



Welcome to the **Consumer Community Development Project**

We all need community. Through community we gain support, hope, and a sense of belonging. We find kinship and purpose through our connection to others, and begin to understand our own challenges by hearing from our peers. For too long, behavioral health consumers in our area have been living without having a community of our own.

The purpose of this project is to support the growth of a vibrant, independent community of consumers by providing opportunities for education, recreation, and dialogue. Over the next six months, Region 6 will sponsor a series of free events —workshops and forums, social gatherings, and a full-day consumer conference.

One of the marvelous things about community is that it enables us to welcome and help people in a way we couldn't as individuals. When we pool our strength and share the work and responsibility, we can welcome many people, even those in deep distress, and perhaps help them find self-confidence and inner healing.
— Jean Vanier



To make this work, we need *you*; the consumers. We need your support, your input, and your *participation*. So, we present you with a challenge: Step out of your comfort zone. Help us create a community of consumers that offers support, advocacy, friendship, and purpose. Help us create the community we all deserve.

For more information on the Consumer Community Development Project and upcoming events, visit the Consumers page at www.regionsix.com.

Events and information will also be listed through the Omaha Wellness & Recovery Community page at www.meetup.com/Omaha-Wellness-and-Recovery-Community.