providers
The Metro Area Tobacco Action Coalition (MOTAC)	Creighton University Cardiac Center, Douglas County Health Department, University of Nebraska Medical Center (UNMC) Department of Nursing, Omaha Public Schools-Student Community Relations, PRIDE-Omaha, Inc., Region 6 Behavioral Healthcare, University of Nebraska Medical Center, UNMC-Center for Reducing Health Disparities, New Creations, Inc.
Greater Omaha Healthy Communities/Healthy Youth (GOHCHY)	City of Omaha
LiveWise	PRIDE-Omaha, Inc., LiveWise 40: A Washington County Coalition, Ralston Public Schools, Heartland Family Services

Persons Served in the Region 6 Behavioral Healthcare Network

Through this network of behavioral health organizations providing 43 levels of care in 66 programs, 12,239 persons were served through 24,089 admissions in FY 10, of which:

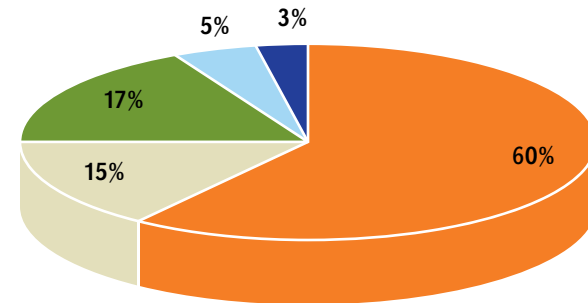
- 75% had an annual income of less than \$10,000; 60% had an annual income of less than \$5,000
- 44% had substance use/abuse disorders
- 56% had a mental illness
- 48% were between the ages of 26 and 44 years; 27% were 45 years and older
- 75% were Caucasian; 25% were Racial Minorities

Persons Served by Diagnosis



- Substance Related Disorder
- Mood Disorder
- Other Mental Health Issues
- Schizophrenia or Other Psychotic Disorder
- Other Substance Issues

Persons Served by Income Levels



- \$0 to \$4,999
- \$5,000 to \$9,999
- \$10,000 to \$19,999
- \$20,000 to \$29,999
- Over \$30,000

CHARTING THE COURSE

Highlights from Network Management and System Coordination

SERVICE ENHANCEMENT

- Mobile crisis response and rapid response case management with LB 603 (Safe Haven) funds
- Intensive discharge planning project with young adults in the criminal justice system
- Licensed Mental Health Practitioners added to substance abuse residential treatment
- Community support for youth
- Community support for homeless individuals
- Specialized case management for youth aged 17-25 years
- Family programming in substance abuse residential treatment

INFRASTRUCTURE INVESTMENT

- Competitive bidding process for capital projects
- Network provider system goals and outcome measures standardized by level of service
- Training sponsorship for stakeholders

SERVICE EXPANSION

- Peer support
- Mobile crisis response
- Secure residential
- Intensive community services
- Mental health community support

PARTNERSHIPS

- Behavioral health individuals transitioned out of Norfolk Regional Center
- Consumer focus groups and advocacy/leadership trainings
- Nebraska Planning Council on Developmental Disabilities grant
- Technical support with University of Nebraska at Omaha

MAJOR REGION 6 INITIATIVES

- Assisted with planning for a Homeless Review Team (HRT) to provide individualized housing, medical and behavioral health care planning for homeless individuals
- Implemented strategic planning for provider program evaluation
- Implemented planning for a peer run program
- Implemented planning for crisis prevention/early intervention services for youth
- Implemented the statewide youth suicide assessment in the Professional Partner Program
- Implemented Prevention Coordination Coalition leadership series training

PROCESS AND OUTCOME DATA

Contract Oversight and Coordination

- Site reviews were conducted with 18 providers on 25 levels of care in 62 programs
- Site reviews indicated a rate of 97% service verification
- 92% found the site visit assistance helpful

System Data

- Half of the levels of care indicated that persons reduced their symptomology or improved their life domains by 75% or greater
- Nearly 75% of levels of care met the established Region 6 target for access to services from intake to admissions
- Nearly 90% of levels of care met the established Region 6 target for client perception of timely access to services

System Data (continued)

- Of a sample of persons who received services and responded to a statewide administered consumer survey, 82% agreed that their services received from Region 6 providers improved their quality of life
- Of persons served by the Region 6 Clinical Review Team since 2005, 89% were diverted from admission to the Lincoln Regional Center

Technical Assistance Survey with Network Provider Staff

- 92% improved their program practices
- 88% met their contact obligations and were satisfied with the assistance received by Region 6 staff
- 84% were able to measure program outcomes

Persons Served in Region 6 Professional Partner Program

323 youth and families were served

- 64% were males and 36% were females
- 74% Whites, 18% Blacks, 6% Multi-Racial, & 2% American Indian
- 83% Non-Hispanic and 17% Hispanic

Professional Partner Program Outcome Data

- 95% experienced no out-of-home placement
- 83% had a significant (20+ points) improvement in function from intake to discharge
- 89% would recommend the program to other families
- 84% of the persons served reported their needs were met through services

CITIZENSHIP

Community Recognition

- Well Workplace Silver Award sponsored by Wellness Council of America
- Greater Omaha's Safest Companies Award (commendation level) sponsored by the National Safety and Health Council of Greater Omaha
- Click It Don't Risk It (gold medal level) sponsored by the National Safety and Health Council of Greater Omaha
- Certificate of Appreciation: Tobacco Free Sarpy Partner of the Year

Community Leadership

- NAMI Omaha, NAMI Nebraska Consumer Council, NAMI National Consumer Council
- Metro Area Continuum of Care for the Homeless: Co-Occurring Task Force and Chronic Homelessness Task Force
- Omaha Metropolitan Medical Response System
- Omaha Metro Area Chapter of the Association of Government Accountants

Community Sponsorship

- Project Homeless Connect
- Out of the Darkness Walk
- NAMI Walks
- Community Safety and Wellness Festival



Region 6 Behavioral Healthcare

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*Region 6 programs accredited
by CARF are Prevention Center
and Professional Partner*



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