



Region 6 Behavioral Healthcare

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Behavioral Health Advisory Committee Meeting Minutes October 5, 2016

Advisory Members Present:

Dean Loftus, Chair
Brenda Carlisle
Mary Jane Karabatsos
Shawn Shanahan
John Sheehan
Michael Touzin

Advisory Members Absent:

Jerry Kruse
Michele Missel
Chandra Petersen
Donald Rashid, Vice Chair

Region 6 Staff Present:

Patti Jurjevich
Taren Petersen

Recorder: Amy Lett

1. Welcome and Roll Call

Dean Loftus, Chair, called the meeting to order. Roll call of members determined there was a quorum.

2. Approval of Meeting Minutes from September 7, 2016

Brenda Carlisle made a motion to approve the minutes from September 7, 2016. John Sheehan seconded the motion. Motion passed unanimously upon voice vote.

3. Approval of Agenda

Shawn Shanahan made a motion to approve the agenda for today's meeting. Brenda Carlisle seconded the motion. Motion passed unanimously upon voice vote.

4. Administrator's Report – Patti Jurjevich

- a. See handout. Ms. Jurjevich noted the entire 300+ page report from DHHS on the Comprehensive Behavioral Health Needs Assessment was sent to BHAC members yesterday via email. Today's meeting packet contains the executive summary of the

report and Region 6's Quality Improvement department will summarize the Needs Assessment to discuss in more detail at another meeting.

Someone asked if Ms. Jurjevich could define the term 'rural county' as it is used in this report. Ms. Jurjevich said she will need to find out and get back to the group; she does not believe that the lesser populated counties in Region 6 are considered rural but will verify this.

- b. There is exciting news for youth and families in Nebraska as the Department of Health and Human Services Division of Behavioral Health (DHHS-DBH) has been awarded the Substance Abuse and Mental Health Services Administration (SAMHSA) System of Care (SOC) grant. This grant is \$3 million/year for the next 4 years and starts on 9/30/16. All of the Regions are participating.

A lot of work will go into developing services, infrastructure development, evaluation and sustainability services.

Patti will learn more details at an upcoming meeting and she will report on these at a future BHAC meeting.

- c. Update on Budget Reduction: The Regions may have a \$1.1 million reduction for the FY18 – FY19 biennium.

5. Spotlight on Levels of Care – Taren Petersen

a. Intensive Case Management – Jana Andrews, Program Manager, Douglas County Community Mental Health Center

See handout. Ms. Andrews noted that in 2010, a grant was issued to develop an affordable housing program for people ages 18 – 24 years old who had been incarcerated; this program is now fully funded through Region 6 Behavioral Healthcare and known as Intensive Case Management (ICM). All 5 counties in Region 6 give referrals to this program.

ICM is a voluntary service; participants have no legal obligation to comply and their criminal charges are not automatically reduced for participating in the program. ICM works by utilizing substance use evaluations, life enhancement living skills and family reunification. The two main components of the program include time spent with the Intensive Case Manager and a Peer Support worker; these workers meet with the consumer 2 – 5 times every week. There are 3 case managers who work with 10 – 15 people (some make contact on a daily basis). They meet with people while they are still in jail in order to develop a rapport. Workers help fill out job applications or try to get them into vocational rehabilitation or a cross training center. Transportation is sometimes an issue.

Peer Support workers focus on recovery by implementing a Wellness Recovery and Action Plan (WRAP) as well as connecting people to various services such as

the National Alliance on Mental Illness (NAMI) and Alcoholics Anonymous (AA).

Participation time in the program can run from 3 – 12 months but is often more like 6 – 12 months. There is no waitlist for this program. If people are willing to participate, they are admitted to the program. Participants are assessed using a bio psycho social tool for risky behaviors; they cannot have a lot of weapons and assault charges.

BHAC members asked about program outcomes. Ms. Andrews noted ICM does measure the rate of re-entry to jail during the program and 12 months after discharge. Ms. Andrews did not have that figure with her but said she would follow up with BHAC members with that information.

BHAC member Dean Loftus stated he spent a day with Jana Andrews and noted ICM is a good program and that they do work hard.

6. Request for Proposals (RFP) for Civil Protective Custody (CPC), Emergency Protective Custody (EPC), Social Detox and Mental Health Crisis Assessments – Taren Petersen

a. Review of RFP Process and Funding Recommendation

See handout which Ms. Petersen reviewed with BHAC members. A few services will stay in place until June 30, 2017. The review committee recommended the services in packet #1 (Civil Protective Custody (CPC), Emergency Protective Custody (EPC), Social Detox and Mental Health Crisis Assessments) be awarded to Douglas County Community Mental Health Center (DCCMHC).

b. BHAC Recommendation to Regional Governing Board

Mike Touzin made a motion to recommend that the Regional Governing Board should award Douglas County Community Mental Health Center to become the service provider for Civil Protective Custody (CPC), Emergency Protective Custody (EPC), Social Detox and Mental Health Crisis Assessments. John Sheehan seconded the motion. Motion passed unanimously via voice vote.

7. Request for Proposals (RFP) for Short-term Residential, Dual Diagnosis Residential, Peer Support and Substance Use Community Support – Taren Petersen

a. Review of RFP Process and Funding Recommendation

See handout which Ms. Petersen reviewed with BHAC members. Ms. Petersen stated the review committee is recommending funding for packet #2 (Short-term Residential, Dual Diagnosis Residential, Peer Support and Substance Use Community Support) be awarded to Center Pointe, a behavioral health provider currently operating in Lincoln. Center Pointe will continue to have services in Lincoln and will also operate this service in Omaha. Ms. Petersen noted the review committee's decision on this packet was not unanimous; it was decided by a majority vote.

b. BHAC Recommendation to Regional Governing Board

Mike Touzin made a motion to recommend that the Regional Governing Board should award Center Pointe to become the service provider for Short-term Residential, Dual Diagnosis Residential, Peer Support and Substance Use Community Support. Brenda Carlisle seconded the motion. Motion passed unanimously via voice vote.

Ms. Petersen stated that both agencies referenced in items #6 and #7 are interested in leasing Catholic Charities' Campus for Hope location. Also, both agencies intend to begin services as of Jan. 1, 2017. Catholic Charities has stated that they will continue to provide services if the new providers are not yet up and running by Jan. 1, 2017. Region 6 will continue to oversee implementation of the new services.

Region 6 believes there are cost efficiencies by choosing one provider for services noted in packet #1 and another provider for services as noted in packet #2. It was Region 6's choice to package these services together.

8. Network System Coordination Update – Taren Petersen

See handout. BHAC members can contact Ms. Petersen any time with questions or comments regarding the Network System Coordination Update. There were no questions at this time.

9. Status Reports for the Period Ending August 31, 2016

Handouts are in the packets for each of the items listed below:

a. Contract Status Reports

The target draw down for funding at this time is 16.6%. Telecare's Secure Residential is drawing down fast and Region 6 will keep an eye on this because we will likely have to shift more money into this service before year's end.

Someone asked why draw down for Women's Set Aside (WSA) is so high. Ms. Petersen explained that if the women in the program meet eligibility requirements for WSA funds, Region 6 bills the WSA funds first because that pot of money cannot be shifted into any other services.

b. Mobile Crisis Response

There were 54 total calls in August 2016 which increased the year to date total to 103 calls. There were no questions or comments at this time.

c. Emergency Protective Custody (EPC)

The number of total EPCs is down slightly for the month but up slightly for the year. There were no questions or other comments at this time.

d. Comparison of Acute and Subacute Occupancy Rates

There were no questions.

10. December 7, 2016 – BHAC Meeting/Holiday Luncheon

Region 6 asked BHAC members if they would like to have a luncheon following the December 7, 2016, BHAC meeting. BHAC members said yes, they would like to do this. The December meeting start time is usually moved back to 10:00 a.m. so members can go to lunch immediately following the meeting.

11. Public Comment

There was no public comment.

12. Adjourn

Mike Touzin made a motion to adjourn the meeting. Brenda Carlisle seconded the motion. Motion passed unanimously upon voice vote. Meeting adjourned.

Prepared By: Amy M. Lott

Date: 11/2/2016

Approved By: Dean Loftus

Date: 11-2-16

