



Region 6 Behavioral Healthcare

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Behavioral Health Advisory Committee Meeting Minutes April 6, 2016

Advisory Members Present:

Dean Loftus, Chair
Donald Rashid, Vice Chair
Brenda Carlisle
Mary Jane Karabatsos
Jerry Kruse
Chandra Petersen
Michael Touzin

Advisory Members Absent:

Michele Missel
Shawn Shanahan
John Sheehan

Region 6 Staff Present:

Patti Jurjevich
Taren Petersen

Recorder: Amy Lett

1. Welcome and Roll Call

Dean Loftus, Chair, called the meeting to order. Roll call of members determined there was a quorum.

2. Approval of Meeting Minutes for March 2, 2016

Chandra Petersen made a motion to approve the minutes of March 2, 2016. Donald Rashid seconded the motion. Motion passed unanimously upon voice vote with the exception of Brenda Carlisle who abstained from voting since she was not in attendance on March 2, 2016.

3. Approval of Agenda

Today's agenda was approved unanimously upon voice vote.

4. Administrator's Report – Patti Jurjevich

The Division of Behavioral Health is applying for a Systems of Care (SOC) grant and each Region was asked if they wanted to participate and if so, how many of their counties would be included. Region 6 volunteered to participate and will include all 5 counties.

5. FY17 Proposed Regional Budget Plan – Taren Petersen, Director of Network Services

a. Review of Proposed Funding and Budget Narrative

See handouts. Ms. Petersen reviewed the FY17 proposed regional budget plan with those in attendance. It was noted that Region 6 is allocated \$27,855,630 from state and federal funds (including rate increase funds) plus \$1,790,826 in county match funding and \$500,000 in potential DSH offset dollars.

Ms. Petersen specifically commented on a couple of items (also noted in the narrative handout):

- The Probation Pilot Project was started with Sarpy and Douglas counties with hopes to extend the service to all Region 6 counties.
- The Medication Pilot Project is for agencies in all 5 Region 6 counties that provide outpatient/medication management services. These funds are to support individuals in the outpatient/medication management services that need assistance to pay for their psychotropic medications. This pilot does have a limited amount of funds at this time.
- Core services – there is not an amount that is required to be spent on each core service. Region 6 will again fund outpatient substance abuse for youth (this service used to be funded by Region 6 but we found that most of the time, youths had other means of payment – either Medicaid or private insurance).
- Good Neighbor Community Medical Center – This agency has an existing clinic in Fremont, NE (Dodge County). Region 6 will begin funding them in FY17 to provide Outpatient and Medication Management services. The agency has a van that will be used to transport citizens residing in Dodge and Washington counties to and from appointments.

Other items related to funding:

- CHI-Immanuel – Acute Inpatient. The past 2 years of utilization has only been \$52,969 and Region 6 thinks this decreased usage of our funding could be due to implementation of the Affordable Care Act. Throughout the year, should budget shifts need to be made due to higher utilization, Region 6 will look at putting more funds back into this service.
- Mental Health Assessment – The assessment for mental health is built in as part of outpatient services. For substance abuse, assessments are a separate cost.
- Capacity Access Guarantee (CAG) = this is used to give Providers money as they are in the start-up period of building a service.
- Mental Health Respite – this service will expand from 16 to 32 beds. Region 6 expects the Psychiatric Emergency System (PES) will often

discharge people to MH respite and therefore, utilization of MH respite will increase. Because of this, Region 6 asked Salvation Army to expand the number of beds.

- The increase in Network Management funding is due to the need for more money for ‘Plans for One’ services. Miles Glasgow and Lorie Thomas work on these specialized treatment plans for some consumers which helps get them out of long-term acute inpatient situations by wrapping services around them.

b. BHAC Recommendation to Regional Governing Board

There were no questions. Jerry Kruse made a motion that the Behavioral Health Advisory Committee (BHAC) recommend that the Region 6 Governing Board should approve Region 6 Behavioral Healthcare’s proposed FY17 Budget to be submitted to DHHS-DBH. Brenda Carlisle seconded the motion. The motion was unanimously approved via voice vote.

6. Network System Coordination Update – Taren Petersen

See handout. BHAC members can contact Ms. Petersen any time with any questions or comments regarding the Network System Coordination Update. There were no questions at this time.

7. Status Reports for the Period Ending February 29, 2016

Handouts are in the packets for each of the items listed below:

a. Contract Status Reports

The total percentage of funding that should be pulled down at this point in FY16 is 66.7%. Mental health is now at 61.7% and recent budget shifts could be the reason some services have not drawn down their money; the last major budget shift must occur by 4/30/16.

b. Mobile Crisis Response

There were 68 total calls in February with a diversion rate of 86%. There were no questions or comments at this time.

c. Emergency Protective Custody (EPC)

The number of EPCs in Feb. 2016 compared to Feb. 2015 increased from 132 to 158. There were no questions or other comments at this time.

d. Comparison of Acute and Subacute Occupancy Rates

UNMC did not report this month; it was noted that Region 6 does not have a contract with UNMC, they report to us as a courtesy. Region 6 will ask Fremont to report in March 2016. These numbers are an average for the month, there may be some days that all beds are full but beds are not full all of the time. There were no questions or comments.

8. Public Comment

There were no public comments.

9. Adjourn

Jerry Kruse made a motion to adjourn the meeting. Michael Touzin seconded the motion.

Meeting adjourned.

Prepared By: Amy M Lett

Date: 8/3/2016

Approved By: Dean Lopez

Date: 8/3/2016