

**Region 6 Behavioral Healthcare
Behavioral Health Advisory Committee (BHAC)
Meeting Minutes
September 5, 2018**

BHAC Members Present:

Dean Loftus
Donald Rashid, Chair
Janet McCartney, Governing Board Representative
John Sheehan
Jeff Leach
Ken Timmerman, CAT Representative

BHAC Members Absent:

Shawn Thallas
Heather Post
Michele Missel
Shawn Shanahan

Region 6 Staff Present:

Patti Jurjevich
Taren Petersen

The meeting was called to order at 9:00am by Donald Rashid, Chair. Donald announced that he is moving to Sarpy County and will be leaving the BHAC. He expressed his appreciation for serving on the Committee. Ken Timmerman was welcomed as the Consumer Advisory Team representative on the BHAC.

Approval of Minutes of April 4, 2018 Meeting

A motion was made by Jeff Leach; seconded by Dean Loftus to approve the minutes of the April 4, 2018 Meeting. Motion carried with five in favor and one abstention by Ken Timmerman.

Approval of Agenda

A motion was made by Dean; seconded by John Sheehan to approve the agenda. Motion passed unanimously upon voice vote.

Spotlight on Services – Social Detoxification, Teri Speck

Teri said that the detox program transitioned 581 days ago from Catholic Charities to Douglas County Mental Health Center. There are 10 involuntary beds and 16 voluntary beds. Positive changes have taken place in the program since that transition. The voluntary detox program received accreditation in December. The maximum stay in the voluntary detox program is five days. Consumers are seen by Charles Drew Health Center to improve medication availability and compliance. For the involuntary detox program, individuals are brought by police if found on public or quasi-public property. Generally, these individuals have between a 0.2 and 0.4 BAC when they arrive.

Historically, the involuntary individuals were automatically placed in locked rooms with a mat on the floor. Through the accreditation process, Detox staff reviewed similar programs in other states and it appeared that the use of mandatory seclusion was no longer a standard practice. Changes have been made to the program so that individuals are only placed in seclusion, if necessary. These seclusion rooms now have beds instead of floor mats. It is expected that there will be less aggressive behaviors if individuals are not locked in a room when they arrive. The facility (building) is locked so individuals cannot walk out. A request for proposal will be issued to add security staff. The involuntary detox program serves a high number of homeless individuals (87%).

The program that was previously used to conduct evaluations by a psychologist for individuals who came to detox expressing suicidal thoughts will no longer continue due to very low utilization of the service.

Taren Petersen thank Teri and her staff for their willingness to update the program.

Update on FY 16-18 Region 6 Strategic Plan

Stacey reviewed the mission, vision, and value statements. She also reviewed the strategic directions and progress made in those areas. Stacey Warner said work has started to update the strategic plan for the FY 19-21 time period. Stacey thanked the BHAC members for completing the strategic plan survey. There was a good response rate to the survey of stakeholders. The Governing Board was interviewed for the process and listening sessions were conducted with staff.

Update on Stepping Up Initiative

Vicki Maca reviewed background information on the Stepping Up initiative. The Sequential Intercept Mapping (SIM) workshop was recently held for Sarpy and Cass Counties. The top priorities identified by SIM stakeholders, workgroup assignments, and next steps were reviewed. Vicki thanked those who participated in that event. Vicki reviewed June data on inmates' mental health disorders in Douglas and Sarpy County jails and capacity/authority of Cass and Washington Counties. Dodge County uses the Saunders County jail to house their inmates.

Youth Suicide Prevention Grant

Melissa Schaefer presented the plan and budget for the fifth, and final, year of the Garret Lee Smith Youth Suicide Prevention Grant. The Division of Behavioral Health contracts with each Region to provide the activities. All counties in the state are eligible to receive programming with the grant funds. Melissa provided an update on year four trainings, awareness/outreach campaign, lethal means restriction, and Metro Area LOSS team. The upcoming year of the grant will continue these activities; \$63,000 is again available for year 5 of the grant.

A motion was made by Jeff Leach; seconded by Dean Loftus to recommend that the Governing Board approve the year five Youth Suicide Prevention Grant plan and budget. Motion carried unanimously upon voice vote.

Network Services Update and Status Reports

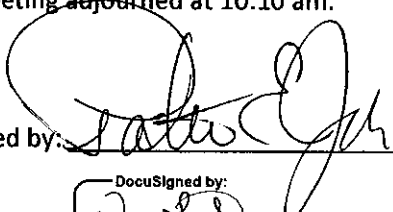
Taren reviewed the information presented in the meeting packet. She called the BHAC members' attention to the opioid trainings and BBQ events scheduled in each county. The mobile crisis response data report now includes a new section on the co-responder pilot project. A presentation on this new project will be scheduled at a future meeting.

Other Business

Dean thanked Jon Koley for his work as Manager of Consumer affairs and wished him well as he leaves Region 6.

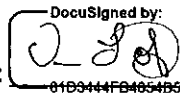
The meeting adjourned at 10:10 am.

Prepared by:



DocuSigned by:

Approved by:


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