



## Region 6 Behavioral Healthcare

3801 Harney Street  
Omaha, NE 68131  
Phone: (402) 444-6573  
FAX: (402) 444-7722

### Behavioral Health Advisory Committee Meeting Minutes December 2, 2015

#### **Advisory Members Present:**

Chandra Petersen, Chair  
Brenda Carlisle  
Mary Jane Karabatsos  
Jerry Kruse  
Dean Loftus  
Donald Rashid  
Michael Touzin

#### **Advisory Members Absent:**

Shawn Shanahan, Vice Chair  
Ann Ebsen

#### **Region 6 Staff Present:**

Taren Petersen

#### **Recorder: Amy Lett**

#### **1. Welcome and Roll Call**

Chandra Petersen, Chair, called the meeting to order. Roll call of members determined there was a quorum.

#### **2. Approval of Meeting Minutes for October 7, 2015**

Dean Loftus made a motion to approve the minutes of October 7, 2015. Jerry Kruse seconded the motion. Motion passed unanimously upon voice vote.

#### **3. Approval of Agenda**

Jerry Kruse made a motion to approve the agenda for today's meeting. Michael Touzin seconded the motion. Motion passed unanimously upon voice vote.

#### **4. FY16 New Dollars – Taren Petersen**

- a. See handout. The highlighted row shows Region 6's additional revenue in FY16. These funds must be spent by June 30, 2016 (the end of the current fiscal year). The Nebraska Department of Health and Human Services (DHHS) – Division of Behavioral Health (DBH) has made it clear that if Region 6 does not draw down these dollars, we run the risk of losing them next year.

- b. See handout. These are new forms designed by DBH. Taren Petersen reviewed the forms and funding associated with each form with the group.
- i. Form 1 – These funds do not have to go Lincoln Regional Center (LRC) discharge; just has to be used for Housing related items. Region 6 has 22 Board of Mental Health (BOMH) consumers at LRC today.
  - ii. Form 2 – Centralized Data System (CDS) Support. These funds are not sustainable; we will likely not have these dollars to use next year. The plan is to use these funds to expand mental health respite; specifically for start-up expenses. The Institute of Mental Diseases (IMD) has a Federal law that prohibits facilities from having more than 16 beds per facility. If selected, Salvation Army would have two addresses for their IMD MH respite programs so they would fall within the guidelines.
  - iii. Form 3 – Services Reallocation. Above the gray line are services that received cuts to their budgets earlier and now want the money back. Below the gray line are Providers that say they can use this additional funding within FY16. Region 6 can shift funding if necessary through the end of April 2016.
  - iv. Form 4 – System Flow Through.
    - First Episode Psychosis (FEP) started Nov. 1. Region 6 has 1 referral and can take up to 10 total people in increments of 3 people per month. Region 6 will be marketing to hospitals so they are aware of this new service.
    - Emergency System Redesign – Region 6 has been working on this for over a year now. Dr. Zeller, from the Oakland, CA area, will be coming to Omaha in early 2016 to talk about different models that may work for our area. This will be an educational forum for our community. Region 6 will invite consumers, psychiatrists, emergency room doctors, law enforcement and anyone else who may have an interest in Psychiatric emergency departments. BHAC members are welcome to send Region 6 the names of people they think should be invited, please be sure to include their email addresses too.
    - MH Prevention – Region 6 is hiring a part-time person for Suicide Prevention and MH promotion.
    - Region 6 has carved out some money to help pay for medications. Now we are working on the best way to distribute these funds (help eliminate barriers to get the medicines to people that need them).
    - Plans for One – Creative wrap-around services to help people coming out of LRC.

## **5. Election of BHAC Officers for 2016**

### **a. Report from Nominating Committee**

The committee reported that Donald Rashid would volunteer for the Vice Chair position and Dean Loftus would volunteer for the Chair position.

**b. Election of Officers**

Jerry Kruse made a motion to nominate Dean Loftus for Chair and Donald Rashid for Vice Chair. Ann Ebsen seconded the motion. Motion was approved unanimously via voice vote.

**6. Network System Coordination Update – Taren Petersen**

See handout. BHAC members can contact Ms. Petersen any time with any questions or comments regarding the Network System Coordination Update. There were no questions at this time.

**7. Status Reports for the Period Ending October 31, 2015**

Handouts are in the packets for each of the items listed below:

**a. Contract Status Reports**

The total percentage of funding that should be pulled down at this point in FY16 is 33.3%. Some shifts have already been made and those shifts will be reflected on future contract status reports.

**b. Mobile Crisis Response**

There were no questions or comments at this time.

**c. Emergency Protective Custody (EPC)**

It was noted that the majority of people who taken into EPC are released before they need to be committed by the Board of Mental Health (BOMH). No questions or other comments at this time.

**d. Comparison of Acute and Subacute Occupancy Rates**

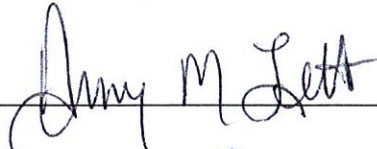
Fremont Health will soon be opening their geriatric and adult psychiatric unit. Joe Kenney will send BHAC members a note with the date of the ribbon cutting. Fremont Health is only able to accept people covered under private insurance or Medicare at this time but they are in the process of pursuing other funding options. The maximum capacity in the Fremont Health psychiatric unit will be 10 beds for geriatric and 10 beds for adults; at this time they are only staffed for 4 people. There were no further questions or comments.

**8. Public Comment**

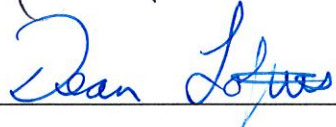
There were no public comments.

**9. Adjourn**

Meeting adjourned @ 11:15 a.m.

Prepared By: 

Date: 3/2/2016

Approved By: 

Date: 3/2/16

