

# 2004

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## National Health

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## Observances

Health observances are days, weeks, or months devoted to promoting particular health concerns.

This calendar lists selected health observances for 2004 in three ways: the calendar shows days and weeks, and both the text listings and the "Year at a Glance" sheet show monthly health observances as well.

Health professionals, teachers, community groups, and others can use these special times to sponsor health promotion events, stimulate awareness of health risks, or focus on disease prevention. Materials available from sponsoring organizations range from a single flyer to packets of promotional materials.

Information appearing in this document does not represent an endorsement by the Office of Disease Prevention and Health Promotion or the U.S. Department of Health and Human Services, which do not have any role in naming national health observances.

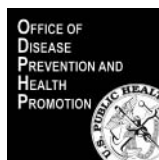
For more information about an observance, please contact the sponsoring organization directly.

This document is available from the Internet at [www.healthfinder.gov/library/nho/](http://www.healthfinder.gov/library/nho/). To order printed copies of this publication, contact the ODPHP Communication Support Center, P.O. Box 37366, Washington, DC 20013-7366; fax (301) 468-3028.

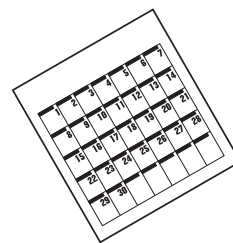
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Office of Disease Prevention  
and Health Promotion  
U.S. Department of Health  
and Human Services



# 2004 National Health Observances



## U.S. Department of Health and Human Services Public Affairs Contacts

Press Office of the Secretary .....	(202) 690-6343
Office of Public Health and Science	
National Vaccine Program Office .....	(202) 260-1253
Office of Public Health and Science Communications Director .....	(202) 690-7694
Office of Disease Prevention and Health Promotion .....	(202) 401-6295
Office of HIV/AIDS Policy .....	(202) 690-5560
Office of Human Research Protections .....	(301) 496-7005
Office of Military Liaison and Veterans Affairs .....	(202) 205-1840
Office of Minority Health .....	(301) 443-5224
Office of Population Affairs .....	(301) 594-4000
Office of Research Integrity .....	(301) 443-5300
Office of the Surgeon General .....	(301) 443-4000
Office on Women's Health .....	(202) 690-7650
President's Council on Physical Fitness and Sports .....	(202) 690-9000
Administration for Children and Families .....	(202) 401-9215
Administration on Aging .....	(202) 619-0724
Agency for Healthcare Research and Quality .....	(301) 427-1364
Agency for Toxic Substances and Disease Registry .....	(404) 498-0110
Centers for Disease Control and Prevention .....	(800) 311-3435
Centers for Medicare & Medicaid Services .....	(202) 690-6145
Food and Drug Administration .....	(301) 827-6250
Health Resources and Services Administration .....	(301) 443-3376
Indian Health Service .....	(301) 443-3593
National Institutes of Health .....	(301) 496-5787
Substance Abuse and Mental Health Services Administration .....	(301) 443-8956

# JANUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18 18 - 24 Healthy Weight Week	19	20	21	22	23	24
25	26	27	28	29	30	31

# FEBRUARY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1 - 7 National Burn Awareness Week	2	3	4 4 National Girls and Women in Sports Day	5	6 6 Give Kids A Smile Day	7
8 8 - 14 Cardiac Rehabilitation Week 8 - 14 National Child Passenger Safety Awareness Week	9 8 - 14 National Children of Alcoholics Week	10	11	12	13	14 14 Congenital Heart Defect Awareness Day 14 National Condom Day
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29						

# MARCH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 7 - 13 National Patient Safety Awareness Week	8 8 - 12 National School Breakfast Week	9	10	11	12	13
14 14 - 20 Pulmonary Rehabilitation Week	15 15 - 21 Brain Awareness Week	16	17	18	19	20
21 21 - 27 National Poison Prevention Week 21 - 27 National Inhalants and Poisons Awareness Week	22	23	24 24 World Tuberculosis Day	25	26	27
28 28 (through April 4) National Sleep Awareness Week	29	30	31 31 Kick Butts Day			

# APRIL

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 2 - 4 Alcohol-Free Weekend	3 3 YMCA Healthy Kids Day
4	5 5 - 11 National Public Health Week	6	7 7 World Health Day	8 8 National Alcohol Screening Day	9	10
11	12	13	14	15	16	17
18 - 24 National Minority Cancer Awareness Week 18 - 24 National Volunteer Week	19	20	21	22	23	24 24 - 25 2004 WalkAmerica
25 25 (through May 1) National Infant Immunization Week	26	27	28	29	30	

# MAY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 - 8 Brain Tumor Action Week 2 - 8 Children's Mental Health Week	3 3 Melanoma Monday	4 4 Childhood Depression Awareness Day	5 5 National Anxiety Disorders Screening Day	6 2 - 8 National Mental Health Counseling	7 2 - 8 North American Occupational Safety and Health Week (NAOSH)	8 8 Cornelia de Lange Syndrome (CdLS) Awareness Day
9-15 National Women's Health Week	10 10 National Women's Check-up Day 10 - 16 Food Allergy Awareness Week	11 11 - 17 National Alcohol- and Other Drug-Related Birth Defects Week	12 12 International Chronic Fatigue Syndrome (CFIDS/ME) Awareness Day	13 10 - 16 National Stuttering Awareness Week	14	15
16 - 22 National Emergency Medical Services Week 16 - 22 National Running and Fitness Week	17	18 18 HIV Vaccine Awareness Day	19	20	21	22
23 23 - 29 Older Americans' Mental Health Week	24 24 National Schizophrenia Awareness Day 31 World "No Tobacco" Day	25 25 National Missing Children's Day	26 26 National Senior Health and Fitness Day	27 24 - 31 Buckle Up America! Week	28	29
30						

# JUNE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 1 (through July 4) Fireworks Eye Safety Month	2	3	4	5 5 - 12 Dystonia Awareness Week
6 6 National Cancer Survivors Day 6 - 12 National Headache Awareness Week	7	8	9	10	11	12
13	14 14 - 20 National Men's Health Week	15	16	17	18	19
20 20 - 26 Helen Keller Deaf - Blind Awareness Week	21	22	23	24	25	26
27	28	29	30			

# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
4	5	6	7	8	9	10
11 11 - 17 National Therapeutic Recreation Week	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27 27 (through August 1) 2004 U.S. Transplant: 50 Years of Transplantation	28	29	30	31

# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1 National Minority Donor Awareness Day (NMDAD) 1 - 7 World Breastfeeding Week	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29 29 (through September 4) Hearing Aid Awareness Week	30	31				

# SEPTEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5 5 - 11 Suicide Prevention Week	6	7	8	9	10	11
12 12 - 18 National Reye's Syndrome Week	13	14	15	16	17	18
19 19 - 25 National Rehabilitation Week	20	21 21 Take A Loved One to the Doctor Day	22	23	24 24 National Women's Health and Fitness Day	25
26 (through October 2) National Adult Immunization Awareness Week	27 27 Family Health and Fitness Day USA	28	29	30		

# OCTOBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3 3 - 9 Mental Illness Awareness Week 3 - 9 National Fire Prevention Week	4 4 National Child Health Day 4 - 8 Drive Safely Work Week	5	6	7 7 National Depression Screening Day	8	9
10	11 11 - 15 National School Lunch Week	12	13 13 SAVE (Stop America's Violence Everywhere) Today	14	15 15 National Mammography Day	16 16 World Food Day
17 17 - 23 National Radon Action Week	18	19	20	21	22 22 International Stuttering Awareness Day	23 23 - 31 National Red Ribbon Campaign
24 24 - 30 Respiratory Care Week	25	26	27 27 Lung Health Day	28	29	30
31						

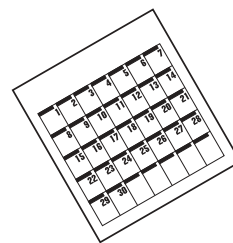
# NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
7 7 - 13 National Allied Health Week	8	9	10	11	12	13
14	15	16	17	18 18 Great American Smokeout	19	20
21 21 - 27 GERD Awareness Week	22	23	24	25	26	27
28	29	30				

# DECEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 1 - 7 National Aplastic Anemia Awareness Week	2	3	4
5 5 - 11 National Hand Washing Awareness Week	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# 2004 National Health Observances



## **JANUARY**

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### **Cervical Cancer Screening Month**

Gynecologic Cancer Foundation  
230 West Monroe, Suite 2528  
Chicago, IL 60606  
(312) 578-1439  
(312) 578-9769  
info@thegcf.org  
www.wcn.org  
Materials available  
Contact: Karen Carlson

### **Glaucoma Awareness Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173-5611  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

### **National Volunteer Blood Donor Month**

American Association of Blood Banks  
8101 Glenbrook Road  
Bethesda, MD 20814  
(301) 215-6526  
publicrelations@aabb.org  
www.aabb.org  
Materials available  
Contact: Jennifer Garfinkel

### **18 - 24 Healthy Weight Week**

Healthy Weight Network  
402 South 14th Street  
Hettinger, ND 58639  
(701) 567-2646  
hwj@healthyweight.net  
www.healthyweight.net  
Materials available

## **FEBRUARY**

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### **AMD/Low Vision Awareness Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173-5611  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

### **American Heart Month**

American Heart Association  
7272 Greenville Avenue  
Dallas, TX 75231  
(800) 242-8721  
inquire@americanheart.org  
www.americanheart.org  
Materials available  
Contact: Program departments or local chapters

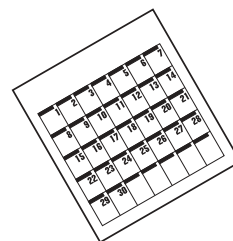
### **Kids E.N.T. (Ears, Nose, Throat) Month**

American Academy of Otolaryngology, Head and Neck Surgery  
One Prince Street  
Alexandria, VA 22314-3357  
(703) 836-4444  
kids@entnet.org  
www.entnet.org/kidsENT  
Materials available  
Contact: Jennifer Felsher

### **National Children's Dental Health Month**

American Dental Association  
211 East Chicago Avenue  
Chicago, IL 60611  
(312) 440-2593  
publicinfo@ada.org  
www.ada.org  
Contact: Department of Public Information

# 2004 National Health Observances



## **Wise Health Consumer Month**

American Institute for Preventive Medicine  
30445 Northwestern Highway, Suite 350  
Farmington Hills, MI 48334  
(800) 345-2476  
(248) 539-1800 x247  
aipm@healthylife.com  
www.healthylife.com  
Materials available  
Contact: Customer Care Department

**1 - 7**

## **National Burn Awareness Week**

Shriners Burns Hospital  
3229 Burnet Avenue  
Cincinnati, OH 45229  
(513) 872-6000  
Lhoelker@shrinenet.org  
www.shrinershq.org/shc/cincinnati/index.html  
Materials available  
Contact: Louise Hoelker

**4**

## **National Girls and Women in Sports Day**

Women's Sports Foundation  
Eisenhower Park  
East Meadow, NY 11554  
(800) 227-3988  
wosport@aol.com  
www.womenssportsfoundation.org  
Materials available  
Contact: Ruth Uselton

**6**

## **Give Kids A Smile Day**

American Dental Association  
211 East Chicago Avenue  
Chicago, IL 60611  
(312) 440-2500  
publicinfo@ada.org  
www.ada.org  
Materials available

**8 - 14**

## **Cardiac Rehabilitation Week**

American Association of Cardiovascular and Pulmonary Rehabilitation  
401 North Michigan Avenue, Suite 2200  
Chicago, IL 60611  
(312) 321-5146  
aacvpr@sba.com  
www.aacvpr.org  
Materials available  
Contact: Dana Fennelwalb

**8 - 14**

## **National Child Passenger Safety Awareness Week**

Office of Occupant Protection  
National Highway Traffic Safety Administration  
U.S. Department of Transportation  
400 Seventh Street, SW  
Washington, DC 20590  
(888) DASH-2-DOT  
(202) 366-9550  
www.nhtsa.dot.gov  
Materials available

**8 - 14**

## **National Children of Alcoholics Week**

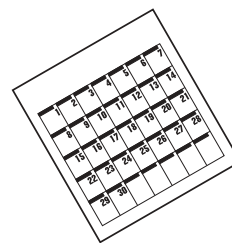
National Association for Children of Alcoholics  
11426 Rockville Pike, Suite 100  
Rockville, MD 20852  
(888) 554-2627  
(301) 468-0987 Fax  
nacoa@nacoa.org  
www.nacoa.org  
Materials available

**14**

## **Congenital Heart Defect Awareness Day**

Congenital Heart Information Network  
1561 Clark Drive  
Yardley, PA 19067  
(215) 493-3068  
mb@tchin.org  
www.tchin.org/aware  
Materials available  
Contact: Mona Barmash

# 2004 National Health Observances



## 14 National Condom Day

American Social Health Association  
P.O. Box 13827  
Research Triangle Park, NC 27709  
(919) 361-8400  
Traada@ashastd.org  
www.ashastd.org  
Contact: ASHA Media Relations Office

## **MARCH**

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### **American Red Cross Month**

American Red Cross  
431 18th Street, NW  
Washington, DC 20006  
(202) 303-4498  
info@redcross.org  
www.redcross.org  
Materials available

### **National Colorectal Cancer Awareness Month**

Cancer Research and Prevention Foundation  
1600 Duke Street, Suite 500  
Alexandria, VA 22314  
(800) 227-2732  
(703) 836-4413  
Enica.Lewis@preventcancer.org  
www.preventcancer.org/colorectal  
Materials available  
Contact: Enica Lewis

### **National Kidney Month**

National Kidney Foundation  
30 East 33rd Street, Suite 1100  
New York, NY 10016  
(800) 622-9010  
(212) 889-2210  
(212) 689-9261 Fax  
info@kidney.org  
www.kidney.org  
Materials available  
Contact: Ellie Schlam

### **National Multiple Sclerosis Education and Awareness Month**

Multiple Sclerosis Foundation  
6350 North Andrews Avenue  
Fort Lauderdale, FL 33309  
(800) 225-6495  
maggies@msfocus.org  
www.msfocus.org/programs\_events/prog\_edumth.html  
Materials available  
Contact: Maggie Sherman

### **National Nutrition Month**

American Dietetic Association  
120 South Riverside Plaza, Suite 2000  
Chicago, IL 60606-6995  
(800) 877-1600 x4853  
knowledge@eatright.org  
www.eatright.org/Public/NutritionInformation/92\_11422.cfm  
Materials available  
Contact: Knowledge Center

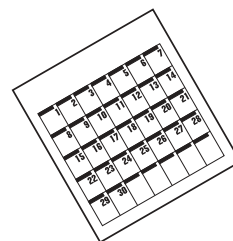
### **Save Your Vision Month**

American Optometric Association  
243 North Lindbergh Boulevard  
St. Louis, MO 63141  
(314) 991-4100  
(314) 991-4101 Fax  
slthomas@aoa.org  
www.aoa.org  
Materials available  
Contact: Susan Thomas

### **Workplace Eye Health and Safety Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173-5611  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

# 2004 National Health Observances



## 7- 13 National Patient Safety Awareness Week

National Patient Safety Foundation  
515 North State Street  
Chicago, IL 60610  
(312) 464-4848  
(312) 464-4154 Fax  
info@npsf.org  
www.npsf.org  
Materials available

## 8 - 12 National School Breakfast Week

American School Food Service Association  
700 South Washington Street, Suite 300  
Alexandria, VA 22314-4287  
(703) 739-3900  
(703) 739-3915 Fax  
servicecenter@asfsa.org  
www.asfsa.org  
Materials available  
Contact: Linda Ross

## 14 - 20 Pulmonary Rehabilitation Week

American Association of Cardiovascular and Pulmonary  
Rehabilitation  
401 North Michigan Avenue, Suite 2200  
Chicago, IL 60611  
(312) 321-5146  
aacvpr@sba.com  
www.aacvpr.org  
Materials available  
Contact: Dana Fennewalb

## 15 - 21 Brain Awareness Week

Dana Alliance for Brain Initiatives  
745 Fifth Avenue, Suite 900  
New York, NY 10151  
(212) 401-1680  
bawinfo@dana.org  
www.dana.org/brainweek  
Materials available  
Contact: Kathleen Roina

## 21 - 27 National Poison Prevention Week

Poison Prevention Week Council  
P.O. Box 1543  
Washington, DC 20013  
(301) 504-7058  
(301) 504-0862 Fax  
kdulic@cpsc.org  
www.poisonprevention.org  
Materials available  
Contact: Kim Dulic

## 21 - 27 National Inhalants and Poisons Awareness Week

National Inhalant Prevention Coalition  
2904 Kerby Lane  
Austin, TX 78703  
(800) 269-4237  
(512) 477-3932 Fax  
nipc@io.com  
www.inhalants.org  
Materials available  
Contact: Harvey Weiss

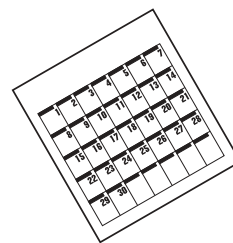
## 24 World Tuberculosis Day

WHO Regional Office for the Americas  
Pan American Health Organization  
525-23rd Street, NW  
Washington, DC 20037  
(202) 974-3000  
(202) 974-3663  
postmaster@paho.org  
www.who.int/gtb/index.htm  
Materials available

## 28 (through April 4) National Sleep Awareness Week

National Sleep Foundation  
1522 K Street, NW, Suite 500  
Washington, DC 20005  
(202) 347-3471 x205  
(202) 347-3472 Fax  
nsf@sleepfoundation.org  
www.sleepfoundation.org  
Materials available  
Contact: Public Relations

# 2004 National Health Observances



## 31 Kick Butts Day

Campaign for Tobacco-Free Kids  
1400 Eye Street, NW, Suite 1200  
Washington, DC 20005  
(888) 839-3869  
(202) 296-5469  
kbdinfo@tobaccofreekids.org  
www.kickbuttsday.org  
Materials available

## APRIL

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### Alcohol Awareness Month

National Council on Alcoholism and Drug  
Dependence, Inc.  
20 Exchange Place, Suite 2902  
New York, NY 10005  
(212) 269-7797  
(800) NCA-CALL (24-hour Helpline)  
(212) 269-7510 Fax  
national@ncadd.org  
www.ncadd.org  
Materials available  
Contact: Public Information Department

### Cancer Control Month

American Cancer Society  
1599 Clifton Road, NE  
Atlanta, GA 30329  
(800) ACS-2345  
(404) 320-3331  
www.cancer.org  
Materials available  
Contact: Local chapters

### Candlelight Vigil for Eating Disorders Awareness

National Association of Anorexia Nervosa and  
Associated Disorders  
Box 7  
Highland Park, IL 60035  
(847) 831-3438  
anad20@aol.com  
www.anad.org  
Materials available  
Contact: Millie Plotkin

### Cesarean Awareness Month

International Cesarean Awareness Network, Inc.  
1304 Kingsdale Avenue  
Redondo Beach, CA 90278  
(800) 686-ICAN  
info@ican-online.org  
www.ican-online.org  
Materials available  
Contact: Tonya Jamois

### IBS (Irritable Bowel Syndrome) Awareness Month

International Foundation for Functional  
Gastrointestinal Disorders  
P.O. Box 170864  
Milwaukee, WI 53217  
(888) 964-2001 8:30 a.m.-5:00 p.m. CST  
(414) 964-7176 Fax  
iffgd@iffgd.org  
www.aboutibs.org/Publications/IBSawareness.html  
Materials available  
Contact: Nancy Norton

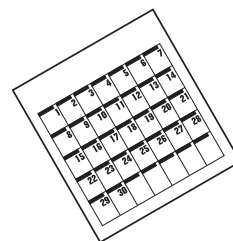
### National Donate Life Month

Division of Transplantation, OSP, HRSA  
U.S. Department of Health and Human Services  
Parklawn Building, Room 16C-17  
5600 Fishers Lane  
Rockville, MD 20857  
(301) 443-7577  
ask@hrsa.gov  
www.organdonor.gov  
Materials available

### National Facial Protection Month

American Association of Oral and Maxillofacial Surgeons  
American Academy of Pediatric Dentistry  
American Association of Orthodontists  
9700 West Bryn Mawr Avenue  
Rosemont, IL 60018  
(847) 678-6200  
inquiries@aaoms.org  
www.aaoms.org  
Materials available  
Contact: Marquita Hynes

# 2004 National Health Observances



## **National Occupational Therapy Month**

The American Occupational Therapy Association, Inc.  
4720 Montgomery Lane  
P.O. Box 31220  
Bethesda, MD 20824-1220  
(301) 652-2682  
(800) 377-8555 TDD  
(800) 701-7735 Fax  
praota@aota.org  
www.aota.org  
Materials available  
Contact: Communications Group

## **National STD Awareness Month**

American Social Health Association  
P.O. Box 13827  
Research Triangle Park, NC 27709  
(919) 361-8400  
Traada@ashastd.org  
www.ashastd.org  
Contact: ASHA Media Relations Office

## **National Youth Sports Safety Month**

National Youth Sports Safety Foundation  
One Beacon Street, Suite 3333  
Boston, MA 02108  
(617) 367-6677  
(617) 722-9999 Fax  
nyssf@aol.com  
www.nyssf.org  
Materials available  
Contact: Rita Glassman

## **Sexual Assault Awareness Month**

National Sexual Violence Resource Center  
123 North Enola Drive  
Enola, PA 17025  
(877) 739-3895  
(717) 909-0714 Fax  
resources@nsvrc.org  
www.nsvrc.org  
Materials available  
Contact: Resource Center

## **Sports Eye Safety Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
www.aao.org  
Materials available  
Contact: Communications Department

## **Women's Eye Health and Safety Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173-5611  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: Center for Sight

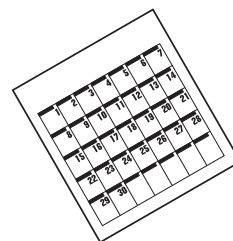
## **2 - 4 Alcohol-Free Weekend**

National Council on Alcoholism and Drug  
Dependence, Inc.  
20 Exchange Place, Suite 2902  
New York, NY 10005  
(212) 269-7797  
(800) NCA-CALL (24-hour Helpline)  
(212) 269-7510 Fax  
national@ncadd.org  
www.ncadd.org  
Materials available

## **3 YMCA Healthy Kids Day**

YMCA of the USA  
101 North Wacker Drive  
Chicago, IL 60606  
(312) 977-0031  
(888) 333-YMCA  
yakina.boone@ymca.net  
www.ymca.net  
Materials available  
Contact: Yakina Boone

# 2004 National Health Observances



## **5 - 11 National Public Health Week**

American Public Health Association  
800 I Street, NW  
Washington, DC 20001-3710  
(202) 777-APHA  
(202) 770-2500 TTY  
comments@apha.org  
www.apha.org  
Materials available  
Contact: Sharon Hammon

## **7 World Health Day**

WHO Regional Office for the Americas  
Pan American Health Organization  
525 23rd Street, NW, Room 524  
Washington, DC 20037-2895  
(202) 974-3156  
(202) 974-3645 Fax  
www.who.int/world-health-day/2004/en  
Materials available

## **8 National Alcohol Screening Day**

Screening for Mental Health, Inc.  
One Washington Street, Suite 304  
Wellesley Hills, MA 02481  
(800) 253-7658  
nasd@mentalhealthscreening.org  
www.NationalAlcoholScreeningDay.org  
Materials available  
Contact: Sharon Pigeon, Program Manager

## **18 - 24 National Minority Cancer Awareness Week**

National Cancer Institute  
Center to Reduce Cancer Health Disparities  
6116 Executive Boulevard, Suite 602  
Rockville, MD 20852  
(301) 402-5557  
www.cancer.gov  
Materials available

## **18 - 24 National Volunteer Week**

Points of Light Foundation  
The Volunteer Centers National Network  
1400 I Street NW, Suite 800  
Washington, DC 20005  
(202) 729-8168  
(202) 729-8100 Fax  
volunteerweek@pointsoflight.org  
www.pointsoflight.org/nvw/nvw.cfm  
Materials available

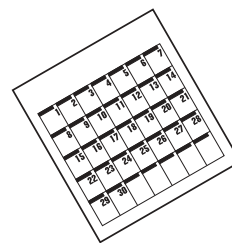
## **24 - 25 2004 WalkAmerica**

March of Dimes Birth Defects Foundation  
1275 Mamaroneck Avenue  
White Plains, NY 10605  
(888) M-O-DIMES  
(800) 525-WALK  
(914) 997-4617  
walkamerica@modimes.org  
www.walkamerica.org  
Materials available  
Contact: Katrina Edwards

## **25 (through May 1) National Infant Immunization Week**

National Immunization Program  
Centers for Disease Control and Prevention  
1600 Clifton Road, NE, MS E-05  
Atlanta, GA 30333  
(800) 232-2522 English  
(800) 232-0233 Spanish  
(888) CDC-FAXX Free fax-back  
www.cdc.gov/nip/events/niiw/  
Materials available  
Contact: Community Outreach and Planning Branch

# 2004 National Health Observances



## **MAY**

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### **Asthma and Allergy Awareness Month**

Asthma and Allergy Foundation of America  
1233 20th Street, NW, Suite 402  
Washington, DC 20036  
(800) 7-ASTHMA  
info@aafa.org  
www.aafa.org  
Materials available  
Contact: Colleen Horn

### **Better Hearing and Speech Month**

American Speech-Language-Hearing Association  
10801 Rockville Pike  
Rockville, MD 20852  
(800) 638-8255  
actioncenter@asha.org  
www.asha.org  
Materials available  
Contact: Action Center

### **Better Sleep Month**

Better Sleep Council  
501 Wythe Street  
Alexandria, VA 22314  
(703) 683-8371  
bsc@sleepproducts.org  
www.bettersleep.org  
Materials available  
Contact: Nancy L. Blatt

### **Clean Air Month**

American Lung Association  
61 Broadway  
New York, NY 10006  
(800) LUNG-USA  
info@lungusa.org  
www.lungusa.org  
Materials available  
Contact: Communications Department

### **Correct Posture Month**

American Chiropractic Association  
1701 Clarendon Boulevard  
Arlington, VA 22209  
(800) 986-4636  
(703) 276-8800  
Amerchiro@aol.com  
www.amerchiro.org  
Materials available  
Contact: Omar Malik

### **Healthy Vision Month**

National Eye Institute  
2020 Vision Place  
Bethesda, MD 20892-3655  
(301) 496-5248  
hvm@nei.nih.gov  
www.healthyvision2010.org/hvm/  
Materials available  
Contact: Linda Huss

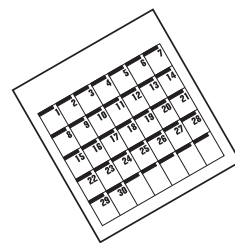
### **Hepatitis Awareness Month**

Hepatitis Foundation International  
504 Blick Drive  
Silver Spring, MD 20904  
(800) 891-0707  
(301) 622-4200  
mail@hepfi.org  
www.hepatitisfoundation.org  
Materials available  
Contact: Thelma King Thiel

### **Lyme Disease Awareness Month**

Lyme Disease Foundation  
One Financial Plaza  
Hartford, CT 06103-2610  
(800) 886-5963  
(860) 525-2000  
lymefnd@aol.com  
www.lyme.org  
Materials available  
Contact: Karen Forschner

# 2004 National Health Observances



## **Mental Health Month**

National Mental Health Association and National Council  
for Community Behavioral Healthcare  
2001 North Beauregard Street, 12th Floor  
Alexandria, VA 22311  
(800) 969-6642  
www.nmha.org  
Materials available  
Contact: Kristin Battista-Frazer

## **National Arthritis Month and Annual Arthritis Walk**

Arthritis Foundation  
1330 West Peachtree Street, Suite 100  
Atlanta, GA 30309  
(800) 283-7800 General Information  
(877) 232-2898 Walk Information  
www.arthritis.org  
Materials available  
Contact: Kerry Spivey

## **National Digestive Diseases Awareness Month**

Digestive Disease National Coalition  
507 Capitol Court, NE, Suite 200  
Washington, DC 20002  
(202) 544-7497  
www.ddnc.org  
Materials available  
Contact: James Romano

## **National High Blood Pressure Education Month**

National Heart, Lung, and Blood Institute Health  
Information Center  
P.O. Box 30105  
Bethesda, MD 20824-0105  
(301) 592-8573  
(301) 592-8563 Fax  
nhlbiinfo@rover.nhlbi.nih.gov  
www.nhlbi.nih.gov  
Materials available  
Contact: Information Specialist

## **National Neurofibromatosis Month**

National Neurofibromatosis Foundation  
95 Pine Street, 16th Floor  
New York, NY 10005  
(800) 323-7938  
nnff@nf.org  
www.nf.org  
Materials available  
Contact: John Radziejewski

## **National Osteoporosis Awareness and Prevention Month**

National Osteoporosis Foundation  
1232 22nd Street, NW  
Washington, DC 20037  
(202) 223-2226  
www.nof.org  
Materials available  
Contact: Campaign Coordinator

## **National Physical Fitness and Sports Month**

President's Council on Physical Fitness and Sports  
Department W, Room 738-H  
200 Independence Avenue, SW  
Washington, DC 20201-0004  
(202) 690-9000  
(202) 690-5211 Fax  
PCPFS@OSOPHS.DHHS.GOV  
www.fitness.gov/getmovingamerica.html  
Materials available

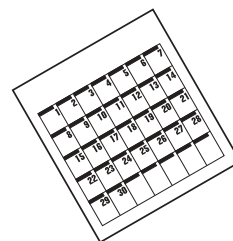
## **National Sight-Saving Month: Ultraviolet Awareness Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

## **National Stroke Awareness Month**

National Stroke Association  
9707 East Easter Lane  
Englewood, CO 80112-3747  
(800) STROKES  
info@stroke.org  
www.stroke.org  
Materials available

# 2004 National Health Observances



## **National Teen Pregnancy Prevention Month**

Advocates for Youth  
1025 Vermont Avenue, NW, Suite 200  
Washington, DC 20005  
(202) 347-5700  
(202) 347-2263 Fax  
info@advocatesforyouth.org  
www.advocatesforyouth.org  
Materials available  
Contact: Barbara Huberman

## **National Trauma Awareness Month**

American Trauma Society  
8903 Presidential Parkway, Suite 512  
Upper Marlboro, MD 20772-2656  
(800) 556-7890  
info@amtrauma.org  
www.amtrauma.org  
Materials available  
Contact: Public Relations Coordinator

## **Older Americans Month**

Administration on Aging  
Washington, DC 20201  
(202) 619-0724  
www.aoa.gov  
Materials available  
Contact: Carol Crecy

## **Skin Cancer Awareness Month**

American Cancer Society  
1599 Clifton Road, NE  
Atlanta, GA 30329  
(800) ACS-2345  
www.cancer.org  
Materials available  
Contact: National Office

## **Tuberous Sclerosis Awareness Month**

Tuberous Sclerosis Alliance  
801 Roeder Road, Suite 750  
Silver Spring, MD 20910  
(800) 225-6872  
(301) 562-9890  
info@tsalliance.org  
www.tsalliance.org  
Materials available  
Contact: Mary Beth Leongini

## **2 - 8 Brain Tumor Action Week**

North American Brain Tumor Coalition  
3333 West 47th Street  
Chicago, IL 60632  
(630) 655-1756 Fax  
zelda@luxsci.net  
www.nabraintumor.org/events.html  
Materials available  
Contact: Zeld Tetenbaum, President

## **2 - 8 Children's Mental Health Week**

Federation of Families for Children's Mental Health  
1101 King Street, Suite 420  
Alexandria, VA 22314  
(703) 684-7710  
ffcmh@ffcmh.org  
www.ffcmh.org  
Materials available

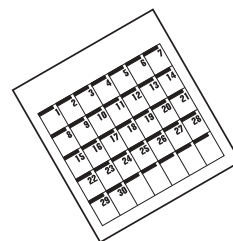
## **2 - 8 National Mental Health Counseling Week**

American Mental Health Counselors Association  
801 North Fairfax Street, Suite 304  
Alexandria, VA 22314  
(800) 326-2642  
vmoore@amhca.org  
www.amhca.org  
Materials available  
Contact: Dr. W. Mark Hamilton

## **2 - 8 North American Occupational Safety and Health Week**

American Society of Safety Engineers  
Canadian Society of Safety Engineering  
ASSE Public Relations Department  
1800 East Oakton Street  
Des Plaines, IL 60018-2187  
(847) 699-2929  
dhurns@asse.org  
www.asse.org  
Materials available  
Contact: Diane Hurns

# 2004 National Health Observances



**3**

## **Melanoma Monday**

American Academy of Dermatology  
930 East Woodfield Road  
Schaumburg, IL 60173  
(888) 462-DERM  
(847) 330-0230  
www.aad.org  
Materials available

**4**

## **Childhood Depression Awareness Day**

National Mental Health Association  
2001 North Beauregard Street, 12th Floor  
Alexandria, VA 22311  
(800) 969-6642 x4787  
www.nmha.org  
Materials available  
Contact: Kristin Battista-Frazer

**5**

## **National Anxiety Disorders Screening Day**

Freedom From Fear  
308 Seaview Avenue  
Staten Island, NY 10305  
(718) 351-1717  
contactfff@aol.com  
www.freedomfromfear.org  
Materials available  
Contact: Jeanine Christiana

**8**

## **Cornelia de Lange Syndrome (CdLS) Awareness Day**

CdLS-USA Foundation  
302 West Main Street, #100  
Avon, CT 06001  
(800) 753-2357  
(860) 676-8336 Fax  
awareness@cdlsusa.org  
www.cdlsusa.org  
Materials available  
Contact: Gail Speers

**9 - 15**

## **National Women's Health Week**

Office on Women's Health  
U.S. Department of Health and Human Services  
200 Independence Avenue, SW, Room 730 B  
Washington, DC 20201  
(800) 994-9662  
4woman@soza.com  
www.4woman.gov  
Materials available  
Contact: National Women's Health Information Center

**10**

## **National Women's Check-up Day**

Office on Women's Health  
U.S. Department of Health and Human Services  
200 Independence Avenue, S.W.  
Room 730 B  
Washington, DC 20201  
(800) 994-9662  
4woman@soza.com  
www.4woman.gov  
Materials available  
Contact: National Women's Health Information Center

**10 - 16**

## **Food Allergy Awareness Week**

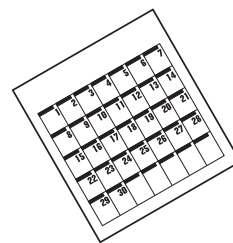
Food Allergy & Anaphylaxis Network  
11781 Lee Jackson Highway, Suite 160  
Fairfax, VA 22033  
(800) 929-4040  
faan@foodallergy.org  
www.foodallergy.org  
Materials available  
Contact: Nancy Ammann

**10 - 16**

## **National Stuttering Awareness Week**

Stuttering Foundation of America  
3100 Walnut Grove Road, Suite 603  
P.O. Box 11749  
Memphis, TN 38111-0749  
(800) 992-9392  
(901) 452-3931 Fax  
info@stutteringhelp.org  
www.stutteringhelp.org  
Materials available  
Contact: Jane Fraser

# 2004 National Health Observances



**11 - 17**

## **National Alcohol-and Other Drug-Related Birth Defects Week**

National Council on Alcoholism and Drug Dependence, Inc.  
20 Exchange Place, Suite 2902  
New York, NY 10005  
(212) 269-7797  
(800) NCA-CALL (24-hour helpline)  
(212) 269-7510 Fax  
national@ncadd.org  
www.ncadd.org  
Materials available

**12**

## **International Chronic Fatigue Syndrome Awareness Day**

The CFIDS Association of America  
P.O. Box 220398  
Charlotte, NC 28222-0398  
(704) 365-2343  
(704) 364-3729 Fax  
info@cfids.org  
www.cfids.org  
Materials available  
Contact: Vicki Walker

**16 - 22**

## **National Emergency Medical Services Week**

American College of Emergency Physicians  
1125 Executive Circle  
Irving, TX 75038-2522  
(800) 798-1822  
(972) 550-2816 Fax  
dfechner@acep.org  
www.acep.org/emswweek  
Materials available  
Contact: Denise Fechner

**16 - 22**

## **National Running and Fitness Week**

American Running Association and American Medical Athletic Association  
4405 East-West Highway, Suite 405  
Bethesda, MD 20814  
(800) 776-2732  
(301) 913-9517  
(301) 913-9520 Fax  
run@americanrunning.org  
www.americanrunning.org  
Materials available  
Contact: Barbara Baldwin

**18**

## **HIV Vaccine Awareness Day**

National Institute of Allergy and Infectious Diseases,  
National Institutes of Health  
HIV Vaccine Communications Campaign  
Office of Program Operations and Scientific Information,  
Division of AIDS  
6700-B Rockledge Drive, Room 4143  
Bethesda, MD 20817  
(301) 435-7164  
(301) 402-1505 Fax  
mmurguia@niaid.nih.gov  
www.niaid.nih.gov/newsroom/mayday/default.htm  
Materials available  
Contact: Matthew Murguia

**23 - 29**

## **Older Americans' Mental Health Week**

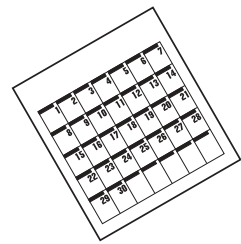
Older Women's League  
1750 New York Avenue, NW, Suite 350  
Washington, DC 20006  
(800) 825-3695  
owlinfo@owl-national.org  
www.owl-national.org  
Materials available  
Contact: Jennifer DeZarn or Elizabeth Runkle

**24**

## **National Schizophrenia Awareness Day**

National Schizophrenia Foundation  
403 Seymour Street, Suite 202  
Lansing, MI 48933  
(517) 485-7168 x105  
(517) 485-7180 Fax  
harwin@NSFoundation.org  
www.NSFoundation.org  
Materials available  
Contact: Laura Harwin

# 2004 National Health Observances



## **24 - 30 Older Americans' Mental Health Week**

Older Women's League  
1750 New York Avenue, NW, Suite 350  
Washington, DC 20006  
(800) 825-3695  
owlinfo@owl-national.org  
www.owl-national.org  
Materials available  
Contact: Elizabeth Runkle

## **24 - 31 Buckle Up America! Week**

Office of Occupant Protection  
National Highway Transportation Safety Administration  
U.S. Department of Transportation  
400 Seventh Street, SW  
Washington, DC 20590  
(202) 366-9550  
www.nhtsa.dot.gov  
Materials available  
Contact: Tina Fowley

## **25 National Missing Children's Day**

Child Find of America, Inc.  
243 Main Street, Box 277  
New Paltz, NY 12561  
(800) I-AM-LOST  
information@childfindofamerica.org  
www.childfindofamerica.org  
Materials available  
Contact: Robyn Bentley

## **26 National Senior Health and Fitness Day**

Mature Market Resource Center  
1850 West Winchester, Suite 213  
Libertyville, IL 60048-5355  
(800) 828-8225  
fitnessday@aol.com  
www.fitnessday.com  
Materials available  
Contact: Tina Godin

## **31 World "No Tobacco" Day**

Coalition for World No Tobacco Day  
P.O. Box 3543  
New York, NY 10163  
(212) 601-8245  
(212) 601-8101 Fax  
wntdnews@porternovelli.com  
www.wntd.com/about\_index.cfm  
Materials available

## **JUNE**

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### **Myasthenia Gravis Awareness Month**

The Myasthenia Gravis Foundation of America, Inc.  
1821 University Avenue West, Suite S256  
Minneapolis, MN 55104  
(800) 541-5454  
(651) 917-6256 Fax  
myasthenia@myasthenia.org  
www.myasthenia.org  
Materials available

### **National Aphasia Awareness Month**

National Aphasia Association  
29 John Street, Suite 1103  
New York, NY 10038  
(800) 922-4622  
naa@aphasia.org  
www.aphasia.org  
Materials available

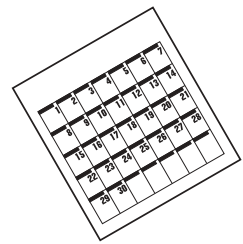
### **National Scleroderma Awareness Month**

Scleroderma Foundation  
12 Kent Way, Suite 101  
Byfield, MA 01922  
(800) 722-HOPE  
sinfo@scleroderma.org  
www.scleroderma.org  
Materials available  
Contact: Local Chapters or National Office

### **Vision Research Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173-5611  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: Center for Sight

# 2004 National Health Observances



## **1 (through July 4) Fireworks Eye Safety Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

## **5 - 12 Dystonia Awareness Week**

Dystonia Medical Research Foundation  
National Spasmodic Dysphonia Association  
One East Wacker Drive, Suite 2430  
Chicago, IL 60601  
(312) 755-0198  
(312) 803-0138 Fax  
dystonia@dystonia-foundation.org  
www.dystonia-foundation.org  
Materials available  
Contact: Jennifer Molski

## **6 National Cancer Survivors Day**

National Cancer Survivors Day Foundation  
P.O. Box 682285  
Franklin, TN 37068  
(615) 794-3006  
(615) 794-0179 Fax  
info@ncsdf.org  
www.ncsdf.org  
Materials available

## **6 - 12 National Headache Awareness Week**

National Headache Foundation  
820 North Orleans, Suite 217  
Chicago, IL 60610  
(888) NHF-5552  
info@headaches.org  
www.headaches.org  
Materials available  
Contact: Suzanne E. Simons

## **14 - 20 National Men's Health Week**

Men's Health Network  
P.O. Box 75972  
Washington, DC 20013  
(202) 543-MHN-1 (6461)  
(202) 543-2727 Fax  
info@menshealthweek.org  
www.menshealthweek.org  
Materials available

## **20 - 26 Helen Keller Deaf - Blind Awareness Week**

Helen Keller National Center for Deaf-Blind Youth  
and Adults  
111 Middle Neck Road  
Sands Point, NY 11050  
(516) 944-8900 x325  
(516) 944-7302 Fax  
(516) 944-8637 TTY  
HKncpr@aol.com  
www.helenkeller.org  
Materials available  
Contact: Development Department

## ***JULY***

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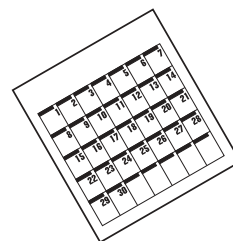
## **Eye Injury Prevention Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120-7424  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
www.aao.org  
Materials available  
Contact: Communications Department

## **Hemochromatosis Screening Awareness Month**

Hemochromatosis Foundation  
P.O. Box 8569  
Albany, NY 12208  
(518) 489-0972  
(518) 489-0227  
www.hemochromatosis.org  
Materials available  
Contact: Margit A. Krikker, M.D.

# 2004 National Health Observances



## **International Group B Strep Awareness Month**

The Jesse Cause - Saving the Babies from Group B Strep  
567 West Channel Islands Boulevard, #235  
Port Hueneme, CA 93041  
(877) HALT-GBS  
(805) 984-7933 Voice/Fax  
thejessecause@iolwest.com  
www.groupbstrep.com  
Materials available  
Contact: Marti Perhach

**11 - 17**

## **National Therapeutic Recreation Week**

National Therapeutic Recreation Society  
National Recreation and Park Association  
22377 Belmont Ridge Road  
Ashburn, VA 20148  
(703) 858-0784  
spotts@nrpa.org  
www.nrpa.org/index.cfm?publicationid=21  
Materials available  
Contact: Susan Potts

## **27 (through August 1) 2004 U.S. Transplant: 50 Years of Transplantation**

National Kidney Foundation  
30 East 33rd Street, Suite 1100  
New York, NY 10016  
(800) 622-9010  
(212) 689-9261 Fax  
info@kidney.org  
www.kidney.org  
Materials available  
Contact: Ellie Schlam

## **AUGUST**

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### **Cataract Awareness Month**

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120-7424  
(415) 447-0123  
(415) 561-8533 Fax  
eyemd@aao.org  
www.aao.org  
Materials available  
Contact: Communications Department

## **National Immunization Awareness Month**

National Partnership for Immunization  
121 North Washington Street, Suite 300  
Alexandria, VA 22314  
(703) 836-6110  
dwichans@hnhb  
www.partnersforimmunization.org  
Materials available  
Contact: Denna Penner

## **Psoriasis Awareness Month**

National Psoriasis Foundation  
6600 SW 92nd Avenue, Suite 300  
Portland, OR 97223-7195  
(800) 723-9166  
(503) 546-8369  
(503) 245-0626 Fax  
mmarshall@psoriasis.org  
www.psoriasis.org  
Materials available  
Contact: Molly Marshall

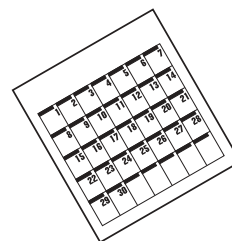
## **Spinal Muscular Atrophy Awareness Month**

Families of Spinal Muscular Atrophy  
P.O. Box 196  
Libertyville, IL 60048-0196  
(800) 886-1762  
sma@fsma.org  
www.fsma.org  
Materials available  
Contact: Audrey N. Lewis

## **1 National Minority Donor Awareness Day**

National Minority Organ Tissue Transplant  
Education Program  
Ambulatory Care Center, Suite 3100  
2041 Georgia Avenue, NW  
Washington, DC 20060  
(800) 393-2839  
(202) 865-4888  
(202) 865-4880 Fax  
gmaddox@nationalmottep.org  
www.nationalmottep.org  
Materials available  
Contact: Gwendolyn Maddox

# 2004 National Health Observances



## **1 - 7 World Breastfeeding Week**

World Alliance for Breastfeeding Action and La Leche League International  
1400 North Meacham Road  
Schaumburg, IL 60173-4840  
(847) 519-7730 x286  
PRAssociate@lilli.org  
www.lalecheleague.org  
Materials available  
Contact: Mary Hurt

## **29 (through September 4) Hearing Aid Awareness Week**

International Hearing Society  
16800 Middlebelt Road, Suite 4  
Livonia, MI 48154  
(734) 522-7200  
(734) 522-0200 Fax  
amarkey@ihsinfo.org  
www.ihsinfo.org  
Materials available  
Contact: Alice Markey

## **SEPTEMBER**

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### **Baby Safety Month**

Juvenile Products Manufacturers Association  
17000 Commerce Parkway, Suite C  
Mt. Laurel, NJ 08054  
(856) 638-0420  
(856) 439-0525  
jszwalek@ahint.com  
www.jpma.org  
Materials available

### **Children's Eye Health and Safety Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

### **Gynecologic Cancer Awareness Month**

Gynecologic Cancer Foundation  
230 West Monroe, Suite 2528  
Chicago, IL 60606  
(312) 578-1439  
(312) 578-9769 Fax  
info@thegcf.org  
www.wcn.org  
Materials available  
Contact: Karen Carlson

### **Healthy Aging Month**

Educational Television Network, Inc.  
P.O. Box 442  
Unionville, PA 19375  
(610) 793-0979  
(610) 793-0978 Fax  
etnet@discovernet.net  
www.healthyaging.net  
Materials available  
Contact: Carolyn Worthington

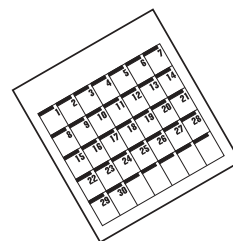
### **Leukemia & Lymphoma Awareness Month**

The Leukemia & Lymphoma Society  
1311 Mamaroneck Avenue  
White Plains, NY 10605  
(800) 955-4572  
(914) 821-8806  
(914) 821-3607 Fax  
infocenter@leukemia-lymphoma.org  
www.lls.org  
Materials available  
Contact: Information Resource Center

### **National Alcohol and Drug Addiction Recovery Month**

Center for Substance Abuse Treatment  
Substance Abuse and Mental Health Services Administration  
5600 Fishers Lane  
Rockville, MD 20857  
(800) 729-6686  
(301) 443-5052  
www.recoverymonth.gov  
Materials available  
Contact: SAMHSA's National Clearinghouse for Alcohol and Drug Information

# 2004 National Health Observances



## National Cholesterol Education Month

National Heart, Lung, and Blood Institute Health  
Information Center  
P.O. Box 30105  
Bethesda, MD 20824-0105  
(301) 592-8573  
(301) 592-8563 Fax  
nhlbiinfo@rover.nhlbi.nih.gov  
www.nhlbi.nih.gov  
Materials available  
Contact: Information Specialist

## National Food Safety Education Month

International Food Safety Council  
National Restaurant Association Education Foundation  
175 West Jackson, Suite 1500  
Chicago, IL 60604  
(312) 715-1010 x712  
Bsirt@foodtrain.org  
www.nraef.org/index.asp  
Materials available  
Contact: Bethany Sirt

## National Osteopathic Medicine Month

American Osteopathic Association  
142 East Ontario Street  
Chicago, IL 60611-2864  
(800) 621-1773  
(312) 202-8204 Fax  
info@osteopathic.org  
www.osteopathic.org  
Materials available  
Contact: Cathrine R. Schneider

## National Pediculosis Prevention Month/ Head Lice Prevention Month

National Pediculosis Association, Inc.  
50 Kearney Road  
Needham, MA 02494  
(781) 499-NITS  
(781) 499-8129 Fax  
npa@headlice.org  
www.headlice.org  
Materials available  
Contact: Jane Cotter

## National Sickle Cell Month

Sickle Cell Disease Association of America, Inc.  
200 Corporate Pointe, Suite 495  
Culver City, CA 90230-8727  
(800) 421-8453  
(310) 216-6363  
scdaa@sicklecelldisease.org  
www.SickleCellDisease.org  
Materials available  
Contact: Ralph D. Sutton

## Ovarian Cancer Awareness Month

The National Ovarian Cancer Coalition  
500 NE Spanish River Boulevard, Suite 14  
Boca Raton, FL 33431  
(888) OVARIAN  
(561) 393-0005  
nocc@ovarian.org  
www.ovarian.org  
Materials available  
Contact: Maxine Stein

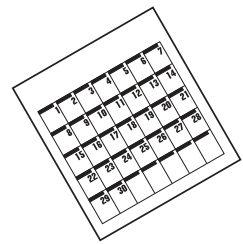
## Prostate Cancer Awareness Month

National Prostate Cancer Coalition  
1154 15th Street  
Washington, DC 20005  
(888) 245-9455  
(202) 463-9455  
info@pcacoalition.org  
www.pcacoalition.org  
Materials available  
Contact: Community Liaison

## 5 - 11 Suicide Prevention Week

American Association of Suicidology  
4201 Connecticut Avenue, NW, Suite 310  
Washington, DC 20008  
(202) 237-2280  
info@suicidology.org  
www.suicidology.org  
Materials available  
Contact: Amy Kulp

# 2004 National Health Observances



## **12 - 18 National Reye's Syndrome Week**

National Reye's Syndrome Foundation  
P.O. Box 829  
Bryan, OH 43506-0829  
(800) 233-7393  
(419) 636-2679  
nrsf@reyessyndrome.org  
www.reyessyndrome.org  
Materials available  
Contact: Terri Freudenberger

## **19 - 25 National Rehabilitation Week**

National Rehabilitation Awareness Foundation  
475 Morgan Highway  
P.O. Box 71  
Scranton, PA 18501-0071  
(800) 943-NRAF  
(570) 341-4637  
(570) 341-4331 Fax  
jbrogn@allied-services.org  
www.nraf-rehabnet.org  
Materials available  
Contact: James Brogna

## **19 - 25 National Reye's Syndrome Week**

National Reye's Syndrome Foundation  
P.O. Box 829  
Bryan, OH 43506-0829  
(800) 233-7393  
(419) 636-2679  
nrsf@reyessyndrome.org  
www.reyessyndrome.org  
Materials available  
Contact: Susan Landversicht

## **21 Take A Loved One to the Doctor Day**

Office of Minority Health  
U.S. Department of Health and Human Services  
P.O. Box 37337  
Washington, DC 20013-7337  
(800) 444-6472  
(301) 251-2160 Fax  
info@omhrc.gov  
www.healthgap.omhrc.gov  
Materials available  
Contact: Blake Crawford

## **24 National Women's Health and Fitness Day**

Health Information Resource Center  
1850 West Winchester, Suite 213  
Libertyville, IL 60048  
(800) 828-8225  
(847) 816-8662 Fax  
healthprograms@aol.com  
www.fitnessday.com  
Materials available  
Contact: Carrie Farella

## **26 (through October 2) National Adult Immunization Awareness Week**

National Coalition for Adult Immunization  
4733 Bethesda Avenue, Suite 750  
Bethesda, MD 20814-5228  
(301) 656-0003  
ncai@nfid.org  
www.nfid.org/ncai  
Materials available

## **27 Family Health and Fitness Day USA**

Health Information Resource Center  
1850 West Winchester, Suite 213  
Libertyville, IL 60048  
(800) 828-8225  
(847) 816-8662 Fax  
healthprograms@aol.com  
www.fitnessday.com  
Materials available  
Contact: Pat Henze

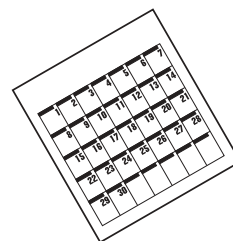
## **OCTOBER**

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## **Celiac Sprue Awareness Month**

Celiac Sprue Association/USA  
P.O. Box 31700  
Omaha, NE 68131-0700  
(402) 558-0600  
celiacs@csaceliacs.org  
www.csaceliacs.org  
Materials available  
Contact: Mary Schluckebier

# 2004 National Health Observances



## **Cold and Flu Campaign**

American Lung Association  
1740 Broadway  
New York, NY 10019-4374  
(800) LUNG-USA  
(212) 315-8700  
info@lungusa.org  
www.lungusa.org  
Materials available  
Contact: Nancy Cease

## **Domestic Violence Awareness Month**

National Coalition Against Domestic Violence  
P.O. Box 18749  
Denver, CO 80218-0749  
(303) 839-1852  
www.ncadv.org  
Materials available

## **Health Literacy Month**

Health Literacy Consulting  
31 Highland Street, Suite 201  
Natick, MA 01760  
(508) 653-1199  
helen@healthliteracy.com  
www.healthliteracymonth.com  
Materials available  
Contact: Helen Osborne

## **Healthy Lung Month**

American Lung Association  
1740 Broadway  
New York, NY 10019-4374  
(800) LUNG-USA  
info@lungusa.org  
www.lungusa.org  
Materials available  
Contact: Communications Department

## **Halloween Safety Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

## **Let's Talk Month**

Advocates for Youth  
1025 Vermont Avenue, NW, Suite 200  
Washington, DC 20005  
(202) 347-5700  
info@advocatesforyouth.org  
www.advocatesforyouth.org  
Materials Available  
Contact: Barbara Huberman

## **National Brain Injury Awareness Month**

Brain Injury Association of America  
105 North Alfred Street  
Alexandria, VA 22314  
(703) 761-0750  
publicrelations@biausa.org  
www.biausa.org  
Materials available  
Contact: Communications Coordinator

## **National Breast Cancer Awareness Month**

National Breast Cancer Awareness Month Board of Sponsors  
233 North Michigan Avenue, Suite 1400  
Chicago, IL 60601  
(312) 596-3557  
susan\_nathanson@chi.bm.com  
Materials available  
Contact: Susan Nathanson

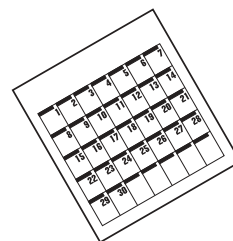
## **National Dental Hygiene Month**

American Dental Hygienists' Association  
444 North Michigan Avenue, Suite 3400  
Chicago, IL 60611  
(312) 440-8900  
(800) 243-ADHA  
media@adha.net  
www.adha.org  
Materials available  
Contact: Pam Anton

## **National Down Syndrome Awareness Month**

National Down Syndrome Society  
666 Broadway  
New York, NY 10012  
(800) 221-4602  
info@ndss.org  
www.ndss.org  
Materials available  
Contact: Communications Department

# 2004 National Health Observances



## National Family Sexuality Education Month

Planned Parenthood Federation of America  
810 Seventh Avenue  
New York, NY 10019  
(212) 541-7800  
education@ppfa.org  
www.plannedparenthood.org  
Materials available  
Contact: Estelle Raboni

## National Liver Awareness Month

American Liver Foundation  
75 Maiden Lane, Suite 603  
New York, NY 10038-4810  
(800) GO-LIVER  
webmail@liverfoundation.org  
www.liverfoundation.org  
Materials available  
Contact: Information Distribution Center

## National Lupus Awareness Month

Lupus Foundation of America, Inc.  
2000 L Street, NW, Suite 710  
Washington, DC 20036  
(888) 38-LUPUS  
(202) 349-1156 Fax  
info@lupus.org  
www.lupus.org  
Materials available  
Contact: Dorothy Howe

## National Medical Librarians Month

Medical Library Association  
65 East Wacker Place, Suite 1900  
Chicago, IL 60602  
(312) 419-9094 x11  
(312) 419-8950 Fax  
info@mlahq.org  
www.mlanet.org/resources/nml-month/index.html  
Materials available  
Contact: Tomi Gunn

## National Orthodontic Health Month

American Association of Orthodontists  
401 North Lindbergh Boulevard  
St. Louis, MO 63141  
(314) 993-1700  
info@aaortho.org  
www.braces.org  
Materials available  
Contact: Pam Paladin

## National Physical Therapy Month

American Physical Therapy Association  
1111 North Fairfax Street  
Alexandria, VA 22314-1488  
(703) 684-2782 x3248  
public-relations@apta.org  
www.apta.org  
Materials available  
Contact: Public Relations Department

## National Spina Bifida Awareness Month

Spina Bifida Association of America  
4590 MacArthur Boulevard, N.W., Suite 250  
Washington, DC 20007-4226  
(800) 621-3141  
(202) 944-3285  
sbaa@sbaa.org  
www.sbaa.org  
Materials available  
Contact: Maya House

## Rett Syndrome Awareness Month

International Rett Syndrome Association  
9121 Piscataway Road, Suite 2B  
Clinton, MD 20735  
(800) 818-RETT  
irsa@rettsyndrome.org  
www.rettsyndrome.org  
Materials available  
Contact: Kathy Hunter

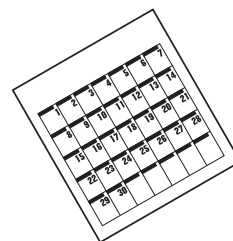
## "Talk About Prescriptions" Month

National Council on Patient Information and Education  
4915 St. Elmo Avenue, Suite 505  
Bethesda, MD 20814-6082  
(301) 656-8565  
ncpie@ncpie.info  
www.talkaboutrx.org  
Materials available  
Contact: Information Specialist

## World Blindness Awareness Month

American Academy of Ophthalmology  
P.O. Box 7424  
San Francisco, CA 94120  
(415) 447-0213  
(415) 561-8533 Fax  
eyemd@aao.org  
www.aao.org  
Materials available  
Contact: Communications Department

# 2004 National Health Observances



**3 - 9**

## **Mental Illness Awareness Week**

American Psychiatric Association  
1400 K Street, NW  
Washington, DC 20005  
(888) 357-7924  
(202) 682-6122  
apa@psych.org  
www.psych.org  
Materials available  
Contact: Cecilia Arradaza

**3 - 9**

## **National Fire Prevention Week**

National Fire Protection Association  
One Batterymarch Park  
Quincy, MA 02169  
(800) 344-3555 orders only  
custserv@NFPA.org  
www.firepreventionweek.org  
Materials available  
Contact: Peg O'Brien

**4**

## **National Child Health Day**

Maternal and Child Health Bureau  
Health Resources and Services Administration  
U.S. Department of Health and Human Services  
Parklawn Building, Room 18-20  
5600 Fishers Lane  
Rockville, MD 20857  
(301) 443-2170  
pbandyck@hrsa.gov  
www.mchb.hrsa.gov  
Contact: Cynthia Tibbs

**4 - 8**

## **Drive Safely Work Week**

Network of Employers for Traffic Safety  
8150 Lessburg Pike, Suite 410  
Vienna, VA 22182  
(888) 221-0045  
(703) 891-6005  
(703) 891-6010 Fax  
nets@trafficsafety.org  
www.trafficsafety.org  
Materials available  
Contact: Kathryn Lusby-Treber

**7**

## **National Depression Screening Day**

Screening for Mental Health, Inc.  
1 Washington Street, Suite 304  
Wellesly Hills, MA 02481  
(781) 239-0071  
info@mentalhealthscreening.org  
www.mentalhealthscreening.org  
Materials available  
Contact: Anne Keliher

**10 - 16**

## **National Adult Immunization Awareness Week**

National Coalition for Adult Immunization  
4733 Bethesda Avenue, Suite 750  
Bethesda, MD 20814-5228  
(301) 656-0003  
ncai@nfid.org  
www.nfid.org/ncai  
Materials available  
Contact: David A. Neumann, Ph.D.

**11 - 15**

## **National School Lunch Week**

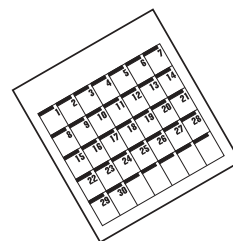
American School Food Service Association  
700 South Washington Street, Suite 300  
Alexandria, VA 22314-4287  
(800) 877-8822  
asfsa@asfsa.org  
www.asfsa.org  
Materials available  
Contact: Emporium

**13**

## **SAVE (Stop America's Violence Everywhere) Today**

American Medical Association Alliance  
515 North State Street  
Chicago, IL 60610  
(312) 464-4470  
AMAA@ama-assn.org  
www.ama-assn.org/go/alliance  
Materials available  
Contact: Chrissy McShane

# 2004 National Health Observances



## **15 National Mammography Day**

American Cancer Society  
1599 Clifton Road, NE  
Atlanta, GA 30329  
(800) ACS-2345  
www.cancer.org

## **16 World Food Day**

U.S. National Committee for World Food Day  
2175 K Street, NW, Suite 300  
Washington, DC 20437  
(202) 653-2404  
(202) 653-5760 Fax  
www.worldfoodayusa.org  
Materials available  
Contact: Patricia Young, National Coordinator

## **17 - 23 National Radon Action Week**

U.S. Environmental Protection Agency  
Ariel Rios Building, Room 6609J  
1200 Pennsylvania Avenue, NW  
Washington, DC 20460  
(800) SOS-RADON  
(202) 564-9370  
(202) 260-5922  
public-access@epamail.epa.gov  
www.epa.gov  
Materials available  
Contact: Dennis Hellberg

## **22 International Stuttering Awareness Day**

Stuttering Foundation of America  
3100 Walnut Grove Road, Suite 603  
P.O. Box 11749  
Memphis, TN 38111-0749  
(800) 992-9392  
(901) 452-3931 Fax  
info@stutteringhelp.org  
www.stutteringhelp.org  
Materials available  
Contact: Jane Fraser

## **23 - 31 National Red Ribbon Celebration (Campaign to keep kids off drugs)**

National Family Partnership  
Informed Families Education Center  
2490 Coral Way  
Miami, FL 33145  
(800) 705-8997  
info@informedfamilies.org  
www.nfp.org  
Materials available  
Contact: Ann Willett

## **24 - 30 Respiratory Care Week**

American Association for Respiratory Care  
9425 N. MacArthur Blvd., Suite 100  
Irving, TX 75063  
(972) 406-4690  
(972) 484-2720 Fax  
williams@aarc.org  
www.aarc.org  
Materials available  
Contact: Kris Williams

## **27 Lung Health Day**

American Association for Respiratory Care  
9425 N. MacArthur Blvd., Suite 100  
Irving, TX 75063  
(972) 406-4690  
(972) 484-2720 Fax  
williams@aarc.org  
www.aarc.org  
Contact: Kris Williams

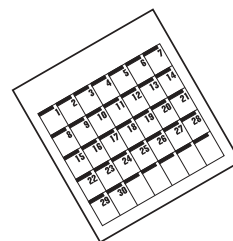
## **NOVEMBER**

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### **American Diabetes Month**

American Diabetes Association  
1701 North Beauregard Street  
Alexandria, VA 22314  
(800) 232-3472  
www.diabetes.org  
Materials available  
Contact: Local Chapters or National Office

# 2004 National Health Observances



## **COPD Awareness Month**

U.S. COPD Coalition  
American Association for Respiratory Care  
9425 N. MacArthur Blvd., Suite 100  
Irving, TX 75063  
(972) 406-4690  
(972) 484-2720 Fax  
williams@aarc.org  
www.uscopd.com  
Materials available  
Contact: Kris Williams

## **Diabetic Eye Disease Month**

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

## **Jaw Joints - TMJ Awareness Month**

The TMJ Association, LTD  
P.O. Box 26770  
Milwaukee, WI 53226-0770  
(414) 259-3223  
(414) 259-8112 Fax  
info@tmj.org  
www.tmj.org  
Materials available

## **Lung Cancer Awareness Month**

Alliance for Lung Cancer Advocacy, Support, and Education  
500 West 8th Street  
Vancouver, WA 98660  
(800) 298-2436  
(360) 696-2436  
(360) 735-1305 Fax  
info@alcase.org  
www.alcase.org  
Materials available  
Contact: Customer Service

## **National Adoption Month**

National Council for Adoption  
225 North Washington Street  
Alexandria, VA 22314  
(703) 299-6633  
info@ncfa-usa.org  
www.ncfa-usa.org  
Materials available  
Contact: Laura Elliot

## **National Alzheimer's Disease Awareness Month**

Alzheimer's Disease and Related Disorders Association  
255 North Michigan Avenue, 17th Floor  
Chicago, IL 60601  
(800) 272-3900  
(312) 335-8882 TDD  
info@alz.org  
www.alz.org  
Materials available  
Contact: Local Chapters or National Office

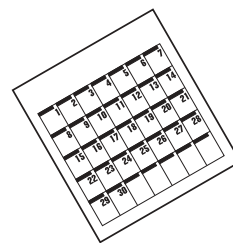
## **National American Indian and Alaska Native Heritage Month**

Indian Health Service  
The Reyes Building  
801 Thompson Avenue, Suite 400  
Rockville, MD 20852  
(301) 443-3593  
Heritage@hqe.ihs.gov  
www.ihs.gov/publicaffairs/heritage  
Contact: Public Affairs

## **National Epilepsy Month**

Epilepsy Foundation  
4351 Garden City Drive  
Landover, MD 20785  
(800) 332-1000  
(800) 213-5821 Publications  
postmaster@efa.org  
www.epilepsyfoundation.org  
Materials available  
Contact: Marc Rutledge

# 2004 National Health Observances



## National Healthy Skin Month

American Academy of Dermatology  
930 East Woodfield Road  
Schaumburg, IL 60173  
(888) 462-DERM  
(847) 330-0230  
www.aad.org  
Materials available

## National Marrow Awareness Month

National Marrow Donor Program®  
3001 Broadway Street, NE, Suite 500  
Minneapolis, MN 55413  
(800) 627-7692  
(800) MARROW2  
rpinder@nmdp.org  
www.marrow.org  
Materials available  
Contact: Robert Pinderhughes

## Pancreatic Cancer Awareness Month

Pancreatic Cancer Action Network  
2221 Rosecrans Avenue, Suite 131  
El Segundo, CA 90245  
(877) 272-6226  
(310) 725-0025  
(310) 725-0029 Fax  
information@pancan.org  
www.pancan.org  
Materials available

## Pulmonary Hypertension (PH) Awareness Month

Pulmonary Hypertension Association  
850 Sligo Avenue, Suite 800  
Silver Spring, MD 20910  
(301) 565-3004  
(301) 565-3994 Fax  
cara@phassociation.org  
www.phassociation.org  
Materials available  
Contact: Cara Ugolini

7 - 13

## National Allied Health Week

Association of Schools of Allied Health Professions  
1730 M Street, NW, Suite 500  
Washington, DC 20036  
(202) 293-4848  
(202) 293-4852 Fax  
asahpl@asahp.org  
www.asahp.org  
Materials available  
Contact: Thomas W. Elwood

18

## Great American Smokeout

American Cancer Society  
1599 Clifton Road, NE  
Atlanta, GA 30329  
(800) ACS-2345  
www.cancer.org  
Materials available  
Contact: National Office

21 - 27

## GERD Awareness Week (gastroesophageal reflux disease)

International Foundation for Functional  
Gastrointestinal Disorders  
P.O. Box 170864  
Milwaukee, WI 53217  
(888) 964-2001 8:30 a.m.-5:00 p.m. CST  
(414) 964-1799  
iffgd@iffgd.org  
www.aboutgerd.org  
Materials available  
Contact: Nancy Norton

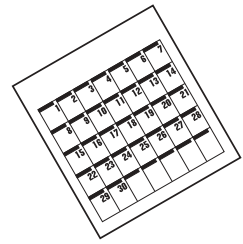
## DECEMBER

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## National Drunk and Drugged Driving (3D) Prevention Month

National Commission Against Drunk Driving  
8403 Colesville Road, Suite 370  
Silver Spring, MD 20910  
(240) 247-6004  
ncadd@ncadd.com  
www.3dmonth.org  
Materials available  
Contact: John Moulden

# 2004 National Health Observances



## Safe Toys and Gifts Month

Prevent Blindness America  
500 East Remington Road  
Schaumburg, IL 60173-5611  
(800) 331-2020  
info@preventblindness.org  
www.preventblindness.org  
Materials available  
Contact: PBA Consumer and Patient Hotline

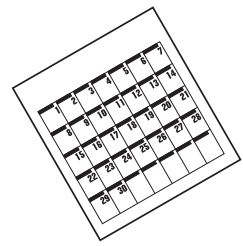
## 1 - 7 National Aplastic Anemia Awareness Week

Aplastic Anemia & MDS International Foundation, Inc.  
P.O. Box 613  
Annapolis, MD 21404-0613  
(800) 747-2820  
(410) 867-0240 Fax  
help@aamds.org  
www.aamds.org  
Materials available  
Contact: Marilyn Baker

## 5 - 11 National Hand Washing Awareness Week

Henry the Hand Foundation  
11714 U.S. Route 42  
Cincinnati, OH 45241  
(513) 769-3660  
dr.will@henrythehand.com  
www.henrythehand.com  
Materials available  
Contact: Dr. Will Sawyer

# 2004 National Health Observances



## THE YEAR 2004 AT A GLANCE

### **JANUARY**

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Cervical Cancer Screening Month  
Glaucoma Awareness Month  
National Volunteer Blood Donor Month  
18 - 24 Healthy Weight Week

### **FEBRUARY**

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AMD/Low Vision Awareness Month  
American Heart Month  
Kids E.N.T. (Ears, Nose, Throat) Month  
National Children's Dental Health Month  
Wise Health Consumer Month  
1 - 7 National Burn Awareness Week  
4 National Girls and Women in Sports Day  
6 Give Kids A Smile Day  
8 - 14 Cardiac Rehabilitation Week  
8 - 14 National Child Passenger Safety Awareness Week  
8 - 14 National Children of Alcoholics Week  
14 Congenital Heart Defect Awareness Day  
14 National Condom Day

### **MARCH**

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American Red Cross Month  
National Colorectal Cancer Awareness Month  
National Kidney Month  
National Multiple Sclerosis Education and Awareness Month  
National Nutrition Month  
Save Your Vision Month  
Workplace Eye Health and Safety Month  
7 - 13 National Patient Safety Awareness Week  
8 - 12 National School Breakfast Week  
14 - 20 Pulmonary Rehabilitation Week  
15 - 21 Brain Awareness Week  
21 - 27 National Poison Prevention Week  
21 - 27 National Inhalants and Poisons Awareness Week  
24 World Tuberculosis Day  
28 (through April 4) National Sleep Awareness Week  
31 Kick Butts Day

### **APRIL**

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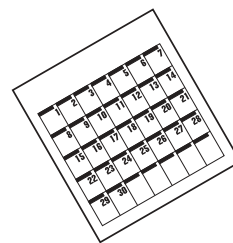
Alcohol Awareness Month  
Cancer Control Month  
Candlelight Vigil for Eating Disorders Awareness  
Cesarean Awareness Month  
IBS (Irritable Bowel Syndrome) Awareness Month  
National Donate Life Month  
National Facial Protection Month  
National Occupational Therapy Month  
National STD Awareness Month  
National Youth Sports Safety Month  
Sexual Assault Awareness Month  
Sports Eye Safety Month  
Women's Eye Health and Safety Month  
2 - 4 Alcohol-Free Weekend  
3 YMCA Healthy Kids Day  
5 - 11 National Public Health Week  
7 World Health Day  
8 National Alcohol Screening Day  
18 - 24 National Minority Cancer Awareness Week  
18 - 24 National Volunteer Week  
24 - 25 2004 WalkAmerica  
25 (through May 1) National Infant Immunization Week

### **MAY**

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Asthma and Allergy Awareness Month  
Better Hearing and Speech Month  
Better Sleep Month  
Clean Air Month  
Correct Posture Month  
Healthy Vision Month  
Hepatitis Awareness Month  
Lyme Disease Awareness Month  
Mental Health Month  
National Arthritis Month and Annual Arthritis Walk  
National Digestive Diseases Awareness Month  
National High Blood Pressure Education Month  
National Neurofibromatosis Month  
National Osteoporosis Awareness and Prevention Month  
National Physical Fitness and Sports Month  
National Sight-Saving Month: Ultraviolet Awareness Month

# 2004 National Health Observances



National Stroke Awareness Month  
National Teen Pregnancy Prevention Month  
National Trauma Awareness Month  
Older Americans Month  
Skin Cancer Awareness Month  
Tuberous Sclerosis Awareness Month  
2 - 8 Brain Tumor Action Week  
2 - 8 Children's Mental Health Week  
2 - 8 National Mental Health Counseling Week  
2 - 8 North American Occupational Safety and Health Week  
3 Melanoma Monday  
4 Childhood Depression Awareness Day  
5 National Anxiety Disorders Screening Day  
8 Cornelia de Lange Syndrome (CdLS) Awareness Day  
9 - 15 National Women's Health Week  
10 National Women's Check-up Day  
10 - 16 Food Allergy Awareness Week  
10 - 16 National Stuttering Awareness Week  
11 - 17 National Alcohol-and Other Drug-Related Birth Defects Week  
12 International Chronic Fatigue Syndrome Awareness Day  
16 - 22 National Emergency Medical Services Week  
16 - 22 National Running and Fitness Week  
18 HIV Awareness Day  
23 - 29 Older Americans' Mental Health Week  
24 National Schizophrenia Awareness Day  
24 - 30 Older Americans' Mental Health Week  
24 - 31 Buckle Up America! Week  
25 National Missing Children's Day  
26 National Senior Health and Fitness Day  
31 World "No Tobacco" Day

## **JUNE**

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Myasthenia Gravis Awareness Month  
National Aphasia Awareness Month  
National Scleroderma Awareness Month  
Vision Research Month  
1 (through July 4) Fireworks Eye Safety Month  
5 - 12 Dystonia Awareness Week  
6 National Cancer Survivors Day  
6 - 12 National Headache Awareness Week  
14 - 20 National Men's Health Week  
20 - 26 Helen Keller Deaf - Blind Awareness Week

## **JULY**

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Eye Injury Prevention Month  
Hemochromatosis Screening Awareness Month  
International Group B Strep Awareness Month  
11 - 17 National Therapeutic Recreation Week  
27 (through August 1) 2004 U.S. Transplant: 50 Years of Transplantation

## **AUGUST**

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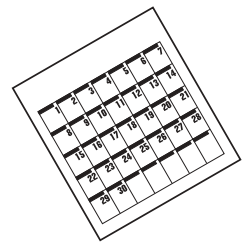
Cataract Awareness Month  
National Immunization Awareness Month  
Psoriasis Awareness Month  
Spinal Muscular Atrophy Awareness Month  
1 National Minority Donor Awareness Day  
1 - 7 World Breastfeeding Week  
29 (through September 4) Hearing Aid Awareness Week

## **SEPTEMBER**

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Baby Safety Month  
Children's Eye Health and Safety Month  
Gynecologic Cancer Awareness Month  
Healthy Aging Month  
Leukemia & Lymphoma Awareness Month  
National Alcohol and Drug Addiction Recovery Month  
National Cholesterol Education Month  
National Food Safety Education Month  
National Osteopathic Medicine Month  
National Pediculosis Prevention Month/Head Lice Prevention Month  
National Sickle Cell Month  
Ovarian Cancer Awareness Month  
Prostate Cancer Awareness Month  
5 - 11 Suicide Prevention Week  
12 - 18 National Reye's Syndrome Week  
19 - 25 National Rehabilitation Week  
19 - 25 National Reye's Syndrome Week  
21 Take A Loved One to the Doctor Day  
24 National Women's Health and Fitness Day  
26 (through October 2) National Adult Immunization Awareness Week  
27 Family Health and Fitness Day USA

# 2004 National Health Observances



## **OCTOBER**

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Celiac Sprue Awareness Month  
Cold and Flu Campaign  
Domestic Violence Awareness Month  
Health Literacy Month  
Healthy Lung Month  
Halloween Safety Month  
Let's Talk Month  
National Brain Injury Awareness Month  
National Breast Cancer Awareness Month  
National Dental Hygiene Month  
National Down Syndrome Awareness Month  
National Family Sexuality Education Month  
National Liver Awareness Month  
National Lupus Awareness Month  
National Medical Librarians Month  
National Orthodontic Health Month  
National Physical Therapy Month  
National Spina Bifida Awareness Month  
Rett Syndrome Awareness Month  
"Talk About Prescriptions" Month  
World Blindness Awareness Month  
3 - 9 Mental Illness Awareness Week  
3 - 9 National Fire Prevention Week  
4 National Child Health Day  
4 - 8 Drive Safely Work Week  
7 National Depression Screening Day  
10 - 16 National Adult Immunization Awareness Week  
11 - 15 National School Lunch Week  
13 SAVE (Stop America's Violence Everywhere) Today  
15 National Mammography Day  
16 World Food Day  
17 - 23 National Radon Action Week  
22 International Stuttering Awareness Day  
23 - 31 National Red Ribbon Campaign

24 - 30 Respiratory Care Week  
27 Lung Health Day

## **NOVEMBER**

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American Diabetes Month  
COPD Awareness Month  
Diabetic Eye Disease Month  
Jaw Joints - TMJ Awareness Month  
Lung Cancer Awareness Month  
National Adoption Month  
National Alzheimer's Disease Awareness Month  
National American Indian and Alaska Native Heritage Month  
National Epilepsy Month  
National Healthy Skin Month  
National Marrow Awareness Month  
Pancreatic Cancer Awareness Month  
Pulmonary Hypertension (PH) Awareness Month  
7 - 13 National Allied Health Week  
18 Great American Smokeout  
21 - 27 GERD Awareness Week

## **DECEMBER**

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National Drunk and Drugged Driving (3D) Prevention Month  
Safe Toys and Gifts Month  
1 - 7 National Aplastic Anemia Awareness Week  
5 - 11 National Hand Washing Awareness Week



Office of Disease Prevention  
and Health Promotion  
U.S. Department of Health  
and Human Services

