



Region 6 Behavioral Healthcare

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Behavioral Health Advisory Committee Meeting Minutes May 5, 2010

Advisory Members Present:

Jo Lynn Coles
Ann Ebsen, Chair
Donna Mahlendorf
Brian Paulsen
Mike Smith
Duane Wilcox
Michael Touzin

Advisory Members Absent:

Mary Angus

Region 6 Staff Present: Patti Jurjevich, Taren Petersen

Recorder: Amy Lett

1. Welcome, Roll Call, and Introductions

Ann Ebsen called the meeting to order at 9:00 a.m. Roll call was taken.

2. Approval of Meeting Minutes of April 7, 2010

Duane Wilcox made a motion to approve the minutes. Donna Mahlendorf seconded the motion.

Approval of the meeting minutes from April 7, 2010, passed unanimously upon voice vote.

3. Approval of Agenda

Donna Mahlendorf made a motion to approve the BHAC Agenda for May 5, 2010.

Duane Wilcox seconded the motion. Approval of the agenda passed upon voice vote.

4. Recognition of Brian Paulsen's Service on the Behavioral Health Advisory Committee – Ann Ebsen

Ms. Jurjevich announced that Brian Paulsen has accepted a new position as Police Chief in Yankton, SD. He will start his new position on June 1, making this his last day as a member of the Behavioral Health Advisory Committee (BHAC). Mr. Paulsen has been a BHAC member since 1999 and served as Chairperson for several of those years. Region 6 truly appreciates his time and commitment to the committee; he has brought not only his perspective as a law enforcement officer but also his care and compassion.

Mr. Paulsen willingly volunteered for many other ad-hoc committees of the BHAC. Region 6 wishes him the best of luck in his new endeavors. Ann Ebsen noted that the qualities Mr. Paulsen brought to the committee have been beneficial to all of us. Ms. Ebsen also thanked Mr. Paulsen and wished him continued success.

5. Administrator's Report – Patti Jurjevich

The current roster for BHAC members was included in packets. Ms. Jurjevich noted we still have a good number of vacancies and we need to step up efforts to recruit new members. Members can serve 2 terms. The Governing Board and Consumer Advisory Team representatives are each 1 year terms.

Please let Ms. Jurjevich know if there is someone you think might be willing to serve on the committee and we can contact them to give them more information.

The following counties have vacancies:

- Cass County – 2 openings
- Dodge County – 2 openings
- Washington County – 1 opening

6. Inpatient Occupancy – Patti Jurjevich

Patti is a member of Lasting Hope Recovery Center's Continuum of Care Committee. This committee requested to look at acute care usage and a copy of the form that is being reviewed on a monthly basis by that committee has been included in BHAC member packets today. The form looks at the acute occupancy rates and breaks down the general beds from the ICU beds and shows how often the beds are filled.

Ms. Ebsen asked to clarify that 36% is the average percentage of DCCMHC beds that were filled up till now in FY10. Ms. Jurjevich stated that is correct.

It was noted there were no out-of-Region EPC's in April. There was one on May 3 but that person is coming back to Region 6 and prior to May 3, it was March 21 since the last out-of-Region EPC.

Joe Kenney noted things have improved in regards to getting people into services and we do continue to track and are looking at wait times.

Ms. Jurjevich said we have to remember these are averages and there may be times the beds are full at the time a bed is needed.

Joe Kenney noted Region 6 mainly uses Richard Young-Kearney and Mary Lanning hospitals when needed; we rarely use Bryan LGH due to the cost.

Ms. Jurjevich said this will be a routine report that BHAC members will have in their packets from now on.

7. Election of BHAC Officers for 2010

a. Report from Nominating Committee

Mike Smith said they had no nominations prior to the meeting so today nominations would have to come from the floor.

Ann Ebsen nominated Mike Smith as Chairperson and Ann Ebsen was nominated to be Vice-Chairperson. Duane Wilcox made a nomination to take a vote and Donna Mahlendorf seconded the motion to vote.

b. Election of Officers

Approval to elect Mike Smith as Chairperson and Ann Ebsen as Vice-Chairperson passed unanimously upon roll call vote.

8. Presentations on Mobile Crisis Response Programs

a. Darin Nelson, Program Supervisor from Heartland Family Service

Mr. Nelson distributed pamphlets and stated that some of the information in the pamphlets is in the process of being updated. He also noted the following items:

- The program has been in service for 20 months
- The program has served over 600 people and has a diversion rate of 93%. They have 10 or fewer people that have been served more than once.
- This program was created for adults although they have seen 56 adolescents. The ages of people range from 12 – 96 years. The average age of people they see is 33-34 years.
- Bellevue is the largest utilizer of the program.
- There is a strong working relationship with the police and sheriff's departments; education of officers about EPC's has really helped them to understand how the program can benefit the community and them.
- There are 7 people throughout Sarpy County that respond to service calls.
- Occasionally they do still recommend EPC's when appropriate although many times there is another way to assist people.

Ann Ebsen said that she and Mike Smith think this program seems to be working very well for their county.

b. Ted Kyster, Program Supervisor from Lutheran Family Services

Mr. Kyster distributed handouts and noted the following:

- There have been 55 calls since the program's inception 4 months ago; they dispatched to 44 of the 55 calls because 11 people were headed to ER's.
- 40 of the 44 people were diverted; 4 were placed in protective custody
- They are doing follow up training with officers to get their feedback; specifically they want to see what their perception is on what is working and what is not working.
- They have served 8 youth so far; 3 of the 8 were wards of the state. Ann Ebsen asked if part of the problem could have been due to the departure of Visinet. Mr. Kyster could not state that for certain but said there are some gaps in the system that they are looking at how to address. Joe Kenney noted that all calls involving state wards are documented and sent to the LB 603 Oversight Committee for review. Ms. Jurjevich added that before the mobile crisis response program started, Region 6 met with KVC Behavioral Health and the Nebraska Families Collaborative (NFC) to explain the purpose of the mobile crisis response program. At that time KVC & NFC did not think they would be utilizing this program but Region 6 will plan to do a follow up meeting with those agencies to discuss issues.
- It was noted they would like to reduce the average time on site from 60 minutes to 45 minutes. This has a lot to do with the fact that officers are concerned about being out of service for such a long time.

- One of their challenges is trying to get people to attend the follow up visits that get set up for them after the crisis has passed.

Ms. Ebsen asked if there are any persons needing detox or civil protective custody. Mr. Kyster said yes and noted they refer people to follow up detox with Emergency Community Support while they are in detox.

Ms. Ebsen asked if officers have a basic understanding of the EPC process and know how to look for behavioral health issues when responding to a call. Mr. Kyster said yes but noted there are still challenges that exist.

9. Psychiatric Advance Directives – Steve Spelic, Alegent Behavioral Health Services

Steve Spelic distributed a copy of the Psychiatric Advance Directives: Durable Power of Attorney for Mental Health Care. The Consumer Advisory Team was involved in creating this; Mr. Spelic noted an example of consumer input on page 8 where there are a couple of sections that the Alegent attorney noted could not be “required” to be filled out but consumers really thought these sections were important and so the word “recommended” is listed.

Mr. Spelic noted that the hope is that by filling out this document, dialogue between consumers and their family members & health care providers will increase.

Ken Timmerman stated this document also helps give consumers a sense of control even when they are in a crisis situation.

Mr. Spelic said that Senior Leadership and all of the Medical Executive Committees at Alegent have reviewed and approved this document.

Alegent’s Ethics representative is travelling to Portland to present this document at an International Conference.

It was noted that although it states “Alegent” on the document, it has been written for anyone and can be used for people in Nebraska and Iowa.

Ann Ebsen asked if someone fills this out and then has a crisis and revokes this during treatment – would this document still apply. Mr. Spelic said it depends on their clinical status.

Law enforcement is being instructed to ask people for a durable power of attorney (POA) when they respond to a call regarding behavioral health issues.

Jo Lynn Coles asked where copies can be obtained. Mr. Spelic said that soon they will be available on the Alegent website which is www.Alegent.com.

10. Network System Coordination Update – Taren Petersen

See handout.

Ann Ebsen asked about the waitlist number at Lincoln Regional Center. Ms. Hruska said the average waitlist runs between 3 and 5 so to have 5 people on the list is not unusual.

Ms. Hruska also noted that before June 30, the Regional Centers will be moving people from Norfolk to Lincoln and there will not be any more beds added to the Lincoln facility. Region 6 has 3 people still at Norfolk; there are a total of 6 people there.

11. **Status Reports for the Period Ending March 31, 2010**

a. **Network Contracts**

Handouts were included in the packets for BHAC members. Ms. Petersen noted agencies should be at the 75% point in spending down their funding. BHAC members are welcome to contact Darren Weis or Taren Petersen with any questions that may come up.

There have been some funds shifted but nothing exceptional to point out.

b. **Mobile Crisis and EPC's**

The Emergency System Report was available in packets for members' review.

Ms. Jurjevich noted that Post Crisis Services will be added to this report. We will also incorporate additional data on the EPC's so you can see how many of those end up being dropped.

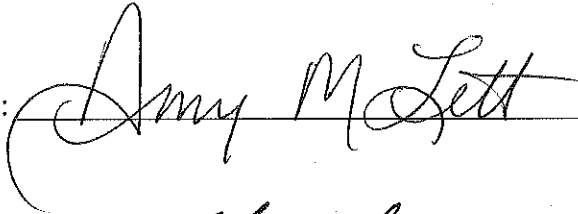
12. **Public Comment**

- Ms. Jurjevich noted that next month we have invited a representative from the Helpline and Family Navigator programs to give a presentation.

13. **Adjourn**

Brian Paulsen made a motion to adjourn the meeting. Duane Wilcox seconded the motion. Meeting adjourned. Motion approved by a unanimous voice vote.

Prepared By:



Date: 6/2/2010

Approved By:



Date: 6/2/2010

