



Transitional Resources for Youth (TRY) Consultation Team



- Do you work with a young adult who is between the ages 16-26?
- Are you the parent of a young adult age 16 or older? (Young adult may or may not be a state ward.)
- Does this young adult have mental or behavioral health challenges?
- Would you like assistance with planning for this young adult as he/she transitions into adulthood?

**If you answered YES to any question above, we may be able to help!
(See reverse side)**

Connecting Resources for Youth in Transition

The TRY consultation team looks at each young adult's unique situation and makes suggestions and recommendations for services using existing community resources to improve the young adult's opportunities in the following areas:

- **Physical and Behavioral Health** - assisting with access to both medical and mental health services that are sufficient and affordable.
- **Daily Living and Housing** - locating safe, stable and cost effective living conditions in proximity to public transportation, work and/or school.
- **Personal and Community Engagement** - ensuring youth have supportive relationships, access to services and a voice in the community.
- **Education** - enabling youth to achieve their education goals through high school and beyond.
- **Employment** - providing opportunities to gain and retain steady employment.

It's Time to See Change

TRY Committee FAQ

Partners

Catholic Charities
Child Saving Institute
Community Alliance
Department of Developmental Disabilities
Goodwill Industries
Heartland Family Services
Nebraska Children & Families Foundation
Nebraska Department of Health & Human Services
Nebraska Families Collaborative
NOVA Therapeutic Community
Omaha Home for Boys/Jacob's Place
OMNI
PALS Program/Central Plains
Project Everlast
Region 6 Behavioral Healthcare
Salvation Army
Vocational Rehabilitation
Youth Emergency Services

Contact

If you would like more information or are interested in referring a case, please contact:

Region 6 Behavioral Healthcare
3801 Harney Street
Omaha, NE 68131
Phone: 402-444-6573

Q. What is the TRY committee?

A. The TRY committee is a case consultation team that addresses challenges young adults face as they transition into adulthood.

Q. Who is part of the committee?

A. Multiple community providers who offer a wide range of services. Participating agencies are listed on the left.

Q. When would it be appropriate to refer a young adult to the committee?

A. Anytime a family or provider is struggling with resources and/or a transition plan for a young adult, ages 16-26, with mental health challenges.

Q. What is the process to refer to the TRY committee?

A. Anyone interested in making a referral should contact Region 6 and request to make a referral to the TRY committee. The referring party will be asked to complete a short referral form and return to Region 6. A release of information will need to be completed by the young adult (if 19 years or older) or their parent/legal guardian (if under 19 years) granting permission to have their information reviewed at the meeting. The referral source will be provided with a date and time to attend the TRY meeting based on availability.

Q. Who should attend the TRY meeting?

A. The referring party or a representative will be required to attend the meeting. It is suggested, but not required, the young adult being referred and parent/legal guardian attend the meeting when possible. Any providers working with the young adult are welcome to attend as well.

Q. What can I expect if I attend a TRY meeting?

A. Numerous community providers will attend the meeting. Each referral is assigned a 20 minute block of time during the meeting. During this time, the referring party will be asked to provide historical information regarding the young adult to the committee. Recommendations will be suggested by committee members and recorded. A written copy of the recommendations will be forwarded to the referring party by a committee member following the meeting.

Q. When and where are TRY meetings held?

A. TRY committee meetings are held at Region 6 Behavioral Healthcare on the third Wednesday of every month.