



Behavioral Healthcare

Region 6 Behavioral Healthcare

ANNUAL REPORT

2017-2018

Working Together for a Healthy Nebraska

Mission, Vision, Values



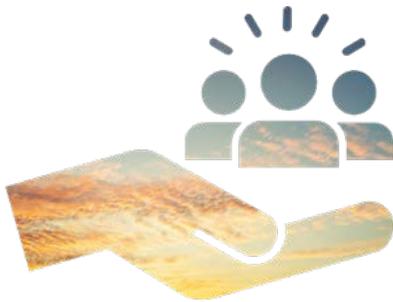
MISSION

To organize and provide an effective and efficient system of quality behavioral health services for the people of Cass, Dodge, Douglas, Sarpy, and Washington Counties.



VISION

To provide leadership through collaborative efforts with stakeholders for a united and comprehensive behavioral health system responsive to community needs as preferences.



VALUES

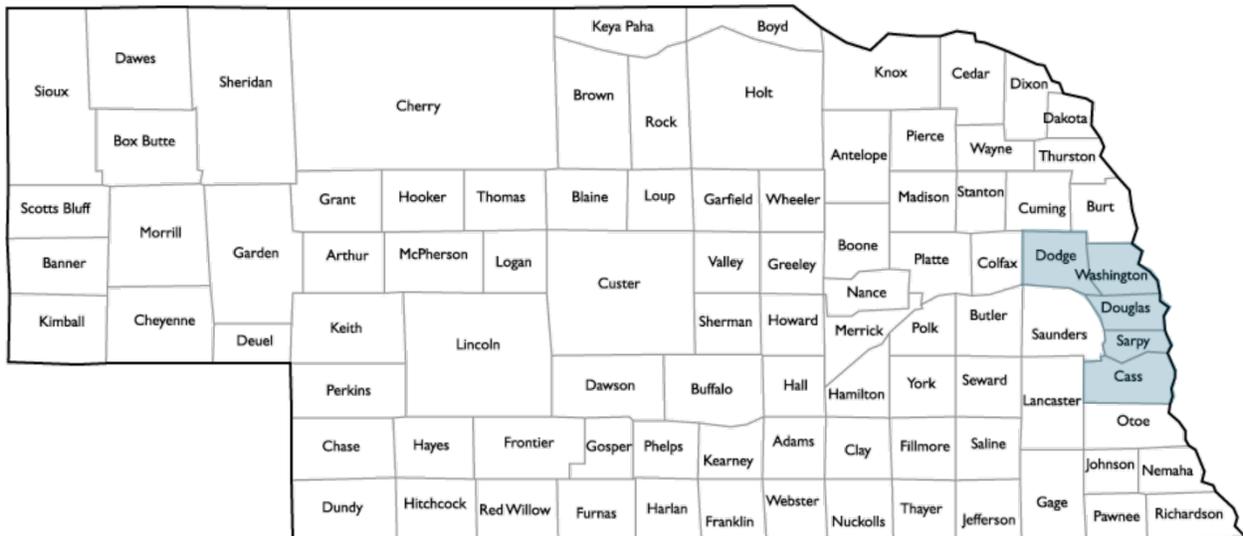
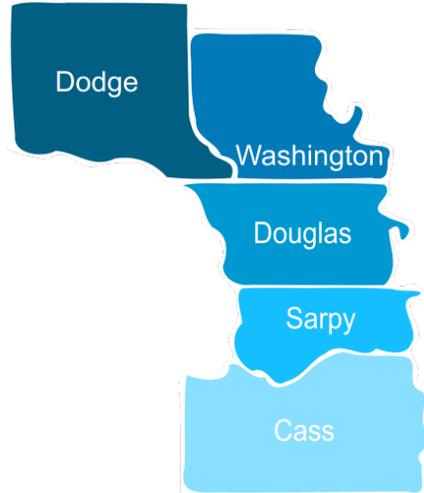
Region 6 values the planning, development, and provision of accessible, community strength-based services.

Region 6 embraces the focus on wellness and recovery through quality preventive, treatment and rehabilitative systems of care.

Region 6 promotes the active involvement of individuals, families, and communities while striving for continuous quality improvement.

Service Area

Region 6 Behavioral Healthcare serves the residents of Cass, Dodge, Douglas, Sarpy, and Washington Counties in eastern Nebraska.



From the Board President

Region 6 Behavioral Healthcare (Region 6) works diligently to provide a quality public behavioral health system that helps improve people's lives and build a healthy Nebraska. Region 6 is a quasi-governmental entity, comprised of Cass, Dodge, Douglas, Sarpy, and Washington Counties, located in eastern Nebraska. This structure allows for a unique partnership between county, state, and federal governments, county residents, and community organizations and as a result, over 10,000 individuals in our five counties were able to receive needed behavioral health services.

As the First Vice President of the National Association of Counties, I have had the opportunity to learn about innovations across the country. One such initiative, "Stepping Up", was introduced in our region this year. "Stepping Up" is a national initiative to reduce the number of people with mental illness in jails. Region 6 Behavioral Healthcare, county leaders in our region, local law enforcement organizations, and many others are coming together to create action plans that will help support the mental health needs of those individuals in the criminal justice system.

During FY 2017 and FY 2018, Region 6 Behavioral Healthcare also participated in regional and statewide efforts to develop a Behavioral Health System of Care. The goal of this System of Care is to create a comprehensive and sustainable system that is youth guided, family-driven, trauma-informed, and culturally responsive to improve outcomes for children and youth with behavioral health needs.

Region 6 Behavioral Healthcare provided various workforce development training opportunities related to behavioral health including cultural competency, staying motivated in the face of challenges, and serving older adults with mental health needs; helped facilitate Crisis Intervention Training for law enforcement and first responders and Psychological First Aid for first responders; provided Mental Health First Aid training to community members resulting in 717 new mental health first aiders.

We helped design and manage a new Consumer Community Development Project focused on promoting the growth of an independent, consumer-driven community of people with lived experience of behavioral health challenges and their allies. This group held multiple networking, cultural, and educational events, including a first-of-its-kind consumer community conference.

We appreciate the dedicated efforts of the Regional Governing Board, the Behavioral Health Advisory Committee, the Consumer Advisory Team, our communities, our providers and coalitions, and our employees for their support and commitment to building a healthy Nebraska through an effective public behavioral health system.

Respectfully,

Mary Ann Borgeson, Board Chair

Regional Governing Board



CALENDAR
YEAR 2016
(FY 2016-FY 2017)

Gary
Osborn
(Secretary)

Lisa
Kramer

Mary Ann
Borgeson
(Board Chair)

Brenda
Carlisle

Jim
Peterson
(Vice Chair)

CALENDAR
YEAR 2017
(FY 2017-FY 2018)

David
Saalfeld

Lisa
Kramer
(Vice Chair)

Mary Ann
Borgeson
(Board Chair)

Brian
Zuger

Janet
McCartney
(Secretary)

CALENDAR
YEAR 2018
(FY 2018-FY 2019)

David
Saalfeld

Lisa
Kramer
(Vice Chair)

Mary Ann
Borgeson
(Board Chair)

Jim
Warren

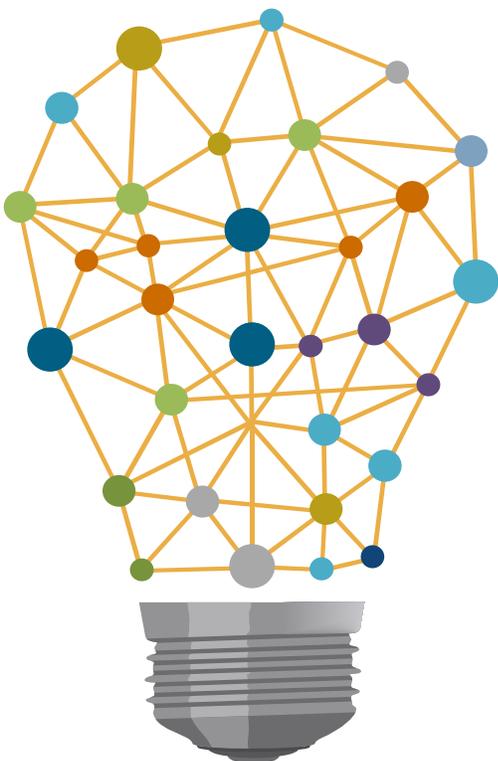
Janet
McCartney
(Secretary)

Regional Governing Boards are local units of government organized under the Interlocal Cooperation Act for the purpose of planning, organizing, staffing, directing, coordinating, and reporting. Each county participating in the region appoints one county commissioner/supervisor to the Regional Governing Board.

Strategic Plan Priorities

1 Employer of Choice

2 Public Awareness and Acceptance of Needs



3 Increased Funding with Flexibility to Meet Consumer Needs

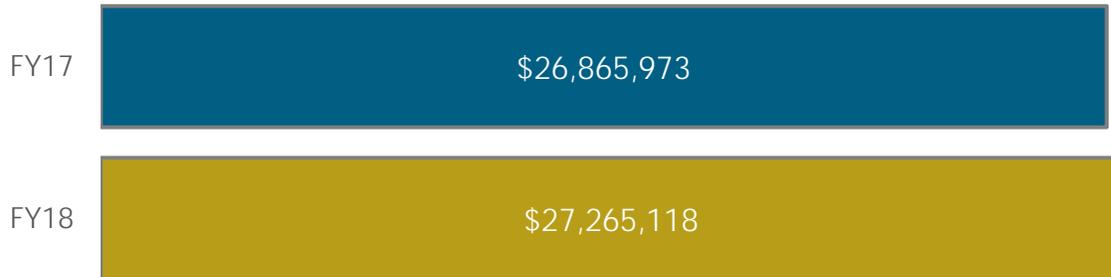
4 Quality Network of Behavioral Health Services, Inclusive of Professional Partners

5 Partnerships That Share Mutual Responsibility and Accountability for Behavioral Health

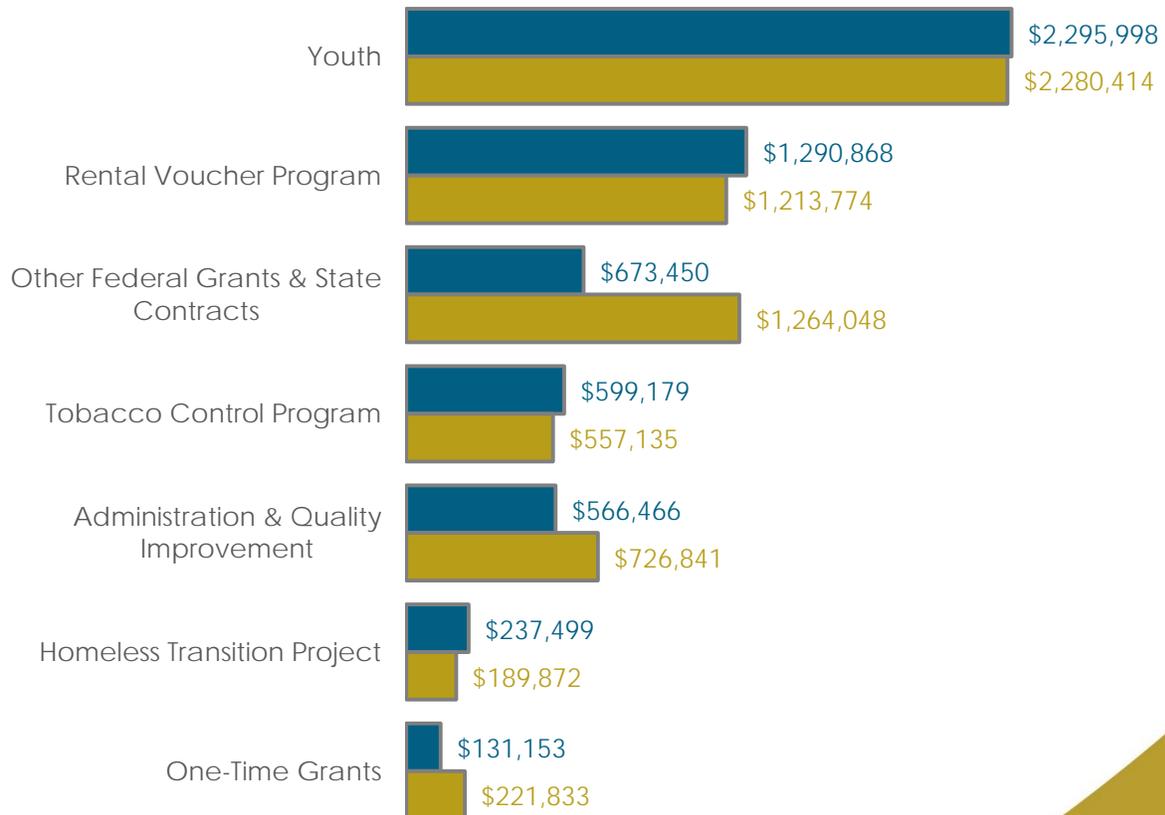
The Strategic Plan was developed with input from consumers, employees, Behavioral Health Advisory Committee members, Regional Governing Board members, provider partners, community stakeholders, and performance data. This three year practical vision guides the organization in achieving our strategic directions of increasing awareness of behavioral health, building systems relationships, leveraging national resources, enhancing internal resources, and enhancing the evidence of the Professional Partner Program efficacy.

Expenditures

Community-Based Network Services Expenditures: FY 2017 compared to FY 2018



Additional Expenditures: FY 2017 compared to FY 2018



Network Services

Region 6 Behavioral Healthcare contracts with various organizations that provide services directly to consumers. This is considered the Region's Network of Providers. Services include community based services, rehabilitative services, residential substance abuse services, and psychiatric services. We provide comprehensive and systemic planning, organizing, and monitoring of the services provided to consumers in the public behavioral health system. The Region also serves as an advocate for consumers and the behavioral health system as a whole.

MOST UTILIZED SERVICES

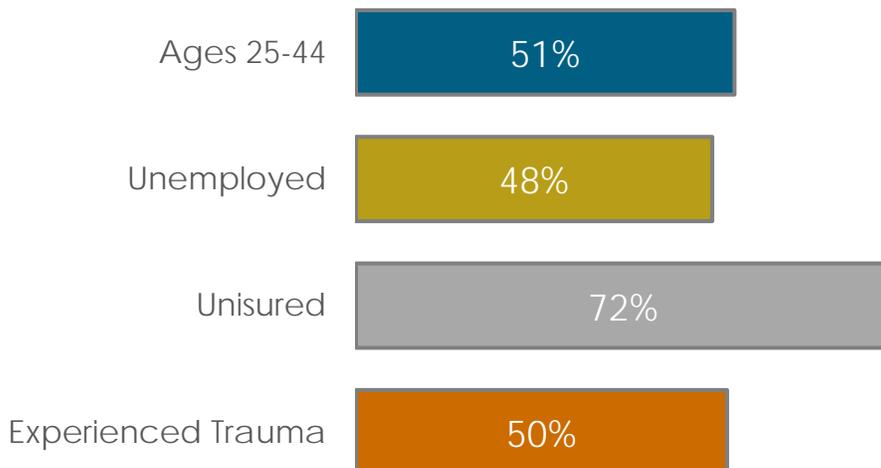
Mental Health

- Acute Psychiatric Inpatient Hospitalization
- Emergency Community Support
- Emergency Protective Custody
- Medication Management
- Outpatient Therapy
- Peer Support

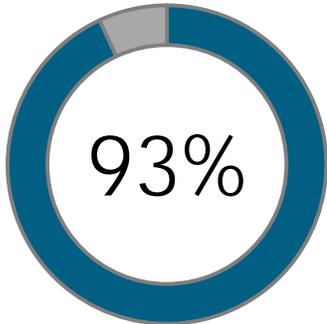
Substance Use

- Civil Protective Custody (involuntary detoxification)
- Outpatient Therapy
- Social Detoxification (voluntary)
- Substance Use Assessment

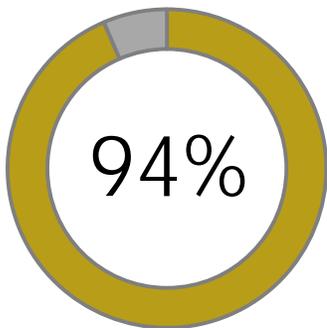
Network Services: Consumers Served



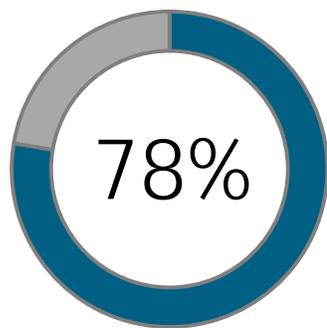
As a Result of Services in FY 2017



- The percentage of persons served by Peer Support Services who indicated that peer support helped them to feel more hopeful about the future.



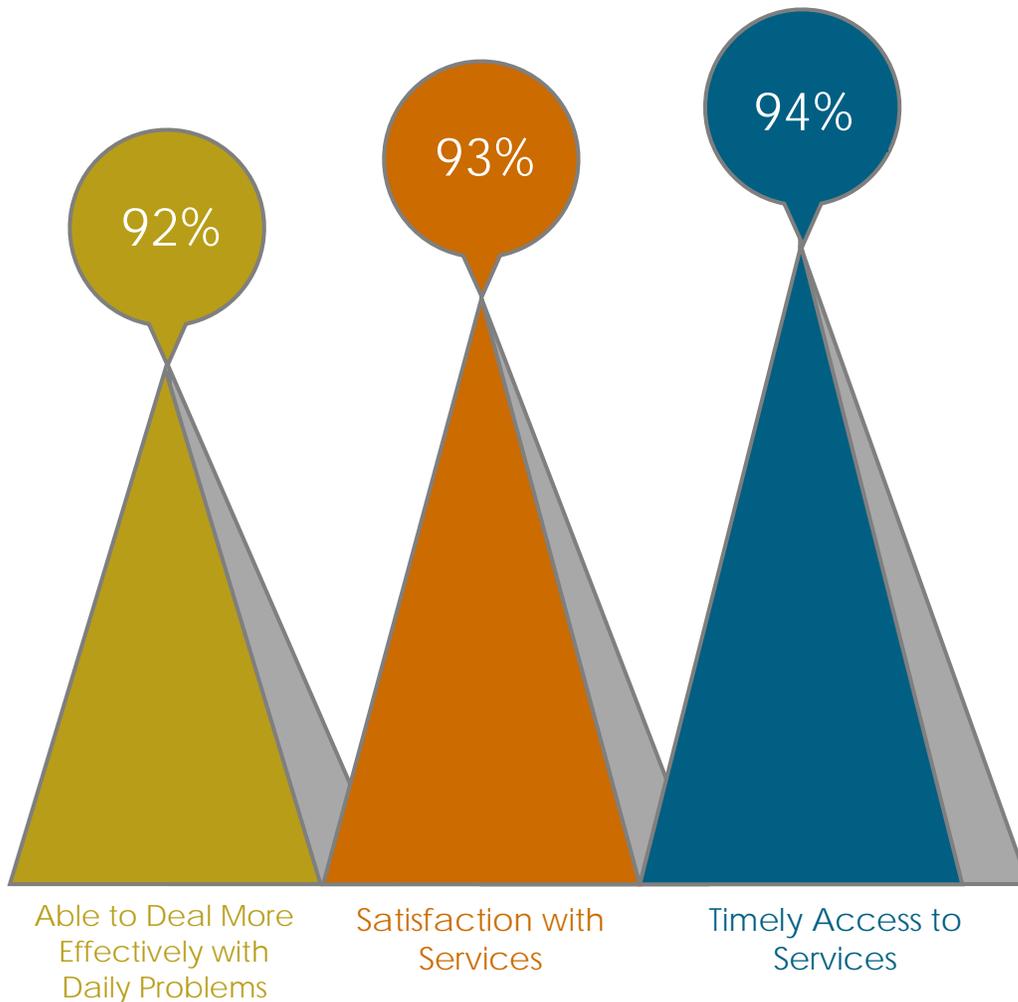
- The total number of persons served by Crisis Response who were not taken into custody out of the total number of persons served by Crisis Response.



- The percentage of persons served by Housing Services who obtain housing with a voucher out of the number of individuals who were given a voucher.

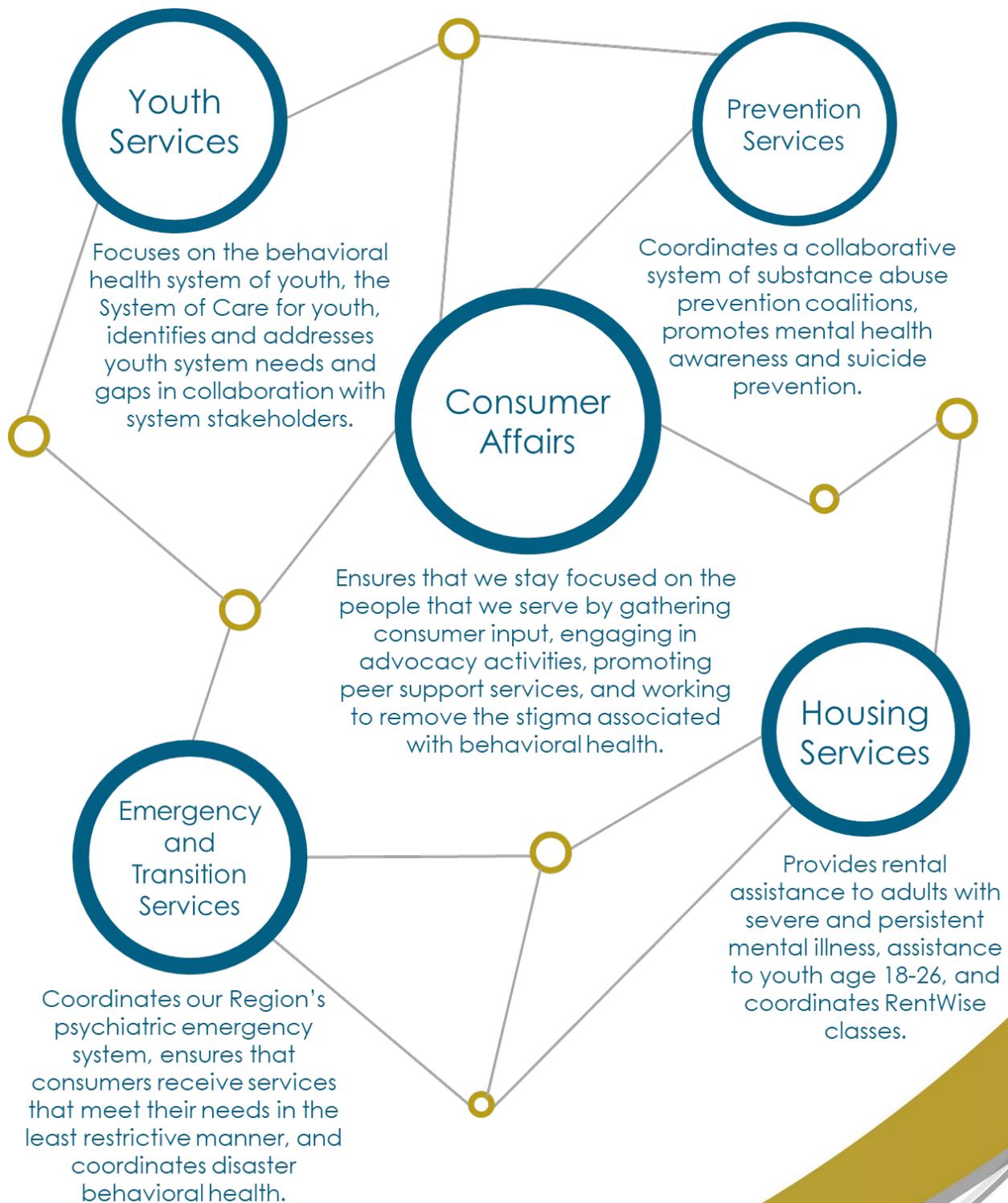
127 CONSUMERS
were involved in Peer Support or Provider & System Development

Consumer's Report in FY 2017



- 92%** Of consumers reported that they were able to deal more effectively with daily problems.
- 93%** Of consumers reported satisfaction with the services they received.
- 94%** Of consumers reported timely access to services.

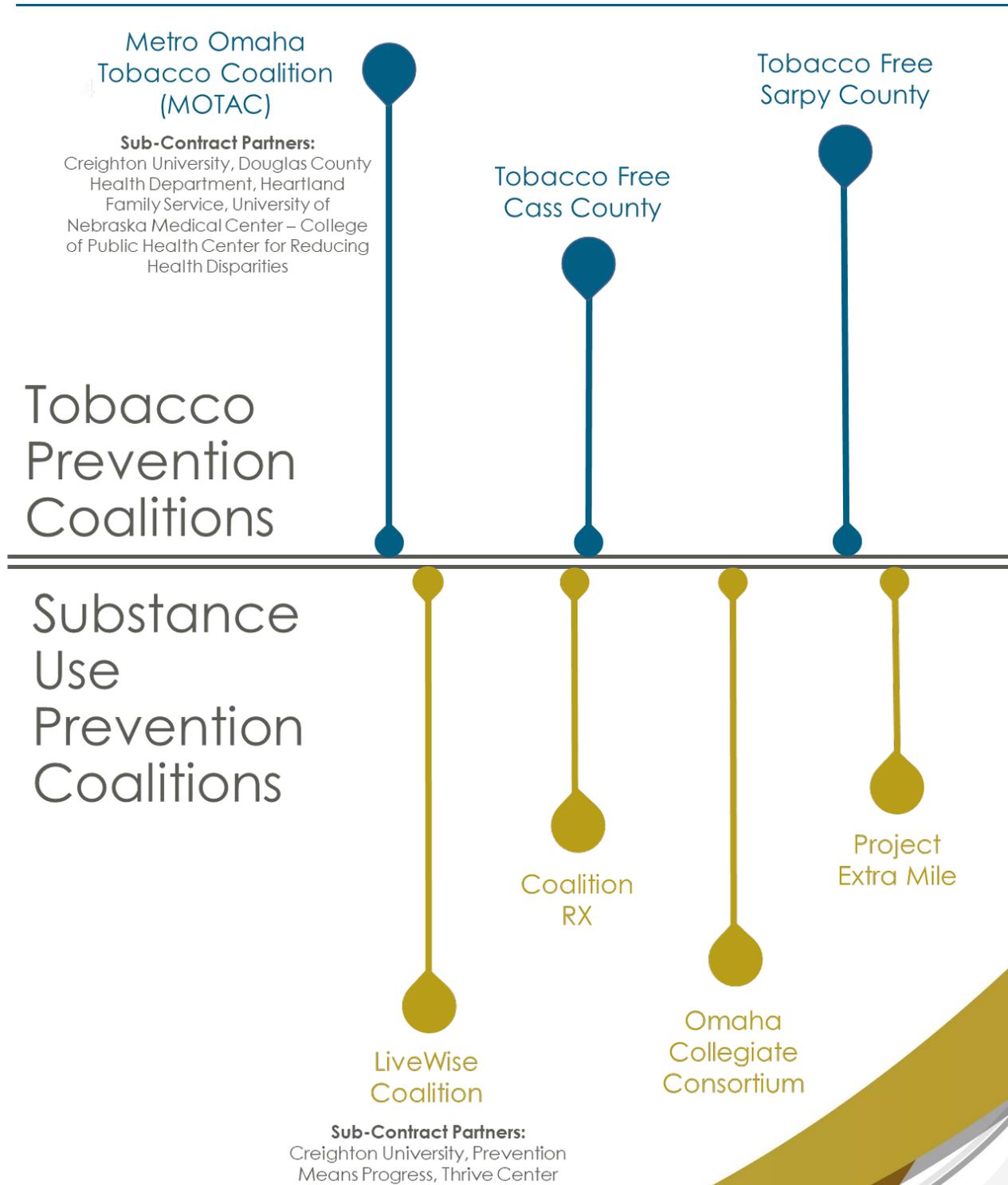
System Coordination



Our Partners in FY 2017 & FY 2018 Network Services

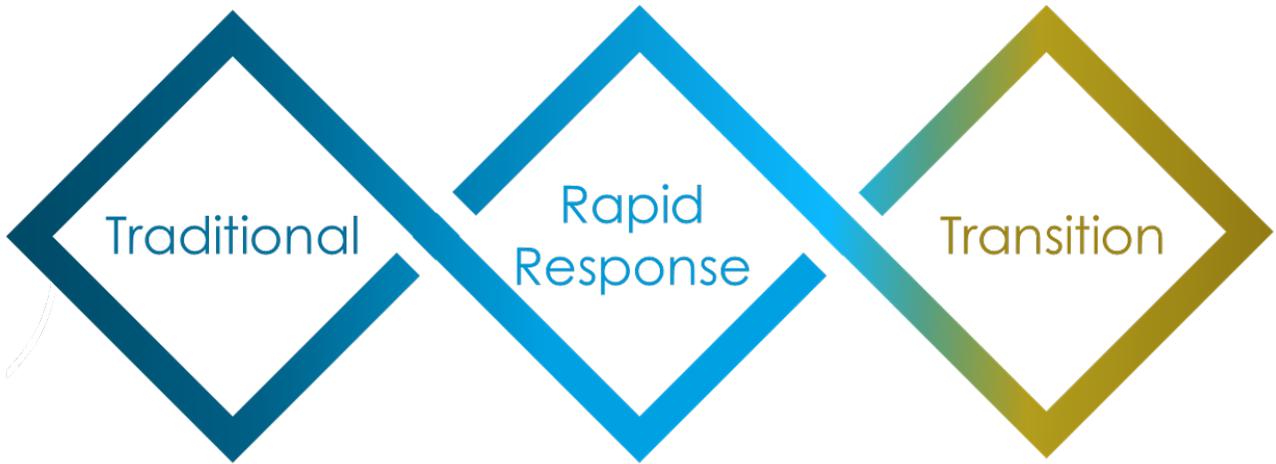
LUTHERAN FAMILY SERVICES ARCH
CAPSTONE BEHAVIORAL HEALTH CHARLES DREW
NOVA TREATMENT COMMUNITY COMMUNITY ALLIANCE CHI IMMANUEL
ONE WORLD COMMUNITY HEALTH CENTERS HEARTLAND FAMILY SERVICE
CATHOLIC CHARITIES
Our Partners
FRIENDSHIP PROGRAM NEBRASKA URBAN INDIAN HEALTH COALITION BAART
SALVATION ARMY DOUGLAS COUNTY COMMUNITY MH CENTER
CENTERPOINTE EAST CENTRAL DISTRICT HEALTH DEPARTMENT
CHI LASTING HOPE RECOVERY CENTER
FREMONT HEALTH
SANTA MONICA
TELECARE CORP.
KVC NEBRASKA

Our Partners in FY 2017 & FY 2018 Prevention



Professional Partners

The Professional Partner Program provides voluntary family-centered care coordination services based on the wraparound model for severely emotionally disturbed children, young adults and their families. The program is designed to help families achieve stability, improved functioning, and community integration.



Serves youth ages 3 to 21	Serves youth ages 3 to 19	Serves young adults ages 16 to 26
Referrals can come from anywhere (person served, family, providers, etc.)	Referrals come from the County Attorney, hospitals, and Mobile Crisis Response.	Referrals can come from anywhere (person served, family, providers, etc.)
Focus on improving youth functioning without the need for out-of-home placement.	Focus on stabilizing the youth and home environment to minimize involvement in Child Welfare and Juvenile Justice Systems.	Focus on developing supports and services to ensure successful transition into adulthood.

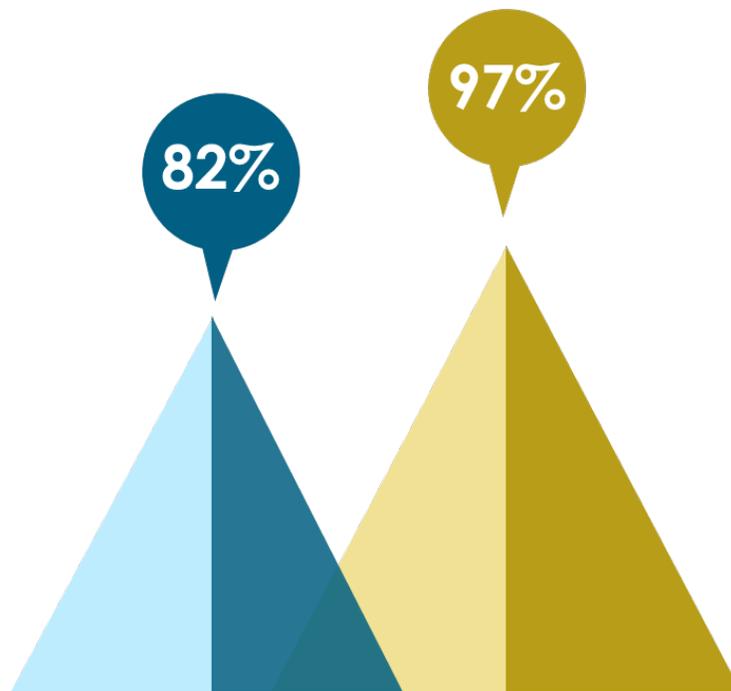
Professional Partner Consumer Outcomes FY 2017



80% reported that services met their needs



93% reported timely access to services



Experienced significant improvement from admission to discharge.

Remained in the home while receiving services.

Region 6 Behavioral Healthcare

4715 South 132nd Street | Omaha, NE 68137

www.regionsix.com

Working Together for a Healthy Nebraska

Cass • Dodge • Douglas • Sarpy • Washington



Region 6 Behavioral
Healthcare is
accredited by CARF.

Region 6 Behavioral Healthcare receives funds from a combination of Mental Health Block Grant, Substance Abuse and Prevention Treatment Block Grant; Nebraska Department of Health and Human Services – Division of Behavioral Health; and local county funds.