



## Region 6 Behavioral Healthcare

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### Behavioral Health Advisory Committee Meeting Minutes September 7, 2011

#### **Advisory Members Present:**

Mary Angus  
Jo Lynn Coles  
Ann Ebsen, Vice Chair  
Mike Smith, Chair  
Michael Touzin  
Duane Wilcox

#### **Advisory Members Absent:**

**Region 6 Staff Present:** Patti Jurjevich, Taren Petersen

**Recorder:** Amy Lett

1. **Welcome, Roll Call, and Introductions**  
Mike Smith called the meeting to order. Roll call was taken.
2. **Approval of Meeting Minutes of July 6, 2011 and August 3, 2011**
  - **7/6/11**  
Ann Ebsen made a motion to approve the Behavioral Health Advisory Committee minutes from July 6, 2011. Mike Touzin seconded the motion. This motion passed unanimously upon voice vote.
  - **8/3/11**  
Jo Lynn Coles, Ann Ebsen and Duane Wilcox abstained from voting on the August minutes since they were not in attendance for the August meeting. There was no official vote for the August meeting minutes since there was not a quorum in August. However, those that attended in August did approve of the minutes.
3. **Approval of Agenda**  
Duane Wilcox made a motion to approve the agenda for 9/7/11. Mary Angus seconded the motion. The motion passed unanimously upon voice vote.
4. **Administrator's Report – Taren Petersen**
  - Region 6 Behavioral Healthcare has an additional member of the Consumer Advisory Team (CAT); Theresa Sullivan will be joining us next month.

- Included in the packets is a copy of a thank you letter from an anonymous youth to his therapist from the Douglas County Youth Center.
- Please see the item in your packets marked as #11F; it is a handout on a film being sponsored by DHHS about mental illness.
- On 8/26/11, the Nebraska Association of Behavioral Health Organizations (NABHO) will host a meeting about Institutions for Mental Disease (IMD) including options in Nebraska for the IMD issue we've discussed at previous BHAC meetings. Some of the options include:
  - Go with the compliance option
  - Try to fight the regulations
  - Collaborate with State Medicaid on an At-Risk Behavioral Health Managed Care Carve Out

NABHO is to be a full partner with Nebraska Medicaid to help design the system. Medicaid is all right with having different people around the table to help shape this.

Region 6 will keep BHAC members updated on how this turns out.

**5. Presentation on Behavioral Health Education Center of Nebraska (BHECN) – Susan Boust, M.D., and Steve Spelic, Government Affairs & Community Outreach Strategist for Alegent Behavioral Health Services**

It was noted Kim Carpenter is also joining the presenters today; Kim is the Community Outreach Specialist for BHECN.

Dr. Boust is the Medical Director for BHECN; she noted BHECN was created by the Nebraska Legislature in 2009 as a result of LB 603. She also noted that LB 1083 was a change in philosophy and care for persons with Mental Health issues, to use fewer institutions to treat people.

Dr. Boust provided the group with a couple of handouts about BHECN. She noted their goal is to have 6 training sites across Nebraska. They are currently in Regions 1 and 3. They are primarily in Scottsbluff and trying to expand in Chadron. Region 1 is focusing training on stress and burnout while Region 3 is focusing on recruitment, retention and training needs. They are recruiting persons for Mental Health 1<sup>st</sup> aid training curriculum at high schools.

In Region 6, BHECN is leasing part of the annex at LHRC; it is a classroom for 37 students and includes a large student lounge with computers and furniture. They are also working out of Community Alliance.

Dr. Boust also noted the World Health Organizations mantra that there is no health without mental health.

Dr. Boust wants to make sure behavioral health services are available for all of the counties in Nebraska. There is concern about reaching those people that typically have to drive hours to see a general practitioner let alone a mental health practitioner.

Inter-professional training helps teach that each discipline is responsible for care. BHECN is also working with Joe Evans at Munroe-Meyers and UNL, UNK, and UNMC to try to get interns in rural areas with supervision at a distance. Community based participator research – they have people in St. Paul, Ord, Ogallala and 1 in southeastern Nebraska.

Every community is different and thus has different needs.

There are also efforts being made to get substance abuse treatment in the mix of trainings. Ms. Carpenter also noted that Photovoice will be coming to Region 6; this is participatory action research (PAR) where consumers use photographs and narratives to tell their story. Region 6 Behavioral Healthcare noted we would be glad to host Photovoice in our agency. It was noted names will be removed so consumers remain anonymous. Ms. Carpenter also noted there will be a 1 hour training on Saturday, 10/14/11 and Sunday, 10/15/11.

Taren Petersen added that in regards to training, Micki Noah has a Region 6 training library that our Providers can now utilize.

**6. Approval of Expense Reimbursement Project Budgets – Taren Petersen**

See handout #6 in the packets. As discussed at previous BHAC meetings, Region 6 conducted a review of Expense Reimbursement budgets. The chart on the handout reflects the amounts/changes that Region 6 is seeking approval to make to our FY12 budget.

Mary Angus made a motion to approve the request as noted in the handout. Ann Ebsen seconded the motion. Motion passed unanimously upon voice vote.

**7. Bridge Funding for Douglas County Young Adult Jail Discharge Planning Project – Taren Petersen and Patti Jurjevich**

This program is an intensive jail discharge planning project for people 18 – 24 years old; it involves case management to wrap services around youth coming out of jail with the intent of keeping them out of jail. Douglas County has applied to the Department of Justice for a similar grant to the one DHHS received; those are the funds that have been funding this program. It was noted it will cost \$7,000.00 to continue this project until we hear the status on Douglas County's grant application.

Region 6 would like to ask the Governing Board for approval to provide the bridge funding to keep this project going while waiting to hear the status on the grant application. Duane Wilcox made a motion that Region 6 should seek approval to authorize bridge funding for the Douglas County Young Adult Jail Discharge Planning Project. Mary Angus seconded the motion. Motion was approved unanimously via voice vote.

**8. Update on Planning – Taren Petersen and Patti Jurjevich**

See handout #8 in packets; this is the schedule for the next visit from Open Minds consultants. There will be two group discussions, both from 10am – Noon; one topic will be on Transition Aged Youth, September 7, 2011 and the other will be about Mental Health Outpatient Services on September 8, 2011. Region 6 is accepting comments in writing if you are not able to attend in person and would like to provide comments.

**9. Federal Emergency Management Agency (FEMA) Crisis Counseling Grant – Joe Kenney**

Nebraska Strong: Flood Recovery Project is the name of the program being funded by the FEMA Crisis Counseling Grant for flood victims in our area. Region 6 is contracting with two Nebraska residents to go door-to-door in the areas of our Region that either did

flood or had the potential of being flooded to see if residents are in need of any behavioral health services; checking on their stress levels. This funds for this Immediate Services Program (ISP) grant runs 8/12/11 – 10/11/11. After FEMA assesses the needs based on the data collected by the two persons we've hired, they will determine if another, longer term grant will be issued.

Mr. Kenney noted he will email the flier to BHAC members; the toll free number that persons can call if they need assistance is 1-800-464-0258.

You can also email Mr. Kenney if you have any ideas regarding helping flood victims. Ann Ebsen said residents need guidance on how to protect themselves physically before going back into their homes to view flood damage and clean up. Ann Ebsen asked Joe if he would coordinate with public health centers. Joe said yes, they have plans to work with public health.

Patti Jurjevich asked if we can partner with them to get items distributed for public health. Joe will look into this.

**10. Network System Coordination Update – Taren Petersen**

See handout. Members reviewed and there were no questions at this time.

**11. Status Reports for the Period Ending July 31, 2011**

Handouts are in the packets for each of the items listed below:

**a. Contract Status Reports**

This is still fairly early in the new fiscal year. We will talk about priorities in the coming months.

**b. Mobile Crisis Response**

c. A handout was included in the packets. No comments or questions at this time.

**d. Emergency Protective Custody (EPC)**

A handout was included in the packets. No comments or questions at this time.

**e. Comparison of Acute and Subacute Occupancy Rates**

A handout was included in the packets. No comments or questions at this time.

**12. Public Comment**

No public comment at today's meeting.

**13. Adjourn**

Ann Ebsen made a motion to adjourn the meeting. Mary Angus seconded the motion. Motion approved by a unanimous voice vote. Meeting adjourned.

Prepared By: Amy Liff by LB

Date: 9-22-11

Approved By: Michael A. Smith

Date: 10-5-11