

Region 6 Behavioral Healthcare

Resource Book

2019

Table of Contents

After School Programs/Camps.....	
Child Abuse.....	
Clothing Assistance.....	
Disabilities.....	
Domestic Violence.....	
Drug Testing.....	
Early Childhood Development.....	
Employment.....	
Financial Assistance.....	
Fire Safety/Smoke Detectors.....	
Cass County.....	31
Dodge County.....	32
Douglas County.....	32
Sarpy County.....	33
Washington County.....	33
Food Pantries.....	
Foster Care.....	
Gangs.....	
Holiday Assistance.....	
Hospitals/Clinics.....	
Hot Lines.....	
Housing Assistance.....	
Identification Information.....	
Immigration.....	
Independent Living.....	
Legal Assistance.....	
Medical Care.....	
Medication Assistance.....	
Mental Health Services.....	
Mentoring.....	
Parenting Classes.....	

Placement Options.....	
Rent Assistance.....	
Respite.....	
Shelters.....	
Substance Abuse.....	
Support Groups.....	
Addiction.....	114
Domestic Violence.....	153
Grief.....	154
LGBTQIA+.....	156
Medical Conditions.....	157
Mental Health.....	165
Parenting (Single, Widowed, and/or Divorced).....	169
Pregnancy, Abortion and Parenting.....	170
Senior Citizens.....	170
Teen Parenting & Pregnancy.....	
Transportation.....	
Tutoring/Educational Services.....	
Utility Assistance.....	
Index.....	

= Spanish services available (Se Habla Español)

After School Programs/Camps

A Tour of the Arts Summer Camp

Christ the King Lutheran of Bellevue

7308 S. 42nd St.

Bellevue, NE 68147

Phone: (402) 556-7821

<http://www.artsforallomaha.org/summer-camp/>

Description: This camp offers students the opportunity to try out a variety of creative forms such as creative writing, theater/acting, 2-D and 3-D art, dance, music, and photography. The camp is held from July 8th-12th from 9am-4:30pm. The cost is \$175 (includes lunch, snacks, supplies, and use of instruments). Apply online.

Restrictions: Boys and girls ages 5-11. Will be split into two groups (ages 5-8 and ages 9-11) Translators: None available.

Boy Scouts of America

12401 West Maple Road

Omaha, NE 68164

Phone: (402) 431-9272

www.mac-bsa.org

Description: Boys and girls can experience the fun, excitement and adventure of the world around them; learn confidence, respect, trust, mental strength, and a deep understanding of what they can do for others.

Restrictions: Boys and girls ages 7-20. Translators: None available.

Boys and Girls Clubs of Omaha

2610 Hamilton Street (North)

Omaha, NE 68131

5051 South 22nd Street (South)

Omaha, NE 68107

1414 Robertson Drive

Omaha, NE 68114

Phone: (402) 342-2300

Phone: (402) 733-8333 **ESPAÑOL**

Phone: (402) 932-6477

5322 N 52nd Street, Suite #2
Omaha, NE 68104
Phone: (402) 208-3833
www.bgcomaha.org

Description: Programs include arts and crafts, learning center, computer lab, and teen center. Dinner is provided. Program for children age 5–18 open Mon–Fri, 3:00pm-8:00pm. Transportation is available from some schools. Restrictions: Cost for program is \$30 year (January 1st – December 31st), \$50 for summer. Age restriction and hours vary per location. Translators: Available at South location.

Camp Floyd Rogers

PO Box 541058
Omaha, NE 68154
Phone: (402) 885-9022
www.campfloydrogers.com

Description: Week long overnight camp for youth with diabetes. New camp location – eastern Nebraska 4-H center, located between Omaha and Lincoln. Restrictions: Ages 8-17. Translators: Not available.

Camp Kindness (Nebraska Humane Society)

8929 Fort Street
Omaha, NE 68134
Phone: (402) 444-7800
www.nehumanesociety.org

Description: Half-day, 7 week camp in June & July where children learn responsible pet care, dog bite safety, & go behind the scenes in the surgical suite, as well as take part of crafts, games, and see guest speakers. Restrictions: Children ages 6-13. Cost is \$165. Translators: Not available.

Camp Superkids (American Lung Association)

8990 W Dodge Road #226
Omaha, NE 68114
Phone: (402) 502-4950
www.lung.org

Description: Overnight camp for children with moderate to severe asthma. Restrictions: Children age 8-14. Cost is typically \$425, but is also based on a slide scale. Translators: Not available.

Children's Respite Care Centers

2010 North 88th Street
Omaha, NE 68134
Phone: (402) 496-1000
www.crccomaha.org

5321 North 138th Street
Omaha, NE 68164
Phone: (402) 895-4000

Description: Summer Sensations is a 10 week summer day camp for school-age clients, ages 6- 21. Children experience off-site field trips & special in house activities, & establishing friendships with peers and adults. Restrictions: Call for specifics. Translators: Not available

Completely Kids **ESPAÑOL**

2655 St. Mary's Avenue
Omaha, NE 68131
Phone: (402) 397-5809
www.completelykids.org

Description: Completely kid program is outcome based and focused on giving youth the opportunity to grow and develop. Offering educational programs for elementary school children and teens, nutritional programs and parenting education. Restrictions: None. Translators: Spanish available on site and agency will arrange for other languages as needed.

Creighton University Summer Sports Camps

2500 California Plaza
Omaha, NE 68178
Phone: (402) 280-2145
www.gocreighton.com

Description: Basketball, baseball (boys), softball (girls), soccer, Lil Jays Dancer Clinic, and volleyball for youth. Restrictions: Youth age 5-19. Cost ranges from \$45 - \$225 depending on the sport. Translators: Not available.

Easter Seals

12565 West Center Road #100
Omaha, NE 68144
Phone: (402) 345-2200
www.ne.easterseals.com

Description: Week-long camp for children and adults with disabilities. Special camps for Autism. Camp for kids ages 7-17 whose parent/sibling has a disability, medical condition, or has passed away (doesn't need a disability to join camp). Restrictions: Ages 5 and older. Translators: Not available. Note: Scholarships available on a first come-first serve basis. Register at <http://bit.do/esncampregister> or email campesn@ne.easterseals.com or call (402) 930-4053 for more information.

Fontenelle Nature Discovery Camp

1111 Bellevue Boulevard North
Bellevue, NE 68005
Phone: (402) 731-3140
www.fontenelleforest.org

Description: Day camps and educational programs for children. Restrictions: Toddler to 6th grader. Camps range from \$45 - \$225 depending on type of camp and if family is a Fontenelle Forest member. \$40 registration fee for all camps, scholarships are available. Translators: Not available.

Gene Eppley Camp (The Salvation Army)

915 Allied Road
Bellevue, NE 68123
Phone: (402) 291-1912

<http://campgeneppley.org/geneppleycamp/summercamp>

Description: Day camps and educational programs for children and older adults. Children camps accept children from the age of 3 until they reach the 12th grade. They have one camp for older adults 55 years of age and up. Restrictions: Toddler to 12th grader. Children camps have a \$10 application fee per camp. Camps are free for low-income families that qualify for free/reduced lunches. Age 55 and up. The older adult camp is \$40 per person. Translators: Not available.

Girls Inc.

2811 North 45th Street
Omaha, NE 68104
Phone: (402) 457-4676

www.girlsincomaha.org

5407 South 30th Street
Omaha, NE 68107
Phone: (402) 731-2108

Description: Provides homework help, dance classes, arts and crafts, food, sports, and leadership building activities. Transportation from school provided. Restrictions: Girls age 5-18. Cost is \$100 a year. Translators: Spanish available.

Girl Scouts

2121 South 44th Street
Omaha, NE 68105
Phone: (402) 558-8189

www.girlscoutsnebraska.org

Description: The Girl Scout program is based on the Girl Scout Leadership Experience and five fundamental goals that encourage girls to develop a strong sense of self, display positive values, seek challenges and learn to persevere, form and maintain healthy relationships, and learn to identify and solve problems in her community, all with an emphasis in STEM. Restrictions: Girls age 5 and older. Annual dues cost \$25.

Translators: Not available.

Heartland Family Service - Solomon Girls Center

6720 North 30th Street
Omaha, NE 68112
Phone: (402) 455-1755
www.heartlandfamilyservice.org

Description: After school program Monday through Friday. Summer Arts and Leadership Programs. The All-Day Summer Arts Academy is available Mon- Fri, June 1 – July 31. Restrictions: Girls age 5-18. Translators: Not available.

Kids Can (Social Settlement) ESPAÑOL

4860 “Q” Street
Omaha, NE 68117
Phone: (402) 731-6988
www.kidscanomaha.org

Description: Before and after school program activities include STEM based activities, playground, gym, library and computer stations. Children are encouraged to discover new interests and meet new friends. Hours are 6:00am - 6:00pm. Breakfast and snacks provided. Transportation to and from school is available. Program is also available during OPS school breaks. Pre-school also available. Restrictions: Children age 5-13. The fee for each program is \$30 for a full week or \$6 per day. Translators: Spanish.

Nebraska Lutheran Outdoor Ministries

27416 Ranch Road
Ashland, NE 68003
Phone: (402) 944-2544
www.nlom.org

Description: Fun activities with an emphasis on self-discovery. Camp is a place where gifts are recognized and campers are challenged in new ways. Campers are accepted for who they are and encouraged to grow in self-reliance and faith. Restrictions: Youth and adults with physical, mental, and emotional disabilities. Translators: Not available.

Project Explore

13454 Fowler Avenue
Omaha, NE 68164
Phone: (402) 334-1677

Description: One week camping experience in July for children with learning disabilities or attention deficit disorder. Fee - \$470 (early bird rate is \$430). Non handicapped friends and siblings are welcome. Restrictions: Children ages 8-16. Older kids can attend if they have attended several years prior, call to get more details. Translators: Not available

The Rose Theater Performing Arts

2001 Farnam Street
Omaha, NE 68102
Phone: (402) 345-4849

www.rosetheater.org

Description: After school, year-long, one day workshops, and summer drama programs (including special needs programs). Restrictions: Youth in grades K - 12. Translators: Not available.

Scatter Joy Acres

4966 Newport Avenue

Omaha, NE 68152

Phone: (402) 709-9401

www.scatterjoyacres.org

Description: Half-day, 7 week camp in June & July where children learn responsible pet care, dog bite safety, & go behind the scenes in the surgical suite, as well as take part of crafts, games, and see guest speakers. Restrictions: For summer camps: Children ages 6-13. Cost is \$165. For visits: \$5/day or \$50/year pass. Translators: Not available.

NOTES:

Child Abuse

Child Protective Services (CPS) **ESPAÑOL**

1313 Farnam Street

Omaha, NE 68102

Phone: (402) 471-9272 or (800) 652-1999

www.dhhs.ne.gov/children_family_services/Pages/children_family_services.aspx

Description: The Protection and Safety System works in partnership with other groups to make sure that the abused, neglected, dependent, or delinquent populations that it serves are safe from harm or maltreatment, in a permanent healthy nurturing and caring environment, with a stable family, helped to heal from the harmful effects on their lives, and are no longer threats to their community.

Restrictions: None. Translators: Spanish available.

Project Harmony **ESPAÑOL**

11949 “Q” Street

Omaha, NE 68117

Phone: (402) 595-1326

www.projectharmony.com

Description: Provide effective, immediate and sensitive support to children who are victims or suspected victims of abuse and neglect, and their non-offending family members. A child-centered facility, Project Harmony assembles a multi-disciplinary team composed of law enforcement, investigative, social service, medical and referral professionals dedicated to protecting children and prosecuting offenders. The purpose of the center is to enhance communication among professionals by co-housing in one facility. Restrictions: Referrals based on parent consent for voluntary program. Participation in Triage program through CPS referral only. Service area includes eastern Nebraska and southwest Iowa. Translators: Spanish available.

Clothing Assistance

Bellevue Clothing Pantry **ESPAÑOL**

206 East 23rd Avenue
Bellevue, NE 68005
Phone: (402) 291-3378

Description: Provides clothing to needy families. Restrictions: Open first and third Tues from 12pm - 4pm. No paperwork needed for services. 1 bag per person – no restrictions. Translators: Spanish available.

Heart Ministry Center

2222 Binney Street
Omaha, NE 68110
Phone: (402) 451-2321
www.heartministrycenter.org

Description: Provides clothing including one pair of shoes and a coat for each household member. Open Wed, Thurs, & Fri from 10am – 1pm. No limit on how many clothes a family can take. Restrictions: Can be accessed once every 30 days. Translators: None available.

Heartland Family Service Career Clothing Closet

6720 North 30th Street
Omaha, NE 68112
Phone: (402) 451-6244
www.heartlandfamilyservice.org

Description: Provides business clothing for employment needs, job interviews, as well as a small wardrobe for starting a job or job training. Restrictions: Recipients must be referred from Heartland Family Service or other agencies, colleges, and shelters. Translators: Not available.

Heartland Hope Mission **ESPAÑOL**

2021 “U” Street
Omaha, NE 68107
Phone: (402) 733-2077
<http://heartlandhopemission.org/>

Lord of Hosts Church
139th & “Q”
Omaha, NE 68137

Description: Pantry open Tues 6:30pm -7:30pm, Thurs 1:30pm-4pm, Sat 9:30am-12pm. Clothing pantry once every 30 days. Mon – Fri at noon- free sandwich lunch. Restrictions: Must provide Photo ID, Social Security card, utility bill, proof of monthly income, and some form of ID for all members in the household. Translators: Spanish available.

Holy Family Door Ministry

1715 IZARD STREET
OMAHA, NE 68102
PHONE: (402) 345-1062
www.holyfamilyomaha.org

Description: Assistance with food, utilities, rent, clothing & medicine. Open Mon – Thurs. 9am - 1pm, Thurs 9am – 12pm Restrictions: Must provide Social Security card, photo ID and proof of residency. Must call and make an appointment for financial assistance. Limited funds. Translators: Not available.

Juan Diego Center ESPAÑOL

5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Food pantry, family enrichment, immigration legal assistance, microbusiness training and hygiene items. Restrictions: None for clothing. Hours: Mon, Tues, Thurs, Fri 9:30am – 11:30am. Wed 4:00pm – 6:00pm. Translators: Spanish available.

Life Choices (formerly United Family Service)

1835 East Military Avenue #101
Fremont, NE 68026
Phone: (402) 721-5551
www.fremontpregnancy.com

Description: Assists with maternity, infant and toddler clothes. Open Tues and Wed from 12pm - 5pm, Thurs from 8am – 5pm. Restrictions: None, open to all. Translators: Not available.

Low Income Ministry

549 North "H" Street
Fremont, NE 68026-0598
Phone: (402) 727-6884
www.lowincomeministry.org

Description: Provides food, hygiene products, school supplies, household goods, clothes, financial assistance. Restrictions: Low income families only. Translators: Agency provides as needed.

Marshall Drive Pantry

4845 Marshall Drive
Omaha, NE 68137
Phone: (402) 895-4227

Description: Clothing and food pantry. Open Fri from 8:30am- 5pm. Restrictions: Must call before Friday for appointment. Families can access 4 times per year. Translators: Not available.

My Neighbors Closet Thrift Shop

520 South 18th Street
Plattsmouth, NE 68048
Phone: (402) 296-3139

Description: Clothing pantry. Open on Fri and Sat 10am. Restrictions: None; open to all. Translators: Not available.

Operation School Bell

3569 Leavenworth Street
Omaha, NE 68105
Phone: (402) 342-4288
www.alomaha.org

Description: Provides one new outfit (jeans, sweatshirt, t-shirt), winter coat and gloves. Restrictions: Must be referred by child’s school nurse, school counselor or principal. Kindergarten – 8th grade. Translators: Agency will arrange if needed.

Project Hope

6201 North 60th Street
Omaha, NE 68104
Phone: (402) 453-7649
www.projecthopeomaha.org

Description: Provides coats, clothing & shoes. Open Mon, Wed, and Fri from 11am – 2:45pm. Also has a food pantry. Satellite locations: Holy Cross Lutheran, 4117 Terrace Drive – Open 3rd Thurs of the month 5pm-7pm; St. Matthew Lutheran Church, 1725 S 60th Street – Open 3rd Sat of the month 10am-12pm. Restrictions: Picture ID, SS card & proof of address needed. Every 30 days, up to 6 times a year. Translators: Not available.

NOTES:

Reruns R Fun

8501 Granville Parkway
La Vista, NE 68128
Phone: (402) 680-1199
www.rerunsrfun.org

Description: Consignment sale with clothing, shoes, furniture, home accessories, small appliances, tools, sporting goods and so much more. Restrictions: Sales occur annually, check website for dates. Translators: Not available.

Salvation Army Material and Seasonal Assistance ESPAÑOL

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5900
www.salvationarmyusa.org

Description: Clothing, food pantry, home furnishings & housing. Emergency heat aid & rent assistance. Pantry open Mon, Tues, Thurs & Fri 9am – 11am & 1pm – 3:30pm. Fans available June – September every other year for those 50 and older or disabled. Restrictions: Must provide Picture ID, Social Security cards, or birth certificate & proof of residence dated within last 30 days. Translators: Spanish available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street
Humbolt, NE 68376
Phone: (402) 862-2411
www.senca.org

Description: Utility and rent assistance, food and clothing pantry. Restrictions: Income guidelines apply. Applicants must have shut off notice or eviction notice. Translators: Agency provides if needed.

St. Vincent de Paul

2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 346-5445 or (402) 341-1688
www.svdpomaha.org

Description: Grab bags of clothing, annual coat giveaway. Open Tues and Thurs 9am – 12:30pm. Restrictions: Two forms of ID needed. Translators: Not available.

Timberlake Outreach Center

2107 East Locus Street
Omaha, NE 68110
(402) 829-1510

Description: Food pantry, clothing, shoes, furniture, diapers, toiletries. Open Tues - Sat from 9:30am - 5pm. Restrictions: need photo ID, proof of address and SS card. Clothing and food every 30 days. Appliances and furniture are accessible once every 6 months. Translators: Not available.

Together Inc.

812 South 24th Street
Omaha, NE 68108
Phone: (402) 345-8047 ext. 204
www.togetheromaha.org

Description: Food pantry, clothing, furniture, infant care, transportation, medical prescriptions, birth certificates, rent or mortgage help, various seasonal services. Restrictions: Clothing once every 2 weeks, Food Pantry once every 30 days. Hours: Mon- 10am- 4:30pm, Tues/Thurs – 9am - 4:30pm and Fri – 9am - 2pm. Translators: Not available.

NOTES:

Disabilities

Angel Guardians

15687 Spaulding Street

Omaha, NE 68116

Phone: (402) 614-8202

www.angelguardians.org

Description: Provides services to improve the quality of life for special-needs teens and adults in the areas of housing, employment, fitness, socialization and recreation. Recreational activities at the VSP Club (\$30 annual fee and \$20-25 fee for each event) and employment/job training at the Hand Me Ups Thrift Store. Offers day program for adults with special needs. Restrictions: Limited to teens and adults with cognitive and developmental disabilities. Translators: Not available.

Autism Society of Nebraska

PO Box 83559

Lincoln, NE 68501

Phone: (800) 580-9279

www.autismnebraska.org

Description: The Autism Society of America's mission is to improve the lives of all affected by autism. The Autism Society of Nebraska is committed to carrying out that mission by providing a network for Nebraska families. Restrictions: None. Translators: Not available.

Developmental Services of Nebraska

10425 "J" Street, Suite B

Omaha, NE 68127

Phone: (402) 827-7652

www.dsnonline.org

Description: DSN helps persons, both children and adults, with mental health issues and/ or developmental disabilities gain skills, knowledge and experience to increasingly use and benefit from the resources and setting available to all citizens in our community. Restrictions: Disabled persons. Translators: Agency will arrange as needed.

Disability Claim Consultants

7911 "L" Street

Omaha, NE 68127

Phone: (402) 422-1000

www.dccomaha.com

Description: Assists with completing social security, disability, SSI applications. Information regarding claims and appeal process. Restrictions: Open Mon– Thurs 8am – 4pm, Fri 8pm-12am. Translators: Not available.

Educational Service Unit #3 (ESU3)

6949 South 110th Street
La Vista, NE 68128
Phone: (402) 597-4800
www.esu3.org

Description: Preschool services for children with disabilities aged 0 - 5. School services for children with disabilities ages 6 - 21. Services coordination for families of children with disabilities aged 0 - 3.
Restrictions: Must have a disability. Translators: Agency will arrange as needed.

Supported Employment (Career Solutions & Ollie Webb)

1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 346-5220
www.olliewebbinc.org/employment-program/

Description: Intensive job search process for people with disabilities. Increase employability skills, practice interviewing skills, strengthen social skills, build self-esteem. Restrictions: Applicants must have disability in order to apply and be over 18. Registration fee with payment options available.
Translators: Agency may provide if needed.

League of Human Dignity

5513 Center Street
Omaha, NE 68106
Phone: (402) 595-1256
www.leagueofhumandignity.com

Description: Organization of people concerned about the rights and quality of life for people with disabilities. League members collaborate to ensure social, economic, and political equality for persons with disabilities. We believe in emphasizing likeness not difference, ability not disability, normality not abnormality, and integration not segregation. We work toward independent living for people who have disabilities. Restrictions: The office serves Omaha area. Translators: Agency will provide as needed.

Munroe Meyer Institute ESPAÑOL

444 South 44th Street
Omaha, NE 68105
Phone: (402) 559-6418
www.unmc.edu/mmi

Description: Provides diagnostic evaluations, speech, physical, occupational and behavioral therapy.
Restrictions: Services are for children. Translators: Spanish available.

Ollie Webb Center

1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 346-5220
www.olliewebbinc.org

Description: PRISM – monthly support groups and educational meetings for parents of children with disabilities. Pilot program matches parents whose child has a developmental disability with a veteran parent whose child has same disability, **Just Friends** and **Best Buddies** provides peer mentoring and friendship to teens and young adults with disabilities. Restrictions: Must have a developmental disability to be eligible for services. Translators: Not available.

Social Security Administration

604 North 109th Court
Omaha, NE 68154
Phone: (402) 496-3520 or (866) 716-8299
www.ssa.gov

Description: Social Security Disability benefits, Supplemental Security Income (SSI) for aged, blind and disabled. Restrictions: Disabled persons. Translators: Office will arrange as needed.

Stones Worth Stepping

600 North 93rd Street #100
Omaha, NE 68114
Phone: (402) 391-2001
www.stonesworthstepping.com

Description: Children with special needs, including autism and developmental delays, may benefit from our unique therapeutic approach. Pediatric therapy consists of improving sensory processing, upper/lower extremity strength, postural stability, gross motor skills/coordination, motor planning/praxis, fine motor coordination & handwriting skills, and oral motor skills. Restrictions: Children with disabilities. Translators: Not available.

NOTES:

Domestic Violence

Catholic Charities: The Shelter

Undisclosed Address
Phone: (402) 558-5700
www.ccomaha.org

Description: Twenty abused women and children live together at The Shelter in a secure, home-like atmosphere. The Shelter is the only shelter in Omaha focused exclusively on domestic violence with a child advocate. Restrictions: Length of stay is generally 28 days. Translators: Use language line as needed.

Catholic Charities: Phoenix House ESPAÑOL

Undisclosed address
Phone: (712) 328-0266 or (888) 612-0266
www.ccomaha.org

Description: 24-hour emergency shelter, crisis phone line, court advocacy, educational groups and outreach to underserved populations. Restrictions: None. Translators: Spanish available.

The Bridge ESPAÑOL

141 South Union Street
Fremont, NE 68025
Phone: (402) 721-4340
Crisis Hotline: (402) 727-7777
24 hour Crisis Hotline: (888) 721-4340
www.bridgefromviolence.com

Description: Assists victims of domestic violence & sexual assault and their families. Services are free and confidential. Agency serves Dodge, Burt, Cuming, Washington and Saunders counties. Restrictions: None. Translators: Spanish available.

Douglas County Offices, Clerk of the District Court, Protection Orders

300 Hall of Justice
Omaha, NE 68102
Phone: (402) 444-4350

Description: City & County administrative agency assists with protection orders. Translators: Agency will arrange as needed.

Friendship Home

P.O. Box 85358
Lincoln, NE 68501
Phone: (402) 437-9302
www.friendshiphome.org

Description: Emergency, temporary shelter & support for abused women & their children. Staff will arrange for transportation to the shelter (location not disclosed). Some clothing & infant items available. Serves all counties. Restrictions: Services are available to any woman who has been or identifies herself as being abused either physically, emotionally, or sexually. Translators: Accepts non-English speakers.

Heartland Family Service

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000

302 American Parkway
Papillion, NE 68046
Phone: (402) 291-6065

www.heartlandfamilyservice.org

To schedule an intake, call (402) 553-3000
Domestic Abuse Program: (402) 291-6065
Safe Haven Domestic Violence Shelter: (800) 523-3666
24-hour Crisis Line: (800) 523-3666

Description: *Choosing Non-Violence Batterers' Group*, children's support groups, counseling, criminal justice advocacy, community education & training, comprehensive emergency services (includes assistance with food, transportation, and medical services), *Safe Haven Shelter* (residents may stay up to two years while they stabilize their living situation). Restrictions: None noted. Translators: Services coordinated with Latino resource center as needed.

Lydia House

2828 North 23rd Street East
Omaha, NE 68110
Phone: (402) 422-1111
www.opendoormission.org

Description: Sanctuary for victims of domestic violence. Restrictions: Women only. Translators: Agency will arrange if needed.

Omaha Domestic Violence ESPAÑOL

1819 Farnam Street, Suite 300
Omaha, NE 68183-0300
Phone: (402) 444-3808

Description: The main objective of the program is to pursue prosecutions without victim assistance in order to hold batterers accountable for their behavior and stop family violence. Translators: Agency will arrange if needed.

Sarpy County Victim/Witness Unit

Hall Of Justice

1210 Golden Gate Drive, Suite 1420

Papillion, NE 68046

Phone: (402) 593-2201

www.sarpy.com/victimwitness/

Description: The Victim/Witness Unit is a free public service offering information, practical assistance, and counseling referrals to victims of crime in the Sarpy County area. The office is open Mon.-Fri. 8am-4:45pm. Translators: Use language line as needed.

Women’s Center for Advancement - Women Against Violence

222 South 29th Street

Omaha, NE 68131

Phone: (402) 345-7273 or (800) 876-6238

www.wcaomaha.org

Description: 24-hour confidential hotline available to victims, families & friends of domestic violence, rape, child sexual abuse. Provides information, referrals & emotional support. Can arrange for emergency transportation to a shelter and arrange for medical advocates to meet victims at hospitals. Translators: Volunteers can connect callers with someone who speaks Spanish. Callers who speak other languages can be served through the YWCA Omaha office during regular business hours.

NOTES:

Drug Testing

Drug Test Services

5426 South 99th Street

Omaha, NE 68127

Phone: (402) 813-5720 or (866) 590-6665

www.drugtestservices.net

Description: Instant drug tests (2-10 minutes), prevention, and education. Drug detection program (swipe tests for residue on items like phone, keyboards, and lockers), paternity tests, and pre-employment drug tests. Restrictions: Costs range from \$60.75 for alcohol saliva tests, \$50.65 for 5 panel test, and \$84.40 for 10 panel test (other tests also available). Translators: Not available.

Midwest Minor Medical

8610 West Dodge Road

Omaha, NE 68114

Phone: (402) 827-6511

14104 “S” Street

Omaha, NE 68137

Phone: (402) 964-2332

18210 Wright Street

Omaha, NE 68114

Phone: (402) 614-6368

595 N. 155th Plz

Omaha, NE 68154

Phone: 402-827-6510

www.midwestminormedical.com

Description: “Quick test” drug screen results in 5 minutes. “Lab based” drug screen results in 24 - 48 hours. Walk-ins accepted. Restrictions: Costs range from \$55 5 panel, \$65 witness testing. Translators: Not available.

Owens Companies **ESPAÑOL**

7415 North 30th Street

Omaha, NE 68112

Phone: (402) 451-8404

www.theowenscompanies.com

Description: In-home drug tests. 12 panel test can be done supervised or unsupervised. Results next business day. Restrictions: None. Translators: Spanish available.

Pathfinder Support Services, Inc. **ESPAÑOL**

751 North Lincoln Avenue

Fremont, NE 68025

Phone: (402) 721-2880

www.pathfinderserv.com

1941 South 42nd Street, Suite 527

Omaha, NE 68105

Phone: (402) 669-7202

Description: 5, 8, and 10 panel tests, 80 hour alcohol testing, hair follicle testing, and more. Restrictions: None. Translators: Spanish available.

Early Childhood Development

Blair Community Schools- Early Childhood Education

2232 Washington St.

Blair, NE 68008

Phone: (402) 426-2610 or (402) 427-2711

www.blairschools.org

Description: Preschool for children with identified disabilities such as severe delays in talking, significant delays in normal development or physical disabilities. 2 ½ days for 3 days a week during regular school calendar. Also offer services for birth to 3 years. Restrictions: Ages 3-5 with identified disability. Translators: Limited sign.

Coalition for the Advancement of Children’s Mental Health

4715 S. 132nd St.

Omaha, NE 68137

Phone: (402) 444-4989

www.thekimfoundation.org/html/mh_happenings/camh.html

Description: Coalition of agencies, organizations, and individuals interested in promoting healthy social and emotional development of children. Restrictions: Limited to children ages 0 - 5 in Cass, Dodge, Douglas, Sarpy and Washington Counties. Translators: Not available.

CRCC Learning Together Preschool Program

2010 N. 88th Street

5321 S. 138th Street

Omaha, NE 68134

Omaha, NE 68134

Phone: (402) 496-1000

(402) 895-4000

<https://crccomaha.org/what-we-do/programs-services/learning-together-preschool.html>

Description: This preschool offers the opportunity for *all* children (both typically and atypically developing) to interact and learn in the same classroom. Preschool applications open in April (call for details). \$185/week. Care Monday-Friday from 7 am- 6 pm. Includes breakfast, lunch, and two snacks a day. Outdoor and indoor play. Onsite OT, PT, and speech therapy available. Note: Ask for Client Care Coordinator when calling. Restrictions: Limited to children ages 0 – 5, and must be no older than 5 by Aug. 1. Translators: Not available.

Early Childhood Training Center ESPAÑOL

6949 South 110th Street

La Vista, NE 68128

Phone: (402) 557-6880 or (402) 557-6893

<http://www.education.ne.gov/oec/ectc.html>

Description: Audiovisual and print materials are provided as support for early childhood professionals across all disciplines to support the needs of trainers and to provide opportunities for all those who work with young children and their families. Child Line provides information, resources and support

concerning early childhood care & education. Restrictions: Patrons can check out 3 items at a time. Translators: Some Spanish printed material is available, and some Braille as well.

Early Interventions

1401 Gold Coast Road
Papillion, NE 68048
Phone: (402) 597-9378

Description: Service coordinators find and link families with services to meet developmental, educational, financial, health care, child care, respite care, and other needs. Restrictions: Services are available to children with special needs such as a genetic syndrome, those affected by their parent's use of drugs and/or alcohol, vision or hearing difficulties, not able to play like other children their age, not able to speak as many words as other children, or whose speech is difficult to understand, not able to crawl or walk or move as they should, or whose behavior is always very aggressive or difficult to manage. Translators: Not available.

Easter Seals

12565 West Center Road, Suite 100
Omaha, NE 68144
Phone: (402) 345-2200
www.ne.easterseals.com

Description: Offer early childhood services such as occupational and physical therapy, as well as child development centers. Restrictions: Young children with disabilities. Translators: Not available.

Head Start ESPAÑOL

3215 Cuming Street, Rm. 3-136
Omaha, NE 68131
Phone: (531) 299-0303

(Cass County)
902 Main Street
Plattsmouth, NE 68048
Phone: (402) 296-5250

(Dodge County)
1024 West 23rd Street
Fremont, NE 68025
Phone: (402) 721-9022

(Sarpy County)
701 Olson Drive, Suite 111
Papillion, NE 68046
Phone: (402) 339-6592

Description: Programs promote school readiness by enhancing the social & cognitive development of children through the provision of educational, health, nutritional, social & other services to enrolled children and families. Restrictions: Services available for children ages 0 – 3 and low income families. Translators: Spanish available.

Kid Squad

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000

Description: Behavioral consultants provide training for parents and child care providers in childcare setting to help young children develop positive behavioral skills. This is a cooperative program provided by the Center for Holistic Development, Child Saving Institute, Early Childhood Training Center, Heartland Family Service, Lutheran Family Services, Behave' N, Region 6, and Munroe-Meyer Institute. Restrictions: Program serves children age 5 or under in Douglas and Sarpy Counties. Translators: None.

Employment

Aureus Group

13609 California Street
Omaha, NE 68154
(402) 891-6900
www.aureusgroup.com

Description: Employment recruitment and placement. Translators: Not available.

Aurstaff

13609 California Street #120
Omaha, NE 68154
Phone: (402) 895-4422
www.aurstaff.com

Description: Assesses skills, needs, and expectations and matches you with a career/job. Translators: Not available.

Boys and Girls Clubs of Omaha

2610 Hamilton Street (North)
Omaha, NE 68131
Phone: (402) 342-2300
www.bgcomaha.org

5051 South 22nd Street (South) **ESPAÑOL**
Omaha, NE 68107
Phone: (402) 733-8333

Description: Education & career development programs, job training, career preparation, and job shadowing. Restrictions: Available to children ages 5- 18. Cost is \$30 per year. Translators: Spanish available at South location.

Celebrity Staff

13609 California Street, Suite 110

Omaha, NE 68154

Phone: (402) 938-2000

www.celebritystaff.com

Description: Temporary staffing agency. Translators: Not available.

D2 Center

1941 S. 42nd St., Suite 503

Omaha, NE 68105

Phone: (402) 502-8534

www.d2center.org

Description: Career navigation services offered for help with postsecondary planning and connections for both career and educational opportunities. Services are also available to graduates. Translators: Not available.

Easter Seals

12565 West Center Road, Suite 100

Omaha, NE 68144

Phone: (402) 345-2200

www.ne.easterseals.com

Description: Job training & employment services. Restrictions: Disabled persons. Translators: Not available.

Goodwill Industries (Douglas & Sarpy Counties) ESPAÑOL

1111 South 41st Street

Omaha, NE 68105

Phone: (402) 341-4609

www.goodwillomaha.org

Description: Job seeking skills and training for people with disabilities and/or economically disadvantaged, career counseling. Restrictions: Persons ages 16 and up in Douglas & Sarpy Counties. Translators: Spanish available.

Goodwill Industries – YouthBuild ESPAÑOL

2421 North 24th Street

Omaha, NE 68110

Phone: (402) 342-2200

www.goodwillomaha.org

Description: Job readiness training, counseling support & help with vocational placement leading to full-time employment. Participants will also be eligible to earn incentives at various intervals of the program.

Restrictions: Youth between the ages of 16 - 24, out of school and underemployed. Translators: Spanish available.

Job Corps

230 South Dearborn Street, Room 676
Chicago, IL 60604
Phone: (312) 596-5470
<https://www.jobcorps.gov/>

15710 Highway 385
Chadron, NE 69337
(308) 432-3316
<https://pineridge.jobcorps.gov/>

Description: Residential job training and education. Restrictions: Persons age 16 - 24, low income. Translators: Not available.

Latino Center of the Midlands ESPAÑOL

4821 South 24th Street
Omaha, NE 68107
Phone: (402) 733-2720
www.latinocenterofthemidlands.org

Description: The primary provider of cultural transition and crisis services to the Latino community and its families. Translators: Spanish available.

Nebraska Workforce Development Center

5752 Ames Avenue
Omaha, NE 68104
Phone: (402) 444-4700
<http://www.hws-ne.org/>

Description: Automated self-directed job search, labor market information, job and career fairs, and information on unemployment benefits. Restrictions: Must be out of employment or looking for new employment in order to access services. Translators: Agency will provide as needed.

Refugee Empowerment Center

3610 Dodge Street, Suite 100
Omaha, NE 68131
Phone: (402) 554-0759
www.refugeempowermentcenter.org

Description: Job placement for refugees. Open Mon - Fri from 9:00am - 5:00pm. Restrictions: Services are provided to refugees from any country. Translators: Available sometimes, call ahead.

Supported Employment ESPAÑOL

Ollie Webb Center
1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 342-4418

Description: Career and job development, placement and on-going support. Restrictions: Services are available for persons with developmental disabilities. Translators: Spanish available.

Urban League of Nebraska

3040 Lake Street
Omaha, NE 68111
Phone: (402) 451-1066
www.urbanleagueneb.org

Description: Mini job fair on the 2nd Wednesday of each month featuring employers who are looking to hire now. Urban Youth Empowerment Services (STEP-UP Omaha!) program designed to engage at-risk youth and young adults who face barriers to staying in school, finding stable employment, or help finding internships. There are also other programs available to help gain employability, such as the Career Bootcamp. Restrictions: STEP-UP Omaha! youth 14-18 and youth adults 18-21. Career Bootcamp: 18 years and older, high school diploma, and 6 months of continuous job experience. Translators: Not available.

VODEC

Phone: (712) 328-2638 or (402) 455-4648
www.vodec.org

Description: Vocational Development Center (VODEC) is a private, non-profit 501 (c)(3) corporation founded in 1968. We provide vocational, residential, and day services for persons with disabilities or mental illnesses. Provide services in Nebraska and Iowa. Sheltered work training program at one of VODEC's three locations in Omaha, LaVista & Council Bluffs. Restrictions: Age limits for some programs. Translators: Not available.

Vocational Rehabilitation – Nebraska Department of Education

(Douglas, Dodge, Cass, Sarpy, Washington Counties)

1313 Farnam on the Mall	Omaha West	Fremont
Omaha, NE 68102	12011 “Q” Street	827 North “D” Street
Phone: (402) 595-2100	Omaha, NE 68137	Fremont, NE 68025
TDD: (402) 595-2107	Phone: (402) 595-1212	Phone: (402) 727-2900
Toll-free: (800) 554-3382		

<https://www.education.ne.gov/arra/vocational-rehabilitation/>

Description: Vocational counseling, job placement, custom training, assistive technology, transition from school to work. Restrictions: Participants must have a disability (mental, speech, hearing, cardiovascular, respiratory, immunological, movement related, or other.). Translators: Can be arranged

Women’s Center for Advancement: Transitions Career Services Program

(Cass, Douglas, Sarpy Counties)
222 South 29th Street

Omaha, NE 68131
Phone: (402) 345-6555
www.wcaomaha.org

Description: Short term personal counseling & career counseling, job seekers support group, and education. Limited financial assistance available for job training or additional schooling. Career assessments. Open Mon - Fri 8:00am - 5:00pm. Restrictions: Serves persons 18 & older in Cass, Douglas, and Sarpy Counties. Limited to women interested in employment, especially nontraditional careers. Translators: Call 877-215-0167 for Spanish.

Financial Assistance

GreenPath **ESPAÑOL**

8031 West Center Rd., Suite 204
Omaha, NE 68124

Phone: (800) 550-1961

www.greenpath.com/cccsn

5000 Central Park Dr., Suite 207
Lincoln, NE 68504

Description: Credit education, confidential counseling, and debt management, credit reports, and housing education. Restrictions: None. Translators: Spanish available.

Nebraska Department of Health and Human Services **ESPAÑOL**

301 Centennial Mall South
Lincoln, NE 68509

Phone: (402) 471-3121

www.dhhs.ne.gov

Description: Emergency assistance, financial assistance. Restrictions: Participants must fall under agency's income restrictions. Translators: Spanish available.

NOTES:

Fire Safety/Smoke Detectors

Cass County

Avoca Fire Department

Phone: (402) 275-3345

Description: Free smoke detectors to Avoca residents.

Elmwood Volunteer Fire & Rescue

Phone: (402) 994-2015

Description: Free smoke detectors to Elmwood residents, will install if needed.

Greenwood Fire and Rescue

Phone: (402) 789-3360

Description: Free smoke detectors, will install if needed.

Murdock Volunteer Fire Department

Phone: (402) 867-3401

Description: Free smoke detectors available, will install if needed.

Murray Fire and Rescue

Phone: (402) 235-2492

Description: Free smoke detectors to Murray residents.

Plattsmouth Volunteer Fire Department

Phone: (402) 296-6041

Description: SENCA office will provide smoke detectors if needed.

Dodge County

Dodge Volunteer Fire Department

Phone: (402) 693-2491

Description: Free smoke detectors available to families in this fire district.

Fremont Fire Department

Phone: (402) 727-2688

Description: Free smoke detectors to Fremont residents, will also install & check batteries. Also has specialized visual smoke alarms for members of the Deaf and Hard of Hearing community.

Restrictions: Must be a senior citizen or a low-income or physically challenged individual.

Hooper Volunteer Fire Department

Phone: (402) 654-2336

Description: Free smoke detectors and batteries.

Douglas County

Bennington Volunteer Fire and Rescue

Phone: (402) 238-2727

Description: Free smoke detectors available, will check existing detectors and install new detectors.

Elkhorn Suburban Fire Department

Phone: (402) 289-4422

Description: Free smoke and carbon dioxide detectors. All are installed. Free battery replacement Omaha and Elkhorn residents.

Juvenile Fire Starter Program

Omaha Fire Department

1516 Jackson Street

Omaha, NE 68102

Phone: (402) 444-3560

www.omaha-fire.org/juvenile-fire-starters

Description: Education program for those 8 - 18 years of age that teaches the power of fire, the consequences of playing with fire, fire prevention and how to survive a fire. For children ages 3 – 7, the education program teaches fire safety based on The Learn Not To Burn Program. Parents are provided information on building character in children, fire prevention and survival. Restrictions: Programs have age restrictions. Translators: Not available.

Omaha Fire and Rescue

Phone: (402) 444-3560

Description: Free smoke and carbon dioxide detectors. All are installed. Free battery replacement for Omaha and Elkhorn residents.

Ralston Volunteer Fire and Rescue

Phone (402) 331-5369

Description: Free smoke and carbon dioxide detectors to Ralston residents. All detectors are installed.

Sarpy County

Bellevue Volunteer Fire Department

Phone: (402) 293-3153

Description: One free smoke detector per household, will install. Bellevue residents only. Also provides a free fire setter class.

Gretna Volunteer Fire and Rescue

Phone: (402) 332-3336 ext. 352

Description: Free smoke detectors to Gretna residents, will install if needed.

La Vista Volunteer Fire and Rescue

Phone: (402) 331-4748

Description: Free smoke detectors to La Vista residents, all are installed.

Papillion Fire and Rescue Department

Phone: (402) 339-8617

Description: Free smoke detectors to Papillion residents, will install.

Washington County

Arlington Volunteer Fire and Rescue

Phone: (402) 478-4212

Description: Free smoke detectors, will install if requested.

Fort Calhoun Fire and Rescue

Phone: (402) 468-5861

Description: Free smoke detectors to residents of Fort Calhoun, will install.

NOTES:

Bellevue Human Services

204 West Mission

Bellevue, NE 68005

Phone: (402) 293-3138

<http://www.bellevue.net/Departments/Human-Services/Overview>

Description: Open by appointment, Monday - Friday from 8am – 4:30pm. Emergency situations - loss of job, illness, etc. Restrictions: Bellevue residents only, need SS #, picture ID, proof of residence. Translators: Not available.

Benson Baptist Church

6319 Maple Street

Omaha, NE 68104

Phone: (402) 551-1512

<http://www.omahabbcc.com/get-connected>

Description: Open last Saturday of each month, 9am - 12pm. Restrictions: Omaha residents only, need SS # and picture ID. Translators: Not available.

First Lutheran Church Pantry

542 South 31st Street

Omaha, NE 68105

Phone: (402) 345-7506

Description: Closed first full week of each month. Tues., Wed., and Thurs. from 1pm - 2:30pm. Can be accessed once every 30 days. 3-5 day supply of food. Restrictions: Residents of Omaha & surrounding areas. Need SS card, proof of residence & photo ID/Consulate Card. Translators: Not available.

Good Neighbor Ministries

1555 South 27th Street

Omaha, NE 68105

Phone: (402) 616-1250

Description: Available by appointment only, require volunteer hours. Open Mon - Fri from 8:30am - 5pm. Restrictions: Serves the Columbus Park area, 20th – 32nd Streets, between Martha & Harney. Need SS #, picture ID, and proof of residence. Translators: Not available.

Heart Ministry Center

2222 Binney Street

Omaha, NE 68110

Phone: (402) 451-2321

www.heartministrycenter.org

Description: Food & clothing available. Open Wed and Fri 10am - 1pm, and Thurs 10am – 1pm (seniors only). Restrictions: Can be once every 30 days. Access to the clothing closet is limited to 10 minutes. Need photo ID, SS card for each household member and a bill with home address. Translators: Not available.

Heartland Family Service -Comprehensive Emergency Services

2101 South 42nd Street

Omaha, NE 68105

Phone: (402) 553-3000

www.heartlandfamilyservice.org

302 American Parkway

Papillion, NE 68046

Phone: (402) 291-6065

Description: Food pantry by appointment only. Rent and utility assistance also available. Restrictions: Agency has income and residence guidelines, call for specifics. Translators: Not available.

Heartland Hope Mission ESPAÑOL

South Omaha Pantry

2021 “U” Street

Omaha, NE 68107

Phone: (402) 733-2077

<http://heartlandhopemission.org/>

Millard Pantry

5321 S. 139th Plaza

Omaha, NE 68137

Description: South Omaha location hours: Tues. 6:30p,-7:30pm, Thurs. 1:30pm-4:00pm, and Sat. 9:30am-12:00pm. Millard location hours: 2nd Sat. of each month 10:30am-11:30am and the last Wed. of each month 1:30pm- 3:30pm. Can be accessed every 30 days or monthly for volunteers. Fresh fruit, milk, and meat offered twice a month. Households where everyone is a senior (ages 60 or older) or disabled (proof of disability required) can visit the pantry twice a month. Restrictions: Must provide photo ID, SS card for adults, proof of address and income. Email michelle.heartlandhope@gmail.com in the morning to let her know how many people are going. Translators: Spanish available.

Holy Family Door Ministry

1715 IZard Street

Omaha, NE 68102

Phone: (402) 345-1062

www.holyfamilyomaha.org

Description: Food Pantry, Mon- Thurs 9am – 12pm. Utilities, rent, and medicine assistance when funds are available. Clothing, Mon- Thurs 9am – 12pm. Restrictions: Need Social Security card, Medicaid or Medicare cards for each person in family and a picture ID. Translators: Not available.

Holy Name

2901 Fontenelle Boulevard

Omaha, NE 68104
Phone: (402) 451-6622

Description: Provides food to persons residing in parish boundaries, call to make appointment.
Restrictions: Must live between 36th & 52nd Street, between Blondo & Sorenson Parkway. Translators: Not available.

Joseph's Coat

1737 Washington Street
Blair, NE 68008
Phone: (402) 426-0440

<http://www.josephscoat.org/services-programs/>

Description: Food pantry open Mon, Tues, Thurs, and Fri from 10am - 3pm (closed from 12:30pm-1:00pm). Sat from 9am – 11:30am. Can only be accessed once a month. Closed on major holidays
Restrictions: Services available to Washington County residents. Must be eligible for Medicare/Medicaid, SSI, WIC, or Food Stamps, be a senior citizen, or a single parent with sole custody of the children.. Translators: Available, must be scheduled ahead of time if necessary.

Juan Diego Center ESPAÑOL

5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413

<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Open Mon, Tues, Thurs, Fri from 9:30am-11:30am and Wed 4pm - 6pm. Can be accessed every 3 months. Restrictions: Proof of residence and picture ID required. Translators: Spanish available.

Kountze Memorial Lutheran Church

2650 Farnam Street
Omaha, NE 68131
Phone: (402) 341-7761

Description: Food pantry open Mon. from 10am - 1pm. Closed on Holidays and school closings.
Restrictions: Open to anyone but can only be accessed once a week. Need either driver's license or SS card. Translators: Not available.

Low Income Ministry

549 North "H" Street

Omaha, NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

6101 NW Radial Hwy
Omaha, NE 68104

Description: Clothing, food, home furnishing, and housing. Emergency heat aid. Food Pantry hours: Mon., Tues., Thurs., Fri., 9am-11am and 1pm-3:30pm at the Burrows Center. Restrictions: Need picture ID, SS cards or birth certificate, proof of residence in last 30 days. Pantry can be accessed every 30 days. Translators: Bi-lingual staff.

Salvation Army- Fremont

707 North "I" Street
Fremont, NE 68025
Phone: (402) 721-0930
www.salvationarmyusa.org

Description: Food pantry. Also provide utility, rent and prescription assistance. Restrictions: Agency has income guidelines. Translators: Not available.

Share Iowa ESPAÑOL

Phone: (800) 344-1107
Pick up sites in Omaha, Plattsmouth, Fremont, Bellevue, and Blair.
www.shareiowa.com

Description: Offers grocery packages (frozen meats, fresh fruits & vegetables and convenience foods) at half the retail cost in exchange for 2 hours of volunteer service - any good deed qualifies. Additional packages, including meat packages are also available. You can pay for your SHARE packages with cash or EBT/food stamps. Restrictions: None, no income guidelines. Translators: Spanish brochure available.

SNAP (food Stamp) outreach- at Food Bank for the Heartland ESPAÑOL

10525 J Street
Omaha, NE 68127
Phone: (402) 331-1213
www.foodbankheartland.org

Description: Offers personal assistance in applying for and maintaining SNAP (food stamp) benefits. Provides information on SNAP eligibility, requirements and the application process. Call toll free number between 8am & 4pm Mon- Fri. to receive assistance or set up an in-person or telephone appointment. Restrictions: Services Omaha and surrounding areas, Northeast Nebraska, South Central Nebraska and Western Nebraska. Open to all who come free of charge. Items are first come first served. Translators: Spanish translators available.

St. Benedict the Moor ESPAÑOL

2423 Grant Street

Omaha, NE 68111
Phone: (402) 348-0631

Description: Open Wed from 10am - 1pm. Can be accessed 4 times a year. Restrictions: Available to residents within parish boundaries, 16th to 40th Sts. between Cuming and Pinkney. Need picture ID, proof of residence, SS #. Translators: Spanish available.

St. Cecelia's Cathedral
701 North 40th Street
Omaha, NE 68131
Phone: (402) 551-2313

Description: Open Mon - Fri 8am-3pm, can be accessed 4 times a year. Family calls in information and food is delivered to their homes. Restrictions: Must reside in parish area, 30th to 50th Streets between Leavenworth and Blondo. Need proof of residence, picture ID, and SS #. Translators: Not available.

St. Martin de Porres
2417 Burdette Street
Omaha, NE 68110
Phone: (402) 341-4004

Description: Open every Mon 9am-1pm, Tues 12:30pm-4:30pm, and Fri 9am-1pm. Can be accessed every 30 days. Restrictions: Serves people from all areas. Need SS #, proof of residence, and picture ID, call for approval. Translators: Not available.

St. Vincent de Paul
2101 Leavenworth Street
Omaha, NE 68102
Phone: (402) 341-1688
www.svdpomaha.org

Description: Utility and rent assistance. Food pantry and clothing also available. Hours: Tues-Thurs 9am-12pm. Restrictions: Must provide two forms of ID. Translators: Not available.

SENCA- Southeast Nebraska Community Action Council
802 4th Street
Humbolt, NE 68376
Phone: (402) 862-2411
www.senca.org

Description: Food & clothing pantry. Utility and rent assistance. Restrictions: Agency has income guidelines. Need shut off notice for utility assistance, must have eviction notice for rent assistance. Translators: Agency provides as needed.

Table Grace Cafe
1611 ½ Farnam Street

Omaha, NE 68102
Phone: (402) 708-7815
www.tablegracecafe.com

Description: To foster a healthy community by offering great food prepared and served in a graceful manner to anyone who walks through the door. Open Mon-Sat 11am – 2pm. Gourmet Pizza, Salad and Soup, different dishes prepared daily fresh and organic ingredients when available. Funded by donation box, patrons may donate or serve. Restrictions: None. Translators: None

Timberlake Outreach Center

2107 East Locus Street
Omaha, NE 68110
Phone: (402) 829-1510

Description: Food pantry, clothing, shoes, furniture, diapers, toiletries. Open Tu, Th from 9:30am - 6pm, Fri-Sat 8:30am – 5pm. Restrictions: Need SS#, picture ID and proof of address. Translators: Not available.

Together Inc.

812 South 24th Street
Omaha, NE 68108
Phone: (402) 345-8047 ext. 204
www.togetheromaha.org

Description: Open Mon 10:30am- 4pm, Tues 9am – 6:45pm, Wed & Thurs 9am – 4:30pm, Fri 9am-2pm. Also has household items and clothing. Restrictions: Residents of Douglas, Sarpy, Pottawattamie Counties. Need proof of residence (mail dated in last 30 days), photo ID, and SS #. Translators: Not available.

Westside Church Food Pantry ESPAÑOL

15050 West Dodge Road
Omaha, NE 68154
Phone: (402) 496-7833

Description: Open Mon, Wed, Fri from 1pm - 3pm. Can be accessed 4 times a year. Prior notice is needed, along with # of family members. Restrictions: Serves all counties, available by appointment only. Translators: Spanish available on a part time basis.

WIC ESPAÑOL

735 North 120th Street

1941 South 42nd Street, Suite 412

601 North 30th Street

Omaha, NE 68154
Phone: (402) 444-6800

Omaha, NE 68105
Phone: (402) 595-2284

Omaha, NE 68131
Phone: (402) 449-5494

Description: Help with food for pregnant women & children up to 5 years old. Restrictions: Income restrictions apply. Translators: Spanish available.

NOTES:

Foster Care

Apex Foster Care

9802 Nicholas Street
Omaha, NE 68134
Phone: (402) 571-5400
www.apexfostercare.com

Description: Emergency respite, Agency based foster care. 24 hour on call services. Restrictions: None.
Translators: Not available.

Children's Square Foster Care ESPAÑOL

5123 Leavenworth Street
Omaha, NE 68106
Phone: (402) 556-6765
<http://childrensquare.org/>

Description: Agency based foster care. Restrictions: None. Translators: On-call as needed.

Child Saving Institute ESPAÑOL

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Description: Agency-based foster care and Emergency foster care. Restrictions: Must be a state ward to access services. (Exceptions made, but only with CSI approval). Translators: Spanish speaking staff.

Christian Heritage

4343 North 52nd Street
Omaha, NE 68104
Phone: (866) 381-5437
www.chne.org

Description: Agency based foster care, respite, and foster adopt program. Restrictions: None.
Translators: Not available.

Lutheran Family Services ESPAÑOL

124 South 24th Street, Suite 200
Omaha, NE 68102
Phone: (402) 342-7038

www.lfsneb.org

Description: Agency based specialized and emergency foster care. RSAFE (Reparation, Safety, Advocacy, Families, Empowerment) is a specialized program to help foster parents understand and help a sexually victimized child. Children enrolled in this program must also be enrolled in LFS RSAFE counseling program. Restrictions: State wards only. Translators: One Spanish speaking home available.

Nebraska Children's Home Society

4939 South 118th Street

Omaha, NE 68137

Phone: (402) 451-0787

www.nchs.org

Description: [Temporary & traditional foster care services, including medically fragile foster care.](#)

Restrictions: No restrictions for pregnancy & adoption services. Translators: Not available.

NOVA Therapeutic Community

8502 Mormon Bridge Road

Omaha, NE 68152

Phone: (402) 455-8303

www.novatec.org

Description: Agency based foster care, Emergency & treatment foster care. Restrictions: Children ages birth - 18. Translators: Agency will provide as needed.

NOTES:

Gangs

Cass County Nebraska Sheriff

336 Main Street

Plattsmouth, NE 68048

Phone: (402) 296-9370
www.cassne.org/sheriff.html

Description: GREAT- Gang Resistance Education And Training program School-based, law enforcement officer-instructed classroom curriculum. With prevention as its primary objective, the program is intended as an immunization against delinquency, youth violence, and gang membership. Program consists of four components- a 13-session [middle school curriculum](#), an [elementary school curriculum](#), a [summer program](#), and [family training](#). Restrictions: Services available through elementary and middle school staff in Cass County schools. Translators: Not available.

Latino Center of the Midlands **ESPAÑOL**

4821 South 24th Street
Omaha, NE 68107
Phone: (402) 733-2720
www.latinocenterofthemidlands.org

Description: Support group Wed 7:00pm - 8:30pm. Restrictions: None. Translators: Spanish available.

NOTES:

Monday Assistance

Adopt a Family (Salvation Army) **ESPAÑOL**

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5900

www.salvationarmyomaha.org

Description: Provides gifts and food voucher to families in need. Restrictions: Must provide social security cards, picture ID, mail post marked in last 30 days. Translators: Spanish available.

Eastern Nebraska Community Action Partnership ESPAÑOL

2406 Fowler Avenue (North) 1908 Hancock Street (Sarpy)
Omaha, NE 68111 Bellevue, NE 68005
Phone: (402) 453-5656 Phone: (402) 292-2961
www.encapomaha.org

Description: Thanksgiving turkey vouchers, registration site for Toys for Tots. Restrictions: Agency has income guidelines. Translators: Spanish available.

Heart Ministry Center

2222 Binney Street
Omaha, NE 68110
Phone: (402) 451-2321
www.heartministrycenter.org

Description: Provides Thanksgiving baskets and Christmas food. Also a Toys for Toys distribution site. Restrictions: Must be nominated by OPS school counselor. Translators: None available.

Heartland Family Service ESPAÑOL

2101 South 42nd Street 302 American Parkway
Omaha, NE 68105 Papillion, NE 68046
Phone: (402) 553-3000 Phone: (402) 291-6065
www.heartlandfamilyservice.org

Description: Holiday assistance program. Restrictions: Services are available to residents of North Omaha and Sarpy County. Translators: Spanish available.

Juan Diego Center ESPAÑOL

5211 South 31st Street
Omaha, NE 68107
Phone: (402) 731-5413
<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Food assistance, SHARE food buying, family enrichment, Christmas assistance, micro business training, immigration, Spanish/English counseling. Restrictions: Limited to Spanish speaking clients only. Translators: Spanish available.

Low Income Ministry

549 North "H" Street
Fremont, NE 68026
Phone: (402) 727-6884 or (402) 727-1595
www.lowincomeministry.org

Description: Christmas food distribution, Toy shop and bicycle giveaway, clothing center, hygiene items, fan program, food pantry, emergency rental & utility help. Restrictions: Toy program is limited to children ages 0 - 15. Services available to Dodge County residents only. Translators: Not available.

Heartland Hope Mission ESPAÑOL

2021 "U" Street
Omaha, NE 68107
Phone: (402) 733-2077
<http://heartlandhopemission.org/>

Lord of Hosts Church
139th & "Q"
Omaha, NE 68137

Description: Provides Christmas meal (ham and turkey), and a registration location for Toys for Tots. Also provides household items, clothing, and hygiene items. Restrictions: Services limited to South Omaha residents only. Translators: Spanish available.

Toys for Tots (US Marines)

5808 North 30th Street
Omaha, NE 68111
Phone: (402) 453-8807
www.omaha-ne.toysfortots.org

Description: Collects and distributes toys for needy families. Restrictions: Services available for children ages 0 – 13, families must register to receive assistance. Translators: Not available.

Hospitals/Clinics

Bergan Mercy Medical Center

7500 Mercy Road
Omaha, NE 68124
Emergency: (402) 398-6161

General: (402) 398-6060

Elkhorn Family Medicine Clinic

1130 North 204th Avenue

Elkhorn, NE 68022

General: (402) 758-5462

Gretna Clinic

102 West Highway 370

Gretna, NE 68028

General: (402) 332-2772

Immanuel Medical Center

6901 North 72nd Street

Omaha, NE 68122

Emergency: (402) 572-2225

General: (402) 572-2121

Lakeside Hospital

16901 Lakeside Hills Court

Omaha, NE 68130

Emergency: (402) 717-8111

General: (402) 717-8000

Mercy Hospital

800 Mercy Drive

Council Bluffs, IA 51503

Emergency: (712) 328-5230

General: (712) 328-5000

Midlands Hospital

11111 South 84th Street

Papillion, NE 68046

Emergency: (402) 593-3550

General: (402) 593-3000

NOTES:

Boys Town National Research Hospital

555 North 30th Street

Omaha, NE 68131

General: (402) 498-6540

Boys Town Transition Clinic for Youth in Foster Care

14080 Hospital Road

Boys Town, NE 68010
Phone: (402) 758-7760
www.boystown.org

Description: Children in out-of-home placement receive ongoing medical attention & treatment in a coordinated and comprehensive manner. Restrictions: Must be in out-of-home placement. Translators: Agency will provide as needed.

Bryan LGH West
2300 South 16th Street
Lincoln, NE 68502
General: (402) 481-1111

Children's Hospital & Medical Center
8200 Dodge Street
Omaha, NE 68114
Emergency: (402) 955-5150
General: (402) 955-5400

Creighton University Medical Center
2412 Cuming Street
Omaha, NE 68131
General: (402) 449-4000

Douglas County Community Mental Health Center
4102 Woolworth Avenue
Omaha, NE 68105
General: (402) 444-7449

Ehrling-Bergquist Hospital (Military Only)
2501 Capehart Road
Bellevue, NE 68113
Emergency: (402) 232-2273

Fremont Area Medical Center
450 East 23rd Street
Fremont, NE 68025
General: (402) 721-1610

Jennie Edmundson Hospital
933 East Pierce Street
Council Bluffs, IA 51503
Emergency: (712) 328-6000
General: (712) 396-6000

Memorial Hospital

810 North 22nd Street
Blair, NE 68008
General: (402) 426-1289

Methodist Hospital

8511 West Dodge Road
Omaha, NE 68114
Emergency: (402) 354-4424
General: (402) 354-4800

Nebraska Health Systems

Clarkson Medical Center

4350 Dewey Avenue
Omaha, NE 68105
Emergency: (402) 552-5257
General: (402) 552-2000

Nebraska Health Systems

University of Nebraska Medical Center

4400 Emile Street
Omaha, NE 68198
Emergency: (402) 559-4000
General: (402) 552-2000

VA Medical Center

4101 Woolworth Avenue
Omaha, NE 68105
General: (402) 346-8800

Hot Lines

AIDS Hotline	(800) 232-4636
Adult Protective Services	(800) 652-1999
Alcohol & Drug Abuse Hotline	(800) 662-4357
Baby Hotline.....	(800) 682-1889
Boys Town Hotline.....	(800) 448-3000
Catholic Charities.....	(402) 554-0520
Charles Drew Homeless Clinic.....	(402) 457-1200
Child Abuse/Neglect Hotline.....	(800) 392-3738
Children’s Domestic Violence/YWCA.....	(509) 326-2255
Heartland Family Service Domestic Abuse	(800) 523-3666
National Domestic Violence Hotline.....	(800) 799-7233 (800) 787-3224 TTY (866) 331-9474 Teens
Nebraska Children’s Home 24 Hr Pregnancy	(877) 420-4747
Nebraska Family Helpline.....	(888) 866-8660
Nebraska Family Support Network.....	(402) 345-0791
Poison Control Center.....	(402) 955-5555 (800) 222-1222
Suicide Prevention Resource Hotline.....	(888) 273-8255
United Way of the Midlands.....	(402) 342-8232
Women’s Center for Advancement 24 Hotline.....	(402) 345-7273

NOTES:

Housing Assistance

Bellevue Housing Authority

8214 Armstrong Circle

Bellevue, NE 68147

Phone: (402) 734-5448

<http://www.sarpyhousing.org/>

Description: Provides subsidized housing. Restrictions: Persons 19 and older, income restrictions based on family size. Translators: Agency will contract for services if needed.

Douglas County Housing Authority

5404 North 107th Plaza

Omaha, NE 68134

Phone: (402) 444-6203

www.douglascountyhousing.com

Description: Provides subsidized housing. Restrictions: Services for elderly and disabled, agency has income restrictions. Translators: Agency will contract for services if needed.

Family Housing Advisory Services **ESPAÑOL**

2401 Lake Street

Omaha, NE 68111

Phone: (402) 934-7921

www.fhasinc.org

Description: Home search for homeless, information on tenant and homeowner rights, home ownership program. Restrictions: Must be at least 19 to access services. Translators: Bi-lingual staff available.

Family Self Sufficiency Program

Central Office

540 S. 27th Street

Omaha, NE 68105

Phone: (402) 444-6900

Family Self Sufficiency Program

4401 N. 21st Street

Omaha, NE 68110

(402) 444-7100

<http://www.ohauthority.org/administrative-services/family-self-sufficiency>

Description: 5 year voluntary program offered to any Section 8 public housing resident. Provides education opportunities, job readiness and any other assistance that is needed to become self-sufficient.

Restrictions: Participants must maintain Section 8 housing, sign 5 year contract, set and achieve goals, seek and maintain employment. Translators: Not available, but agency can refer if needed.

Fremont Housing Authority

2510 North Clarkson Street
Fremont, NE 68025
Phone: (402) 727-4848
www.fremonthousing.org

Description: Offers housing for low income families and subsidized housing. Restrictions: Must be a Fremont resident. Agency has income restrictions. Translators: Not available.

Habitat for Humanity (Omaha)

1701 North 24th Street
Omaha, NE 68110
Phone: (402) 457-5657
www.habitatomaha.org

Description: Builds and sells the homes to buyers with no interest and no profit. Requires 250 hours (1 applicant) or 350 hours (2 applicants) of sweat equity in place of a large down payment. Restrictions: Eligibility based on need (substandard housing such as unsafe living conditions or overcrowding), credit check, and income restrictions. Translators: Agency will contract when needed.

Habitat for Humanity (Sarpy)

1001 Fort Crook road North, Suite 207
Bellevue, NE 68005
Phone: (402) 292-6560
www.hfhsarpy.org

Description: Builds and sells the homes to buyers with no interest and no profit. Requires 250 hours (1 applicant) or 350 hours (2 applicants) of sweat equity in place of a large down payment. Restrictions: Eligibility based on need (substandard housing such as unsafe living conditions or overcrowding), credit check and income restrictions. Services limited to Sarpy County residents. Translators: Not available.

Holy Name Housing Corporation

4324 Fort Street
Omaha, NE 68111
Phone: (402) 453-6100
<http://www.holynamehousing.org/>

Description: Assistance in buying renovated homes with low interest financing, and counseling. Restrictions: Must be at least 19 to receive services. Translators: Not available.

Heartland Family Service Housing Solutions **ESPAÑOL**

1941 South 42nd Street, Suite 375
Omaha, NE 68105
Phone: (402) 934-8810
www.heartlandfamilyservice.org

Description: Scattered-site housing for individuals & families with children who are currently homeless. Provides case management, financial counseling, therapeutic services, and rental assistance. Restrictions: Must be living in shelter, on the streets or in transitional housing, one member of the family must have certified disabling condition (physical, mental, substance abuse or gambling), available to Douglas & Sarpy County residents. Translators: Spanish available.

Omaha Housing Authority **ESPAÑOL**

1805 Harney Street
Omaha, NE 68102
Phone: (402) 444-6900
<http://www.ohauthority.org/>

Description: Section 8 housing, public housing, transitional services, senior public housing services. Restrictions: Agency has financial guidelines. Translators: Spanish available.

Rapid Re-Housing **ESPAÑOL**

Heartland Family Service
1941 South 42nd Street, Suite 375
Omaha, NE 68105
Phone: (402) 934-8810
<http://heartlandfamilyservice.org/housing-financial-stability/rapid-rehousing/>

Description: Rapid Re-Housing Program is to provide assistance to rapidly re-house persons who are homeless. It will provide temporary financial assistance (1-12 months) and housing relocation and stabilization services to individuals and families who are homeless (residing in emergency or transitional shelters or on the street) and who need temporary assistance in order to obtain housing and retain it. Restrictions: Resides in Douglas or Sarpy counties. Must be homeless, according to one of the following definitions: Sleeping in an emergency shelter or in a place not meant for human habitation (cars, parks, streets), Staying in a hospital or other institution (up to 180 days), but was homeless immediately prior to entry, graduating from, or timing out of a transitional housing program, victim of domestic violence. Must have no appropriate subsequent housing options AND lack the financial resources and support network needed to obtain immediate housing. Must be at or below 50% of Area Median Income (AMI) Translators: Spanish available.

Rebuild Together

2316 South 24th Street

Omaha, NE 68108

Phone: (402) 965-9201

www.rebuildingtogetheromaha.com

Description: Plumbing, electrical, appliance, window, locks, roof repair, or other safety repairs. Repairs to enhance the ability of persons with disabilities to remain in their homes. Restrictions: Must live east of 52nd St, be 62 and older or permanently disabled at any age, own the home, and meet income guidelines. Translators: Not available.

Restored Hope

1954 Jones Street, B3

Omaha, NE 68102

Phone: (402) 345-7306

www.restoredhopeomaha.org

Description: Transitional housing program for women with children. Offer counseling, money management, job skills training, job placement, 12 step program. Restrictions: Agency has financial guidelines. Translators: Not available.

Salvation Army ESPAÑOL

10755 Burt Street

Omaha, NE 68114

Phone: (402) 898-7700

<http://www.salarmyomaha.org/>

Description: 37th Street Residential Readiness Program, Transitional Housing Residential Units (THRU) Program, Scattered Site and Harrington Homes Program. Bring applications to: Homelessness Prevention Services Department. Restrictions: Programs are for individuals who are homeless, legally evicted, over age 19, meet income guidelines, 30 days of sobriety, 30 days medication compliant. Translators: Bi-lingual staff available.

Stephen Center Transitional Living ESPAÑOL

2723 "Q" Street

Omaha, NE 68107

Phone: (402) 731-0238

www.stephencenter.org

Description: Recovery center, homeless shelter, transitional living program. Restrictions: Recovery program for juveniles and those ages 18 and older, homeless shelter for 19 and older. Translators: Bi-lingual staff available.

Identification Information

Douglas County Health Department

Bureau of Vital Statistics

1819 Farnam Street, Suite 102

Omaha, NE 68183

Phone: (402) 444-7204

<https://www.douglascountyhealth.com/>

Description: Birth Certificates. Requirements: \$17 fee charged for certified copy. May require notarization, full name, date of birth, city of birth (if known), father's name, mother's name as recorded at time of birth. Include photocopy of the requester's current government-issued photo ID, self-addressed stamped return envelop, and the payment. Translators: Not available.

Douglas County Treasurer **ESPAÑOL**

1819 Farnam Street, Suite 102

Omaha, NE 68183

411 North 84th Street (Midtown)

Omaha, NE 68114

5730 South 144th Street (West)

Omaha, NE 68137

7414 North 30th Street (North)

Omaha, NE 68111

Phone for all locations: (402) 444-7802

Description: Nebraska ID Cards. Requirements: Two forms of ID, one with your name and date of birth, fees vary. Translators: Available at certain locations.

Mexican Consulate **ESPAÑOL**

7444 Farnam Street

Omaha, NE 68114

Phone: (402) 595-1844

www.mexonline.com/consulate.htm

Description: Passports and IDs. Open Mon – Fri, 8am - 5pm. Restrictions: None. Translators: Bi-lingual staff available.

Nebraska Driver License Exam Division **ESPAÑOL**

301 Centennial Mall South

Lincoln, NE 68509-4789

Phone: (402) 471- 3861

<https://dmv.nebraska.gov/dl/driver-licensing-services>

Description: Nebraska Driver's License exams and renewal. Requirements: One form of ID which includes name, date of birth (fees vary). Translators: Driver's Manual available in Spanish.

Social Security Administration

604 North 109th Court

Omaha, NE 68154

Phone: (402) 496-3520 or (866) 716-8299

Restrictions: Must complete a SS-5 form which is available through Social Security Office, must provide one of the following: Driver’s license, marriage or divorce record, employers ID card, adoption record, passport, insurance policy health insurance card (not Medicare card), school ID, or birth certificate. Translators: Not available.

US Citizenship and Immigration Services **ESPAÑOL**

1717 Avenue “H” East

Omaha, NE 68110

Phone: (402) 633-4000 English

(402) 633-4060 Spanish

www.uscis.gov/portal/site/uscis

Description: US passport and visa information. Hours: Mon-Fri 9am-4pm. Restrictions: None. Translators: Spanish available.

NOTES:

Immigration

Justice for Our Neighbors ESPAÑOL

4223 Center Street
Omaha, NE 68105
Phone: (402) 898-1349
<http://jfon-ne.org/>

Description: Free immigration legal services to immigrants. Restrictions: Agency has income restrictions. Translators: Spanish available.

Lutheran Family Services ESPAÑOL

1941 South 42nd Street, Suite 402
Omaha, NE 68105
Phone: (402) 827-3500
www.lfsneb.org

Description: Reception and placement services for newly arrived refugees. Also provide legal services and an international center. Restrictions: None. Translators: Agency has Spanish speaking staff.

Mexican Consulate ESPAÑOL

7444 Farnam Street
Omaha, NE 68114
Phone: (402) 595-1844
www.mexonline.com/consulate.htm

Description: The Consulate issues Mexican passports, consular identification cards, birth registration to Mexican Nationals born abroad & Mexican military registration. Provides protection to Mexican Nationals, issues visas for foreigners traveling to Mexico, issues powers of attorney and promotes specialized programs to education and business community. Restrictions: None. Translators: Bi-lingual staff available.

Omaha Refugee Task Force

<http://omaharefugees.com/>

Description: Database with resources for refugees.

Refugee Empowerment Center

3610 Dodge Street, Suite 100

Omaha, NE 68131

Phone: (402) 554-0759

www.refugeempowermentcenter.org

Description: Assists refugees to find safety for themselves and their families, teaches them to live & work in the United States. ESL classes, driver’s education, interpreters for medical appointments, coordinates health & human services, housing, citizenship, drivers' licenses, job placement, support groups, and rent assistance. Restrictions: Services are provided to refugees from any county. Translators: Available.

US Citizenship and Immigration Services **ESPAÑOL**

1717 Avenue “H” East

Omaha, NE 68110

Phone: (402) 633-4000 English

(402) 633-4060 Spanish

www.uscis.gov/portal/site/uscis

Description: Non-immigrate employment status information, US passport and visa info, info on bringing family or relatives to the US. Accept and process reports of unlawful employment of foreigners. Restrictions: None. Translators: Spanish available.

NOTES:

Independent Living

Safety and Health Council of Greater Omaha

11620 "M" Circle
Omaha, NE 68137
Phone: (402) 896-6332
www.safenebraska.org

Description: Year round behind-the-wheel driver education classes. Step Forward- decision making and job skills for teens. Also have anger management classes. Restrictions: Fees for classes vary. Translators: Not available.

VODEC

Phone: (712) 328-2638
www.vodec.org

Description: Vocational Development Center (VODEC) provides vocational, residential, and day services for persons with mental retardation and others with developmental disabilities. Provide services in Nebraska and Iowa. Sheltered work training program at one of VODEC's three locations in Omaha, La Vista & Council Bluffs. Restrictions: Age limits for some programs. Participants must have a developmental disability. Translators: Not available.

NOTES:

Legal Assistance

Abraham's Legal Clinic (Creighton) **ESPAÑOL**

2120 Cass Street

Omaha, NE 68178

Phone: (402) 280-3068

<https://law.creighton.edu/clinics/abrahams-legal-clinic>

Description: Legal assistance in civil law. Restrictions: Services available to low income individuals who reside in Douglas County. Translators: Spanish available.

Adult Protective Services

1313 Farnam Street

Omaha, NE 68102

Phone: (402) 595-3474 (office)

Hotline: (800) 652-1999

Description: Investigates abuse and neglect against vulnerable adults. Restrictions: Adult needs to be vulnerable, which means they have mental or physical restrictions that cause them to be dependent on others. Translators: Available.

Child Protective Services

1313 Farnam Street, #3

Omaha, NE 68102

Phone: (402) 595-3250 (office)

Hotline: (800) 652-1999

Description: Investigates abuse of children. The hotline functions 24/7. Restrictions: None. Translators: The hotline uses an AT&T translator.

Concord Center

4225 North 90th Street

Omaha, NE 68134

Phone: (402) 345-1131

Description: Mediation for families and training for staff. Restrictions: Services are available on sliding scale fee schedule.

Disability Rights Nebraska

134 South 13th Street, Suite 600

Lincoln, NE 68508

Phone: (402) 474-3183 or (800) 422-6691

www.disabilityrightsnebraska.org

Description: Investigates incidents of abuse and neglect of people with disabilities. Restrictions: Persons with disabilities. Translators: Interpreters provided with notice.

Douglas County District Court

1701 Farnam Street

Omaha, NE 68183

Phone: (402) 444-7004

<https://www.dc4dc.com/>

Description: Orders of protection for domestic violence. Restrictions: Douglas County/Omaha area. Translators: Not available.

Family Housing Advisory Services ESPAÑOL

2401 Lake Street

Omaha, NE 68111

Phone: (402) 934-7921

www.fhasinc.org

Description: Assists with tenant issues. Translators: Spanish call 546-1013.

Fremont Area Mediation

435 North Park Street

Fremont, NE 68025

Phone: (402) 753-9415

<http://www.nebraskamediationcenter.com/>

Description: Working with the legal system. Translators: Not Available.

Immigration Legal Clinics- Justice for our Neighbors ESPAÑOL

4223 Center Street

Omaha, NE 68105

Phone: (402) 898-1349

Description: Immigration legal services. Restrictions: None. Translators: Spanish available.

Juan Diego Center ESPAÑOL

5211 South 31st Street
Omaha, NE 68107

Phone: (402) 731-5413

<http://www.ccomaha.org/who-we-are/centers/juan-diego-center.html>

Description: Immigration legal services. Restrictions: Spanish speaking clients only. Translators: Bi-lingual staff available.

Legal Aid of Nebraska ESPAÑOL

209 South 19th Street, Suite 200

Omaha, NE 68102

Phone: (402) 348-1069

www.legalaidofnebraska.org

Description: Free legal services. Restrictions: Income based. Translators: Spanish available.

Mexican Consulate ESPAÑOL

7444 Farnam Street

Omaha, NE 68114

Phone: (402) 595-1844

www.mexonline.com/consulate.htm

Description: Passports, IDs, US protection services, civil registry. Open Mon - Fri 8:00am - 1:00pm.
Restrictions: None. Translators: Spanish available.

Nebraska Appleseed ESPAÑOL

941 "O" Street

Lincoln, NE 68508

Phone: (402) 438-8853

www.neappleseed.org

Description: Advocates and promotes the rights of children, women and immigrants. Works to develop and implement solutions to the problem of poverty and access to food, housing, clothing, and other basic necessities. Restrictions: None. Translators: Spanish available.

Nebraska Bar Association

635 South 14th Street, Suite 200

Lincoln, NE 68501

Phone: (402) 475-7091 or (800) 927-0117

www.nebar.com

Nebraska Volunteer Lawyers Project

Phone: (402) 475-7091

Omaha Bar Association

Phone: (402) 280-3607

Referral: (402) 280-3603

www.omahabarassociation.com

Pottawattamie County Victim Assistance Unit

Phone: (712) 328-5649

Sarpy County Victim Assistance Unit

1257 Golden Gate Drive, Suite 3147

Papillion, NE 68046

Phone: (402) 593-2201

Voices for Children **ESPAÑOL**

7521 Main Street, Suite 103

Ralston, NE 68127

Phone: (402) 597-3100

www.voicesforchildren.com

Description: Child advocacy program of concerned citizens in Nebraska covering all issues that would impact a child's life. Community groups and individuals analyze, search, write, and provide technical assistance so children can have a voice in the classroom, the legislative chamber and the media.
Restrictions: None. Translators: Family Assistance Resource Guide available in Spanish.

NOTES:

Medical Care

3 Rivers Public Health Department

2400 North Lincoln Avenue

Fremont, NE 68025

Phone: (402) 727-5396 or (866) 727-5396

www.threeriverspublichealth.org

Description: Maternal/child health, Type II Diabetes risk assessment. Translators: Agency provides if needed.

Aid to Dependent Children

1555 Colfax Street, Courthouse Bldg.

Blair, NE 68008

Phone: (402) 426-2329

Angels Among Us

3516 North 163rd Plaza Ste 3

Omaha, NE 68116

Phone: (402) 934-0999

www.myangelsamongus.org

Description: Financially assists families with a child battling cancer so families can focus on the child. Can also assist with medical bills, prescriptions, house payments, utilities, and travel expenses. Restrictions: Must complete an application, must have financial needs. Translators: Agency will contract as needed.

Cass Family Medicine (One World Clinic Satellite) **ESPAÑOL**

122 South 6th Street

Plattsmouth, NE 68048

Phone: (402) 296-2345

www.oneworldomaha.org

Description: Medical and dental screening and treatment, immunizations, eye care, behavioral health, and health education. Restrictions: Call one day in advance to make appointment. Agency has income restrictions. Translators: Spanish available.

Charles Drew Health Center

2915 Grant Street
Omaha, NE 68111
Phone: (402) 451-3553
www.charlesdrew.com

Description: Physicals, family planning, HIV testing and counseling, women’s health exams, dental care, vision screenings, WIC program, nutrition programs, weight management program for children age 2-19. Restrictions: Available to Douglas County residents. Translators: Provided as needed.

Douglas County Health Department ESPAÑOL

1111 South 41st Street, Suite 210
Omaha, NE 68105
Phone: (402) 444-7471
www.douglascountyhealth.com

1819 Farnam Street, Ste. 505
Omaha, NE 68183

Description: HIV and other STD testing (\$15.00). Restrictions: Age 13 years or older, free if not able to pay. Translators: Spanish available.

Essential Pregnancy Services (EPS)

6220 Maple Street
Omaha, NE 68104
Phone: (402) 554-1000
www.essentialps.org

3029 North 93rd Street
Omaha, NE 68134
(402) 763-8768

908 West Mission Avenue
Bellevue, NE 68005
(402) 933-2988

Description: Pregnancy testing, counseling, referrals, material aid & baby items. Restrictions: None. Translators: Interpreters provided if a volunteer is available.

NE Health Connection (Kids Connection) ESPAÑOL

2222 Cuming Street
Omaha, NE 68102
Phone: (402) 595-1178
www.dhhs.ne.gov

Description: Health care insurance coverage for children. Restrictions: Program based on income. Translators: Spanish available.

Make A Wish Foundation

11836 Arbor Street
Omaha, NE 68144
Phone: (402) 333-8999 or (800) 7609474
www.wish.org

Description: Grants wishes to children who have life threatening medical conditions to provide them & their family with some special memories. All expenses are paid, including airline tickets, rental cars, meals, spending money, passes for attractions, film, etc. Referrals can be made by a parent, legal guardian, the child, or a medical professional. Restrictions: Children between the ages of 2 ½ - 18, who have been determined by a physician to have a life-threatening medical condition, are eligible for a wish.

Translators: Not available.

Maternal Care Program- University of Nebraska Medical Center ESPAÑOL

42nd and Emile OB/GYN Outpatient 4th floor
Omaha, NE 68105
Phone: (402) 559-4500

Description: Confidential prenatal care to mothers. No fee for prenatal visits if you are a resident of Nebraska or Iowa and do not have insurance. Restrictions: Must have positive pregnancy test and must deliver at UNMC. Translators: Spanish available.

Medicaid ESPAÑOL

1313 Farnam Street, 3rd Floor
Omaha, NE 68102
Phone: (402) 595-2850
http://dhhs.ne.gov/medicaid/Pages/med_contacts.aspx

Description: Health care for adults and children, food stamps, aid to dependent children, emergency assistance, child care and respite funds. Restrictions: Program based on income. Translators: Spanish available.

Medically Handicapped Children's Program

4460 Farnam Street, 2nd Level
Omaha, NE 68131
Phone: (402) 595-2120
<https://www.unmc.edu/mmi/departments/devmedicine/devmed-patientcare/mhcp.html>

Description: Provide specialized medical services for families with disabilities or ongoing health needs. Transportation, respite care, hospice, chore services, home modification. Restrictions: Families with children up to age 20. Translators: Available upon request.

Nebraska AIDS Project ESPAÑOL

250 South 77th Street
Omaha, NE 68114
Phone: (402) 552-9260
www.nap.org

Description: Low- cost (\$10), anonymous testing. By appointment only. Restrictions: None.
Translators: Spanish available.

Sarpy/Cass DH and Wellness ESPAÑOL

701 Olsen Drive, Suite 101
Papillion, NE 68046
Phone: (402) 339-4334 or (800) 645-0134
www.cassne.org

Description: Food stamps, Medicaid, transportation, utilities, and rent assistance. Restrictions: Services based on income level for Cass County residents. Translators: Spanish available.

Nebraska Health and Human Services (Dodge County) ESPAÑOL

2400 North Lincoln
Fremont, NE 68025
Phone: (402) 727-5396 ext. 103 or (866) 727-5396
www.threeriverspublichealth.org

Description: Child support, public and dental health, immunizations, aging services. Restrictions: Some services for low income only. Translators: None, but office has Spanish forms available.

OneWorld Community Health Center ESPAÑOL

4920 South 30th Street, Suite 103
Live Stock Exchange Building
Omaha, NE 68107
Phone: (402) 734-4110
www.oneworldomaha.org

122 South 6th Street
Plattsmouth, NE 68048
Phone: (402) 296-2345

Description: Medical and dental screening and treatment, immunizations, eye care, behavioral health, and health education. Restrictions: Call one day in advance to make appointment. Agency has income restrictions. Translators: Spanish available.

NOTES:

Planned Parenthood **ESPAÑOL**

3105 North 93rd Street

Omaha, NE 68134

Phone: (402) 496-0088

www.plannedparenthood.org/ppncb

Description: Birth control, pap and breast exams, info on STDs, sex education info. Restrictions: None, fees are based on income. Translators: Bi-lingual staff available.

Renaissance Health Clinic

Inside the Salvation Army

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 354-3198

Description: Low cost or no cost healthcare services provided by nurse practitioners. . Physical exams, treatment of minor illnesses, management of diabetes and hypertension, health education, pregnancy testing, immunizations, free & anonymous testing for STD & HIV. Restrictions: Adults only. Accepts everyone. Sliding fee available. By appointment only. Bring insurance card if applicable. Translators: Not available.

Ronald McDonald House

620 South 38th Avenue

Omaha, NE 68105

Phone: (402) 346-9377

www.rmhc.org

Description: Residence for families of ill children receiving medical treatment in an Omaha area hospital. Restrictions: None. Translators: Not available.

Shriner Hospitals- Tangier Shrine Center

2823 South 84th Street

Omaha, NE 68124

Phone: (402) 392-1408

www.tangiershrine.com

Description: Orthopedic and burn care to children under 18 years of age. Translators: Not available.

United Healthcare Children’s Foundation (UHCCF)

1 (855) 698-4223

www.uhccf.org

Description: Provides grants to children with medical needs for services such as speech, physical, and occupational therapy, prescriptions, and medical equipment. Restrictions: To apply, children must be 16 and under, income restrictions on adjusted income, must apply online, cannot be receiving Medicaid, must be covered through a commercial insurance provider. Translators: Not available.

Visiting Nurses Association (VNA) ESPAÑOL

12565 West Center Road, Suite 100

Omaha, NE 68144

Phone: (402) 342-5566 or (800) 456-8869

www.vnaomaha.org

Description: Home-health care, physical, occupational and speech therapy, nutritional services, medication management, childbirth education. Restrictions: None. Translators: Spanish available.

NOTES:

Medication Assistance

Caremark

1 (800) 552-8159

www.caremark.com/naco

Description: Simply present your card, provided to you in a joint effort of your local county government and the National Association of Counties (NACo), at a retail participating pharmacy and save an average of 20% on your prescription drugs. No enrollment form, no membership fee. Restrictions: Card is for prescriptions not covered by insurance.

Charles Drew Health Center **ESPAÑOL**

2915 Grant Street

Omaha, NE 68111

Phone: (402) 451-3553

<http://charlesdrew.com/>

Description: Indigent patient medication program. Restrictions: Available to residents of Douglas County. Translators: Spanish available.

Douglas County Prescription Discount Program (RX Savings Card)

1819 Farnam Street

Omaha, NE 68138

Phone: (877) 321-2652

<https://www.douglascounty-ne.gov/prescription-discount-card/>

Description: Free prescription discount card that saves an average of 20% on medications. Cards can be picked up at public libraries or city offices. Restrictions: Available to Douglas County residents only, cannot be used with insurance card. Translators: Not available.

Gendler Emergency Medication Services (GEMS) **ESPAÑOL**

6720 North 30th Street

Omaha, NE 68112

Phone: (402) 457-7760

<http://heartlandfamilyservice.org/housing-financial-stability/hardship-assistance/>

Description: Provides free or low prescriptions to individuals who cannot afford. Restrictions: Applicants must live in North Omaha, available primarily to families, no medical insurance. Translators: Spanish available.

Hope Medical Outreach Coalition **ESPAÑOL**

4920 South 30th Street, Suite 301

Omaha, NE 68107

Phone: (402) 502-8845

www.hopemed.us

Description: Discounted prescription assistance for qualifying parties through One World Community Health Center, Charles Drew and All Care. Restrictions: Income guidelines apply. Translators: Spanish available.

NeedyMeds

www.needymeds.org

Description: A web-based information resource for people who need assistance paying for healthcare. Has information on medication assistance & low cost clinics. Has applications for programs available to print. Restrictions: Does not pay for anything, but has information about programs that do.

Partnership for Prescription Assistance (PPA) **ESPAÑOL**

Phone: (888) 477-2669

www.pparx.org

Description: Free or nearly free prescriptions for 1 year. Restrictions: Services available to those without prescription coverage who meet income restrictions. Translators: Spanish available.

Salvation Army (Fremont)

707 North "I" Street

Fremont, NE 68025

Phone: (402) 721-0930

www.salvationarmyusa.org

Description: Prescription assistance. Restrictions: Must meet income guidelines. Translators: Not available.

Salvation Army (Omaha)

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 898-5860

www.salvationarmyusa.org

Description: Prescription assistance. Restrictions: Limited to new prescriptions. Need referral from clinic or physician. Service can be accessed once a year. Translators: Not available.

Together Inc.

812 South 24th Street

Omaha, NE 68108

Phone: (402) 345-8047

www.togetheromaha.org

Description: Medical prescriptions for vital conditions such as heart disease or diabetes. Also have a food pantry, clothing, furniture, infant care, transportation, birth certificates, rent or mortgage help. Restrictions: None. Translators: Not available.

NOTES:

Mental Health Services

A Better Way Therapy **ESPAÑOL**

3223 North 169th Street 119096 Arbor Street
Omaha, NE 68116 Omaha, NE 68144
Phone: (402) 813-2235 Phone: (402) 813-2235
Fax: (402) 502-1282 Fax: (402) 502-1282
www.abetterwaytherapy.com

Description: In-home individual and family therapy, alcohol and drug counseling. Restrictions: None.
Translators: Bi-lingual staff available.

Adlerian Center

11911 Arbor Street
Omaha, NE 68144
Phone: (402) 334-3044
Fax: (402) 334-1693
www.adleriancenter.com

Description: Individual and family therapy. Hypnotherapy, psychotherapy and life coaching.
Restrictions: None. Translators: Not available.

Associated Counseling Group

748 North Main Street
Fremont, NE 68025
Phone: (402) 941-7016
Fax: (402) 941-7018
<http://www.associatedcounselinggroup.com/>

Description: Individual, family and couple therapy services. Gambling and addition therapy also available. Restrictions: Ages 5 to adult. Translators: Agency will arrange as needed.

At Ease

730 Fort Crook Road
Bellevue, NE 68005
Phone: (402) 292-9105
www.lfsneb.org/service/at-ease/

Description: Confidential, individualized counseling services for active military personnel and veterans affected by PTSD and their loved ones. Also have locations in Blair, Plattsmouth, Papillion & Omaha.
Restrictions: Active military personnel, veterans and their families. Translators: Not available.

Autism Center of Nebraska

9012 “Q” Street
Omaha, NE, 68127
Phone: (402) 315-1000
www.acnomaha.org

Description: provides residential, in-home, vocational and transitional services to those with Autism and other developmental disabilities and their families. Restrictions: None. Translators: Not available.

Behave ‘n Day Center

8922 Cuming Street
Omaha, NE 68114
Phone: (402) 926-4373
www.behavenkids.com

Description: Teach pro-social skills, reduce aggression, increase attentiveness, increase self-esteem, enhance parenting skills, and improve family relationships. Therapy and Community Treatment Aides. Support groups for parents. Restrictions: Adolescent IOP Program is available to ages 12-15. CTA and therapy services are available to ages 0- 21. Translators: Not Available

Beneficial Behavioral Health Services ESPAÑOL

13435 A Street
Omaha, NE 68144
Phone: (402) 697-3924
www.behaviortherapyomaha.com

Description: In-home and in-office counseling, Community Treatment Aides, substance abuse program and evaluations, mental health evaluations. Restrictions: None. Translators: Bi-lingual staff available.

Better Living Counseling Services, Inc.

7100 South 29th Street, Suite B
Lincoln, NE 68516
Phone: (402) 476-0104
www.betterlivingcounselinginc.com

245 East 5th Street
Fremont, NE 68025
Phone: (402) 753-2096

Description: Family and individual therapy, Community Treatment Aides. Restrictions: None. Translators: Not available.

Blair Community Counseling

1526 Washington Street, Suite B
Blair, NE 68008
Phone: (402) 670-1896
<http://www.blaircommunitycounseling.com/>

Description: Individual, couple, and marriage counseling. Evening and weekend times available. Restrictions: None. Translators: Not available.

Boys Town Center for Behavioral Health

13460 Walsh Drive
Boys Town, NE 68010
Phone: (402) 498-3358

<http://www.boystownpediatrics.org/counselingservices/Pages/default.aspx>

Description: Psychological evaluations, pretreatment assessments, Mental Status Examinations, Behavior Assessments (ADD, ADHD, Conduct Disorder, Oppositional Defiant Disorder), Parenting assessments (bonding and attachment). They will set up an appointment within 7 days. 7 area locations throughout Omaha. Accept insurance, private pay and Medicaid. Also have a behavioral health clinic and chemical use program. Restrictions: None. Translators: Call for availability.

Boys Town Pediatrics (Harrison Street Clinic)

6715 South 180th Street
Omaha, NE 68135
Phone: (402) 996-2300

<http://www.boystownpediatrics.org/counselingservices/Pages/default.aspx>

Description: Psychological evaluations, pretreatment assessments, Mental Status Examinations, Behavior Assessments (ADD, ADHD, Conduct Disorder, Oppositional Defiant Disorder), Parenting assessments (bonding and attachment). They will set up an appointment within 7 days. 7 area locations throughout Omaha. Accept insurance, private pay and Medicaid. Also have a behavioral health clinic and chemical use program. Restrictions: None. Translators: Call for availability

Boys Town Psychiatry Clinic

14092 Boys Town Hospital Rd.
Boys Town, NE 68010
Phone: (402) 498-1449

<http://www.boystownpediatrics.org/counselingservices/Pages/default.aspx>

Description: Psychological evaluations, pretreatment assessments, Mental Status Examinations, Behavior Assessments (ADD, ADHD, Conduct Disorder, Oppositional Defiant Disorder), Parenting assessments (bonding and attachment). They will set up an appointment within 7 days. 7 area locations throughout Omaha. Accept insurance, private pay and Medicaid. Also have a behavioral health clinic and chemical use program. Restrictions: None. Translators: Call for availability

Capstone Behavioral Health ESPAÑOL

1941 South 42nd Street, Suite 328
Omaha, NE 68105
Phone: (402) 614-8444

www.capstonebehavioralhealth.com

424 West 23rd Street, Suite E
Fremont, NE 68025
Phone: (402) 727-4288

Description: Psychological services, in home therapy, intensive outpatient therapy, individual & family therapy, groups, parent coaching, evaluations, supervised visitations. Restrictions: None. Translators: Spanish available.

Catholic Charities ESPAÑOL

3300 North 60th Street
Omaha, NE 68104
Phone: (402) 554-0520
www.ccomaha.org

Description: Mental health therapy for individuals and families. Restrictions: None. Translators: Spanish available.

Center for Holistic Development Inc.

6502 Sorensen Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Description: Behavioral and mental health services, outpatient substance abuse, prevention and educational programs, free screenings for depression, bi-polar, anxiety, PTSD, ADHD, and alcohol use. Teen Screen program for identifying youth suffering from depression or other mental health problems. Restrictions: Must have insurance or Medicaid (no sliding fee). Translators: Not available.

CHI Psychiatric Associates

3308 Samson Way, Suite 203
Bellevue, NE 68123
Phone: (402) 717-7681

11109 South 84th Street, Medical Office Building One, Ste 3841
Papillion, NE 68046
Phone: (402) 827-4300

2001 South 75th St, Suite 100
Omaha, NE 68124
Phone: (402) 398-5550

7101 Newport Ave, Medical Office Building Three, Ste 203
Omaha, NE 68152
Phone: (402) 572-2916

3528 Dodge Street
Omaha, NE 68131
Phone: (402) 707-5550

16909 Lakeside Hills Court, Medical Office Building One, Ste 400
Omaha, NE 68130
Phone: (402) 758-5850

<https://www.chihealth.com/en/location-search.html>

Description: Psychiatric services for children, adolescents, and adults. Includes providers in social work, psychotherapy, and chemical dependency counseling. Certain locations have MDs and APRNs available.

Child Saving Institute ESPAÑOL

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Description: Free pregnancy counseling, crisis shelter for children, adoption assistance and support, teen parenting group, parenting classes, child care, foster care, Individual and family therapy services. Teen Screen program identifies youth suffering from depression or other mental health problems. Restrictions: Some programs have age limits. Translators: Spanish available.

Children's Family Support Center

1000 North 90th Street, Suite 200
Omaha, NE 68114
Phone: (402) 955-3900
www.childrenomaha.org

Description: Office-based services only. Individual and family therapy, psychological and academic testing. Specialized program for eating and anxiety disorders. Translators: Agency will set up as needed.

Children's Respite Care Centers

2010 North 88 th Street Omaha, NE 68134 Phone: (402) 496-1000 www.crccomaha.org	5321 South 138 th Street Omaha, NE 68137 Phone: (402) 895-4000
--	---

Description: Home based mental health therapy and therapeutic day services for targeting challenging behaviors. Restrictions: Day center for preschool aged children with behavior issues, school aged program ages 6 - 18 need to have developmental disability and behavior concerns. Translators: Agency will contract as needed.

Community Alliance

4001 Leavenworth Street
Omaha, NE 68105
Phone: (402) 341-5128
www.community-alliance.org

Description: Services for persons with serious mental illness. Agency offers day rehab, community support, vocational services, housing, educational classes, case management. Restrictions: Ages 19 and older. Translators: Not available.

Community Counseling Program (Methodist Hospital)

8303 Dodge Street
Omaha, NE 68114
Phone: (402) 354-6891
www.bestcare.org

Description: The Methodist Hospital Community Counseling Program helps those who might otherwise not have access to mental health services. Free, confidential individual and family counseling is provided by experienced licensed, Masters-level mental health practitioners in office space provided by churches and public schools. No fee is charged for services. Restrictions: None. Translators: Not available, agency will refer out.

Community Counseling Services (University of Nebraska at Omaha)

6001 Dodge Street
Omaha, NE 68182
Phone: (402) 554-4882
<http://www.unomaha.edu/college-of-education/counseling/community-counseling-clinic/>

Description: Counseling services for individual, couple, and family matters. Minimal fees. Restrictions: Must call for appointment. Translators: Not available.

Confidential Counseling

5951 Ames Avenue
Omaha, NE 68104
Phone: (402) 457-5761

Description: In-home & office therapy services, substance abuse counseling. Restrictions: None. Translators: Not available.

Connections (Project Harmony)

11949 Q Street
Omaha, NE 68137
Phone: (402) 595-1326
<https://www.projectharmony.com/What-We-Do/Connections.aspx>

Description: Works with educators, medical professionals, and others to identify children and families in need of mental health services. Help develop and support a network of mental health providers and link children and their families to the appropriate mental health and social services. Outcomes are evaluated to ensure that the needs are being met and solutions are found.

Council Psychiatric Care Specialists

919 Galvin Road South, Suite A
Bellevue, NE 68005
Phone: (402) 281-9035
<http://www.councilpsychiatric.com/>

Description: We place emphasis on the whole person physically, mentally, and spiritually, while focusing on the caregiver and patient partnership, research-based assessment tools, collaboration among providers, and minimal medications with lowest dosages necessary to achieve wellness. Accepts insurance through BCBS, Tricare, Aetna, Cigna, Coventry, Midlands Choice, and Medica. Restrictions: For ages 6 and above. APRN only. Not credentialed with Medicaid.

Counseling Connections & Associates

444 Regency Parkway Drive, Suite 104
Omaha, NE 68114
Phone: (402) 932-2296
<http://www.ccaomaha.com/>

Description: Provides individual counseling, couples counseling, family counseling, medication management, substance abuse evaluations, and treatment for substance abuse.

Daybreak

965 Patricia Drive
Papillion, NE 68133
Phone: (402) 932-7788
<http://daybreakbehavior.com/>

Description: Helps aggressive children, and children with severe behaviors overcome their behavior problems with their day treatment program, mental health services, counseling services, and therapy services. Therapists and counselors serve clients in Papillion, LaVista, Bellevue, and surrounding areas.

Douglas County Community Mental Health Center

4102 Woolworth Avenue
Omaha, NE 68105
Phone: (402) 444-7000
www.douglascounty-ne.gov/cmhc/

Description: Medication management, Limited therapy appointments available. Restrictions: Applicants must be 19 years or older, living in Region 6 area. Translators: Agency will arrange for Spanish.

Early Interventions

1401 East Gold Coast Road, Ste 600
Omaha, NE 68046

Phone: (402) 597-9378

Description: Specializes in Child and Adolescent Psychiatry. Restrictions: Does not accept Medicaid.

Eastern Nebraska Community Action Partnership ESPAÑOL

2406 Fowler Avenue (North) 1908 Hancock Street (Sarpy)

Omaha, NE 68111 Bellevue, NE 68005

Phone: (402) 453-5656 Phone: (402) 292-2961

www.encapomaha.org

Description: Individual, family, and marital counseling, psychological and psychiatric testing, stress and anger management. Restrictions: None. Translators: Bi-lingual staff available.

Envision Counseling Center

5658 North 103rd Street

Omaha, NE 68134

Phone: (402) 571-3995

<http://www.envisioncounseling.com/>

Description: Individual, family, couples and marriage counseling. Substance abuse counseling and art and play therapy also available. Restrictions: None. Translators: Not available.

Family Enrichment

820 South 75th Street

Omaha, NE 68114

Phone: (402) 391-2477

www.Familyenrichmentomaha.com

Description: Individual, family and marriage therapy. Psychiatric and psychological evaluations.

Restrictions: Accepts private insurance, Medicaid, but call to verify acceptance. No sliding scale fee.

Translators: Not available.

Family Life Office

3300 North 60th Street

Omaha, NE 68104

Phone: (402) 551-9003

www.archomaha.org/family-life/

Description: Adult coping programs and support groups offered 4 times a year. Restrictions: Must pre-

register for programs. Waiting period for widowed, divorced, or legally separated persons to be able to register for certain programs. Translators: Not available.

Great Plains Counseling Center

1406 Fort Crook Road South, Suite 401

Bellevue, NE 68005

Phone: (402) 292-7712

www.greatplainscounseling.com

Description: Individual, marriage and family therapy. Pre-treatment assessments, chemical dependency, behavioral therapy, EMDR (trauma), CISD (Critical Incident Stress Debriefing). Restrictions: Accepts limited Medicaid clients, sliding scale fee available. Translators: Not available.

Great Plains Mental Health Associates

4610 South 133rd Street, Suite 109

Omaha, NE 68137

Phone: (402) 614-0010

<https://www.greatplainsmentalhealth.com/>

Description: Focuses on the “spirit, mind, and body.” Offers counseling (including art and group therapy), psychiatry, meditation classes, spirituality groups, and yoga. Restrictions: Age 13 and up. Translators: Not available.

H & J Counseling

1309 Harlan Drive, Suite 102

Bellevue, NE 68005

Phone: (402) 991-7621

Description: Counseling for children with sexual behavior problems, parenting counseling and marriage counseling. Anger management, gang prevention, independent living, and adolescent decision making, Restrictions: None. Translators: Not available.

Healing Tree

1011 Leavenworth Street

Omaha, NE 68102

Phone: (402) 614-4873

<https://www.healingtreeomaha.com/>

Description: Individual, couple, and family therapy. Accepts a variety of insurance companies. Accept personal check or cash. Restrictions: None. Translators: Not available.

Heartland Family Service ESPAÑOL

2101 South 42nd Street

Omaha, NE 68105

Phone: (402) 552-7400

www.heartlandfamilyservice.org

302 American Parkway

Papillion, NE 68046

Phone: (402) 339-4358

Description: Individual and family counseling, emergency shelter for women and children. Restrictions: Fees are on sliding scale, accept Medicaid. Translators: Spanish available.

Healing Tree Counseling

1011 Leavenworth Street

Omaha, NE 68102

Phone: (402) 614-4870

www.healingtreeomaha.com

Description: Individual, couple and family counseling, anger management, parenting and drug & alcohol education. Restrictions: In office. Translators: None available.

Inroads Counseling

2808 North 75th Street
Omaha, NE 68134

825 North 90th Street
Omaha, NE 68114

1764 Washington Street
Blair, NE 68008

230 East 22nd Street
Fremont, NE 68025

Phone: (402) 932-2248

www.inroadstorecovery.com

Description: Assist individuals sustain substantial stability and recovery from mental health and addictions. Evaluations for substance abuse and mental health. Restrictions: None. Translators: Will contract as needed.

Jericho Counseling Associates **ESPAÑOL**

1941 South 42nd Street, Suite 538

Omaha, NE 68105

Phone: (402) 344-7000

Description: Individual and Family Therapy (in-home & in-office appointments.) Restrictions: All ages, residing in Douglas, Sarpy, Dodge, and Lancaster Counties. Translators: Spanish speaking therapist available.

Jewish Family Services

333 South 132nd Street

Omaha, NE 68154

Phone: (402) 330-2024

<http://jfsomaha.com/contact-us/>

Description: Individual, group, family counseling, marriage counseling, play therapy, crisis intervention, family life education, and parenting classes. Restrictions: Sliding scale offered for those without insurance. Translators: Agency has Russian and Hebrew available.

King of Kings

11615 "I" Street

Omaha, NE 68137

Phone: (402) 333-6464

<http://kingofkingsomaha.org/>

Description: Individual, group, marriage, family, and vocational counseling, mentoring, classes and seminars. Faith-based. Fee depends on income. Restrictions: None. Translators: None.

Lasting Hope Recovery Center ESPAÑOL

415 South 25th Avenue

Omaha, NE 68131

Phone: (402) 717-5300

www.chihealth.com/lasting_hope_recovery_center

Description: 64-bed facility provides a continuum of care ranging from crisis assessment and inpatient treatment to sub-acute services, counseling and therapy to persons suffering from mental health and substance abuse issues. Restrictions: Adults 19 and older. Translators: Spanish available.

Lukis Counseling

11252 South 200th Street

Gretna, NE 68028

Phone: (402) 659-6507

Description: In-home individual, family & couple therapy. Restrictions: None. Translators: None.

Lutheran Family Services ESPAÑOL

120 South 24th Street, #100

Omaha, NE 68102

Phone: (402) 342-7007

www.lfsneb.org

Description: Outpatient counseling, mental health assessments, anger management for adults, pregnancy counseling, programs for children with sexual behaviors and incest treatment for offenders and victims. CTA services for Medicaid clients referred for intensive 6 week treatment. Provide foster care adoption services, respite care program, & educational programs. Restrictions: None. Translators: Spanish available.

Munroe Meyer Institute ESPAÑOL

444 South 44th Street

Omaha, NE 68131

Phone: (402) 559-6418

www.unmc.edu/mmi

Description: Diagnostic evaluations, speech, physical, occupational and behavioral therapy services. Restrictions: Services available for children only. Translators: Spanish available.

NAMI

415 South 25th Avenue, Bldg. LH

Omaha, NE 68131

Phone: (402) 345-8101 or (877) 463-6264

<http://naminebraska.org>

Description: Provides support, education, & advocacy for anyone whose life has been touched by a mental illness. Helpline for consumers, family members, friends & professionals for information related to mental illnesses. *Family to Family* class is a free educational program for family members & friends that offers information & support. Restrictions: Offers support groups in Broken Bow, Columbus, Fairbury, Grand Island, Hastings, Kearney, Lexington, Lincoln, Omaha, Norfolk, and North Platte. Translators: Will arrange as needed.

Nebraska Family Support Network ESPAÑOL

3568 Dodge Street, #2

Omaha, NE 68131

Phone: (402) 345-0791

Description: Advocacy & mentoring organization for families of children, 0 - 21 years, with psychiatric and/or behavioral disorders, information, support and referral for families of children with mental illness, severe behavioral problems or wards of the state, toll free access line for parents & professionals, newsletter & lending library, education & training, advocacy for Individual Education Plans (IEP) in special education & other school issues. Restrictions: None. Translators: Spanish available.

Nebraska Medicine Psychiatry

510 South 42nd Street

Omaha, NE 68131

Phone: (402) 552-6007

<https://www.nebraskamed.com/nebraska-medical-center/psychiatry-clinic>

Description: The psychiatry staff at Nebraska Medicine provide diagnostic evaluations, second opinions, and treatment for a wide array of mental health problems regardless of your age. We treat everything from adjustment reactions to severe and persistent mental illness, reproductive psychiatry, and more. Our compassionate clinicians use proven treatment strategies with a team approach to help you work through your problems and return to feeling better.

NOVA Therapeutic Community

8502 Mormon Bridge Road

Omaha, NE 68152

Phone: (402) 455-8303

www.novatc.org

Description: Services include: Psychiatric Residential Treatment Facility (PRTF) for adolescents ages 13-18 in need of intensive services to treat substance use disorders, and severe emotional and behavioral problem. The Adult (19+) Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approx. 4-6 months. The Adult (19+) Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approx. 30 days. Restrictions: The residential facility is a staff secured facility, which means that those who feel they are not ready for treatment may leave. Translators: Will contract as needed.

Omaha Home for Boys- Clinical Services Program4343 North 52nd Street

Omaha, NE 68104

Phone: (402) 457-7000

<https://omahahomeforboys.org/programs-services/clinical-services/>

Description: This program offers behavioral health, mental health, and substance abuse services by expanding beyond the youth's home and serving other youth and families in the community. Services open to the public include diagnostic evaluations, an intensive outpatient program, and an outpatient program. Court ordered services include day reporting, family support, and intensive family preservation. All services are trauma-focused. Restrictions: Must apply for services. To refer a client, schedule an appointment, or take a tour of the facility, please contact the clinical director, Daryl Howard, at (402) 457-7042 or email clinicaladmissions@omahahomeforboys.org

Omaha Integrative Care

1237 Golden Gate Drive

Papillion, NE 68046

Phone: (402) 934-1617

<https://www.omahaic.com/>

Description: Services include integrative primary healthcare, counseling, health coaching, yoga, massage and bodywork, nutritional services, acupuncture, meditation and mind/body medicine classes. Restrictions: Ages 8 and up. Accepts Medicaid. Translators: Can arrange as needed.

Omaha Therapy and Arts Collaborative

3031 South 87th Street

Omaha, NE 68124

Phone: (402)991-1011

<http://www.otac.space/>

Description: Therapeutic services, including expressive arts therapy, animal assisted therapy, ecotherapy, play therapy, sand tray therapy, and mindfulness-based practices. Indoor and outdoor options.

Owens Companies **ESPAÑOL**

7415 North 30th Street

Omaha, NE 68112

Phone: (402) 451-8404

www.theowenscompanies.com

Description: Therapy and counseling, family preservation, psychosocial evaluation, skill development, supervised visitation, parenting classes, family support, crisis intervention, and GED programs.

Restrictions: None. Translators: Spanish available.

Park Professional Group

1627 East Military Avenue, Suite 200

Fremont, NE 68025

Phone: (402) 727-4886 or (877) 727-4886

www.parkprofessionalgroup.com

Description: Individual, couple and family therapy. Restrictions: Ages 8 to elderly. Accepts Medicaid.

Translators: Can arrange as needed.

Pathfinder Support Services, Inc. **ESPAÑOL**

212 East 8th Street

Fremont, NE 68025

Phone: (402) 721-1414

www.pathfinderserv.com

Description: Mental health and substance abuse counseling, family support work, and visitation.

Restrictions: Serves all ages in Fremont area. Translators: Spanish available.

Ponca Tribe of Nebraska

2602 “J” Street
Omaha, NE 68107
Phone: (402) 733-3612
www.poncatribene.org

Description: Provides community & home based family-centered services to prevent the breakup of families. Services include counseling and youth services, assistance with funeral and daycare expenses, transportation, educational funding (for Tribal members), intervention services to act as a liaison and advocate to community, tribal, state and federal agencies, including schools, state and Tribal Social Services Departments, state, Tribal and federal court systems, elder care and rights, health care, referrals, networking with various agencies, and crisis intervention. Restrictions: Available to all Native Americans in Douglas, Sarpy, and Pottawattamie Counties. Translators: Not available.

Psychiatric Services, P.C.

9239 West Center Road, Suite 211
Omaha, NE 68124
Phone: (402) 399-9305
<http://psychiatricervicespc.com/index.php/services/>

Description: Provides medication management, stress management, individual & group therapy, EMDR therapy, and dialectical behavioral therapy. In network with BCBS.

Region 6 Behavioral Healthcare

4715 South 132nd Street
Omaha, NE 68137
Phone: (402) 444-6573 or (800) 311-8717
www.regionsix.com

Description: The Professional Partner Program provides free voluntary case management for children ages 0 - 21 who have an emotional or behavioral disorder. The School & Family Enrichment (SAFE) program is a collaborative effort between Omaha Public Schools, Region 6 Professional Partner Program & Child Saving Institute. The Rapid Response program is an intense 6 month program. These programs are provided at no cost to the family, is home based & voluntary. The Prevention System Coordination Services (RPSCS) is available to the public & provides educational resources on alcohol, tobacco, & other drug topics, as well as assistance in locating mental health, substance abuse treatment or addiction service providers within our communities. Youth Services System works with providers in the community to evaluate, coordinate, & be a resource for providers & community members to address substance abuse, mental illness, residential services, & specialized programs for youth. Transitional Resources for Youth (TRY) program is a case consultation team to help prevent youths between ages 17 - 26 from falling through the cracks as they age out of children's services. The current Emergency Behavioral Health Services are managed by Region 6. Restrictions: Referrals to Professional Partner Program can be made by anyone. SAFE referrals are made through OPS. Serves Cass, Dodge, Douglas Sarpy, and Washington Counties. Rapid Response referrals must come from the County Attorney. Translators: Provided as needed.

Rizzo and Associates PC ESPAÑOL

6818 Grover Street, Suite 303
Omaha, NE 68106
Phone: (402) 397-0330

Description: Therapy services. Restrictions: None. Translators: Spanish speaking therapist on staff.

Spirit Horse Ranch

2601 Miller Road
Bellevue, NE 68123
Phone: (402) 291-4132
www.nehands.nebraska.edu/spirithorse.html

Description: Equine assisted psychotherapy for individuals, families and groups. Restrictions: None. Translators: Not available.

Take Flight Farms

1004 Farnam Street, Suite 400
Omaha, NE 68102
Phone: (402) 930-3037
www.takeflightfarms.org

Description: Equine assisted psychotherapy for individuals, families and groups. Restrictions: Those with mental health diagnosis must be under the care of a psychiatrist/physician and be stable. Does not bill insurance directly. Translators: Not available.

Grief's Journey

7811 Farnam Drive
Omaha, NE 68114
Phone: (402) 502-2773
<https://griefsjourney.org/>

Description: Services for grieving children and their families. 8-week and monthly support groups, KidsKamp, and Teen Camp. Includes "Support Without Borders Program" for those grieving a separation due to immigration challenges. Restrictions: Children age 4-19. Translators: Spanish available with notice.

Transition Therapy

403 South 16th Street, Suite B
Blair, NE 68008
Phone: (402) 426-4066

Description: Therapy services for children, adolescents and adults. Medicaid approved. Sliding scale fee available. Restrictions: None. Translators: Not available.

Reconnect Inc. (Triage Youth Program)

1941 South 42nd Street, Room 502

Omaha, NE 68105

Phone: (402) 934-4933

www.reconnectsuccess.com

Description: The overall purpose of the Triage program is to provide evidence-based support and services to youths at risk of becoming involved in criminal or delinquent behavior and youth and young adult offenders between the ages of 14-18 years who have not been convicted of an adult charge. Program areas include educational tutoring, job readiness, and personal development and accountability. Requirements: Ages 14-18. Must attend one night a week during the first 60 days. Translators: Not available.

Wellspring

3612 Cuming Street

Omaha, NE 68131

Phone: (402) 898-5871 or (402) 898-5900

www.salarmyomaha.org/programs-that-help/family-and-childrens-services/wellspring-program/

Description: Wellspring is a Salvation Army Program that provides case management and therapy for men and women trying to get out of prostitution. This program is also provided to area jails and the NE. Correctional Center for Women. Therapy is provided for men who solicit sex. Restrictions: Must be 19 years of age, have history or be at risk of prostitution. Translators: Yes, Spanish staff available.

Wiles Counseling

7551 Main Street

Omaha, NE 68127

Phone: (402) 964-2092

<https://www.wilescounseling.com/>

Description: Offers services for children, adolescents, and adults. Includes substance abuse treatment and assessments, mental health counseling, and counseling for individuals, families, and groups. Call to schedule appointments.

Woodhaven Counseling

12001 "Q" Street

Omaha, NE 68137

Phone: (402) 592-0328

www.woodhavencounseling.com

Description: Individual, family & couple therapy, psychiatric and substance abuse evaluations.
Restrictions: Accepts Medicaid, no sliding fee scale. Translators: Not available.

NOTES:

Big Brothers/Big Sisters ESPAÑOL

10831 Old Mill Road, Suite 400
Omaha, NE 68154
Phone: (402) 330-2449
www.bbbsomaha.org

231 East 4th Street
Fremont, NE 68025
Phone: (402) 721-0329
www.bbbs.org

Description: One on one mentoring program, community & school based. Restrictions: Youth age 7-18.
Translators: Spanish available.

Girls Inc. Pathfinders Mentoring Program

2811 North 45th Street
Omaha, NE 68104
Phone: (402) 457-4676
www.girlsincomaha.org

Description: Program matches girls with professional women in Omaha business community to work on academic & personal goals. Restrictions: Girls age 5-18. Translators: Can be arranged as needed.

Heart Ministry Center

2222 Binney Street
Omaha, NE 68110
Phone: (402) 451-2321
www.heartministrycenter.org

Description: Provides group mentoring to males ages 7-18. Restrictions: Males and must be ages 7-18.
Translators: Not available.

Mentor Nebraska

6173 Center St.
Omaha, NE 68106
Phone: (402) 715-4164

<https://www.mentornebraska.org/>

Description: Mentor Nebraska maintains a national database of youth mentoring program to connect local communities to mentoring opportunities. They fuel the quality and quantity of mentoring relationships, strengthen collaboration, and advocate for mentoring. They aim to provide supportive relationships that are needed for youth to grow and develop into thriving, productive, and engaged adults. Restrictions: None. Translators: None. Note: Contact Teresa Riesberg at teresa@mentornebraska.com or (402) 715-4164 Ext. 201 for more information regarding available mentors.

Ollie Webb Center Just Friends Program

1941 South 42nd Street, Suite 122
Omaha, NE 68105
Phone: (402) 346-5220

www.olliewebbinc.org

Description: Provides one on one mentoring and friendships to teens and young adults ages 13-21. Restrictions: Available to youth with developmental disabilities. Translators: Can arrange if needed.

Reach and Rise Mentoring (YMCA)

5404 South 168th Street
Omaha, NE 68135
Phone: (402) 896-4200

3501 Ames Avenue
Omaha, NE 68111

Phone: (402) 453-8903

430 South 20th Street
Omaha, NE 68102

Phone: (402) 341-1600

<http://armbrust.metroymca.org>

<http://butler-gast.metroymca.org/>

<http://downtown.metroymca.org>

3010 R Street
Omaha, NE 68107
Phone: (402) 731-3999

<http://south.metroymca.org>

1111 E Street
Papillion, NE 68046
Phone: (402) 339-9861

<http://sarpy.metroymca.org>

Description: Mentoring groups that Support youth ages 6 -17 who lack role models and are in communities challenged by poverty, crime, single-parent households, and other social issues. Mentors provide a positive, consistent relationship with youth, helping to improve self-esteem, decision-making skills, school performance, and interpersonal relationships. Restrictions: Do not work with those involved in the Foster Care system or youth actively struggling with serious mental health problems. Must be at least a year out from any serious mental health symptoms or psychiatric stays. Translators: Not available. Note: Contact local YMCA for location of meetings.

Release Ministries

3223 North 45th Street

Omaha, NE 68104
Phone: (402) 455-0808
www.releaseministries.org

Description: The mentoring program matches an incarcerated youth ages 10-18 with a responsible Christian adult. They meet on a weekly basis, beginning while the youth is incarcerated and continuing after their release. The mentor and the mentee meet together for 1-4 hours each week. Restrictions: Incarcerated youth. Translators: Not available.

TeamMates

11850 Nicholas Street, Suite 130
Omaha, NE 68154
Phone: (402) 390-8326
www.teammates.org

Description: School based mentoring program in OPS, Bellevue, Blair, District 66, Elkhorn, Fremont, Millard, Papillion-La Vista, Plattsmouth, and Ralston schools. Restrictions: Program is only available at certain schools. Translators: Not available

Parenting Classes

Boys Town Common Sense Parenting **ESPAÑOL**

Boys Town Headquarters
14100 Crawford Street (Headquarters)
Boys Town, NE 68010
Phone: (402) 498-1300
www.boystown.org

Boys Town Research Hospital
555 North 30th Street
Omaha, NE 68131

Description: Practical, skill based program to address communication, discipline, decision making, relationships, self-control, and school success. Restrictions: Children are not permitted to attend class. Prepayment required. Translators: Spanish translators are available.

Center for Holistic Development Inc.

6659 Sorenson Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Description: Parenting classes for all parenting levels. No cost. Restrictions: None. Translators: None available.

Child Saving Institute **ESPAÑOL**

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000
www.childsaving.org

Description: Free adult parent education 5-week workshop provides parenting class instruction to parents of kids 0-4 and 5+. Young parents program for parents 24 & under- a mentor is assigned as a support for these young parents. Translators: Spanish available.

Children's Respite Care Centers

2010 North 88th Street
Omaha, NE 68134
Phone: (402) 496-1000
www.crccomaha.org

Description: Four week course on "*Parenting the Special Needs Child*". Restrictions: None.
Translators: Agency will provide as needed.

Common Sense Parenting ESPAÑOL

Boys Town
4612 South 25th Street
Omaha, NE, 68131
Phone: (402) 498-1059 or (402) 498-3768 in Spanish

Description: Parenting program that addresses issues of communication, discipline, decision making, relationships, self-control, and school success. Fosters safety and well-being at home, in school and in the community. Restrictions: None. Translators: Spanish available.

Heartland Family Service ESPAÑOL

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Description: Positive parenting class is 12 week workshop. Topics discussed include normal child development, positive methods of discipline, and anger management. Transportation and child care available. Parent coach also available. Restrictions: \$50-\$75 cost for program. Translators: Spanish and Karen/Burmese classes available.

Parenting the Love and Logic Way (Jewish Family Services)

333 South 132nd Street
Omaha, NE 68154
Phone: (402) 330-2024
<http://www.jewishomaha.org/>

Description: 4 week program where parents will expand knowledge of their children's needs, become more empowered & allow children to grow from their mistakes and to live with consequences of their

choices. Held twice a year (spring and fall) at Jewish Family Service. Restrictions: Cost is \$70/family, scholarships are available. Child care for kids ages 3 - 12 is \$5 per child/per session. Translators: Not available.

Lutheran Family Services **ESPAÑOL**

Project Harmony- Connections Building
11807 Q Street
Omaha, NE 68137
Phone: (402) 595-1338
www.lfsneb.org

Description: Parent caretaker or human service professional educational group for those who want to learn more about sexual abuse dynamics or is concerned about a child who was sexually abused.. Meets for 10 weeks & is repeated quarterly. Cost is \$20 per session. Every Mon 6:30pm-7:30pm. Call to confirm schedule during breaking and holidays. Restrictions: No pre-registration is required and participants can start at any time. No babysitters/childcare available. Translators: Spanish available.

Nebraska Children's Home

3549 Fontenelle Boulevard
Omaha, NE 68104
Phone: (402) 451-0787
www.nchs.org

1835 East Military Avenue, Suite 117
Fremont, NE 68025
Phone: (402) 727-0767

Description: Free parenting classes. "Boot Camp for New Dads" offers group education on childcare for new fathers. Restrictions: new and expectant fathers. Translators: Not available.

Nurturing Parent Program **ESPAÑOL**

Lutheran Family Services
1420 East Military Street, #200
Fremont, NE 68025
Phone: (402) 941-0075

Description: Classes emphasize the importance of raising children in a warm, trusting and caring household. Classes are free. Restrictions: Must live in Dodge County and have children under the age of 5. Translators: Classes offered in Spanish

Parenting U (Children's Hospital & Medical Center)

8200 Dodge Street
Omaha, NE 68114
Phone: (402) 955-5400
www.chsomaha.org

Description: Free seminars held on Tuesdays from 6pm-7pm at Glow Education Center (3rd Floor). Child care and food provided. Restrictions: Families must pre-register to participate. Translators: Provided as needed.

NOTES:

Boys Town (Grand Island) ESPAÑOL

3230 Wildwood Drive
Grand Island, NE 68801
Phone: (402) 498-1300
www.boystown.org

Description: Intervention and Assessment center (shelter) provides a safe environment for girls and boys in crisis, including runaway, homeless, court-placed or abused children. Restrictions: Ages 10-17. Translators: Available as needed.

Boys Town (Omaha)

13603 Flanagan Boulevard
Boys Town, NE 68010
Phone: (402) 498-1111
www.boystown.org

Description: Residential treatment center, group homes. Restrictions: Youth ages 10 - 17. Scholarships & sliding scale available. Translators: Available as needed.

Boys Town National Research Hospital

555 North 30th Street
Omaha, NE 68131
Phone: (402) 498-6540

Description: Intensive residential program for children with psychiatric disorders with focus on seriously troubled youth. Specialized treatment group homes- medially directed staff secure treatment program

for youth ages 5-11 and 12-18 with psychiatric disorders. Restrictions: Referrals can come from caseworker, clinical professional or family members. Translators: Available as needed.

Boys and Girls Home and Family Services Inc.

2101 Court Street
PO Box 1197
Sioux City, IA 51102
Phone: (712) 293-4700
www.boysandgirlshome.net

Description: Inpatient and outpatient care, education, and childcare. Restrictions: Serves children and adult victims of sexual abuse or domestic violence, as well as those suffering from emotional and/or psychiatric issues. Also offer parenting courses. Residential programs average 6 - 9 months. Translators: Provided as needed.

Cedars Youth Services

6601 Pioneers Boulevard
Lincoln, NE 68506
Phone: (402) 434-5437
www.cedars-kids.org

Description: Services are for children and youth in need of temporary out-of-home care due to abuse, neglect, homelessness, runaway or other crisis situations. Restrictions: Age restrictions for Emergency Shelter and other services. Translators: Provided as needed.

Center Pointe ESPAÑOL

2633 "P" Street
Lincoln, NE 68503
Phone: (402) 827-0570
www.centerpointe.org

Description: Transitional housing & residential treatment programs for adults 19 and older with severe & persistent mental illness & substance dependence. Services include individual, group & family counseling, recreational therapy, case management and psychiatric services. Expected stay is 4 - 6 months. Translators: Agency accepts non-English speaking clients.

Clarinda Academy

1820 North 16th Street
Clarinda, IA 51632
Phone: (855) 582-3704
www.clarindaacademy.org

Description: Clarinda offers long-term residential treatment (4-12 months), a 90-day impact program, shelter care, and transitional living services for more than 250 young people. Students have the

opportunity to participate in a variety of interscholastic sports and fine arts programs, as well as vocational training. Restrictions: Accepts youth ages 12 – 18 or in the 7th grade. Program provides a safe and nurturing environment. Translators: Will contract when needed.

Jacob’s Place (Omaha Home for Boys)

919 North 48th Street

Omaha, NE 68132

Phone: (402) 558-0366

www.omahahomeforboys.org

Description: Transitional living for males and females. Life skills, independent living, vocational and employment training. Must work on GED if they did not graduate from high school. Restrictions: Youth ages 14-24. Translators: Not available.

Masonic Eastern Star Home for Children

2415 North Main Street

Fremont, NE 68025

Phone: (402) 721-1185

www.meshc.org

Description: Residential group home for children who have been separated from their homes due to death, divorce, neglect, abuse or inability to adjust to their present living situation. Program goals usually completed in 12 - 18 months. Restrictions: Children must be age 5-18 and able to attend public school. Cost based on ability to pay. Translators: Not available.

NOVA Therapeutic Community ESPAÑOL

8502 Mormon Bridge Road

Omaha, NE 68152

Phone: (402) 455-8303

www.novatic.org

Description: Services include: Psychiatric Residential Treatment Facility (PRTF) for adolescents ages 13-18 in need of intensive services to treat substance use disorders, and severe emotional and behavioral problem. The Adult (19+) Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approx. 4-6 months. The Adult (19+) Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approx. 30 days. Restrictions: The residential facility is a staff secured facility, which means that those who feel they are not ready for treatment may leave. Translators: Will contract as needed.

Omaha Home for Boys ESPAÑOL

4343 North 52nd Street

Omaha, NE 68104
Phone: (402) 457-7000
www.omahahomeforboys.org

Description: Provides boys with supervision, structure, and training in life skills. Boys live in group homes supervised by house parents (a married couple), who serve as the primary teachers and counselors. Restrictions: Program accepts males ages 10-18 whose behavior in less-restrictive settings indicates a need for a structured environment. Must be able to attend public schools or complete a GED. Do not accept those needing 24-hour care, have a history of excessive physical aggression, medical condition requiring acute medical care, chemically dependent. Translators: Agency accepts youth with non-English speaking parents, but services are limited.

OMNI Behavioral Health

5115 “F” Street
Omaha, NE 68117
Phone: (402) 397-9866 or (402) 520-3924
www.omnibehavioralhealth.com

Description: Two group living facilities for youth 14-19 years of age who require intensive community based treatments. These facilities are specifically designed to serve a wide variety of youth that present disorders of mood as well as other co-occurring disorders such as substance abuse, chronic physical illness, learning disabilities and problems related to sexual acting out. Restrictions: Our facilities are designed for children and youth with severe, long-standing behavioral/emotional problems who require some type of residential service. The youth referred must be between 14-19 years of age. Both males and females are eligible. The youth referred must exhibit severe emotional disturbance with a co-occurring behavioral disturbance. Translators: Not available in group homes.

Salvation Army CARES

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5900
<http://www.salarmyomaha.org/>

Description: Residential program providing long-term care, training and guidance for female youth who are in need of services, including pregnant and parenting females. Placement of both mothers & babies through Social Services or probation officers. Restrictions: Ages 12-18. Translators: Not available

Youth Care and Beyond

2819 South 125th Avenue, Suite 276
Omaha, NE 68144
Phone: (402) 991-9709

www.ycbinc.org

Description: Homelike residential program for persons with lower intellectual functioning and behavioral and/or mental health issues. Restrictions: Ages 10-19, all counties served. For youth and young adults with severe mental and emotional issues or developmental disabilities. Translators: Contract as needed.

Youth Emergency Services (YES) **ESPAÑOL**
2679 Farnam Street, Suite 205 (Admin Office)
Omaha, NE 68131
Phone: (402) 345-5187

NOTES:

Rent Assistance

Bellevue Human Services

204 West Mission Avenue

Bellevue, NE 68005

Phone: (402) 682-6602

<http://www.bellevue.net/Departments/Human-Services/Overview>

Description: Emergency financial assistance & food pantry. Holiday Assistance Program. Specialized Transportation Service. Information and referral services. Restrictions: Limited to Bellevue residents only, must have shut off notice or eviction notice. Translators: Not available.

Blair Housing Authority

758 South 16th Street

Blair, NE 68008

Phone: (402) 426-4552

<http://blairhousing.com/>

Description: Program for those individuals who qualify under income guidelines for assistance with monthly rental payments. Restrictions: Income guidelines and reside in Blair. By appointment only. Translators: Not available.

Douglas County General Assistance ESPAÑOL

1701 Farnam Street

Omaha, NE 68183

Phone: (402) 444-6215

<https://generalassist.douglascounty-ne.gov/>

Description: Rental assistance for those without a parent, stepparent, or spouse responsible for their support, no medical coverage. Also provide non-food vouchers. Restrictions: Must reside in Douglas

County. Income restrictions. Provides assistance for utilities and rent – NO security deposits or application fees. It takes 45 days after you apply to get help so they DO NOT do emergency help. Translators: Spanish available.

Eastern Nebraska Community Action Partnership ESPAÑOL

2406 Fowler Avenue (North)

Omaha, NE 68111

Phone: (402) 453-5656 ext. 200

www.encapomaha.org

1908 Hancock Street (Sarpy)

Bellevue, NE 68005

Phone: (402) 292-2961

Description: Rent and utility assistance when funds are available. FEMA can provide rental/mortgage assistance for consumers living in Douglas County and for rental/mortgage assistance and utility assistance for consumers living in Sarpy County. Restrictions: Income guidelines apply. Translators: Spanish available.

Heartland Family Service – Hardship Assistance

302 American Parkway

Papillion, NE 68046

Phone: (402) 339-2544

www.heartlandfamilyservice.org

Description: Rent and utility assistance, food, clothing & basic survival needs. Gendler Emergency Medication Service – low cost or free prescriptions on a sliding scale fee. Restrictions: Limited availability, tries to serve those in nearby neighborhood. Call to make appointment. Translators: Not available.

Holy Family Door Ministry

1715 IZard Street

Omaha, NE 68102

Phone: (402) 341-6561

www.holyfamilyomaha.org

Description: Food and clothing. Restrictions: Must have social security card, birth certificate, Medicaid card and/or pay stub. Open Mon through Thurs from 9:00am - 12:00pm. Translators: Not available.

Salvation Army (Fremont)

707 North “I” Street

Fremont, NE 68025

Phone: (402) 721-0930

<http://centralusa.salvationarmy.org/western/Fremont>

Description: Food Pantry, rent/mortgage assistance, and other material assistance for those in critical emergencies. Restrictions: Income guidelines apply. Translators: Not available.

Sarpy County General Assistance

1210 Golden Gate Drive
Papillion, NE 68046
Phone: (402) 593-4400
<http://www.sarpy.com/offices/human-services/general-assistance-program>

Description: Utility, rent, non-food vouchers (at No Frills Supermarket). Eligibility is based on income and resources. Restrictions: Must call before receiving shut off notice or eviction notice, can help with current month's bill only. Sarpy County residents only. Call for an application. Translators: Not available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street
Humbolt, NE 68376
Phone: (402) 862-2411
www.senca.org

Description: Utility and rent assistance, down payment and weatherization assistance, food and clothing pantry, head start and youth mentoring. Restrictions: Income guidelines apply. For utility assistance, must have shut off notice. For rent assistance, must have eviction notice. Translators: Agency will provide if needed.

Refugee Empowerment Center

3610 Dodge Street, Suite 100
Omaha, NE 68131
Phone: (402) 554-0759
www.refugeempowerment.org

Description: Assistance with one month's rent and deposit, household budgeting/money management, and more. Open Mon - Fri from 9:00am - 5:00pm. Also provide English language training, river's education and employment services. Restrictions: Services are provided to refugees from any country. Translators: Available.

St. Vincent de Paul

14330 Eagle Run Drive
Omaha, NE 68164
Phone: (402) 496-7988 (be prepared to leave a message due to high call volume)
www.svdpomaha.org

Description: Rent and utility assistance. Food pantry and clothing Tues and Thurs 9am – 12pm, ID required. Restrictions: Must present two forms of ID. Translators: Not available.

Together Inc.

812 South 24th Street

Omaha, NE 68108

Phone: (402) 345-8047, ext. 204

www.togetheromaha.org

Description: Provides short term financial assistance for rent, utilities, and deposits. Food pantry, clothing, furniture, infant care, transportation (bus passes for new job), assistance with medical prescriptions, birth certificates, rent or mortgage help, eye glasses, various seasonal services.

Restrictions: Rent assistance for Douglas County only. Walk-ins only. Open Mon- 10am – 4:30pm, Tues- 9am – 4:30pm, Fri- 10am - 2pm. Need a photo ID and social security card for all persons in house, and a current piece of mail dated within 30 days. Translators: Not available.

Respite

Children's Respite Care Centers

5321 South 138th Street

Omaha, NE 68137

Phone: (402) 895-4000

Ages Served: 6 weeks- 21

www.crccomaha.org

2010 North 88th Street (Northwest)

Omaha, NE 68134

Phone: (402) 496-1000

Ages Served: Infants through age 21

Description: Intermittent and full time nursing, specialized child care, educational, therapy, transportation services, & summer camp. Restrictions: Services for medically fragile, developmentally delayed, physically challenged and/or behaviorally challenged. Weekend respite held at northwest location. Translators: Agency uses interpreters when necessary.

Easter Seals

12565 West Center Road, Suite 100

Omaha, NE 68144

Phone: (402) 345-2200

www.ne.easterseals.com

Description: Out of home, overnight and week-long respite services for children and adults Sept - April.

Restrictions: Services for persons with disabilities, also have week long summer camp programs.

Translators: Not available.

Nebraska Resource and Referral System ESPAÑOL

206 South 13th Street, Suite 1000

Lincoln, NE 68588

Phone: (800) 746-8420 or (866) 737-7483

<https://nrrs.ne.gov/respite/>

Description: Serves as a one-stop location for information on respite for caregivers and providers. The RRC connects caregivers overwhelmed with the demands of daily care of an individual with information about the appropriate respite services in Douglas and Sarpy Counties. It also provides information for respite providers who wish to be registered and offer services, either paid or volunteer. RRC does not make recommendations regarding services, but provides this information to the caregiver to make the final decision. Restrictions: Serves Douglas and Sarpy Counties. Translators: Spanish available.

NOTES:

Shelters

Boys Town (Grand Island)

3230 Wild Wood Drive
Grand Island, NE 68801
Phone: (308) 381-4444
www.boystown.org

Description: Intervention and Assessment Center (shelter) provides a safe environment for girls and boys in crisis, including runaway, homeless, court-placed or abused children. Restrictions: Youth ages 10-18 Translators: Available as needed.

Care Corps Shelter

723 North Broad Street
Fremont, NE 68025
Phone: (402) 721-3125
www.care-corps.org

Description: Emergency homeless shelter provides a safe environment for individuals and families 24 hours a day. Prevention services provide food boxes, clothing, and school supplies. Case Management assists clients with employment, housing, and healthcare. Professional Counseling by a licensed mental health/substance abuse counselor. Life Skills Classes teach skills in employment, budgeting, and parenting. Aftercare Services are offered to all clients for up to 6 months after leaving. Transitional Housing assists people who are facing homelessness in obtaining safe and suitable housing. Restrictions: Individuals ages 18 and older, no warrants. Translators: Provided as needed.

Carol's House of Hope

7815 Harney Street
Omaha, NE 6811
Phone: (402) 991-4673
<https://www.carolehouseofhope.org/>

Description: Carole's House of Hope is designed to provide hope and healing for mothers and their children through innovative programs and services that promote self-sufficiency and independence.

Child Saving Institute ESPAÑOL

4545 Dodge Street
Omaha, NE 68132
Phone: (402) 553-6000 Ext. 156
www.childsaving.org

Description: Children's Crisis Center is a 12 bed emergency shelter. Restrictions: Primary placement to state wards. Children 19 & under, all youth attend their home schools and are transported to appointments as needed. Sliding scale fee available. Translators: Agency has Spanish speaking staff._

Jefferson House

437 North Jefferson Road
Fremont, NE 68025
Phone: (402) 721-5099

Description: Shelter for children ages birth to 18 until that child can be permanently placed. Group home services are provided to youth ages 12-18 who require care and supervision to meet their physical and emotional needs. Restrictions: Max stay is 30 days. Translators: Provided as needed.

Lydia House

2809 North 20th Street East
Omaha, NE 68110
Phone: (402) 829-1545
www.opendoormission.org

Description: Housing for single women, families, and single parents with children. Restrictions: Couples without children will be separated. 19 or older. Translators: Provided as needed.

Notre Dame Sisters Safe Homes

3501 State Street
Omaha, NE 68112
Phone: (402) 455-2994
<http://www.notredamesisters.org/safe-homes.html>

Description: Through the Safe Homes Program, start-up funds are provided for people escaping domestic violence situations. Support for rebuilding their self-esteem after abusive relationships, finding employment, and finding a home where they will be safe from harm. Call to inquire about help.

Open Door Mission's Garland Thompson Men's Center

2705 North 20th Street East
Omaha, NE 68110
Phone: (402) 829-1500 Ext. 2100
www.opendoormission.org

Description: Housing for single men. Restrictions: 19 or older. Translators: Agency provides if needed.

Siena-Francis House- Women

1702 Nicholas Street
Omaha, NE 68102
Phone: (402) 341-1821
www.sienafrancis.org

Siena-Francis House- Men

1111 North 17th Street
Omaha, NE 68102

Description: Shelter for homeless women 19 years and older, women with children and men 19 and older, Drug program, food program, and free clothing. Restrictions: Program has a 30 day maximum stay. Translators: Provided as needed.

Stephen Center
2723 "Q" Street
Omaha, NE 68107
Phone: (402) 715-5442
www.stephencenter.org

Description: Housing for single men, and single women, and parents with children. Restrictions: Must be sober for the past 30 days to access services. Translators: Not available.

Youth Emergency Services (YES) ESPAÑOL
2679 Farnam Street, Suite 205
Omaha, NE 68131
Phone: (402) 345-5182
www.yesomaha.org

Description: Services include: a short-term emergency shelter available to youth ages 16-18 for a maximum of 21 days. The Transitional Living Program (TLP) provides long-term services to run away and homeless youth ages 16-21. TLP residents are placed in apartment-style living for a maximum of 18 months and work closely with case managers to set and accomplish several goals. In addition, The Maternity Home which provides services to run away and homeless youth ages 16-21 that are pregnant

NOTES:

Substance Abuse

A.R.C.H., INC

604 South 37th Street
Omaha, NE 68105
Phone: (402) 346-8898

Description: Private, non-profit organization providing residential facilities for recovering Adult Male Alcoholics. Admission criteria are to be chemical free, and remain so, with a commitment to stay 90 – 120 days. Fees determined by residents and staff, and will not exceed \$100 per week. Also helps with placement of individuals in a ¾ way house after completion of the program at A.R.C.H. Restrictions: Males, 18 and older, must be willing and able to work and have 72 hours of continuous sobriety. Translators: Not available

Catholic Charities Addiction Recovery Services

3300 North 60th Street
Omaha, NE 68104
Phone: (402) 554-0520
www.ccomaha.org

Description: Substance abuse and/or co-occurring treatment, drug and alcohol assessments, residential program, outpatient programs, intensive outpatient programs, community support, and aftercare available as needed. Translators: Will arrange for services as needed.

Center for Holistic Development Inc.

6659 Sorensen Parkway
Omaha, NE 68152
Phone: (402) 502-9788
www.chdomaha.org

Description: REAL TALK program to encourage social and emotional competence for middle school students. Restrictions: Middle school student. Translators: None available.

Center Pointe

2633 “P” Street
Lincoln, NE 68503
Phone: (402) 475-8721

www.centerpointe.org

Description: Outpatient services for youth and adults, case management residential treatment programs for adults. Veteran's transitional housing. Restrictions: None. Translators: Not available.

Center Pointe Campus for Hope

1490 North 16th Street

Omaha, NE 68102

Phone: (402) 827-0570

<http://www.centerpointe.org/programs/campus-for-hope.html>

Description: Substance abuse treatment (long and short-term), detoxification, halfway house.

Restrictions: Sliding scale fees based on income and other factors. Services for adults only. Translators: Will work with client to provide.

Douglas County Drug Court ESPAÑOL

1701 Farnam Street, Rm 600

Omaha, NE 68183

Phone: (402) 444-7004

www.dc4dc.com/young-adult-court

Description: Voluntary program supervised & funded by the Douglas County District Court that allows eligible defendants to earn a dismissal of their current felony charges in exchange for completing a 12 - 18 month program. Individuals undergo an evaluation & assessment process, enter into substance abuse/mental health services & complete, undergo extensive drug urinalysis testing, weekly judicial supervision, weekly case management. Restrictions: Applicants up to age 25 charged with an offense that is related to a substance abuse/dependence lifestyle, such as possession, must be approved by the County Attorney, Drug Court Judge, and meet the criteria of the Drug Court intake, no felony offenses on record other than current felony case. Translators: Spanish available.

Eastern Nebraska Community Action Partnership

2406 Fowler Avenue (North)

Omaha, NE 68111

Phone: (402) 453-5656

www.encapomaha.org

1908 Hancock Street (Sarpy)

Bellevue, NE 68005

Phone: (402) 292-2961

Description: Individual & group treatment on an outpatient basis. Aftercare/Relapse Prevention Groups and Alcohol/Drug Education and Awareness Classes. Also have AA, CA, & NA meetings. Restrictions: Provider accepts Medicaid/Medicare and offers sliding scale fees. Translators: Not available.

Family Works (program of Heartland Family Service) ESPAÑOL

4847 Sahler Street
Omaha, NE 68104
Phone: (402) 342-9555
<http://heartlandfamilyservice.org/counseling-prevention/family-works/>

Description: Long-term (6-9 months) residential substance abuse and mental health programs in Iowa and Nebraska for women and children. Provides housing, treatment, therapy, and support for the women and children.

Restrictions: Pregnant women or women with young children only. Translators: Spanish Available

First Step Recovery and Wellness Center

300 South 68th Street place, Suite 500
Lincoln, NE 68510
Phone: (402) 434-2730
www.firststeprecovery.com

Description: Substance abuse/mental health assessment and evaluation, adult and youth outpatient treatment. Also provide services for gambling and eating disorders. Women's co-occurring outpatient group. Restrictions: Must be sober to participate. Translators: Services arranged if needed.

Freedom Road House

825 North 48th Street
Omaha, NE 68132
Phone: (402) 933-7354

Description: Freedom Road House is a ¾ Way House set up with the intent of preparing men to return to society and their families by becoming self-supporting, employed, law abiding members of the community. Restrictions: Males only. Must attend AA meeting, get a job and get a sponsor. Translators: Not available.

Heartland Family Service ESPAÑOL

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Description: Evaluation & outpatient treatment, education & consultation. Also provides treatment for mental health, dual diagnosis, gambling and domestic violence. Restrictions: None. Translators: Spanish available.

Heartland Family Service

Youth Substance Abuse (YSA) Extended Outpatient Program

302 American Parkway
Papillion, NE 68046
Phone: (402) 339-2544
www.heartlandfamilyservice.org

Description: 21 week substance abuse program, includes aftercare services, individual, group and family counseling. Restrictions: Youth ages 13-18. Translators: Not available.

Intertribal Treatment Center/Nebraska Urban Indian Health Coalition

2240 Landon Court
Omaha, NE 68102
Phone: (402) 346-0902

Description: Inpatient program, aftercare, evaluations and outpatient counseling. Evaluations are on a sliding scale. Also offer alcohol and drug educational assistance. Restrictions: In-Patient treatment is for native Americans only. Translators: No.

Lutheran Family Services ESPAÑOL

120 South 24th Street, #100
Omaha, NE 68102
Phone: (402) 342-7007

3040 Lake Street, #1124
Omaha, NE 68111
Phone: (402) 504-1733

11515 South 39th Street
Bellevue, NE 68005
Phone: (402) 292-9105

403 South 16th Street, #C
Blair, NE 68008
Phone: (402) 426-5454

1420 East Military Avenue, #100
Fremont, NE 68025
Phone: (402) 721-1774

www.lfsneb.org

Description: Outpatient/intensive outpatient treatment, education & consultation. Also provide parenting classes & mental health services. Services are offered at locations in Bellevue, Lincoln, Papillion & Fremont. Restrictions: None. Translators: Spanish speaking staff available.

NOVA Therapeutic Community

8502 Mormon Bridge Road
Omaha, NE 68152
Phone: (402) 455-8303

www.novadc.org

Description: Services include: Psychiatric Residential Treatment Facility (PRTF) for adolescents ages 13-18 in need of intensive services to treat substance use disorders, and severe emotional and behavioral problem. The Adult (19+) Therapeutic Community is a long-term program serving individuals diagnosed with substance use disorders and personality disorders. The typical length of stay for the Adult Therapeutic Community is approx. 4-6 months. The Adult (19+) Short-Term Residential Program serves individuals diagnosed with co-occurring mental illness and substance dependence. The typical length of stay for the Short-Term Residential Program is approx. 30 days. Restrictions: The residential facility is a

staff secured facility, which means that those who feel they are not ready for treatment may leave. Translators: Will contract as needed.

Salvation Army Adult Rehabilitation Center

2551 Dodge Street
Omaha, NE 68131
Phone: (402) 342-4135

www.givesalvationarmy.org/programs-services/adult-rehabilitation-center/default.aspx

Description: Alcohol and drug rehab center, individual and group therapy, self-help groups, 180 day work therapy program. Restrictions: Adults must be 21 or older to participate. No sexual offenders. Translators: Not available.

Santa Monica

130 North 39th Street
Omaha, NE 68131
Phone: (402) 558-7088

401 South 39th Streets
Omaha, NE 68131

www.santamonicahouse.org

Description: Extended residential treatment for women 19 and older only, 18 bed facility, 6 month commitment, Children may stay with mother on weekends. Restrictions: Women only. Must hold outside employment during their stay. Translators: Not available.

Siena-Francis House

1702 Nicholas Street
Omaha, NE 68102
Phone: (402) 341-1821

www.sienafrancis.org

Description: Shelter for homeless, drug program, food program, and free clothing. Restrictions: 19 and older, or women and children. Translators: Provided as needed.

Stephen Center HERO Program

5217 South 28th Street
Omaha, NE 68107
Phone: (402) 715-5440

www.stephencenter.org

Description: 90-120 day program for adults includes a 12 step program, educational classes, individual counseling, and groups. Juvenile Intensive Outpatient Services for ages 13-19. Restrictions: Services available to homeless, low income individuals only. Cost is based on a sliding scale Translators: Not available.

NOTES:

Murphy's Turning Point, Men's ¾ way House

1110 North 31st Avenue
Omaha, NE 68131
Phone: (402) 598-8639

2816 North 26th Street
Omaha, NE 68105

3519 Leavenworth Street
Omaha, NE 68105

Description: Turning Point is a ¾ way house for men only that offers sober & structured living for recovering alcoholics and drug addicts.” Requires that participants have a desire to stay clean and sober and a willingness to make changes in their lives and behavior. Includes and/or available are AA, NA, CA meetings; group meetings; semi-private rooms, laundry, is near a bus line; and referrals for mental health and relapse prevention counseling and job counseling;. Restrictions: Adult men only. Residents must follow guidelines of probation or parole if applicable, must be alcoholic/addict with minimum 30 days’ sobriety (no CD evaluation required for admit), \$150 sobriety deposit plus \$180 (2 wks. rent) required upfront, but flexible based on person’s situation. First 30 days require 5 meetings/wk. and verification of attendance. Must be employed or actively looking for work if able to work, or do 30 hrs./wk. community service if unemployed or unable to work. Applicant pre-screening by house residents and approval by the house is required, prefer in-person screening interview but flexible if incarcerated but anticipating release soon. Translators: Not available.

Williams Prepared Place

3525 Evans Street
Omaha, NE 68111
Phone: (402) 991-3948

<http://williamspreparedplace.org/>

Description: This is a transitional living facility for both men and women. It is a spiritual recovery program for individuals recovering from drug addiction and alcoholism who are willing to commit to a 6-month program. Restrictions: Must have a primary diagnosis of chemical dependency (evaluation is not required to enter). Must be homeless and must provide verification from referring agency that they have been residing in an emergency shelter, transitional housing or have been residing up to 30 days in an institution. If the applicant has had a longer stay in an institution, the referral must state that the applicant will be homeless if not provided with assistance. Applicant must demonstrate the ability to work and pay rent. Translators: Not available.

Valley Hope

7703 Serum Avenue

Ralston, NE 68127
Phone: (402) 991-8824
www.valleyhope.org

Description: Outpatient services, evaluations, counseling, intervention services, referrals for inpatient services. Restrictions: Applicants must have a primary diagnosis of chemical dependency. Not a dual-diagnosis facility. Will not accept applicants who are suicidal and/or self-harming. Does not accept Medicaid/Medicare or Tricare. Translators: Not available.

Support Groups

Addiction

Adult Children of Alcoholics/Dysfunctional Families

First Presbyterian Church
1005 1st Corso
Nebraska City, NE 68410
Phone: (310) 634-1815
<http://www.adultchildren.org/>

Midlands Hospital
11111 South 84th St.
Papillion, NE 68046

Description: Includes adult children of alcoholics, codependents, and addicts of various sorts. These ACA members have the trademark presence of abuse, shame, and abandonment found in alcoholic homes.

Meetings: First Presbyterian Church (Saturdays at 10:30am); Midlands Hospital (Sundays at 4pm)

Restrictions: Are both closed meetings (ACA only). Translators: Not available.

Note: Due to the confidential nature of the group, more information regarding meetings and contact information can be found online per request. Online meetings, telephone meetings, and audio/online meetings also offered.

Al-Anon

Al-Anon Information Services/ 12-Step
105 South 49th Street, Suite G
Omaha, NE 68132
Phone: (402) 553-5033
<https://al-anon.org/al-anon-meetings/find-an-al-anon-meeting/>

Description: For families and friends of alcoholics.

Meetings:

- *Library AF-*, 215 S 15th St. Omaha, NE 68102 (Tuesdays at 12pm)
- *Dora Bingel Senior Center*: 923 N 38th St., Omaha, NE 68131 (Mondays at 7pm)
- *Serenity House*: 2427 Spencer St., Omaha, NE 68111 (Tuesdays at 7pm)
- *Broadway Christian Church*: 2658 Ave. A, Council Bluffs, IA, 51501 (Tuesdays at 8:30pm/
Fridays at 7:30pm)
- *48th Street Club*: 219 N 48th St., Omaha, NE 68132 (Saturdays at 12pm/Wednesdays at 12pm)
- *50th Street Club*: 410 S 16th St., Council Bluffs, IA 51501 (Sundays at 10am/Thursdays at 10am)

- *Immanuel Lutheran Church*: 2725 N 60th Ave., Omaha, NE 68104 (Sundays at 7pm)
- *Alegent Health Behavioral Services*: 622 S 4th St., Council Bluffs, IA 51503
(Mondays/Wednesdays at 6pm)
- *12 Step House Inc.*: 7306 Grant St., Omaha, NE 68134 (Fridays at 7:30pm)
- *Nebraska State Probation Office*: 7511 S 36th St., Bellevue, NE 68147 (Thursdays at 12pm)
- *Christ the King Lutheran Church*: 7308 S 42nd St., Bellevue, NE 68147 (Wednesdays at 7:30pm)
- *Florence Presbyterian Church*: 8314 N 31st St., Omaha, NE 68112 (Saturdays at 9am/Tuesdays at 7pm)
- *West Hills Presbyterian Church*: 3015 82nd Ave., Omaha, NE 68124 (Friday 7:30pm/8pm/Thurs 12pm)
- *First Covenant Church*: 201 N 90th St., Omaha, NE 68114 (Wednesdays at 12pm)
- *Pacific Hills Lutheran Church*: 1110 S 90th St., Omaha, NE 68124 (Tuesdays at 9:30am)
- *New Cassel Retirement Center*: 900 N 90th St., Omaha, NE 68114 (Wednesdays at 7pm)
- *Messiah Lutheran*: 5015 S 80th St., Ralston, NE 68127 (Wednesdays at 7pm)
- *Trinity United Methodist*: 8009 Q St., Ralston, NE 68127 (Tuesdays at 7:30pm/Mondays at 12pm)
- *Sunset Hills Baptist Church*: 9416 Pacific St., Omaha, NE 68114 (Mondays at 8pm)
- *Unity Church of Omaha*: 3424 N 90th St., Omaha, NE 68134 (Saturdays at 10 am)
- *Immanuel Lutheran Church*: 104 Galvin Rd N, Bellevue, NE 68005 (Fridays at 7:30 pm/Tuesdays at 9:30am)
- *St. James Church*: 9025 Larimore Ave., Omaha, NE 681364 (Thursdays at 5:30pm)
- *Church of the Holy Spirit*: 1305 Thomas Dr., Bellevue, NE 68005 (Wednesdays at 12pm and 7:30pm)
- *Reed Community Center*: 1200 Lord Blvd., Bellevue, NE 68005 (Sundays at 8am)
- *Presbyterian Church*: 2518 S 108th St., Omaha, NE 68144 (Thursdays at 1pm)
- *St. Martha's Episcopal Church*: 780 Pinnacle Dr., Papillion, NE, 68046 (Thursdays at 7:30pm)
- *Lord of Love Lutheran Church*: 10405 Fort St., Omaha, NE 68134 (Mondays at 8pm/Fridays at 9:30am)
- *Lutheran Church of the Master*: 2617 S 114th St., Omaha, NE 68144 (Mondays at 7:30pm)
- *Thanksgiving Lutheran Church*: 3702 370 Plz, Bellevue, NE 68123 (Fridays at 7:30pm)

- *Prarie Lane Church*: 3111 S 119th St., Omaha, NE 68144 (Fridays at 7pm/ Wednesdays at 12pm/Mondays at 6pm)
- *St. John Vianney Church*: 5801 Oak Hills Dr., Omaha, NE 68137 (Mondays at 7pm/Thursdays at 10am)
- *Rejoice Lutheran Church*: 2556 S 138th St., Omaha, NE 68144 (Saturdays at 8pm)
- *Millard Club*: 5035 S 134th St., Omaha, NE 68137 (Wednesdays at 6:45pm/Saturdays at 9:30am/Sundays at 10:30am)
- *Flatland Church*: 4801 N 144 St., Omaha, NE 68116 (Fridays at 7:30pm)
- *Divine Shepherd Lutheran Church*: 15005 Q St., Omaha, NE 68137 (Thursdays at 7:30pm)
- *Community of Grace Church*: 3434 N 204th St., Elkhorn, NE 68022 (Tuesdays at 6:30pm)
- *West Douglas County Chamber of Commerce*: 20801 Elkhorn Dr., Elkhorn, NE 68022 (Mondays at 6pm/Mondays at 7:30pm/Wednesdays at 6pm)
- *Hosanna Lutheran Church*: 700 S 18th St., Plattsmouth, NE 68048 (Mondays at 12pm/ Wednesdays at 12pm/Fridays at 5pm)
- *Rand Community Senior Center Office*: 100 S 4th St., Missouri Valley, IA 51555 (Mondays at 5pm)
- *Valley A.A. Club*: 228 N Spruce St., Valley, NE 68064 (Wednesdays at 12pm)
- *St. Francis Borgia Catholic Church*: 2005 Davis Dr., Blair, NE 68008 (Mondays at 7pm)

Restrictions: Al-Anon is not a program for finding or maintaining sobriety. It is a program to help the families of alcoholics recover from the effects of someone else's drinking. Due to confidentiality, please see the website for more information. Translators: Not available.

Note: No fees or registration required. Meetings are on a walk-in basis.

Alcoholics Anonymous (AA) Central Office

Phone: (402) 553-5033

<https://www.aa.org/>

<http://www.omahaaa.org/find-a-meeting/>

Description: For men and women that have a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. The membership is open to anyone who wants to do something about their drinking problem.

Meetings: (In-Person)

- **Sundays**
 - “Sunrise Attitude Adj”. (H) *Center Mall*, Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (6:45am)

- “They Got Too Big” (H) 7306 Grant St., Omaha, NE 68134 (7:45am)
- “Just Do” (H) *Reed Community Center*, 1200 Lord Blvd., Bellevue, NE 68005 (8am)
- “Sober On Sunday” (H) 200 16th Ave., Council Bluffs, IA 51503 (8am breakfast, 8:30am meeting)
- “Broken Elevator Group” (H), front-room upstairs, 7306 Grant St., Omaha, NE 68134 (9am)
- “God As We Understand Him” (H) 7306 Grant St., Omaha, NE 68134 (9am)
- “Sunday Early Bird” (H) *Center Mall*, Suite 109, 1941 S. 42nd St, Omaha, NE 68105 (9:30am)
- “All Oars In The Water” (D) *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112 (10 am)
- “Amazing Grace” (H) 7631 Main St., Ralston, NE 68127 (10am)
- “Free To Be” (D) *Trinity Lutheran Church parsonage*, 623 S. Madison St., Papillion, NE 68046 (10am)
- “Front Room Group” (*, H) 410 S. 16th St., Council Bluffs, IA 51501 (10am)
- “Grupo El Rescate” (**Spanish**) 2403 Hickory St., Omaha, NE 68105 (10am)
- “Rock Solid” (D)- lower-level, 7631 Main St., Ralston, NE 68127 (10am)
- “Sunday Morning Big Room” (H) 410 S. 16th St., Council Bluffs, IA 51501 (10am)
- “Sunday Morning Breakfast” (H)- *Envision’s Office*, 619 Olson Dr., Papillion, NE 68046 (10am)
- “Always Late, Feelin’ Groovy” 219 N. 48th St., Omaha, NE 68132 (10:30am)
- “Grupo Nueva Vida” (**Spanish**) 2312 N St., Omaha, NE 68107 (10:30am)
- “I Think I Need A Meeting” (H) 7306 Grant St., Omaha, NE 68134 (10:30am)
- “Sharing & Caring” 4615 N. 34th Ave., Omaha, NE 68111 (10:30am)
- “Sunday 10:30 AM” (*, H, Y-P) 5035 S. 134th St., Omaha, NE 68137 (10:30am)
- “Sunday Morning” 1523 Vinton St., Omaha, NE 68108 (10:30am)
- “Salon Meeting in the Fireplace Room” 219 N. 48th St., Omaha, NE 68132 (10:30am)
- “Eleven at Eleven” (H) 7306 Grant St., Omaha, NE 68134 (11am)
- “Happy Destiny” 219 N. 48th St., Omaha, NE 68132 (12:30pm)
- “One More Day” (H) *Center Mall*, Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (12:30pm)
- “Growing Spirituality” (H) 5035 S. 134th St., Omaha, NE 68137 (2pm)
- “Sunday Matinee” (SP, H) 1523 Vinton St., Omaha, NE 68108 (2:30pm)

- “Grupo 21 De Octubre” (**Spanish**) 1234 S. 13th St., Ste 205, Omaha, NE 68108 (3pm)
- “Lambda Stag” (M-O,G) *Augustana Lutheran Church*, 3647 Lafayette Ave., Omaha, NE 68131 (4pm)
- “Sunday Solutions” (H, D) 5035 S. 134th St., Omaha, NE 68137 (4pm)
- “Sweet Surrender” (H) 7631 Main St., Ralston, NE 68127 (4pm)
- “Women Seeking Recovery” (H,W-O) *Center Mall*, Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (4pm)
- “Grupo Siempre Unidos” (**Spanish**) 200 16th Ave., Council Bluffs, IA 51503 (5pm)
- “Serenity Sisters” (H,W-o,) 410 S. 16th St., Council Bluffs, IA 51501 (5pm)
- “Tales of the Before & After” (SP) 219 N. 48th St., Omaha, NE 68132 (5pm)
- “Northside Ladies”, 4615 N. 34th Ave., Omaha, NE 68111 (5:30pm)
- “164 Out Loud” (BB) *Hanscom Park UMC*, 4444 Frances St., Omaha, NE 68105 (6pm)
- “Grupo El Rescate” (**Spanish**) 2403 Hickory St., Omaha, NE 68105 (6pm)
- “Back To Basics” (H) *Center Mall*, Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (6pm)
- “Sunday Night 12x12” (H), *Methodist Woman's Hospital* (Criss Rm), 707 N. 190th Plz., Elkhorn, NE 68022 (6pm)
- “I Am Responsible” (H) 7631 Main St., Ralston, NE 68127 (6:30pm)
- “Northside Sunday W.E. Group”, ENCAP Building (2nd floor), 2406 Fowler Ave., Omaha, NE 68111 (6:30pm)
- “The Gift of Hope Group (D)”, 219 N. 48th St., Omaha, NE 68132 (6:30pm)
- “Even Stephen Group”, *Stephen Center* (use 28th St entrance), 2723 Q St., Omaha, NE 68107 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha, NE 68105 (7pm)
- “Grupo Nueva Vida” (**Spanish**) 2314 N St., Omaha, NE 68107 (7pm)
- “Keep It Simple & Sober” (H), 410 S. 16th St., Council Bluffs, IA 51501 (7pm)
- “Sunday Evening” (SS), 1523 Vinton St., Omaha, NE 68108 (7pm)
- “Sunday Night Live”, *Sunset Hills Baptist Church*, 9416 Pacific St., Omaha, NE 68114 (7pm)
- “Young Life Group” (H), 7306 Grant St., Omaha, NE 68134 (7pm)
- “A.A. Path” (*), *Immanuel Lutheran Church*, 104 Galvin Rd N, Bellevue, NE 68005 (7:30pm)

- “Dist. 1 Beginners Meeting” (H, traditions, SP last Sun.), *Viking Ship*, 2582 Redick Ave, Omaha, NE 68112 (7:30pm)
- “Intuit (BB)”, *Camel North House*, 2115 Ohio St., Omaha, NE 68110 (7:30pm)
- “Men’s Big Book” (H, M-O), *1st Covenant Church*, 201 N. 90th St., Omaha, NE 68114 (7:30pm)
- “Sunday Night”, 4615 N. 34th Ave., Omaha, NE 68111 (7:30pm)
- “Twenty-Four Hour Group”, *Presbyterian Church of the Master*, 10701 Corby Circle, Omaha, NE 68164 (7:30pm)
- “New Comers Group” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (8pm)
- “Open Chair”, 219 N. 48th St., Omaha, NE 68132 (8pm)
- “Sunday Night Serenity” (Candlelight) (H), *Grace United Methodist Church*, 2418 E Street, Omaha, NE 68107 (8pm)
- “A Way Out” (H), 7631-7633 Main St., Ralston, NE 68127 (8:15pm)
- “Millard Big Book” (H, Study), 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Down Town Sobriety” (H), *City View Apts.*, 604 S. 22nd St., Omaha, NE 68102 (9pm)
- “Grupo Renacimiento” (**Spanish**), 2226 S. 16th St., Omaha, NE 68108 (9pm)
- “Alive at Eleven” (D), *Center Mall, Suite 109*, 1941 S 42nd St., Omaha, NE 68105 (11pm)
- **Mondays**
 - “Positive Note” (H), 7631 Main St., Ralston, NE 68127 (6:15am)
 - “Sunrise Attitude Adjustment” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (6:45am)
 - “No Shows” (H,D), *Denny’s*, 3509 S. 84th St., Omaha, NE 68124 (7am)
 - “Joy In Morning”, 5035 S. 134th St., Omaha, NE 68137 (7:15am)
 - “Git It Together” (H,D), *Beautiful Savior Lutheran Church*, 7706 S. 96th St., La Vista, NE 68128 (8:30am)
 - “Monday Morning Step” (SS), *Hanscom Park United Methodist*, 4444 Frances St., Omaha, NE 68105 (9:30am)
 - “Early Bird”, 219 N. 48th St., Omaha, NE 68132 (10am)
 - “The Breakfast Club”, *Center Mall, Suite 109*, 1941 S.42nd St., Omaha, NE 68105 (10am)
 - “Monday Morning” (BB), 4615 N. 34th Ave., Omaha, NE 68111 (10am)
 - “Open Chair” (H,D), 5035 S. 134th St., Omaha, NE 68137 (10am)

- “12 At Twelve” (H), 7631 Main St., Ralston, NE 68127 (12pm)
- “Bill W. & Associates” (D,M/O), *Fernando’s*, 380 N. 114th St., Omaha, NE 68154 (12pm)
- “Lunch Hour Group” (H,D) *UNO Wellness Center* Room 101, 6001 Dodge St., Omaha, NE 68182 (12pm)
- “Monday Lunch Break Meeting”, Bellevue Public Library, 1003 Lincoln Rd., Bellevue, NE 68005 (12pm)
- “Monday Noon Discussion Group”, 1523 Vinton St., Omaha, NE 68108 (12pm)
- “Monday Noon” (H), 410 S. 16th St., Council Bluffs, IA 51501 (12pm)
- “Monday Noon Group” (H), 7306 Grant St., Omaha, NE 68134 (12pm)
- “Noon Luncheon” (C,12x12), *Cascio’s Steakhouse*, 1620 S. 10th St. , Omaha, NE 68108 (12pm)
- “Noonday Luncheon” (12X12), *Johnny’s Café*, 4702 S. 27th St., Omaha, NE 68107 (12pm)
- “Thank God It’s Monday” (H), *Church of the Holy Spirit*, 1305 Thomas Dr., Bellevue, NE 68005 (12pm)
- “Nooner” (H), 5035 S. 134th St., Omaha, NE 68137 (12:15pm)
- “One More Day” (H, D), *Center Mall* Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (12:30pm)
- “The Cast Iron Groupies” (H), *Ryans Food and Spirit* Suite 104, 12221 Mary Plaza, Omaha, NE 68142 (1pm)
- “Afternoon Sobriety” (H), *Center Mall* Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (2:30pm)
- “Fellowship At Four” (H), Omaha’s V.A. Medical Center 11th Flr., 4101 Woolworth Ave., Omaha, NE 68105 (3:30pm)
- “Two-Fers”, 5035 S. 134th St., Omaha, NE 68137 (5:15pm)
- “Even Keel” (H), *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112 (5:30pm)
- “Jumpstart” (H), *Center Mal*, Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (5:30pm)
- “Monday After”, 219 N. 48th St., Omaha, NE 68112 (5:30PM)
- “New Women’s Awareness”, 410 S. 16 St., Council Bluffs, IA 51501 (5:30pm)
- “Progress Not Perfection” (H,D), *United Methodist Church*, 3025 Mabrey Lane, Carter Lake, IA 51501 (5:30pm)
- “One Hour Newcomers” (H), 7306 Grant St., Omaha, NE 68134 (6pm)

- “We Drop Rocks”, *Sozo Coffee House*, 1314 Jones St., Omaha, NE 68102 (6pm)
- “Quick Fix’ (H), *Thanksgiving Lutheran Church*, 3702 S 370 Plz., Bellevue, NE 68123 (6:15pm)
- “Monday Newcomers” (H), 7631 Main St., Ralston, NE 68127 (6:30pm)
- “Women To Women” (H,D,W-O), *Covenant Presbyterian Church downstairs*, 15002 Blondo St., Omaha, NE 68116 (6:30pm)
- “48th Group”, 219 N. 48th St., Omaha, NE 68132 (7pm)
- “Centered Ladies” (W-O), *West Lawn-Hillcrest Center For Hope & Healing*, 5701 Center St., Omaha, NE 68106 (7pm)
- “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St. Ste. 205, Omaha, NE 68108 (7pm)
- “Grupo Nueva Vida” (**Spanish**), 2312 N St., Omaha, NE 68107 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha, NE 68105 (7pm)
- “Happy Hour” (H), 200 16th Ave., Council Bluffs, IA 51503 (7pm)
- “The J Gang” (H, D) *First Christian Church* (Enter on West Side - Classroom A1), 20794 Hwy 92, Council Bluffs IA 51503 (7pm)
- “Monday Night Non-Smokers”, 1523 Vinton St., Omaha, NE 68108 (7pm)
- “Monday Nite Women's Group” (W-o), 1523 Vinton St., Omaha, NE 68108 (7pm)
- “Seekers” (H), *Timothy Lutheran*, 3112 W. Broadway, Council Bluffs, IA 51501 (7pm)
- “Survivors” (D), *Envisions Office*, 619 Olson Dr., Papillion, NE 68046 (7pm)
- “The 164 Group” (D), *Freedom Road 3/4 House*, 825 N. 48th St., Omaha, NE 68132 (7:30pm)
- “Bellevue Step” (D), *Twin Valley Church*, 1908 Lloyd St., Bellevue, NE 68005 (7:30pm)
- “Bellevue Workshop” (Y-P), *James Methodist Church*, 1501 Franklin, St., Bellevue, NE 68005 (7:30pm)
- “Grupo Renacimiento” (**Spanish**), 2226 S. 16th St., Omaha, NE 68108 (7:30pm)
- “Grupo La Buena Decisión” (**Spanish**), 830 Park Ave., Omaha, NE 68105 (7:30pm)
- “I Want To Work The Steps” (Y-P), *Broadway Christian Church*, 2658 Ave. A, Council Bluffs, IA 51501 (7:30pm)
- “Just For Today”, 2582 Redick Ave., Omaha, NE 68112 (7:30pm)
- “Mayflower Group” (Call up, Y-P, 12x12), *Bethany Lutheran Church*, 5151 N.W. Radial Hwy., Omaha, NE 68104 (7:30pm)
- “Newcomers” (H), 5035 S. 134th St., Omaha, NE 68137 (7:30pm)

- “No-Name” (*, H, BB,W-O), *Lutheran Church of the Master*, 2617 S 114th St., Omaha, NE 68144 (7:30pm)
- “No-Name” (H, D), *Lutheran Church of the Master*, 2617 S 114th St., Omaha, NE 68144 (7:30pm)
- “Omaha Wild Bunch”, *Westwood Church*, 13056 Atwood Ave., Omaha, NE 68144 (7:30pm)
- “Plain Label” (D, H), *Flatland Church* (Use door on the north end of west side of church), 4801 N 144th St., Omaha, NE 68116 (7:30pm)
- “Spiritual Actions” (H,D), 7306 Grant St., Omaha, NE 68134 (7:30pm)
- “We’re Getting There” (H,D), *Heart Ministry Center*, 2222 Binney St., Omaha, NE 68110 (7:30pm)
- “Get To Steppin”, 4913 Underwood Ave., Omaha, NE 68132 (7:45pm)
- “11th Step Meditation Group”, *Sozo's Coffee House*, 1314 Jones St., Omaha, NE 68102 (8pm)
- “Beacon” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (8pm)
- “Big Book Group”, *West Hills Church*, 3015 S 82nd Ave., Omaha, NE 68124 (8pm)
- “Dodge Street” (*, C, H,SS,D), *St. Tim’s Lutheran Church*, 510 N. 93rd St., Omaha, NE 68114 (8pm)
- “House of Serenity” (D,S, M-o), 4514 Hamilton St., Omaha, NE 68132 (8pm)
- “Northwest Group” (*,H,D,12x12), *Lord Of Love Lutheran Church*, 10405 Fort St., Omaha, NE 68134 (8pm)
- “34th Unity”, 4615 N. 34th Ave., Omaha, NE 68111 (8pm)
- “As Bill Sees It #1” (H), 7631-7633 Main St., Ralston, NE 68127 (8:15pm)
- “Monday Evening” (*, H), 410 S. 16th St., Council Bluffs, IA 51501 (8:30pm)
- “Newcomers”, 219 N. 48th St., Omaha, NE 68132 (8:30pm)
- “South Omaha Group”, 1523 Vinton St., Omaha, NE 68108 (8:30pm)
- “Alive at Eleven” (D), *Center Mall Suite 109*, 1941 S 42nd St., Omaha, NE 68105 (11pm)
- **Tuesdays**
 - “Sunrise Attitude Adj.” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (6:45am)
 - “For Early Risers”, 219 N. 48th St., Omaha, NE 68132 (7am)
 - “Happy Days”, 5035 S. 134th St., Omaha, NE 68137 (7:15am)

- “Grupo Nueva Vida” (**Spanish**), 2314 N St., Omaha, NE 68107 (9am)
- “Women Helping Women” (H,B,W-O), 7306 Grant St., Omaha, NE 68134 (9:30am)
- “Back To The Basics”, 5035 S. 134th St., Omaha, NE 68137 (10am)
- “Interstate” (H), 410 S. 16th St., Council Bluffs, IA 51501 (10AM)
- “The Breakfast Club”, *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105
(10am)
- “Step By Step”, 219 N. 48th St., Omaha, NE 68132 (10am)
- “Tuesday Morning”, 4615 N. 34th Ave., Omaha, NE 68111 (10am)
- “Fowl Play” (H,D), *Jack & Mary’s*, 655 N. 114th St., Omaha, NE 68154 (12pm)
- “Living Sober” (H), 7306 Grant St., Omaha, NE 68134 (12pm)
- “Loose Goose” (BB,D,H), *Manhattan’s Deli*, 1904 Farnam St., Omaha, NE 68102
(12pm)
- “Men’s Luncheon Stag” (C,M-O,H,D), *Fernando’s*, 380 N.114th St., Omaha, NE 68154
(12pm)
- “Sober & Crazy” (H), 7631-7633 Main St., Ralston, NE 68127 (12pm)
- “Tuesday Chapter 104”, *Immanuel Lutheran Church*, Galvin Rd. North, Bellevue, NE
68005 (12pm)
- “Tuesday Noon Disc. Group”, 1523 Vinton St., Omaha, NE 68108 (12pm)
- “Millard Nooner” (H), 5035 So.134th St., Omaha, NE 68137 (12:10pm)
- “One More Day” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105
(12:30pm)
- “Afternoon Sobriety” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105
(2:30pm)
- “Two-Fers”, 5035 S. 134th St., Omaha, NE 68137 (5:15pm)
- “Fruit Of The Grapevine” (D.GVS), *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112
(5:30pm)
- “Generic Group” (H), 7306 Grant St., Omaha, NE 68134 (5:30pm)
- “Lost and Found” (H), *Morning Star Lutheran Church*, 331 S. 85th Ave., Omaha, NE
68114 (5:30pm)
- “No BS Group” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105
(5:30pm)
- “Tuesday Discussion Group” (C,H), *Faith Christian Church*, 2201 S. 132 St., Omaha,
NE 68144 (5:30pm)
- “Simply Ladies”, 219 N. 48th St., Omaha, NE 68132 (5:45pm)
- “Grupo 4 De Agosto” (**Spanish**), 2323 E. Ave I St., Council Bluffs, IA 51501 (6pm)
- “Mavericks” (H) 7631-7633 Main St., Ralston, NE 68127 (6pm)
- "New Beginnings", 5th floor conference room, (use buzzer to get up to 5th floor), 4847
Sahler St., Omaha, NE 68104 (6pm)
- “Tuesday 6 PM Group”, *Church Of The Holy Spirit*, 1305 Thomas Drive, Bellevue, NE
68005 (6pm)
- “Serenity on Tap”, 410 S. 16th St., Council Bluffs, IA 51501 (6:30pm)

- “Tuesday New Life Group”, *St. Pius X* (East Cafeteria door), 6905 Blondo St., Omaha, NE 68104 (6:30pm)
- “12 x 12 Study” (H), *Envision’s Office*, 619 Olson Dr., Papillion, NE 68046 (7pm)
- “Grupo 21 De Octubre” (**Spanish**), 1134 S. 13th St. Ste. 205, Lincoln, NE 68502 (7pm)
- “Grupo Nueva Vida” (**Spanish**) 2314 N St., Omaha, NE 68107 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha, NE 68105 (7pm)
- “K.I.S.S”, 200 16th Ave., Council Bluffs, IA 51501 (7pm)
- “Seekers Group”, 1010 S. 34th Ave., Council Bluffs, IA 51501 (7pm)
- “Tuesday Night Down Under Group” (D, H), *First Lutheran Church*, 542 S. 31st St., Omaha, NE 68105 (7pm)
- “Tuesday Nite Workshop”, 1523 Vinton St., Omaha, NE 68108 (7pm)
- “Tuesday Night Group”, 219 N. 48th St., Omaha, NE 68132 (7:05pm)
- “Bellevue Tues. Night Newcomers”, *Twin Valley Church*, 1908 Lloyd St, Bellevue, NE 68005 (7:30pm)
- “Foxhall Speaker” (H,Signer, Y-P, SP), *St. Martha’s Church*, 780 Pinnacle Dr., Papillion, NE 68046 (7:30pm)
- “High Point” (H), *Presbyterian Church of the Master*, 10710 Corby Cir., Omaha, NE 68164 (7:30pm)
- “M.E. Group” (H,D), *St. Gerald’s School*, 7859 Lakeview, Ralston, NE 68127 (7:30pm)
- “Omaha No Nonsense Groups” (C), *St. Paul’s Lutheran Church*, 13271 Millard Ave., Omaha, NE 68137 (7:30pm)
- “Pacific Hollow Group” (12X12), *St. Wenceslaus Church* (Social Hall B, lower level), 15353 Pacific St., Omaha, NE 68154 (7:30pm)
- “Plain Label Step” (12x12,H,C), *Flatland Church*, 4801 N. 144th St., Omaha, NE 68116 (7:30pm)
- “Share Your Sobriety”, *Hanscom Park Methodist Church*, 4444 Frances St., Omaha, NE 68105 (7:30pm)
- “Steps & Traditions” (H,D,12x12), *St John Vianney Catholic Church* (Basement), 5801 Oak Hills Drive, Omaha, NE 68137 (7:30pm)
- “Tuesday Nite Murderer’s Row”, *St. Thomas Moore Church*, 4804 Grover St., Omaha, NE 68106 (7:30pm)
- “Word of Mouth”, *Holy Cross Lutheran Church*, 4117 Terrace Drive, Omaha, NE 68134 (7:30pm)
- “Came To Believe” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (8pm)
- “Castelar” (H), *Bethel Lutheran Church*, 1312 S. 45th St., Omaha, NE 68106 (8pm)
- “Oak Hills”, *First Covenant Church* (1st Floor), 201 N. 90th St., Omaha, NE 68114 (8pm)
- “Big Book Tool Box” (BB), 219 N 48th St., Omaha, NE 68132 (8:15pm)
- “Lost and Found” (H), 7631 Main St., Ralston, NE 68127 (8:15pm)
- “Nitty Gritty”, 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Ralston Big Book Group” (H), 7631-7633 Main St., Ralston, NE 68127 (8:15pm)

- “Tuesday Evening” (H), 410 S. 16th St., Council Bluffs, IA 51501 (8:30pm)
- “Twelve Step”, 1523 Vinton St., Omaha, NE 68108 (8:30pm)
- “Alive at Eleven” (D), *Center Mall* Suite 109, 1941 S 42nd St., Omaha, NE 68105
(11pm)
- **Wednesdays**
 - “Sleepwalkers” (H), 7631 Main St., Ralston, NE 68127 (6:15am)
 - “Attitude Adj.”, 7306 Grant St. (Patty McGill Rm.), Omaha, NE 68134 (6:30am)
 - “Sunrise Attitude Adjustment” (H), *Center Mall* Suite 109, 1941 S 42nd St., Omaha, NE 68105 (6:45am)
 - “Eye Opener” (H), 410 S. 16th St., Council Bluffs, IA 51501 (7am)
 - “No Shows” (H,D), *Denny’s*, 3509 S. 84th St., Omaha, NE 68124 (7am)
 - “Early Bird”, 5035 S. 134th St., Omaha, NE 68137 (7:15am)
 - “Short & Sweet” (H,D), 7631-7633 Main St, Ralston, NE 68127 (9:15am)
 - “From There to Here” (H,D), *Presbyterian Church of The Master*, 10710 Corby Cir., Omaha, NE 68164 (9:30am)
 - “Easy Does It” (H,W-O), 410 S. 16th St., Council Bluffs, IA 51501 (10am)
 - “The Breakfast Club” (H), *Center Mall* Suite 109, 1941 S 42nd St., Omaha, NE 68105
(10am)
 - “Midweek Reflection” (H,D), 5035 S. 134th St., Omaha, NE 68137 (10am)
 - “New Beginnings”, *Ike Friedman Bldg.* Rm 208, 7101 Newport Ave., Omaha, NE 68152
(10am)
 - “Tender Trap”, 219 N. 48th St., Omaha, NE 68132 (10am)
 - “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St., Omaha, NE 68108 (12pm)
 - “High Noon”, 1523 Vinton St., Omaha, NE 68108 (12pm)
 - “Library Club” (C,BB,D), *W. Dale Clark Library* Rm. #1, 215 S0. 15th St., Omaha, NE 68108 (12pm)
 - “Living the Steps” (12 x 12) (H), 7306 Grant St., Omaha, NE 68134 (12pm)
 - “Lunch Hour Group” (H,D), *UNO Wellness Center* Room 101, 6001 Dodge St., Omaha, Ne 68182 (12pm)
 - “Midweek Relief”, *Immanuel Lutheran Church*, 104 Galvin Rd. North, Bellevue, NE 68005 (12pm)
 - “Midweek Sobriety” (H), 410 S. 16th St., Council Bluffs, IA 51501 (12pm)
 - “Ralston Noon Break Group” (H), 7631 Main St., Ralston, NE 68127 (12pm)
 - “Over The Hump” (C,H,D), *Village Inn*, 7837 Dodge St., Omaha, NE 68114 (12pm)
 - “Simplicity” (H), *Clarkson Tower* 1st Floor- Volunteer Services Office, 4350 Dewey Ave., Omaha, NE 68105 (12pm)
 - “Wednesday Noontimers” (H), *St. Matthew’s Lutheran Church*, 1725 S. 60th St., Omaha, NE 68106 (12pm)
 - “We Group People”, 4615 N. 34th Ave., Omaha, NE 68111 (12pm)
 - “Bellevue 12:05”, *Twin Valley Church*, 1908 Lloyd St., Bellevue, NE 68005 (12:05pm)
 - “One More Day” (H), *Center Mall* Suite 109, 1941 S 42nd St., Omaha, NE 68105
(12:30pm)

- “First Ladies” (W-O), *First Covenant Church*, 201 N. 90th St., Omaha, NE 68114
(12:30pm)
- “Wednesday Wacky Women” (D,W-O), 5035 S. 134th St., Omaha, NE 68137 (2pm)
- “Afternoon Sobriety” (H), *Center Mall Suite 109*, 1941 S. 42nd St., Omaha, NE 68105
(2:30pm)
- “Two-Fers”, 5035 S. 134th St., Omaha, NE 68137 (5:15pm)
- “A Step Above” (H), *Center Mall Suite 109*, 1941 S 42nd St., Omaha, NE 68105
(5:30pm)
- “Oasis” (D), 219 N. 48th St., Omaha, NE 68132 (5:30pm)
- “Sailing Sounds”, *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112 (5:30pm)
- “The Whole Big Book” (H), 7306 Grant St., Omaha, NE 68134 (5:30pm)
- “Taking the Steps” (BB), *Christian Church*, 2409 Jackson St., Bellevue, NE 68005 (6pm)
- “Happy Hour # 2”, *Alano Club*, 1523 Vinton St., Omaha, NE 68108 (6pm)
- “Northside Winners” (H), *ENCAP Bldg.* 1st floor, 2406 Fowler, Omaha, NE 68111 (6pm)
- “Popsickle Wahine” (W-O), *1st Congregational Church*, 2406 Fowler Ave., Omaha, NE 68111 (6pm)
- “Emotional Sobriety 101” (H, D), 7306 Grant St., Omaha, NE 68134 (6:30pm)
- “In to Action” (H), 7631-7633 Main St., Ralston, NE 68127 (6:30pm)
- “Right Off The Vine” (H,GVS), 7631-7633 Main St., Ralston, NE 68127 (6:30pm)
- “Open Meeting”, 410 S. 16th St., Council Bluffs, IA 51501 (6:30pm)
- “Big Book Study”, *Sump Memorial Library- Conference Rm*, 222 N Jefferson St., Papillion, NE 68046 (7pm)
- “Fourth Dimension”, 219 N. 48th St., Omaha, NE 68132 (7pm)
- “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St. Ste 205, Omaha, Ne 68108 (7pm)
- “Grupo Nueva Vida” (**Spanish**), 2312 N St., Omaha, NE 68107 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha NE 68105 (7pm)
- “Just For Tonight” (H,D,SP 4th Wk), *Pine Towers*, 1500 Pine St., Omaha, NE 68108
(7pm)
- “Road To Happy Destiny” (D), 2240 Landon Court, Omaha, NE 68102 (7pm)
- “Sober Journeys Big Book Study”, *Bethel Lutheran Church*, 1312 S. 45th St., Omaha, NE 68106 (7pm)
- “Wednesday Night Group” (H, BB), *Augustana Lutheran Church*, 3647 Lafayette Ave., Omaha, NE 68131 (7pm)
- “Wednesday Step Study” (H), *First United Methodist Church- Mead Hall*, 7020 Cass St., Omaha, NE 68132 (7pm)
- “Wednesday Nite We” (D,) 200 16th Ave., Council Bluffs, IA 51501 (7pm)
- “Enabled Group” (H), *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112 (7:30pm)
- “Stonehedge” (H,D), *Immanuel III Prof. Ctr.* Rm 208, 7101 Newport Ave., Omaha, NE 68152 (7:30pm)
- “Wednesday Night Workshop”, 3869 Webster St., Omaha, NE 68131 (7:30pm)
- “First Step” (H), 410 S. 16th St., Council Bluffs, IA 51501 (7:30pm)

- “Hard Core” (H, BB), *Siena Francis House*- north door, 1702 Nicholas St., Omaha, NE 68102 (8pm)
- “Step Tradition Story” (H,D,C), *St. Margaret Mary’s Church*- Basement, 123 N. 61st St., Omaha, NE 68132 (8pm)
- “Shake A Hand”, 4615 N. 34th Ave., Omaha, NE 68111 (8pm)
- “Wagon Master” (H), *Center Mall*- Suite 109, 1941 S 42nd St., Omaha, NE 68105 (8pm)
- “Wed. Night Wild Bunch” (H,Y-P), *Underwood Hills Presbyterian Church*, 851 N. 74th St., Omaha, NE 68114 (8pm)
- “Come All The Time” (H), 7631 Main St., Ralston, NE 68127 (8:15pm)
- “Come Any Time” (H), 7631 Main St., Ralston, NE 68127 (8:15pm)
- “Way of Life” (H,D), 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Fellowship” (*), 219 N. 48th St., Omaha, NE 68132 (8:30pm)
- “Surrender” (C), 1523 Vinton St., Omaha, NE 68108 (8:30pm)
- “Alive at Eleven” (D), *Center Mall*- Suite 109, 1941 S 42nd St., Omaha, NE 68105 (11pm)
- **Thursdays**
 - “Amazing Grace” (D), *Life Spring Church*- South Entrance, 13904 So. 36th St., Bellevue, NE 68123 (6am)
 - “Sunrise Attitude Adj.” (H), *Center Mall*- Suite 109, 1941 S. 42nd St., Omaha, NE 68123 (6:45am)
 - “For Early Risers”, 219 N. 48th St., Omaha, NE 68132 (7am)
 - “Morning Has Broken”, 5035 S. 134th St., Omaha, NE 68137 (7:15am)
 - “12 x 12 Study”, 4615 N. 34th Ave., Omaha, NE 68111 (10am)
 - “Step & Tradition Mtg.”, 5035 S. 134th St., Omaha, NE 68137 (10am)
 - “The Breakfast Club”, *Center Mall*- Suite 10, 1941 S. 42nd St., Omaha, NE 68123 (10am)
 - “Morning Big Book Study”, 7306 Grant St., Omaha, NE 68134 (10am)
 - “Round Table”, 219 N. 48th St., Omaha, NE 68132 (10am)
 - “Drawbridge Noon Luncheon” (C,H,SS every other week), *Brother Sebastian’s*, 1350 S. 119th St., Omaha, NE 68144 (12pm)
 - “Farrell’s Nooners” (H), 7306 Grant St., Omaha, NE 68134 (12pm)
 - “Friends Of Bill” (H,D), 222 S. 19th St., Omaha, NE 68102 (12pm)
 - “It’s Getting Better” (H), 410 S. 16th St., Council Bluffs, IA 51501 (12pm)
 - “Men’s Luncheon Stag” (C,NS,H,M-O,12X12), *Fernando’s*, 380 N. 114th St., Omaha, NE 68154 (12pm)
 - “Nooner” (H), 7631 Main St., Ralston, NE 68127 (12pm)
 - “Thursday Awareness”, *Immanuel Lutheran Church*, 104 Galvin Rd. North, Bellevue, NE 68005 (12pm)
 - “Hallelujah”, 1523 Vinton St., Omaha, NE 68108 (12pm)
 - “Millard Nooner” (H), 5035 S. 134th St., Omaha, NE 68137 (12:10pm)
 - “One More Day” (H), *Center Mall*- Suite 109, 1941 S 42nd St., Omaha, NE 68105 (12:30pm)

- “Wisdom To Know” (H, D), 7306 Grant St., Omaha, NE 68134 (1:30pm)
- “Afternoon Sobriety” (H), *Center Mall*- Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (2:30pm)
- “Two-Fers”, 5035 S. 134th St., Omaha, NE 68137 (5:15pm)
- “Cocktail Hour” (H), Basement, 7306 Grant St., Omaha, NE 68134 (5:30pm)
- “For Ladies Only” (H), 7306 Grant St., Omaha, NE 68134 (5:30pm)
- “There Is a Solution” (BB), 219 N. 48th St., Omaha, NE 68132 (5:30pm)
- “The 12-Step Group” (H), *Center Mall*- Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (5:30pm)
- “We’re Aboard”, *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112 (5:30pm)
- “You People” (H, D), 200 16th Ave., Council Bluffs, IA 51501 (5:30pm)
- “Golden Knights” (H), *VA Hospital*- Day room on 11th floor, 4101 Woolworth Ave., Omaha, NE 68105 (5:45pm)
- “Big Book Badassery” (W-O), *St. Marks Lutheran Church*- use Decatur St. Entrance, 1821 N.90th St., Omaha, NE 68114 (6pm)
- “Imperfects” (H, D), *Hoy Kilnoski Funeral Home*- Community Room, 1221 N. 16th, Council Bluffs, IA 51501 (6pm)
- “Doing Without” (H), 410 S. 16th St., Council Bluffs, IA 51501 (6:30pm)
- “Stepping Home” (H,SS), 7631 Main St., Ralston, NE 68127 (6:30pm)
- “Big Book Comes Alive” (BB), *Bethany Lutheran Church*, 5151 NW Radial Hwy., Omaha, NE 68104 (7pm)
- “Easy Does It” (H), 619 Olson Dr., Papillion, NE 68046 (7pm)
- “Fontenelle” (H, BB), Basement. 7306 Grant St., Omaha, NE 68134 (7pm)
- “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St. #205, Omaha, NE 68108 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha, NE 68105 (7pm)
- “Grupo Nueva Vida” (**Spanish**), 2314 N St., Omaha, NE 68107 (7pm)
- “Recovery Group” (D,H), 200 16th Ave., Council Bluffs, IA 51501 (7pm)
- “Winners Circle” (H), 622 S. 4th St., Council Bluffs, IA 51501 (7pm)
- “Women’s Big Book Study” (BB,WO), *Hope & Healing Center*, 5701 Center St., Omaha, NE 68106 (7pm)
- “Amigos” (D,SS,Y-P), *First Lutheran Church*, 542 S. 31st St., Omaha, NE 68105 (7:30pm)
- “Big Book Study”, *Viking Ship*, 2582 Redick Ave., Omaha, NE 68112 (7:30pm)
- “Bellevue First Step” (D), *Twin Valley Church*, 1908 Lloyd St., Bellevue, NE 68005 (7:30pm)
- “Bellevue Ladies Satellite” (C,W-O,H,Signer), *Immanuel Lutheran Church*, 104 Galvin Rd. North, Bellevue, NE 68005 (7:30pm)
- “Foxhall Men’s Big Book Study” (C, H, M-O), *Christian Church*, 2409 Jackson St., Bellevue, NE 68005 (7:30pm)
- “Knock-Out Speaker Meeting” (SP), *Siena Francis House*, 1702 Nicholas St., Omaha, NE 68102 (7:30pm)

- “Men’s Study Group” (M-O), *St. Michael’s Lutheran Church*, 13232 Blondo St., Omaha, NE 68164 (7:30pm)
- “Patio Group” (BB, H), *Lutheran Church of the Master*, 2617 S. 114th St., Omaha, NE 68144 (7:30pm)
- “Plain Label” (H,D), *Flatland Church*, 4801 N. 144th St., Omaha, NE 68116 (7:30pm)
- “Participation”, 219 N. 48th St., Omaha, NE 68132 (7:30pm)
- “Phoenix” (D), *Hanscom Park United Methodist*, 4444 Frances St., Omaha, NE 68105 (7:30pm)
- “The Giving Tree” (B,W-O,Y-P), *Presbyterian Church of the Cross*, 1517 S.114th St., Omaha, NE 68144 (7:30pm)
- “Thursday Nite Men’s Stag” (C, H, M-O), *St Robert Bellarmine-* N/E Corner-Rm #3, 11802 Pacific St., Omaha, NE 68154 (7:30pm)
- “Better Solutions” (D), 4615 N. 34th Ave., Omaha, NE 68111 (8pm)
- “Discovery Group” (D), *Grace Lutheran Church*, 1326 South 26th Street, Omaha, NE 68105 (8pm)
- “Steps Lively” (H, SS), *St. Elizabeth Ann Catholic Church*, 5419 N 114th St., Omaha, NE 68164 (8pm)
- “Thursday Nite Live” (H), *Center Mall-* Suite 109, 1941 S 42nd St., Omaha, NE 68105 (8pm)
- “Underwood Group” (D), *Dundee Presbyterian Church*, 5312 Underwood Ave., Omaha, NE 68132 (8pm)
- “Smoke Out” (H), 7631 Main St., Ralston, NE 68127 (8:15pm)
- “So Happens It’s Thursday” (D), 7631 Main St., Ralston, NE 68127 (8:15pm)
- “Step Study” (H), 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Good Neighbors”, 1523 Vinton St., Omaha, NE 68108 (8:30pm)
- “Survivors” (H), 410 S. 16th St., Council Bluffs, IA 51501 (8:30pm)
- “Sometimes Late” (SS), 219 N. 48th St., Omaha, NE 68132 (9pm)
- “Alive at Eleven” (D), *Center Mall-* Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (11pm)
- **Fridays**
 - “T.G.I.F.” (H), 7631 Main St., Ralston, NE 68127 (6:15am)
 - “Sunrise Attitude Adjustment” (H), *Central Mall-* Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (6:45am)
 - “For Real Alcoholics” (H), *Woodmen Building*, 1700 Farnam St., Omaha, NE 68102 (7am)
 - “No Shows” (H,D), *Denny’s*, 3509 S. 84th St., Omaha, NE 68124 (7am)
 - “Perfektly Broken” (H,D), *Beautiful Savior Lutheran Church*, 7706 S. 96th St., La Vista, NE 68128 (9:30am)
 - “Dundee”, 219 N. 48th St., Omaha, NE 68132 (10am)
 - “Forever Friday”, *Center Mall-* Suite 109, 1941 S 42nd St., Omaha, NE 68105 (10am)
 - “Thank God It’s Friday” (H,D), 5035 S. 134th St., Omaha, NE 68137 (10am)

- “Adventure in Living”, 4615 N. 34th Ave., Omaha, NE 68111 (12pm)
- “Afternoon Delight” (H), 7631 Main St., Ralston, NE 68127 (12pm)
- “Big Book Study” (H), *Manhattan’s Deli*, 1904 Farnam St., Omaha, NE 68102 (12pm)
- “B.Y.O. Big Book Study” (H), 7306 Grant St., Omaha, NE 68134 (12pm)
- “Friday Noon” (H), 410 S. 16th St., Council Bluffs, IA 51501 (12pm)
- “Gimme A Break”, *Jack & Mary’s*, 655 N. 114th St., Omaha, NE 68154 (12pm)
- “High Nooners”, *Immanuel Lutheran Church*, 104 Galvin Rd. North, Bellevue, NE 68005 (12pm)
- “Lunch Hour Group” (H,D), *UNO Wellness Center*- Rm 101, 6001 Dodge St., Omaha, NE 68182 (12pm)
- “Peace of Mind Group”, 1523 Vinton St., Omaha, NE 68108 (12pm)
- “Rainbow Group”, 1523 Vinton St., Omaha, NE 68108 (12pm)
- “Simplicity” (H), *Clarkson Tower*- Volunteer Services Office on 1st floor, 4350 Dewey Ave., Omaha, NE 68105 (12pm)
- “Two Bricks Short Group” (C), *Village Inn*, 7837 Dodge St., Omaha, NE 68114 (12pm)
- “Millard Nooner” (h), 5035 S. 134th St., Omaha, NE 68137 (12:10pm)
- “One More Day” (H), *Center Mall*- Suite 109, 941 S. 42nd St., Omaha, NE 68105 (12:30pm)
- “Afternoon Sobriety” (H), *Center Mall*- Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (2:30pm)
- “Friday Freedom”, 5035 S. 134th St., Omaha, NE 68137 (5:15pm)
- “A.A. After Work” (H), *Center Mall*- Suite 109, 1941 S. 42nd St., Omaha, NE 68105 (5:30pm)
- “Friday After”, 219 N. 48th St., Omaha, NE 68132 (5:30pm)
- “Safe Port” (D), *Viking Ship*- North Entrance, 2582 Redick Ave., Omaha, NE 68112 (5:30pm)
- “The Way Out” (H), 7306 Grant St., Omaha, NE 68134 (5:30pm)
- “Friday Night Foxhall Big Book Study”, *Calvary Christian Church*, 10100 Cedar Island Road, Bellevue, NE 68123 (6pm)
- “Language of the Heart” (SP), *Holy Cross Church*- St. Edward’s Hall, 4803 William St., Omaha, NE 68106 (6pm)
- “Happy Hour #1”, 1523 Vinton St., Omaha, NE 68108 (6pm)
- “Chapter VI Beginners” (H), 7631 Main St., Ralston, NE 68127 (6:30pm)
- “Campus For Hope - Alumni Meeting” (D), *Campus For Hope*, 1409 N. 16th St., Omaha, NE 68110 (6:30pm)
- “Lower Level Group” (H), *St. Johns Church*- Creighton Campus, Lower Level, 2500 California Plaza, Omaha, NE 68178 (6:30pm)
- “Attitude Adjustment” (H), 200 16th Ave. Council Bluffs, IA 51501 (7pm)
- “Friday Night Lights” (H), *Envisions*, 619 Olson Dr., Papillion, NE 68046 (7pm)
- “New Life A.A.”, *St. Mohm’s*, 1435 N. 15th St., Council Bluffs, IA 51501 (7pm)
- “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St. # 205, Omaha, NE 68108 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha, NE 68105 (7pm)

- “Grupo Nueva Vida” (**Spanish**), 2312 N St., Omaha, NE 68107 (7pm)
- “Grupo Siempre Unidos” (**Spanish**), 200 16th Ave., Council Bluffs, IA 51501 (7pm)
- “The Off-Center Group” (B,D,12X12), *Prairie Lane Comm. Church*, 11806 Prairie Lane, Omaha, NE 68144 (7pm)
- “Young, Sober & Free” (D,Y-P), *Prairie Lane Christian Church- Education Building*, 3111 S 119th St., Omaha, NE 68144 (7pm)
- “Bellevue 12 x 12” (Y-P), *Bellevue University*, 1000 Galvin Rd. S., Bellevue, NE 68005 (7:30pm)
- “Bellevue Friday Night” (D), *Bellevue Christian Church*, 2409 Jackson St, Bellevue, NE 68005 (7:30pm)
- “Bellevue Friday Night Free For All” (* **, B,H), *Thanksgiving Lutheran Church*, 3702 370 Plz., Bellevue, NE 68123 (7:30pm)
- “Grupo La Buena Decision” (**Spanish**), 830 Park Ave., Omaha, NE 68105 (7:30pm)
- “Grupo Renacimiento” (**Spanish**), 2226 S. 16th St., Omaha, NE 68108 (7:30pm)
- “No Smokers” (H), *Lord Of Love Lutheran Church*, 10405 Fort St., Omaha, NE 68134 (7:30pm)
- “Old Fashioned Speakers Meeting” (*,H,Y-P), 7306 Grant St., Omaha, NE 68134 (7:30pm)
- “Plain Label” (H,D), *Flatland Church- Use door on north end of west side of church*, 4801 144th St., Omaha, NE 68116 (7:30pm)
- “Primary Purpose Group” (Beginners), *Covenant Presbyterian Church- NE Side*, 15002 Blondo St., Omaha, NE 68116 (7:30pm)
- “Rovers”, *St. Thomas Moore Church- Library*, 3515 S 48th Ave., Omaha, NE 68106 (7:30pm)
- “Friday Solutions”, 219 N. 48th St., Omaha, NE 68132 (7:30pm)
- “Today” (H,D), *Immanuel III Prof. Ctr.- Rm 208*, 7101 Newport Ave., Omaha, NE 68152 (7:30pm)
- “Turning Point”, *Dietz Memorial Church- S. basement door*, 1423 S. 10th St., Omaha, NE 68108 (7:30pm)
- “Wild Bunch Next Generation” (**, Y-P), *Broadway Christian Church*, 2658 Ave. A , Council Bluffs, IA 51501 (7:30pm)
- “Camel” (D,12X12), *Bethany Lutheran Church*, 5151 N.W. Radial Hwy., Omaha, NE 68104 (8pm)
- “Friday Nighters” (H), *Center Mall- Suite 109*, 1941 S 42nd St., Omaha, NE 68105 (8pm)
- “Go To Any Length” (H), *Presbyterian Church of The Master- SE corner*, 10710 Corby Cir., Omaha, NE 68164 (8pm)
- “Regis”, 1523 Vinton St., Omaha, NE 68108 (8pm)

- “Westgate Fellowship” (*,H), *West Hills Presbyterian Church*, 3015 S 82nd Ave., Omaha, NE 68124 (8pm)
- “Who’d A Thought It”, 4615 N. 34th Ave., Omaha, NE 68111 (8pm)
- “Heavy Hitters” (12 x 12), *Florence Presbyterian Church*, 8314 N. 31st St., Omaha, NE 68112 (8:10pm)
- “Friday Night Live” (H), 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Live & Let Live” (G), *Underwood Hills Presbyterian Church*, 851 N. 74th St., Omaha, NE 68114 (8:15pm)
- “No Name” (D,NS), 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Friday Night” (H), 410 S. 16th St., Council Bluffs, IA 51501 (8:30pm)
- “K.I.S.S.” (H), 7631 Main St., Ralston, NE 68127 (8:30pm)
- “Serenity”, 219 N. 48th St., Omaha, NE 68132 (9pm)
- “Alive at Eleven” (D), *Center Mall- Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (11pm)
- **Saturdays**
 - “Sunrise Attitude Adjustment” (H), *Center Mall- Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (6:45am)
 - “No Shows” (H,D), *Denny’s*, 3509 S. 84th St., Omaha, NE 68124 (7am)
 - “Energized” (H), 5035 S. 134th St., Omaha, NE 68137 (7:15am)
 - “J.A.C.T.” (H-D--Tapes), *Bethany Lutheran Church- SW door*, 4200 N. 204th St., Elkhorn, NE 68022 (7:30am)
 - “Beautiful Morning” (H), 7306 Grant St., Omaha, NE 68134 (8am)
 - “Begin Your Weekend” (H), 7614 Park Dr., Ralston, NE 68127 (8am)
 - “Fresh Air”, Alano Club, 1523 Vinton St., Omaha, NE 68108 (8am)
 - “Sat. Morning Wake Up Call” (H), 7631 Main St., Ralston, NE 68127 (8am)
 - “S.M.A.R.T. Group” (H), 7306 Grant St., Omaha, NE 68134 (8am)
 - “Sat. Morning Sunrise Group”, *Twin Valley Church*, 1908 Lloyd St., Bellevue, NE 68005 (8:30am)
 - “12x12x12” (C, W-O), *St. Presbyterian Church of the Cross- West entrance (Rm 13)*, 1517 S. 114th St., Omaha, NE 68144 (8:30am)
 - “Saturday A.M.” (H), 410 S. 16th St., Council Bluffs, IA 51501 (9am)
 - “You Are Welcome Here”, *Beautiful Savior Lutheran Church*, 7706 S. 96th St., La Vista, NE 68128 (9am)
 - “Saturday & Sober” (H), *Omaha VA Medical Center-1st Floor Conference Room*, 4101 Woolworth Ave., Omaha, NE 68105 (9am)
 - “Twenty-Four Hour Group in the Morning”, *St Leo’s Catholic Church- Rm 4*, 1920 N. 102nd St., Omaha, NE 68114 (9am)
 - “Millard SOS Group”, 5035 S. 134th St., Omaha, NE 68137 (9:30am)
 - “Eye Opener” (H), *Center Mall- Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (10am)
 - “Freedom”, 1523 Vinton St., Omaha, NE 68108 (10am)
 - “Grupo Siempre Unidos” (**Spanish**), 200 16th Ave., Council Bluffs, IA 51501 (10am)
 - “Good Times”, 4615 N. 34th Ave., Omaha, NE 68111 (10am)

- “No Ifs, Ands, or Butts” (H), 7306 Grant St., Omaha, NE 68134 (10am)
- “Pathfinders”, 219 N. 48th St., Omaha, NE 68132 (10am)
- “Step of the Month” (H), *Intertribal Treatment Center*, 2240 Landon Ct., Omaha, NE 68102 (10am)
- “Saturday Morning Alive” (H,D), 7306 Grant St., Omaha, NE 68134 (10am)
- “One Hour Fellowship”, *Trinity Lutheran Church*, 6340 N. 30th St., Omaha, NE 68111 (10:10am)
- “Women’s Meeting” (H, B), *Stonybrook Church*, 14345 Y St., Omaha, NE 68137 (10:30am)
- “What’s Your Story” (H,D,W-O,B), *Celebration Church*, 16868 Giles Rd., Omaha, NE 68136 (10:30am)
- “Saturday Morning Solutions” (H), *Mt. Calvary Community Church*, 5112 Ames Ave., Omaha, NE 68104 (11am)
- “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St. #205, Omaha, NE 68108 (11am)
- “12X12 at 12” (H), 7631 Main St., Ralston, NE 68127 (12:15pm)
- “Women in Sobriety”, 7631 Main St., Ralston, NE 68127 (12:15pm)
- “One More Day” (H), *Center Mall- Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (12:30pm)
- “Northside Saturday Sobriety” (H), *ENCAP Building- 2nd floor*, 2406 Fowler Ave., Omaha, NE 68111 (1pm)
- “Saturday Afternoon” (G), 219 N. 48th St., Omaha, NE 68132 (1:30pm)
- “Life’s Crossroads”, 7306 Grant St., Omaha, NE 68134 (2:30pm)
- “Solutions in Sobriety” (H,D), 7631 Main St., Ralston, NE 68127 (4pm)
- “Grupo Renacimiento” (**Spanish**), 2226 S. 16th St., Omaha, Ne 68108 (5pm)
- “Living Sober 101”, 219 N. 48th St., Omaha, NE 68132 (5pm)
- “Sat. Eve Comfort Zone” (H,D), *Center Mall- Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (5:30pm)
- “Meditation Group” (H), 7306 Grant St., Omaha, NE 68134 (5:30pm)
- “Young Peoples” (Y-P), 5035 S. 134th St., Omaha, NE 68137 (5:30pm)
- “Young People of AA” (Y-P), 219 N. 48th St., Omaha, NE 68132 (6:30pm)
- “Grupo 21 De Octubre” (**Spanish**), 1234 S. 13th St. #205, Omaha, NE 68108 (7pm)
- “Grupo Nueva Vida” (**Spanish**), 2312 N St., Omaha, NE 68107 (7pm)
- “Grupo El Rescate” (**Spanish**), 2403 Hickory St., Omaha, NE 68105 (7pm)
- “O.M.D.” (H,D), *First Lutheran Church*, 542 S. 31st St., Omaha, NE 68105 (7pm)
- “Primary Purpose” (H), *St. Paul Lutheran Child Care*, 1500 N 16th St., Council Bluffs IA 51501 (7pm)
- “Saturday Night Mtg.” (H), 7631 Main St., Ralston, NE 68127 (7pm)
- “Steppingstones” (D), 7306 Grant St., Omaha, NE 68134 (7pm)
- “Crossroads”, 1523 Vinton St., Omaha, NE 68108 (7:30pm)
- “Grupo La Buena Decisión” (**Spanish**), 830 Park Ave., Omaha, NE 68105 (7:30pm)
- “Saturday Night Speakers” (SP,Y-P) *Bellevue Christian Church*, 2409 Jackson St., Bellevue, NE 68005 (7:30pm)

- “Saturday Nite Speakeasy” (SP), *Christ The King Church*, 654 S. 86th St., Omaha, NE 68114 (7:30pm)
- “Saturday Night Group”, 4615 N. 34th Ave., Omaha, NE 68111 (7:30pm)
- “Saturday Night Alive” (*), *Rejoice Lutheran Church- East Commons Entrance*, 2556 S 138 St., Omaha, NE 68144 (8pm)
- “Saturday Nite Sober” (H), *Center Mall- Suite 109*, 1941 S. 42nd St., Omaha, NE 68105 (8pm)
- “Fellowship” (H), 5035 S. 134th St., Omaha, NE 68137 (8:15pm)
- “Aquarians” (Candlelight Meeting), 219 N. 48th St., Omaha, NE 68132 (8:30pm)
- “Saturday Night” (H), 410 S. 16th St., Council Bluffs, IA 51501 (8:30pm)
- “Down Town Sobriety” (H), *City View Apts.*, 604 S. 22nd St., Omaha, NE 68102 (9pm)
- “Saturday Candlelight” (SP), *Alano Club*, 1523 Vinton St., Omaha, NE 68108 (9:30pm)
- “Second Feature 2110”, *Our Lady of Lourdes* (basement), S. 32nd Ave., Omaha, NE 68105 (9:30pm)
- “Dealing With Isms” (H,D,Y-P), 7631 Main St., Ralston, NE 68127 (10:10pm)
- “Alive at Eleven” (D), *Center Mall* (Suite 109), 1941 S 42nd St., Omaha, NE 68105 (11pm)
- **Grupos Hispanos**
 - “Grupo Nueva Vida”, 2314 N St., Omaha, NE 68104- (402) 734-4354
 - Lunes a Domingo, 7:00 pm. a 8:30 pm
 - Sabados, 9:00 am. a 10:30 am
 - Domingos, 10:30 am. a 12:00 pm
 - “Grupo El Rescate”, 2403 Hickory St , Omaha, NE 68105- (402) 344-7162
 - Lunes a Domingo, 7:00 pm. a 8:30 pm
 - Domingos, 10:00 am. a 11:30 am
 - Domingos, 6:00 pm. a 7:30 pm
 - “Grupo 21 De Octubre”, 1234 South 13th St. #205, Omaha, NE 68108 - (402) 346-0194
 - Lunes a Sabados, 7:00 pm. a 8:30 pm
 - Miercoles, 12:00pm. a 1:30 pm
 - Sabados, 11:00 am. a 12:30 pm
 - Domingos, 3:00 pm. a 4:30 pm
 - “Grupo Renacimiento”, 3818 Q St., Omaha, NE 68107
 - Lunes a Martes, 7:30 a 9:00 pm
 - Jueves a Viernes, 7:30 a 9:00 pm
 - Sabados 5:00 a 6:30 pm
 - Domingos 9:00 a 10:30 pm
 - “Grupo 4 De Agosto”, *Omaha Correctional Center*, 2323 Ave. J, Omaha, NE 68110
 - Martes 6:00 a 7:00 pm
 - “Grupo 24 Horas Omaha”, *St. Mary’s Catholic Church* (sotano), 3529 Q St., Omaha, NE 68107
 - Lunes a Viernes 1:00pm y 7:00pm
 - Sabados y Domingos 6:00pm

Restrictions: Closed meetings (AA only). Inquire online for open meetings. Translators: Not available.

Note: Due to the confidential nature of the group, more information regarding meetings and contact information can be found online per request. Online meetings, telephone meetings, and audio/online meetings also offered.

Celebrate Recovery

Phone: (402) 571-2038

<https://www.celebraterecovery.com/>

Description: Celebrate Recovery is a Christ-centered, 12 step recovery program for anyone struggling with hurt, pain, or addiction of any kind. It is a safe place to find community and freedom from the issues that are controlling our life.

Meetings:

- *Grace Community Fellowship*, 300 E Erie St., Missouri Valley, IA 51555 (Thursdays at 7pm)
 - Contact: Russ Meadows at (402) 936-2148
- *St. James Catholic Church*, 4710 N. 90th St, Omaha, NE 68134 (Mondays ay 7pm)
 - Contact: Larry Davenport at (402) 682-2328
- *Stone Bridge Christian Church*, 4710 N. 90th St, Omaha, NE 68134 (Sundays at 7:15pm)
 - Contact: Tony Kafka at (402) 571-2038
- *Wildewood Christian Church*, Wildewood Christian Church (Thursdays at 6:30pm)
 - Contact: Pastor Ron Wymer at (402) 571-2038

Restrictions: For those struggling with addiction, anger, codependency, eating disorders, food addiction, love & relationship addiction, physical/emotional/sexual abuse, alcohol/drug addiction, sexual addiction, or gambling addiction. Translators: Not available.

Cocaine Anonymous

12-Step House

7306 Grant St.

Omaha, NE 68134

Phone: (402) 978-8881 or contact the Area Chair John Spencer at (402) 203-3015

<https://ca.org/>

<https://nebraskaca.org/>

Description: Cocaine Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from their addiction. The only requirement for membership is a desire to stop using cocaine and all other mind-altering substances. There are no dues or fees for membership.

Meetings:

- *Tri Community United Church*, 6001 Florence Blvd., Omaha NE 68110 (Sundays at 7pm)
- *12-Step House*, 7306 Grant St., Omaha, NE 68134 (Mondays at 10am/Tuesdays at 7:30pm)
- *The Prepared Place*, 4460 Redman St., Omaha, NE 68111 (Mondays at 6pm)
- *Saint Mary's Catholic Church*, 3529 Q St., Omaha, NE 68107 (Wednesdays at 7pm)
- *New Visions Homeless Services*, 1425 N. 18th St. Omaha, NE 68102 (Wednesdays at 7pm)
- *Trinity Lutheran Church*, 6340 N. 30th St., Omaha, NE 68111 (Thursdays at 7pm)

- *Mt. Nebo Church*, 5501 N. 50th St., Omaha, NE 68104 (Fridays at 7pm)
- *12-Step House*-women only meeting, 7306 Grant St., Omaha, NE 68134 (Saturdays at 10am)
- *Trinity Lutheran Church*, 6340 N. 30th St., Omaha, NE 68111 (Saturdays at 11am)
- *Sienna/Francis House*, 1702 Nicholas St., Omaha, NE 68102 (Saturdays at 7:30pm)

Restrictions: All meetings are open meetings. Translators: Not available.

Note: No smoking allowed. Email and Skype meetings are available as well. Go to <http://www.ca-online.org/meetings/> to join.

Debtors Anonymous

Phone: (402) 393-0706

<https://debtorsanonymous.org/>

Description: Help and support for those that have unmanageable debt that may lead to other problematic behavior.

Meetings:

- In-Person
 - *Twelve Step House*, 7306 Grant Street, Omaha, NE 68134 (Sundays 6:30-7:30pm/Tuesdays 12-1pm)
 - Concentrated on book study and the steps and tools of the DA program. Location not handicap accessible.
- Telephone
 - BDA Check-In
 - Monday-Friday 9:30am-10am
 - Dial: 605-475-6777
 - Access code: 82764511#
 - “The Just for This Day” Tool 8 Literature Study Meeting
 - Daily 6am-7am
 - Dial: 515-739-1285
 - Access code: 268413#
 - Riunione Telefonica Lunedì
 - Monday 5pm-6:30pm
 - Dial (skype): talkyoo_skype
 - Access code: room # 630929
 - BDA Step Meeting
 - Monday 9:30am-10:30am
 - Dial: 515-739-1033
 - Access code: 879455#
 - BDA Check-In Meeting
 - Monday-Friday 8:30am-9am
 - Dial: 605-475-6777
 - Access code: 82764511#
 - Musicians Monday Night BDA Meeting
 - Monday 9pm-10pm
 - Dial: 605-475-2090
 - Access Code: 730427#

- Business Debtors Anonymous, focusing on the 12 steps and 12 tools of the program
- Sedona Into Action
 - Monday 7pm-8pm
 - Dial: 515-604-9982
 - Access code: 730427#
 - Is a face-to-face meeting that is accessible by phone. 1st Monday of the month is a step meeting, the 2nd is a speaker meeting, the 3rd we listen to a recording, the 4th is focused on a BDA topic. A 5th Monday, focus on the 12 Traditions.
 - Is based in Arizona, and do not have Daylight Savings (summer= Pacific Time, winter= mountain time)
- Monday Night DA HOW Format
 - Monday 6pm-7:30pm
 - Dial: 515-739-1285
 - Access code: Access Code 877485#
- Actions Coming from Love
 - Monday 7pm-8pm
 - Dial: 712-432-8808
 - Access Code: 2221212#
- DA Step and Tradition Skype Meeting
 - Monday 3:30pm-4:30pm
 - Add “DA Skype Meeting” on Skype, and message five minutes before start of meeting to ask to be added. You will then be added.
- Abundance
 - Tuesday 12:30pm-2pm
 - A Persian language DA meeting on Skype
 - Add “DA.ir” in Skype
- DA and Health Issues
 - Tuesday 2pm-3:15pm
 - Dial: 1-515-739-1020
 - Access code: 250588#
 - 1st & 3rd weeks are speaker meetings, 2nd week is a step meeting, and the fourth week we read and discuss the second edition of A Currency of Hope
- Serenity Now and Steps and Tools
 - Tuesday 7pm-8pm
 - Dial: 605-472-5791
 - Access code: 383632#
 - Closed, hybrid face-to-face and telephone meeting concentrating on the 12 Steps and 12 Tools of the DA program

- The in-face portion meets at the LGBT Community Center in New York, NY
- Carrying the Message
 - Tuesday 3pm-4pm
 - Dial: 712-832-8330
 - Access code: 2467128#
 - Open phone meeting, originating in the UK.
- DA-HOW
 - Wednesday 9:30am-11am
 - Dial: 712-775-7035
 - Access code: 295072#
 - Open English language meeting using the HOW format (Honesty, Openness, Willingness)
- Speak and Write Your Visions
 - Wednesday 11am-12:15pm
 - Dial: 1-712-775-7270
 - Access code: 655221#
 - Open meeting focused on spirituality and practicality.
 - Meditate each week for 10 minutes; write for 3 minutes, share, and then state vision action plans. On the 2nd week, we listen to a 15 minute speaker, and on the 4th week, we hold a 20-minute business meeting
- 50 plus DA
 - Wednesday 6pm-7pm
 - Dial: 1-605-475-6333
 - Access code: 66639#
 - 5 week rotation: The first Wednesday is a Step Meeting, the second Wednesday is a Tools Meeting, the third Wednesday is a Traditions Meeting, the fourth Wednesday is a Speaker Meeting, and the fifth Wednesday is a Currency of Hope reading.
- DA HOW Recovery from Compulsive Spending
 - Wednesday 6:30pm-7:30pm
 - Dial: 712-775-7035
 - Access code: 295072#
 - Uses the Conference Approved “Recovery from Compulsive Spending” pamphlet for discussion
- Experience Strength and Hope BDA
 - Wednesday 8pm-9pm
 - Skype meeting, Add: experiencestrengthhopebda
 - Access code: Ask to be a contact

- “For persons who seek to develop their business through creativity and to allow the creativity in their business to be a channel for God’s will”
- DA Skype Meeting
 - Wednesday 4:30pm
 - Add: da.skype.meeting
 - Access code: Message 5 minutes before the meeting starts and ask to be added
- Wednesday 8 pm
 - Wednesday 7pm-8pm
 - Dial: 712-432-8808
 - Access code: 2221212#
 - Open meeting focusing on book study, steps, and tools
- Big Book Step Study
 - Thursday 10am-11am
 - Dial: 515-739-1423
 - Access code: 408137#
 - Open phone meeting that concentrates on the reading and study of the Big Book of A.A. in the DA context
- DA and Health Issues 2
 - Thursday 12pm-1pm
 - Dial: 515-739-1423
 - Access code: 408137#
 - Deals with both physical and mental health concerns and has a focus on recovery for compulsive debtors affected by abuse, trauma, neglect, and dysfunction early in life. All debtors are welcome.
 - The group follows a rotating format, as follows: Week 1: speaker; Week 2: Step Meeting using DA Step pamphlet; Week 3: DA tools; Week 4: Reading from “A Currency of Hope” for 10 minutes, alternating with the DA Promises; Week 5: Tradition of the month from AA 12+12
 - Business meeting is held on the last Thursday of the month
- DA HOW Recovery from Underearning
 - Thursday 7pm-8pm
 - Dial: 712-770-4087
 - Access code: 753319#
 - Used the HOW (Honesty, Openness, Willingness) format. Uses the “Underearning” pamphlet
- Overcoming Underearning
 - Thursday 8pm-9pm

- Dial: 1-515-739-1423
- Access code: 408137#
 - Open meeting that concentrates on recovery from underearning.
 - Uses the DA Underearning pamphlet
- 20 Minute Phone Meeting
 - Thursday 10:30pm-10:50pm
 - Dial: 515-603-3110
 - Access code: 819279#
- DA HOW for Business Owners Sole Proprietors and Artists
 - Friday 6:30pm-7:30pm
 - Dial: 605-475-6700
 - Access code: 7474463#
 - Open phone meeting which uses the HOW format and focuses on the tools of the program
- DA Clear Away!
 - Friday 9pm-10:20pm
 - Dial: 218-548-7079
 - Access code: 2588837#
 - Focuses on clutter as a symptom of our disease and terminal vagueness. De-cluttering is essential to our DA recovery and our ability to “keep our numbers:”. A three-minute guided visual meditation is lead to make peace with clutter tendencies and to envision a clutter-free D.A. abstinence/solvency. Guest speakers share their E.S.H. in D.A., including their clutter struggles and solutions.
- Friday Night Sanity Seekers
 - Friday 8pm-9pm
 - Dial: 605-475-4350
 - Access code: 704742
 - DA speakers, except on the third Friday of the month, when there is a BDA speaker. The conference line is open 10 minutes before the meeting and up to 25 minutes after the meeting for fellowship.
- Daily Commitment
 - Friday 10am-11am
 - Dial: 641-715-0700
 - Access code: 119277#
 - Open phone meeting focused on reading and the discussion of the following DA pamphlets: Spending Plan, Pressure Relief Meetings and Pressure Relief Groups, Record Keeping, and Recovery from Compulsive Spending.

- Friday Morning Phone Meeting
 - Friday 5:45am-6:30am
 - Dial: 319-527-3512
 - Access code: 03122010#
 - Open phone meeting that concentrates on book study and the steps and tools of the DA program
- Friday Afternoon DA HOW
 - Friday 1:30pm-3pm
 - Dial: 712-775-7035
 - Access code: 295072#
 - Open Meeting that covers the basics of the HOW concept, including an explanation of how we use each of the DA tools in our recovery everyday.
 - There is a speaker each week except the first Friday of the month, which is a business meeting.
- Friday Vision and Meditation/Speaker Meeting
 - Friday 3pm-4pm
 - Dial: 1-605-475-6006
 - Access code: 66639#
 - Open phone meeting concentrating on visions.
 - Approximately 10-15 minutes into the meeting there is a 5 minute silent meditation.
- BDA Skype Meeting-Experience Strength Hope
 - Friday 4am-5am
 - Add: ExperienceStrengthHopeBDA
- DA/BDA Record & Numbers Keeping Meeting- Part 1
 - Saturday 9am-10am
 - Dial: 515-739-1033
 - Access code: 879455#
- Currency of Hope DA
 - Saturday 9:30am-10:30am
 - Dial: 641-715-3850
 - Access code: 164033#
 - Open, hybrid meeting, both telephone and face to face. The face to face group meets in Rochester, NY.
 - Most meetings are step meetings, and the last meeting of the month is a literature meeting
- DA/BDA Record & Numbers-Keeping Workshop- Part 2
 - Saturday 10:15am-11:30am
 - Dial: 515-739-1033
 - Access code: 879455#

- This is a Workshop where DA/BDA members can work on their numbers, spending plan, or other recovery activity in silent solidarity, with bookending and member support.
- DA HOW Men's Meeting
 - Saturday 9 am
 - Dial: 641-715-0866
 - Access code: 575772#
 - Is a closed DA HOW meeting that concentrates on the books and tools of the Da program
- Saturday BDA for Artists and Writers
 - Saturday 12pm-1:15pm
 - Dial: 641-715-3818
 - Access code: 257887#
 - Is open to all self-employed people who have a desire to create, maintain or increase a revenue stream as a result of their creative process
 - Focuses on using the BDA program in our business as artists and writers. The first part of the meeting concentrates on the tools of the program. The format of the second part of the meeting varies by week.
- Sunday 9 AM Eastern Meeting
 - Sunday 8am-9am
 - Dial: 1-712-832-8330
 - Access code: 1880647#
 - This is an open speaker meeting, except on the first Sunday of each month when it is a business meeting.
- DA HOW Ways & Means Discussion Group
 - Sunday 10am-11am
 - Dial: 712-775-7035
 - Access code: 295072#
- Worldwide Meeting of Debtors Anonymous
 - Sunday 4:30pm-6pm
 - Dial: 712-832-8300
 - Access code: 66639#
- BDA Serenity
 - Sunday 2:30pm-3:30pm
 - Skype meeting- Add: bdaserenity@gmail.com
 - Access code: send IM to be added to the meeting
- Sunday Phone BDA
 - Sunday 7pm- 8:15pm
 - Dial: 605-475-2090
 - Access code: 666391#

- Open meeting that focuses alternately on the 12 Steps and 12 Traditions, on BDA Additional Tools, and on fifth Sundays on the DA Concepts of Services. Some weeks there are speakers, and on other weeks, we read from the 12x12x12 on a step, tradition, or concept. On the third week of the month, there will be a 15 minute business meeting.
- The Freedom Group
 - Sunday 7:30pm-8:30pm
 - Dial: 712-770-4010
 - Access code: 873968#
 - Format: Week 1- Visions; Week 2- A Currency of Hope; Week 3- Step; Week 4- Speaker; Week 5- Chair's Choice. There is a Business Meeting every 2nd week starting at 9:15.
- Showing Up Action Group
 - Sunday 7am-8am and 6pm-8pm
 - Dial: 712-832-8300
 - Access code: 46966843#
- Vibrant Sustainability BDA
 - First and Third Mondays of the month: 11:45am-12:45pm
 - Dial: 712-770-4010
 - Access code: 441077#
 - Closed BDA group. This is a hybrid phone and face-to-face meetings, which are held in Arbor, Michigan
- Let's Grow DA!
 - 3rd Thursday of the month 4:30pm-6pm
 - Dial: 319-527-9196
 - Access code: 287622#

Restrictions: None. Translators: Not available.

Gamblers Anonymous

Phone: (402) 978-7557

<http://www.gamblersanonymous.org/ga/>

Description: A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem. They desire to stop gambling. No fee for membership.

Meetings:

- *St Thomas Moore Church School*, 3515 South 48th Avenue, Omaha, NE 68106 (Mondays at 7:30pm)
- *St. Leo's Church*, 1920 North 102nd Street, Omaha, NE 68114 (Thursdays at 7:30pm)
- *St. Francis of Assisi Church*, 4513 South 32nd Street, Omaha, NE 68107 (Saturdays at 2 pm)

Restrictions: Are all closed meetings. Translators: Not available.

Note: There are some fees and financial obligations with membership. More information regarding meetings and contact information can be found online per request.

Greater Omaha Intergroup of Overeaters Anonymous

Phone: (402) 516-4234

<https://omahaoa.org/>

Description: “Is a fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating”. No fees or dues for membership.

Meetings:

- “Greater Omaha Intergroup Meeting”, *First Covenant Church*, 201 N. 90th St., Omaha, NE 68114 (2nd Thursday of the month at 6:15pm)
 - Contact: Amy at (402) 714-9917
- “309 Building” (Handicap accessible through rear door), 309 Elm Street, Atlantic, IA 50022 (Sundays at 3pm)
 - Contact: Karen W. at (712) 774-5620
- “T3”, *St. Matthew’s Church* (Northeast door upstairs, Handicap accessible, Childcare available), 1725 S 60th St., Omaha, NE 68106 (Sundays at 4pm)
 - Contact: Kathleen at (402) 556-7877
- *Immanuel Lutheran Church* (meeting room), 1700 19th St, Harlan, IA, 51537 (Mondays at 9:30am)
 - Contact: Pam at (712) 579-4169
- *Broadway Christian Church* (Handicap accessible), 2658 Ave. A, Council Bluffs, IA 51501
 - Contact: Peggy at (712) 323- 2446 (Mondays at 12pm)
- “Newcomer’s Meeting”, *Baright Public Library*(Meeting closed on major holidays, meets near children's section), 5555 South 77th Street, Ralston, NE 68127 (Mondays at 5:30pm)
 - Contact: Geri at (402) 517-8718 Saturday
- *St. Francis ADTC Chapel*, 2116 W. Faidley, Grand Island, NE 68803 (Mondays at 5:30pm)
 - Contact: Dora C. at (308) 390-5403
- *First Baptist Church*, 100 McDonald Ave, North Platte, NE 69101 (Mondays at 5:30pm)
 - Contact: Sharron at (308) 520-0937
- *Immaculate Heart of Mary Church*, 6345 Madison Ave., Lincoln, NE 68507 (Mondays at 6:30pm)
 - Contact: Brenda at (402) 416-9895
- 3163 Vane St., Omaha, NE 68112 (Tuesdays at 10:30am)
 - Contact: Lita at (402) 455-1958
- *Westminster Presbyterian Church Parlor*, 2110 Sheridan Blvd., Lincoln, NE 68502 (Tuesdays at 12pm)
 - Contact: Mary C at (605) 280-5976
- “Literature Study”, *Unity Church*, 3424 N. 90th St., Omaha NE 68134 (Tuesdays at 7pm)
 - Contact: Marcy at (402) 571-6843
- “Relapse and Recovery”, *Broadway Christian Church*, 2658 Avenue A., Council Bluffs, IA 51501 (Tuesdays at 6pm)
 - Contact: Janie at (712) 328-8482

- *Myrtue Memorial Hospital* (Prairie Room), 1213 Garfield Ave., Harlan, IA 51537 (Wednesdays at 5pm)
 - Contact: Pam at (712) 579-4169
- “Freedom from Bondage Group”, *First United Methodist Church* (Questors Room downstairs), 200 Church Street, Shenandoah, IA 51601 (Wednesdays at 4:30pm)
 - Contact: Sara at (712) 215-1500
- *Bellevue Public Library*, 1003 Lincoln Road, Bellevue NE 68005 (Wednesdays at 5:30pm)
 - Contact: Judy P. at (402) 677- 9647
- 2066 Colfax Street, Blair, NE 68008 (Thursdays at 11am)
 - Contact: Patti at (402) 426-2961
- *American Lutheran Church* (Room 101), 1512 Avenue G., Gothenburg, NE 69138 (Thursdays at 5:30pm)
 - Contact: Jan G. at (308) 537-3063
- *The Meeting Place* (Room 2A), 2748 ‘S’ St., Lincoln, NE 68503 (Thursdays at 5:30pm)
 - Contact: Susan M. at (402) 217-1181
- *Superior Family Medical Center*, 525 E 11th Street, Superior, NE 68978 (Thursdays at 6pm)
 - Contact: Becky at (785) 527-0357
- *Elwood Public Library*, 505 Ripley Street, Elwood, NE 68937 (Thursdays at 6pm)
 - Contact: Jo at (308) 746-1003
- *St. Timothy’s Lutheran Church* (Meeting is in the lower level. Handicap accessible), 510 North 93rd Street, Omaha, NE 68114 (Thursdays at 7:30pm)
 - Contact: Kay (402) 457- 6864
- “TGIF”, *W. Dale Clark Library*, 215 S 15th St, Omaha, NE 68102 (Fridays at 10:30am)
 - Contact: Julie @ (402) 671-2315
- *Ambry Clubhouse* (Alanon Rm), 15 E. 26th St. Kearney, NE 68847 (Fridays at 5:30pm)
 - Contact: Betty at (308) 234-1632
- “Simple But Not Easy Big Book Study”, *St. Matthew’s Church* (Handicap accessible), 1725 South 60th St., Omaha, NE 68106 (Fridays at 6pm)
 - Contact: Robert at (402) 298-8155
- “Saturday Morning Come As You Are”, *St. Matthew’s Church*, 1725 S. 60th St., Omaha, NE 68106 (Saturdays at 8:30am)
 - Contact: Tracy at (402) 551-9711
- *Christ United Methodist Church* (Use North entrance), 4530 A. St. Lincoln, NE 68510 (Saturdays at 8:30am)
 - Contact: Kim B. at (402) 541-2138
- *Lexington Health and Fitness Center* (Conference Room), 1600 W. 13th St, Lexington, NE, 68850 (Saturdays at 10am)
 - Contact: Jo D. B. at (308) 785-2064
- “Come As You Are”, *Unity Church* (back door, downstairs, call for code or wait for attendee to let you in), 3424 North 90th Street, Omaha, NE 68134 (Saturdays at 10:30am)
 - Saturday of each month is a newcomer's oriented meeting
 - Contact: Dala at (402) 210-3755

Narcotics Anonymous

Phone: (402) 660-3662

<https://www.na.org/>

Description: A “non-profit fellowship of men and women for whom drugs had become a major problem”. No fee for membership.

Meetings:

- *Metropolitan Community Church*, 819 South 22nd St., Omaha, NE 68108
 - Fridays at 10pm (Open Meeting)
 - Saturdays at 10pm (Open Meeting)
 - 3rd Sunday of the month at 8:30pm (Open Meeting)
- *Siena Francis House*, 1702 Nicholas St., Omaha, NE 68102
 - Fridays at 7:30pm (Open Meeting)
- *Grace Lutheran Church*, 1326 South 26th St., Omaha, NE 68105
 - Saturdays at 7pm (Open Meeting)
- *First Baptist Church*, 421 Park Avenue, Omaha, NE 68131
 - Sundays at 3:30pm (Open Meeting)
- *Campus of Hope*, 1490 North 16th Street, Omaha, NE 68102
 - Saturdays at 6pm (Open Meeting)
- *First Presbyterian Church*, 216 South 34th Street, Omaha, NE 68131
 - Mondays at 10am (Open Meeting)
 - Wednesdays at 10am (Open Meeting)
 - Thursdays at 10am (Open Meeting)
 - Fridays at 10am (Open Meeting)
- *Alano Club*, 1523 Vinton St., Omaha, NE 68108
 - Thursdays at 7pm (Open Meeting)
- *Shiloh Christian Worship Center*, 1501 North 33rd St., Omaha, NE 68111
 - Saturdays at 10am (Open Meeting)
- *Open Door Mission* (2nd Floor Classroom), 2705 North 20th St., Omaha, NE 68110
 - Fridays at 7:30pm (Closed Meeting)
- *Saint Cecilia’s Cathedral*, 701 North 40th St., Omaha NE 68131
 - Wednesdays at 6:30pm (Open Meeting)
- *Pella Lutheran Church*, 303 South 41st St., Omaha, NE 68131
 - Wednesdays at 7pm (Open Meeting)
- *Carter Lake United Methodist Church*, 3025 Mabrey Lane, Carter Lake, IA 51510
 - Mondays at 7pm (Open Meeting)
- *Open Door Missions Lydia House*, 2809 North 20th St. East., Omaha, NE 68110 (Ring bell)
 - Fridays at 6:30pm (Open Meeting)
- *Bethel Lutheran Church*, 1312 South 45th St., Omaha, NE 68106
 - Mondays at 7pm (Open Meeting)
- *500 Club*, 410 South 16th St., Council Bluffs, IA 51501
 - Wednesdays at 5pm (Open Meeting)
 - Fridays at 6pm (Open Meeting)
 - Saturdays at 6pm (Open Meeting)
- *New Lite House*, 200 South 16th Ave., Council Bluffs, IA 51503
 - Mondays at 7pm (Open Meeting)
 - Tuesdays at 7pm (Open Meeting)
 - Wednesdays at 8pm (Open Meeting)
 - Thursdays at 7pm (Open Meeting)
- *Stephen Center*, 2723 Q St., Omaha, NE 68107

- Sundays at 8:15pm (Closed Meeting)
- *Saint Matthew Lutheran Church*, 1725 South 60th St., Omaha, NE 68107
 - Sundays at 8:30pm (Open Meeting)
 - Tuesdays at 7pm (Open Meeting)
 - Thursdays at 6:30pm (Open Meeting)
 - Fridays at 7pm (Open Meeting)
 - Saturdays at 7:30pm (Closed Meeting)
- *Council Bluffs Public Library* (Rm 2E), 400 William Ave., Council Bluffs, IA 51503
 - Wednesdays at 6:30pm (Open Meeting)
- *The New Lite House*, 200 16th Ave., Council Bluffs, IA 51503
 - Mondays-Fridays at 12pm (Open Meeting)
 - Sundays at 11am (Open Meeting)
- *Broadway United Methodist Church*, 11 South 1st St., Council Bluffs, IA 51503
 - Fridays at 8pm (Open Meeting)
 - Sundays at 6:45pm (Open Meeting)
- *Sunset Hills Baptist Church*, 9416 Pacific St., Omaha, NE 68114
 - Tuesdays at 7:30pm (Open Meeting)
- *Unity Church of Omaha*, 3424 North 90th St., Omaha, NE 68134
 - Fridays at 8pm (Open Meeting)
 - Saturdays at 5pm (Open Meeting)
- *Saint James United Methodist Church*, 1505 Franklin St., Bellevue NE 68005
 - Fridays at 7pm (Open Meeting)
- *Bellevue Church of Christ*, 2311 Madison St., Bellevue NE 68005
 - Mondays 6pm (Open Meeting)
- *Church of Christ* (Suite 281), 2600 South 124th St., Omaha, NE 68144
 - Fridays at 9:30pm (Open Meeting)
- *Faith Westwood United Methodist Church* (Rm 201), 4814 Oaks Lane, Omaha, NE 68137
 - Mondays at 7pm (Open Meeting)
- *Lakeside Hospital*, 16901 Lakeside Hills Court, Omaha, NE 68130
 - Sundays at 11am (Open Meeting)
- *Hosanna Lutheran Church*, 700 South 18th St., Plattsmouth NE 68048
 - Mondays at 7pm (Open Meeting)
 - Thursdays at 7pm (Open Meeting)
- *Shepherd of the Hills Lutheran Church*, 6201 North 60th St., Omaha, NE 68104
 - Tuesdays at 12pm (Closed Meeting)

Restrictions: Closed meetings not open for the public. Translators: Not available.

Recovery from Food Addiction

Phone: (402) 593-2032

<http://www.recoveryfromfoodaddiction.org/>

Description: Is a fellowship of women and men dedicated to physical, spiritual, and emotional recovery by abstaining from sugar, flour, and wheat in all forms and by living the twelve steps of recovery. The food plan and step work lead our members to a new freedom from overeating, compulsive eating, anorexia, and bulimia.

Meetings:

- *Trinity Lutheran Church* (Classroom D), 520 W. Lincoln St., Papillion, NE 68046 (Mondays at 6:30pm)
 - Contact Janice at (402) 593-2032
- *Lutheran Church of the Master* (Basement), 114th and Center, Omaha, NE 68144 (Saturdays at 10am)
 - Contact Barb at (402) 398-1437

Restrictions: None. Translators: Not available.

Note: Please call the contact person before attending a meeting to confirm the accuracy of this information.

Sex Addicts Anonymous

Westgate Professional Center
 2808 South 80th Ave., Suite 100
 Omaha, NE 68124
 Phone: (402) 573-6790
 Email: Slaa.ormaha@gmail.com
<http://slaaomaha.weebly.com/>

Description: It is a Twelve Step, Twelve Tradition oriented recovery fellowship for men and women (18+) that may have a problem with sex and love addiction. Call the number or send them an email to talk about attending meetings. Some numbers and locations are not shared publicly due to the anonymous nature of the program.

Meetings:

- At the address mentioned above
 - “Women Only”: Sundays at 5pm
 - “Answers in the Heart”: Sundays at 6:30pm, Mondays at 12pm, Thursdays at 12pm, and Saturdays at 9am
 - “Reading-Discussion”: Mondays at 6:30pm and Thursdays at 6:30pm
 - “Step Study”: Tuesdays at 12pm and 6:30pm
 - “Meditation”: Tuesdays at 8pm and Fridays at 12pm
 - “Issues/Journal”: Fridays at 6:30pm
 - Speaker Meeting- Journey Through the Steps: first Wednesday of the month at 7pm
- Other locations
 - Twelve Step House (McGill Room), 7306 Grant St., Omaha, NE 68134 (Thursdays at 6:30am)
 - St. Michael Lutheran Church, 13232 Blondo St., Omaha, NE 68164 (Sundays at 3:30pm)
- Telephone meeting:
 - For women only: <https://www.slaawomensgroup.org/>

Restrictions: Some meetings are for an exclusive population, like women only. Many are closed meetings. Check the website for more information. Translators: Not available.

Note: More information regarding meetings and contact information can be found online.

Domestic Violence

Women's Center for Advancement- Domestic Violence Support Groups

3801 Harney Street

Omaha, NE 68131

Phone: (402) 345-6555 x 280

<https://wcaomaha.org/>

Description: Support groups are free of charge. We can ever provide transportation to and from support groups if needed; one just needs to phone ahead of time.

Meetings:

- “Domestic Violence Support Group”, Mondays 6pm-7:30pm
 - Provides continued support for women who are in, or have been in, abusive relationships.
- “Sexual Assault Support Group”, Wednesdays 6pm-7:30pm
 - Provides continued support for women who have been sexually assaulted.
- “Spanish Support Group”, Wednesdays 9am-11am
 - Provides continued support for women who are in, or have been, in abusive relationships or have been sexually assaulted.
- “Secondary Survivors Support Group”, Thursdays 6pm-7:30pm
 - Provides support for those who have a loved one who has been affected by domestic violence, sexual assault, stalking, and/or human trafficking.
- “Hold the Line”, Wednesdays 6pm-7pm
 - Provides support to all who have served or are currently serving in any branch of the military that have experienced trauma, are transitioning out of the service, or are seeking a peer support network.
- “Men's Non-Violence (in English)”, Once a week for 36 weeks- Monday, Tuesday, Thursday 6pm-7:30pm
 - Part of a community response to domestic violence. This group is not intended to be the sole means to ending domestic violence or to saving relationships or marriages. The purpose is to hold abusers accountable for their behavior, challenge their beliefs, teach them new skills to change their behavior, and to enhance the safety of victims, both children and adults. Pre-registration is required, but this class is on-going and you can jump in at any time. Call the office to sign up.
- “Men's Non-Violence (in Spanish)”, Wednesdays 6pm-7:30pm

Restrictions: Childcare not provided. Translators: Not available.

Grief

Friends and Families of Inmates- Omaha (FFI-O)

First Christian Church

6630 Dodge Street

Omaha, NE 68132

Phone: (402) 558-2085

<http://www.crossoveromaha.org/FFL.php>

Description: To provide moral support and assistance to those whose Loved Ones are incarcerated. Also focuses on advocating for a human, rational, and restorative correctional system.

Meetings:

- Fourth Saturday of each month (except December) 9:30am

Restrictions: None.

Grief's Journey

7811 Farnam Dr.

Omaha, NE 68114

Phone: (402) 502-2773

<https://griefsjourney.org/>

Description: Serve adults and children ages 3-18 grieving a death or serious illness and/or injury. Office hours are Monday- Friday 8am-4:30pm.

Meetings:

- Monthly Support group for those grieving a death. Youth ages 3-18 with and adult. 2nd Saturday of every month at 9:30am-10:45am (light breakfast snacks provided)
- 8 Session Support Groups (see website for the next session). For families with children ages 3-18 and an adult: 6pm-7:45pm for 8 sessions.
- Monthly Support group for those dealing with a serious illness or injury. Youth must be 3-18 and have an adult. The adult/youth with the illness/injury are welcome to attend. 2nd Saturday of every month 12pm-1:30 pm (Lunch included)

Restrictions: Youth must be accompanied by an adult. Some support groups are either catered to children, teens, or are adult only. Registration online. Free services. Translators: Some bilingual volunteers may be present.

Support Without Borders

Grace United Methodist Church

2418 E Street

Omaha, NE 68107

Phone: (402) 507-0190

<https://griefsjourney.org/programs/support-without-borders/>

Description: Support Without Borders is Grief's Journey's newest program, designed to provide grief support to those experiencing separation of a loved one due to immigration challenges. Join us for this FREE opportunity to share your experiences, build healthy coping skills, and meet others who "get it".

Meetings: 3rd Saturday of every month from 10:00am-12:00pm

Restrictions: None. Translators: There is a group for Spanish-speaking adults. Facilitators are bilingual.

Note: Light snack provided. Call or register online before attending.

The Compassionate Friends

Greater Omaha Chapter

P.O. Box 540852

Omaha, NE 68154
Phone: (402) 571-4011
<http://www.pflag-omaha.org/>

Description: The Compassionate Friends is a self-help organization offering support and understanding to families who have experienced the death of a child.

Meetings:

- Omaha Meeting- 1st Thursday of the month 7pm-9pm
 - 900 N 90th Street, Omaha, NE 68114
- Fremont Meeting- 2nd Thursday of the month 7pm-9pm
 - 450 E 23rd Street, Fremont, NE 68025
- Lincoln Meeting- 3rd Thursday of the month 7pm-9pm
 - 5900 S 58th Street (Suite H), Lincoln, NE 68516

Restrictions: None.

LGBTQIA+

PFLAG (Parents and Families of Lesbians and Gays)

Countryside Community Church's (Memorial Hall)
8787 Pacific Street
Omaha, NE 68114
Phone: (402) 291-6781
<http://www.pflag-omaha.org/>

Description: Provides support for families, allies and people who are LGBTQ+. Provides education for ourselves and others about the unique issues and challenges facing people who are LGBTQ+. Advocates in our communities to change attitudes and create policies and laws that achieve full equality for people who are LGBTQ+. For support and education regarding sexual orientation, gender identity, and gender expression.

Meetings:

- 2nd Thursday of every month 6:45pm-9pm
 - Social time at 6:30pm, prior to the support group

Proud Horizons Youth Group (sponsored by PFLAG)

First United Methodist Church (Mead Hall)
7020 Cass Street
Omaha, NE 68132
Phone: (402) 291-6781
<http://www.pflag-omaha.org/>

Description: Youth Group for gay, lesbian, bisexual, transgender, and straight ally youth ages 13-23.

Meetings:

- Saturdays 4pm-6pm

Restrictions: Age limit.

Women's Center for Advancement- LGBTQIA+ Trauma Support Group (PRISM)

3801 Harney Street

Omaha, NE 68131

Phone: (402) 345-6555 x 280

<https://wcaomaha.org/>

Description: Support groups are free of charge. We can ever provide transportation to and from support groups if needed; one just needs to phone ahead of time. This support group provides continued support for members of the LGBTQIA+ community who have experienced Trauma.

Meetings:

- Thursdays 6pm-7pm

Restrictions: None.

Medical Conditions

ALS (Lou Gehrig's Disease)

Nebraska Office

900 S 74th Plaza, Ste. 106

Omaha, NE 68114

Phone: (402) 991-8788

<http://www.alsa-midamerica.org/>

Description: The ALS Association aims to discover treatments and a cure for ALS, and to serve, advocate for, and empower people affected by ALS to live their lives to the fullest. Support groups for those affected by ALS and their families.

Meetings:

- Omaha Meeting- Second Thursday at 1pm
 - The ALS Association Office, 900 S 74 Plaza, Ste. 106, Omaha, NE 68114
 - Can Join by Phone: 1-800-768-2983 (Access Code: 648 206 3)
 - Can Join by Video: Contact Shannon Todd at for Link
- Omaha Caregivers/Survivors- Third Thursday at 6:30pm
 - Methodist Nursing College (The Josie Harper Campus), 720 N 87th St., Omaha, NE 68114
- Lincoln Meeting- First Thursday at 4pm
 - Madonna Long Term Care (The Flanagan Room), 2200 S 52nd St., Lincoln, NE 68506
- Lincoln Caregivers/Survivors- Fourth Thursday 4pm (Feb., Apr., June, Aug., Oct., Dec.)
 - Madonna Long Term Care (The Lancaster Room), 2200 S 52nd St., Lincoln, NE 68506

Restrictions: Need to call the phone number provided to RSVP for a support group meeting.

Alzheimer's Association

Nebraska Office
11711 Arbor Street, Suite 110
Omaha, NE 68144
Phone: (800) 272-3900
<https://www.alz.org/nebraska>
<https://www.communityresourcefinder.org/ProviderSearch/Search?ProfileDefinitionId=91&location=omaha,NE>

Description: The Alzheimer's Association is a health organization that specializes in Alzheimer's care, support, and research. It aims to find treatment of Alzheimer's disease through research and to provide care and support for all affected by the disease. They also promote brain health and, through this, hope to reduce the risk of dementia.

Meetings:

- ALZConnected (Online)
 - <https://www.alzconnected.org/>
 - Join online forum in this online community for everyone affected by Alzheimer's (people with the disease, caregivers, family members, friends)
- Caregiver Support Group in Omaha (New Cassel)- Monday every two weeks 1:30p-3p
 - New Cassel Retirement Center Gathering Place, 900 N 90th St., Omaha, NE 68114
 - Current Meetings on Jan. 21, Feb. 4, Feb. 18, etc.
- Caregiver Support Group in Omaha (Alegent Health)- Tuesday every 5 weeks 5p-6p
 - Immanuel Fontenelle (1st Floor Classroom), 6809 N 68th Plaza, Omaha, NE 68152
 - Current Meetings on Jan. 15, Feb. 19
- Caregiver Support Group in Papillion- Recurring meetings Thursdays 6p-7p
 - The Grand Lodge-Hillcrest Health Services, 6021 Grand Lodge Ave., Papillion, NE 68133
 - Current Meeting on Jan. 24 (see website for other dates)
- Caregiver Support Group in Bellevue (Senior Center)- Monday every 4 weeks 7p-8:45p
 - Bellevue Senior Center, 109 W 22nd Ave., Bellevue, NE 68005
 - Current Meetings on Jan. 21, Feb. 18
- Caregiver Support Group in Omaha (Temple Israel)- Tuesdays every 5 weeks 6p-7p
 - Temple Israel of Omaha Media Center, 13111 Sterling Ridge Dr., Omaha, NE 68144
- Current Meeting on Jan. 15, Feb. 19
- Caregiver Support Group in Omaha (CountryHouse)- Recurring Thursdays 10a-11a and 5:30p-6:30p (see online)
 - CountryHouse Residences (Meeting Room), 5030 S. 155th St., Omaha, NE 68137
 - Current Meetings on Jan. 10, Feb. 14
- Caregiver Support Group in Omaha (King of Kings)- Recurring on Thursdays 6:45p-7:45p
 - King of Kings Church (Omaha, NE CORE Conference Room), 11615 I St., Omaha, NE 68137
 - Current Meeting on Feb. 7 (see online for updates)
- Caregiver Support Group in Bellevue (Eastern Nebraska Veterans Home)- Recurring Wednesdays 1p-2p
 - Eastern Nebraska Veteran's Home, 12505 S. 40th St., Bellevue, NE 68123

- Current Meeting Feb. 6 (see online for updates)
- Caregiver Support Group in Fremont- Tuesdays every 5 weeks 5:30p-6:30p
 - Heritage at Shallmar Gardens (2nd Floor Community Room), 749 E 29th St., Fremont, NE 68025
 - Current Meetings Jan. 8, Feb. 12
- Caregiver Support Group in Lincoln (Madonna Rehabilitation Hospital)- Recurring Mondays 7p-8p
 - Madonna Rehabilitation Hospital (Lancaster Room), 5401 South St., Lincoln, NE 68506
 - Current Meeting on Feb. 4 (see online for updates)
- Lincoln Caregiver Support Group- Trinity United Methodist- Wednesdays every 5 weeks 1:30p-2:30p
 - Trinity United Methodist Church (Fireside Room), 7130 Kentwell Ln, Lincoln, NE 68516
 - Current Meetings on Jan. 16, Feb. 20
- Caregiver Support Group in Lincoln (CountryHouse)- Wednesdays every 2 weeks 12p-1p
 - CountryHouse Day Services Center (Meeting Room), 6616 S. 84th St., Lincoln, NE 68516
 - Current Meetings on Feb. 6, Feb. 20
- Affillate Caregiver Support Group in West Point- Thursdays every 5 weeks 4p-5p
 - Sunshine Senior Center, 140 W. Bridge St., West Point, NE 68788
 - Current Meetings on Jan. 17, Feb. 21
- Affillate Caregiver Support Group in West Point- Mondays every 4 weeks 2p-3p
 - Sunshine Senior Center, 140 W. Bridge St., West Point, NE 68788
 - Current Meetings on Jan. 21, Feb. 18
- Auburn Senior Center Caregiver Support- Fridays every 4 weeks 3:30p-4:30p
 - Auburn Senior Center, 1101 J St., Auburn, NE 68305
 - Current Meetings on Jan. 11, Feb. 8
- Caregiver Support Group in Seward- Recurring Tuesdays 7p-9p
 - Brookdale Seward Heartland Park (Meeting Room), 500 Heartland Park Drive, Seward, NE 68434
 - Current Meeting on Feb. 12 (see online for updates)
- Columbus Community Center- Recurring Mondays 1:30p-2:30p
 - Columbus Community Center, 3111 19th St., Columbus, NE 68601
 - Current Meeting on Jan. 28 (see online for updates)
- Beatrice Senior Center Support Group- Tuesdays every 5 weeks 3p-4p
 - Beatrice Senior Center, 101 N. 25th St., Beatrice, NE 68310
 - Current Meetings on Jan. 8, Feb. 12
- Beatrice Senior Center Support Group- Tuesdays every 5 weeks 7p-8p
 - Beatrice Senior Center, 101 N. 25th St., Beatrice, NE 68310
 - Current Meetings on Jan. 8, Feb. 12
- Affiliate Caregiver Support Group in Norfolk- Fridays every 4 weeks 2p-3p
 - Norfolk Senior Center, 307 Prospect Ave., Norfolk, NE 68701
 - Current Meetings on Jan. 11, Feb. 8

Restrictions: Need to register online before attending. See online for updated meeting dates before attending.

Breast Cancer Support Group

Methodist Estabrook Cancer Center

8303 Dodge St.

Omaha, NE 68114

Phone: (402) 354-5890

<http://harpershope.org/support/>

Description: Harper's Hope and Methodist Estabrook Cancer Center work with local organizations to offer additional, specialized support groups to cancer survivors.

Meetings:

- Second Tuesday of the month from 4:30-6p in the Karrer Conference Room.

Restrictions: Women only.

Crohn's Disease & Colitis

Hy-Vee

3410 North 156th St.

Omaha, NE 68116

Phone: (402) 505-9901

<http://www.crohnscolitisfoundation.org/>

Description: This foundation is dedicated to finding cures for Crohn's Disease and ulcerative colitis and to improve the quality of life of children and adults affected by these diseases.

Meetings:

- Meeting at the address provided above- 2nd Thursday of the Month at 6p

Restrictions: None.

Note: An online community is available as well. Register here: <https://www.crohnscolitiscommunity.org/>

Diabetes Education Center Support Group

2910 South 84th St.

Omaha, NE 68124

Phone: (402) 399-0777 ext. 230 or toll free: (800) 779-3374

<https://diabetes-education.com/>

Description: This community-based, nonprofit organization is dedicated to enhancing the quality of life of diabetic individuals and their families by empowering them through health education to take charge of their lives.

Meetings:

- Type 1 Diabetes Support Group- 2nd Saturday of each month at 10a
 - Meeting held at the address provided above for the Diabetes Education Center (Resource Center)
 - Call Blaine Hellman to register: (402) 399-0777

Restrictions: Office hours is 8a-5p (closed Fridays and Saturdays)

Note: The Type 2 Diabetes Support Group is temporarily suspended.

Hearing Loss Support Groups- Nebraska Commission for the Deaf and Hard of Hearing

Omaha Office

1313 Farnam St.

Omaha, NE 68102

Phone: (800) 545-6244

<https://ncdhh.nebraska.gov/>

Description: NCDHH promotes and advocates for Nebraskans who are Deaf, Deaf-Blind, or Hard of Hearing to achieve equality and opportunity in social, educational, vocational, and legal aspects impacting their daily lives. They aim to enhance and monitor access to effective communication and telecommunication technology.

Meetings:

- Hearing Loss Support Group- 3rd Tuesday of the month at 1p
 - *Northridge Senior Living Community*, 5410 17th Ave., Kearney, NE 68845
 - Phone: (800) 545-6244
- Lincoln Association of the Deaf- 2nd Saturday of each month at 7p
 - Contact Tricia Tighe at lincolnassndeaf1926@hotmail.com for location
- Lincoln Deaf Club- 3rd Saturday of each month
 - Contact Nancy Brt at (402) 430-8010 or nbrt@neb.rr.com for meeting time and location.
- Lincoln Association of Sign Language Professionals (LASLP)- 4th Tuesday of the month
 - Contact Lorelei Waldron at glwaldron@yahoo.com for meeting time and location.
- Hearing Loss Association of America, Omaha Area- 2nd Tuesday of each month (Sept.-May) at 6:30p
 - *Dundee Presbyterian Church*, 5312 Underwood Ave., Omaha, NE 68132 (Use East Entrance)
 - Contact: Doug McElwain at djmcElwain@hotmail.com
- Hearing Loss Support Group- 4th Friday of each month at 10:30p
 - *Dora Bingel Senior Center: The Salvation Army*, 923 N. 38th St., Omaha, NE 68131
 - Contact: Beth Ellsworth at (800) 545-6244 or ncdhh@nebraska.gov
- Omaha Association of the Deaf- 3rd Saturday of each month at 7p (dinner at 5p)
 - Contact Norman Weverka at (402) 480-3771 (text) for meeting location
- Omaha Deaf Senior Citizens- 1st and 3rd Thursday of the month at 1p (lunch at 11a)
 - Contact Laverne Haynes at (402) 682-7076 (video phone) or lavernehaynes29@cox.net

Restrictions: None.

Huntington's Disease Society of America

4239 Farnam St., Suite 105

Omaha, NE 68198

Phone: (402) 552-6465

<https://hdsa.org/>

Description: This nonprofit is dedicated to improving the lives of everyone affected by Huntington's disease through community services, education, advocacy, and research.

Meetings:

- See websites for more information.

Restrictions: Must create an account online to access some resources available, such as the support groups.

Note: To inquire about in-person support groups, visit <http://omaha.hdsa.org/about/affinfo>. An online community is available as well. Register here: <http://hdsa.org/osg/>

Leukemia & Lymphoma Society- Nebraska Chapter

11840 Nicholas St., Suite 215

Omaha, NE 68154

Phone: (402) 344-2242

<https://www.lls.org/>

Description: Their mission is to cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and to improve the quality of life of patients and their families.

Meetings:

- Omaha Community Family Support Group- last Tuesday of every month from 5:45p-7p
 - *Methodist Estabrook Cancer Center*, 8303 Dodge St., Omaha NE 68114 (Room 302)

Restrictions: Must create an account online to access some resources available, such as the support groups.

Note: Online Support Groups are available as well. Register here: <https://www.lls.org/support/online-chats>

Nebraska AIDS Project

250 S. 77th St., Suite A

Omaha, NE 68114

Phone: (402) 552-9260

<http://www.nap.org/>

Description: Nebraska AIDS Project leads the community in the fight to overcome HIV/AIDS and its stigma through education, supportive services and advocacy.

Meetings:

- Group Therapy (Omaha)- every Tuesday from 7p-8:30p
 - *Omaha NAP office*, 250 S. 77th St., Suite A, Omaha, NE 68114
 - Contact Lucie Long at (402) 651-1684
- Red Ribbon Women's Support Group (Omaha)- 2nd and 4th Thursdays from 5:30p-7:30p
 - *Omaha NAP Office*, 250 S. 77th St., Suite A, Omaha, NE 68114
 - Contact Brittany Willmore at (402) 552-9260 ext. 114 or Paige Mosier at (402) 552-9260 ext. 111 to join group
 - Women only
- W.H.A.A.T.?! (Whoopin HIV And AIDS Together)- Young Adult Support Group (Omaha)- 1st and 3rd Thursdays at 5:30p-7:30p
 - *Omaha NAP office*, 250 S. 77th St., Suite A, Omaha, NE 68114
 - Contact Tommy Young-Dennis at (402) 552-9260 ext. 122 or groups@nap.org to join group
 - For young persons ages 19-30
- Vidas Unidas- Spanish Speaking Support Group (Omaha)
 - *Omaha NAP office*, 250 S. 77th St., Suite A, Omaha, NE 68114
 - Contact Christina Rommelfanger at (402) 552-9260 or Daniel Cobos at (402) 559-5750 for more information

- Positive Living Support Group (Lincoln)- every second Tuesday of the month
 - *Omaha NAP office*, 250 S. 77th St., Suite A, Omaha, NE 68114
 - Contact Lacie Bolte at (402) 476-7000 for more information

Restrictions: Some restrictions depending on the meeting. (See above.)

Nebraska Chapter- National Hemophilia Foundation

8031 West Center Road, Suite 304

Omaha, NE 68124

Phone: (402) 742-5663

<https://www.nebraskanhf.org/#stq=&stp=0>

Description: This organization is dedicated to finding better treatments and cures for inheritable bleeding disorders and to prevent the complications of these disorders through education, advocacy, and research. They were founded out of a need to raise awareness for voices not heard.

Meetings:

- Parent Information & Networking Group (PING)- Twice a year (summer and winter)
 - Meeting locations changes.
 - See website for 2019 dates.
- Advocacy Dinner Training- March 4, 2019 at 6p-9p
 - *Lazlo's Grill*, 2425 South 192nd Ave., Omaha, NE 68130
 - Register at <https://www.nebraskanhf.org/news-events/event-calendar.html>
 - Contact Maureen Grace at (402) 499-8025 or mgrace@hemophilia.org for more information

Restrictions: PING is for parents with children with a bleeding disorder. There are two groups with different age groups.

Note: Event changes are posted on the website.

Nebraska SIDS Foundation

P.O. Box 540633

Omaha, NE 68154

Phone: (402) 935-1911

<http://www.nebraskasidsfoundation.org/>

Description: This foundation's mission is to help families and care providers become educated about SIDS and to provide support for grief.

Meetings:

- Need to contact info@nebraskasidsfoundation.org to inquire about meetings.

Restrictions: None.

Nebraska State Stroke Association

Barkley Memorial Center, #264

4075 East Campus Loop

Lincoln, NE 68583

Phone: (402) 472-3140

<https://nebraskastroke.org/>

Description: This organization’s vision is to be a statewide resource to reduce the impact of stroke and enhance the quality of life of those affected by a stroke. Their mission is to serve Nebraskans through stroke prevention, education, advocacy, and support services.

Meetings:

- Kearney Meetings
 - Stroke and Brain Injury Support Group- 3rd Thursday of the month at 4:30p
 - *Good Samaritan Hospital*, 3611 2nd Ave., Kearney, NE 68847
 - Contact Tiffany Davis at (308) 865-7187 or Michelle McKelvey at mckelveyml@unk.edu for more information
- Lincoln Meetings
 - Bryan Stroke Support Group- 3rd Thursday of the month at 3:30p-5p
 - *Bryan Medical Center* (Bryan West Campus, Conference Center, Classroom 2), 2300 S. 16th St., Lincoln, NE 68502
 - Contact at Jenny.Abler@bryanhealth.org or (402) 481-9368 for more information
 - Stroke Support Group, - 4th Tuesday of every month at 1p-2p
 - *Madonna Rehabilitation Hospital*, 5401 S. St., Lincoln, NE 68506
 - Contact Carol P. Olson, PT at (402) 413-3886 or colson@madonna.org
- Omaha Meetings
 - “Hope for a Better Tomorrow” Support Group- the 2nd Tuesday of the month at 6p-7:30p
 - *Nebraska Medicine* (Fred & Pamela Buffett Cancer Center, Rm. 12-1-02), 505 S. 45th St., Omaha, NE 68198
 - Contact Sarina McNeel at bagroup.help@gmail.com or (402) 699-2666 for more information.
 - “Hope for a Better Tomorrow” Support Group- 2nd Tuesday of the month at 6p-7:30p
 - *Madonna Rehabilitation Hospital* (Campus Dodge Room) 17500 Burke St., Omaha, NE 68118
 - Contact Amy Goldman at agoldman@madonna.org or (402) 413-3184
 - Nebraska Methodist Stroke Club- 1st Tuesday of every month at 7p
 - *Methodist Hospital* (Cornhusker Room), 8303 Dodge St., Omaha, NE 68114
 - Contact Rebecca Frans at (402) 354-4461 or Becca.frans@nmhs.org for more information
 - Stroke Support Group- 1st Tuesday of every month at 4:30p-5:30p
 - *Immanuel Rehabilitation Center* (Conference Center), 6901 N. 72nd St., Omaha, NE 68122
 - Contact Michele Clair at (402) 572-2918 or (402) 572-2887 or at Michele.Clair@alegent.org
 - RSVP needed to attend
 - Stroke Support Group- 2nd Wednesday of every month at 9a-10:30a
 - *CHI Health Lakeside* (Wellness Center), 16901 Lakeside Hills Ct., Omaha, NE 68130
 - Contact (402) 717-8392 for more information.

Restrictions: Call before attending to verify meeting and to RSVP.

Note: For updates, contact [Hello@NebraskaStroke.org](mailto>Hello@NebraskaStroke.org) or (402) 484-8131 or toll-free at (888) 808-5678

16811 Burdette St., Suite 1
Omaha, NE 68116
Phone: (402) 715-4707
<https://parkinsonsnebraska.org/>

Description: This organization is dedicated to using their time and talents to help bring education, expertise, classes, support and a host of other resources together in Nebraska.

Meetings:

- Omaha Support Groups
 - Nebraska-Sponsored Support Group- 2nd Saturday of the month at 2:30p
 - *Parkinson's Nebraska Office*, 16811 Burdette St., Suite 1, Omaha, NE 68116
 - Contact Dan Lombardo at (402) 896-0855 or dlomb1313@gmail.com for more information.
 - Life After Parkinson's Group for Caregivers Support Group
 - Contact Kay Siek at krsiek@cox.net for the location, date, and time.
 - Movin' On! Group for Young Onset and Newly Diagnosed Support Group
 - Contact Katie Domayer at domayerkate65@gmail.com for the location, date, and time.
 - Parkinson's Disease CarePartners for Caregivers Support Group- 2nd Wednesday of the month (contact Mary for the time)
 - *Swanson Library*, 9101 W. Dodge Rd., Omaha, NE 68114
 - Contact Mary ick at (402) 571-4648 or magmick@cox.net for more information.
- Lincoln Support Groups
 - Parkinson's Support Group- 4th Sunday of every month at 2pm
 - *Madonna Rehab Center*, 5401 S. St., Lincoln, NE 68506
 - Contact Judy Johnson at (402) 435-8946 or judyj@inebraska.com or Jim Carr at (402) 467-2952 or jcarr1@unl.edu for more information.
- Council Bluffs Support Groups
 - *Heritage at Fox Run Assisted Living Support Group*- 4th Tuesday of the month at 2pm (call to verify date)
 - 3121 Macineery Dr., Council Bluffs, IA 51501
 - Contact Molly George at (712) 256-2741 or mcampbell@heritage-communitites.com for more information.
 - *Heritage at Fox Run Assisted Living Support Group*- 2nd Tuesday of the month at 3pm (call to verify date)
 - 3121 Macineery Dr., Council Bluffs, IA 51501
 - Contact Molly George at (712) 256-2741 or mcampbell@heritage-communitites.com for more information.

Restrictions: None.

Us Too (Prostate Cancer)
2720 S. River Road, Suite 112
Des Plaines, IL 60018
Phone: (630) 795-1002
<http://www.ustoo.org/>

Description: This international non-profit aims to educate about prostate cancer and to provide a support network for men and their spouses/partners/families.

Meetings:

- Us Too PCa Support Group- 1st Tuesday of the month at 6p-7p (No Meetings June, July, or December)
 - *CHI Henry Lynch Cancer Center*, 7500 Mercy Rd., Omaha, NE 68124
 - Contact Lori Simpson at (402) 398-6267 or lsimpson@alegent.org for more information

Restrictions: Office is open Monday through Friday from 9a-5p

Mental Health

ADDitude

<https://www.additudemag.com/>

Description: This website offers a variety of resources of parents of children with ADHD and for adults diagnosed with ADHD, including articles, symptom tests, information over medications and treatments, and an online discussion board for having questions answered or advice-receiving.

Attention Deficit Disorder Association (ADDA)

Phone: (800) 939-1019

Email: <https://add.org/contact-adda/>

<https://add.org/>

Description: This virtual, volunteer-run organization aims to help adults with Attention Deficit/Hyperactivity Disorder lead better lives.

Meetings:

- Virtual Peer Support Group (Beginners)- Dates online (typically Thursdays) from 8p-9:30p
 - Leader: Renee Crook
- Virtual Peer Support Group (Women 50+)- Every other Tuesday from 7p-8:30p
 - Leaders: Ann Myers and Lynn Shumaker
- Parent Support Group- Wednesdays from 6p-7p
 - Leaders: Diana Wallace and Andrea Elrom
- Virtual Peer Support Group (Non-ADHD Partner Peer Support Group)- Wednesdays from 10a-11a
 - Leaders: Mike Fedel (with monthly expert guest Terry Huff)
- Peer Support for ADD/ADHD +LGBT, Poly Adults- Date and Time TBA
 - Leaders: Keith Griffin & David Rose
- Virtual Peer Support Group (Young Adult)- See online for Date and Time
 - Leaders: Beth Albright, Jessica McLaren, Bobby Benjamin, Nick Noseworthy, and Zach Gershon
- Men Becoming Our Best: A Peer Group for Men with ADHD- 1st & 3rd Sundays from 6p-7p
 - Facilitator: Mike Fedel
- African American +ADHD Peer Support Group- Twice a month on Sundays from 7p-8:30p
 - Leaders: Jackquelina English and Romanza McAllister
- International Peer Support Group- 1st and 3rd Thursdays from 12p-1p
 - Leader: Kian Najmechi

- ADDA Virtual Peer Support Group- Productivity PowerHour+- Wednesdays from 7p-8:30p
 - Lead by ADDA volunteers

Restrictions: Support groups for adults only. Some support groups for certain populations only. Membership needed to attend meetings. See online for dates: <https://add.org/adda-virtual-programs/>
Cost ranges from \$5-\$20/month.

Note: It may take several hours to several days until someone may return your phone call.

Children and Adults with Attention Deficit/Hyperactivity Disorder

Omaha Metro CHADD

PO Box 4964

Omaha, NE 68104

Email: omaha@chadd.net

<http://www.chadd.net/template.cfm?affid=356&p=about>

Description: Their mission is to provide support and education to the ADHD community that incorporates parents and caregivers of children and adults diagnosed with ADHD. They incorporate a collaborative effort to bring awareness with the help of healthcare professionals.

Meetings:

- ADHD Adult Support Group- See online for date and time
 - *University of Nebraska at Omaha* (Barbara Weitz Community Engagement Center, Room 118), 6400 University Dr. S., Omaha, NE 68182
 - Contact Rhonda Eby at (402) 547-6878 for more information
- ADHD Parent Support Group- See online for date and time
 - *Nebraska Methodist College* (Room 3213), 720 N. 87th St., Omaha, NE 68114
 - Contact Rhonda Eby at (402) 547-6878 for more information
- CHADD Parent Group Meeting- See online for date and time
 - *Nebraska Methodist College* (Room 3213), 720 N. 87th St., Omaha, NE 68114
 - Contact Rhonda Eby at (402) 547-6878 for more information

Restrictions: None.

Note: Meeting schedules can be found here: <http://www.chadd.net/template.cfm?affid=356&p=events>

Co-Dependent's Anonymous (CoDa)

Email: codaomaha@yahoo.com

<http://www.codaomaha.org/>

Description: The only requirement for joining is to have a desire for healthy and fulfilling relationships, by using the Twelve Steps and Twelve Traditions to develop honest and fulfilling relationships.

Meetings:

- Monday CoDa- weekly at 7:30p
 - *12 Step House*, 7306 Grant St., Omaha, NE 68134 (small room upstairs on southeast side of building, side entrance on east side of building)
 - Contact Jonathan L. at (402) 231-5616 or codaomaha@yahoo.com, or Courtney S. at (402) 708-0273
- Wednesday New Freedom- weekly at 8p
 - *12 Step House*, 7306 Grant St., Omaha, NE 68134 (large room upstairs on north side of building)

- Contact Ted O. at (402) 321-8697 (text only) or Jim at (402) 739-5019
- Saturday Serenity- weekly at 11:30a
 - *12 Step House*, 7306 Grant St., Omaha, NE 68134 (large room upstairs on north side of building)
 - Contact Courtney S. at (402) 708-0273 or Jonathan L. at (402) 213-5416 or codaomaha@yahoo.com
- CoDa @ the Hami- Saturdays weekly at 2:30p
 - Hamilton Club at the Center Mall, 1941 S. 42nd St., Suite 109, Omaha, NE 68105
 - Contact Ariel Y. at (402) 250-1186 or aeyoung5466@gmail.com or Amanda J. at (402) 813-0050

Restrictions: None.

Depression & Bipolar Support Alliance

DBSA Omaha New Hope

3410 North 156th St.

Phone: (402) 502-4673

Email: newhope.dbs@gmail.com

<http://biz130.inmotionhosting.com/~omahan5/>

Description: DBSA provides hope, help, support, and education to improve the lives of people who have mood disorders.

Meetings:

- Indian Hills Meeting (with Family and Friends welcome)- Thursdays weekly at 7p-9p
 - *Morning Star Lutheran Church*, 331 South 85th Avenue, Omaha, NE 68114

Restrictions: None.

Note: If Omaha Public Schools is closed due to bad weather, meetings will not be held.

National Alliance of Mental Illness (NAMI)

NAMI Nebraska (Annex Building)

415 South 25th Ave.

Omaha, NE 68131

Phone: (402) 345-8101

<https://naminebraska.org/>

Description: This nonprofit, membership organization provides education and support services (through affiliates) to those that have been affected by mental illnesses.

Meetings:

- Omaha Family Support Group- 1st & 3rd Mondays of the month from 6:30p-8p
 - *King of Kings Lutheran Church* (Alpha Room), 11615 I St., Omaha, NE 68137
 - Contact Bob Rennie (818) 383-4026 or NAMI Omaha at namiomaha@gmail.com for more information
- Omaha Family Support Group- 2nd & 4th Tuesday of the month from 6p-7:30p
 - *Nebraska Family Support Network* (West Entry), 3568 Dodge St., Omaha, NE 68131

- Contact Nebraska Family Support Network at (402) 345-0791 for more information
- Omaha Family Support Group- 1st and 3rd Tuesdays of the month from 6:30p-8p
 - *Christ Community Church* (2nd Floor, Room D225), 404 South 108th Ave., Omaha, NE 68154
 - Contact MJ Zaremba at (402) 980-1532 or NAMI Omaha at namiomaha@gmail.com for more information
- Papillion Family Support Group- 2nd Tuesday of the month from 7p-8:30p
 - *Papillion Sump Library*, 222 N. Jefferson St., Papillion, NE 68046
 - Contact Linda Jensen at (402) 517-5772 or ljensen@unmc.edu for more information

Restrictions: None.

Nebraska Family Support Network

Nebraska Family Support
3568 Dodge St. #2
Omaha, NE 68131
Phone: (402) 345-0791
Email: newhope.dbs@gmail.com
<https://nefamilysupportnetwork.org/>

Description: NFSN aims to empower Nebraska children and families affected by mental, emotional, or behavioral health issues through peer mentoring, education, and advocacy.

Meetings:

- CHI Health Parent Education Support Group- second Thursday of the month at 6p-7:30p
 - *CHI Health Immanuel* (Conference Room), 6901 N. 72nd St., Omaha, NE 68114

Restrictions: None.

Note: Office hours are Monday-Friday from 8a-5p.

Parenting (Single, Widowed, and/or Divorced)

Beginning Experience

Center for Family Foundation
Archdiocese of Omaha
3214 North 60th St.
Omaha, NE 68104
Phone: (402) 551-9003 Ext. 1304
<http://www.beginningexperienceofomaha.org/>

Description: Omaha Beginning Experience has been serving widowed, separated, and divorced persons of all faiths, and their families, in Nebraska and Southwest Iowa for over 30 years with their programs. Offers a 6-week program called “Beginning Experience Coping”, which is lead by a trained group of men and women who are also divorced, separated, or widowed. Contact Denise Carlson at (402) 551-9003 ext. 1304 or email dmcarlson@archomaha.org for information about dates and times.

Restrictions: None.

Note: \$25 donation for all six sessions is suggested, but not mandatory, as no one is excluded due to the inability to donate.

DivorceCare

P.O. Box 1739

Wake Forest, NC 27588

Phone: (800) 489-7778

Email: info@divorcecare.org

<https://www.divorcecare.org/>

Description: This organization aims to provide support for those that are going through separation or divorce.

Meetings:

- Mondays at 6:30p
 - *St. Thomas Lutheran Church*, 17007 Q St., Omaha, NE 68135
- Tuesdays at 6:30p
 - *Celebration Covenant Church*, 16868 Giles Rd., Omaha, NE 68136
- Tuesdays at 7p
 - *Christ Community Church*, 404 S. 108th Ave., Omaha, NE 68154
- Wednesdays at 6:30p
 - *Westside Church*, 15050 W. Dodge Rd., Omaha, NE 68154
- Thursdays at 6:30p
 - *Calvary Christian Church*, 10100 Cedar Island Road, Bellevue, NE 68123

Restrictions: None.

Note: Check online to see if new group meetings open up at <https://www.divorcecare.org/groups/search>

Missing Youth Services (MYS) Caregiver Support Group

Project Harmony

11949 Q Street

Omaha, NE 68137

Phone: (402) 595-1326

<https://projectharmony.com/>

Description: A 9-week support group for caregivers of youth who frequently run away or that have ever been considered a missing youth. Spring 2019 Schedule: Mondays 6pm- 7:30pm.

Restrictions: None. Note: Free childcare provided. To register, call Breanna Delp at (531) 301-5085 or email at bdelp@projectharmony.com.

Missing Youth Services (MYS) Support Group

Project Harmony

11949 Q Street

Omaha, NE 68137

<https://projectharmony.com/>

Description: A 9-week, trauma informed approach, youth support group that provides support and education for children and teens that frequently run away. For youth wanting to better understand themselves, better their relationships at home, and that want to be supported by others within the community. Spring 2019 Schedule: Mondays 6pm-7:30pm.

Restrictions: None. Note: Free childcare provided. To register, call Breanna Delp at (531) 301-5085 or email at bdelp@projectharmony.com .

Pregnancy, Abortion and Parenting

Nebraska Children's Home Society

4939 S. 118th St.

Omaha, NE 68137

Phone: (402) 451-0787

<https://www.nchs.org/>

Description: This organization aims provide education and support to families, putting the children first.

Meetings:

- Parents Supporting Parents/Mujeres con Poder- Monthly
 - Children & Family Center, 3549 Fontenelle Boulevard, Omaha, NE 68104
 - Contact Katie Konold at (402) 677-9102 or kkonald@nchs.org for information about the date and time

Restrictions: None.

Note: Check online to see if new group meetings open up at <https://www.divorcecare.org/groups/search>

Senior Citizens

Generations Center (Heartland Family Service)

North Omaha Intergenerational Human Services Campus

4318 Fort St.

Omaha, NE 68111

Phone: (402) 553-5300

<https://www.nchs.org/>

Description: The center supports the recreational, social, and nutritional needs of low-income senior citizens in the community. It is free of cost to attend. Lunch (Mon.-Fri.) is with a suggested contribution, and transportation is available for certain individuals (must inquire with HFS for more information).

Restrictions: None.

Note: Check online to see if new group meetings open up at <https://www.divorcecare.org/groups/search>

Teen Parenting & Pregnancy

Center for Healthy Families **ESPAÑOL**

3040 Lake Street

Omaha, NE 68111

Phone: (402) 504-1733

<https://www.lfsneb.org/location/north-omaha-center-for-healthy-families/>

Description: Provides parenting classes, education and support groups, specialized programming for pregnant or parenting teens, groups and classes to promote the involvement of fathers in parenting and family life, wellness based incentive program for young parents to get necessary baby and toddler items like diapers, formula, car seats, and strollers. Restrictions: Omaha resident only. . Translators: Spanish Available.

Child Saving Institute

4545 Dodge Street

Omaha, NE 68132

Phone (402) 553-6000 or (866) 400-4CSI

www.childsaving.org

Description: Pregnancy Counseling, parenting education, referrals to other community resources that offer assistance with housing, medical coverage, and personal finances. Young Parents Program (YPP) serves pregnant and parenting males and females, ages 24 and under, providing 10 weeks of parenting classes offered 4 times a year. Home-based support and education is provided by family support specialists and parenting individuals, providing education on positive parenting skills as well as positive life skills. Restrictions: Pregnancy counseling services are available to all prospective parents, male and female, of all ages. There is no charge. Small charge for cost of book for parenting classes. Translators: Not available.

Essential Pregnancy Services (EPS) **ESPAÑOL**

6220 Maple Street

Omaha, NE 68104

Phone: (402) 554-0121

24 hour hotline:(402) 554-1000

www.essentialps.org

908 West Mission Avenue

Bellevue, NE 68005

Phone: (402) 933-2988

3029 North 93rd Street

Omaha, NE 68134

Phone: (402) 763-8768

Description: Pregnancy tests, ultra sounds, STD testing, health and nutrition education, breast feeding education, smoking cessation program, baby items and equipment, maternity and baby clothing, professional counseling, adoption information, parenting education, post-abortion counseling, GED instruction, work training program, community resource referrals. All services are free and confidential. Restrictions: For pregnant women or those with child under the age of 1. Translators: Spanish staff available Monday and Fridays.

Planned Parenthood

3105 North 93rd Street
Omaha, NE 68134

Phone: (877) 811-7526

www.plannedparenthood.org

Description: Birth control services, pregnancy testing, options & services, patient Education, emergency contraception, general health care, STD testing & treatment, HIV testing, HPV & hepatitis vaccines, LGBT services, abortion referral. Restrictions: Need pay stubs for reduced fee for services. Translators: Can be arranged as needed.

Stork's Nest

University of Nebraska Medical Center (UMNC)

4239 Farnam Street, 4th floor adjacent to the OBGYN Outpatient Clinic

Phone: (402) 559-4000

Description: Designed to increase the number of women who get early and regular prenatal care. Seeks to improve the health of pregnant women and their babies by providing maternity and baby clothing, nursery items, educational classes and referrals to community resources to meet individual health and social service needs. Women earn points for keeping appointments, participating in prenatal educational classes, and maintain a healthy diet and lifestyle that can be used towards incentive items. Restrictions: Women must have low-income and need encouragement to keep prenatal appointments.

Translators: Not available

NOTES:

Transportation

Camelot Transportation

Phone: 1 (800) 452-3194

<http://www.camelottransportation.net/>

Description: Available 24 hours a day, 7 days a week. Can transport minors with guardian's permission.

Restrictions: 24 hour notice is requested.

Metro Area Transit (MAT)

2222 Cuming Street
Omaha, NE 68102
Phone: (402) 341-0800
www.ometro.com

Description: Public transportation.

MOBY

2222 Cuming Street
Omaha, NE 68102
Phone: (402) 341-0800 # 2105

Description: Transportation to appointments for disabled persons. Wheel chair accessible, curb to curb service. \$2.50 each way. Restrictions: Pre-certification needed. Translators: Not available

Together Inc. ESPAÑOL

812 South 24th Street
Omaha, NE 68108
Phone: (402) 345-8047, ex.t 204
www.togetheromaha.org

Description: 1 week worth of public transportation for person starting a new job. Restrictions: Must show proof from employer of start date. Translators: Spanish available.

Ways to Work

Heartland Family Service
302 American Parkway (Sarpy County)
Papillion, NE 68005
Phone: (402) 339-2544
www.heartlandfamilyservice.org

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000

Description: Provides small, short term, low interest loans to working families with low income and challenging credit histories. Loans are used to help individuals remain in or move forward in their jobs,

a critical asset of financial stability. Restrictions: Must be employed 20 hours a week for at least 6 consecutive months, challenged credit history, custodial parent of a child under 18, valid driver's license, household income restrictions, live in Douglas, Sarpy or Washington County. Translators: Spanish available.

NOTES:

Tutoring/Educational Services

Avenue Scholars
(Bright Futures Foundation)
7101 Mercy Road, Suite 240
Omaha, NE 68106
Phone: (402) 916-9777
www.avescholars.org

Description: Provides intrusive support for students of talent and needs through high school, college and into the workplace. Avenue students are selected in the spring of their sophomore year and are served in their respective high schools as juniors and seniors by a fulltime Talent Advisor. The Talent Advisor meets 15-25 juniors and 15-25 seniors during a regularly scheduled class period. Outside of the classroom, Avenue students and their families receive a wide range of academic, social and financial planning services. Many of these are delivered at the Avenue Center, where students have additional contact time with their Talent Advisors, as well as regular access to tutors and mentors. Restrictions: High school student in Douglas or Sarpy county. Translators: Not available.

Club Z Tutoring

Phone: (402) 884-0111

www.clubztutoring.com

Description: In-home tutoring pre-K to adult, all subjects. GED, ACT, and SAT prep. Year around programs. Restrictions: Fee based. Translators: Foreign language classes available.

Creighton University Educational Talent Search Program

2500 California Plaza

Omaha, NE 68178

Phone: (402) 280-2314

<https://www.creighton.edu/trio/talentsearch/>

Description: Advising, test preparation, financial aid assistance, tutoring and field trips. Restrictions: Students must be U.S. citizens, grades 6th-12th, and completed the fifth grade. A veteran, regardless of age, may participate if otherwise eligible. Potential first-generation college students (neither parent nor primary care-taker has graduated from a four-year college with a baccalaureate degree). Must have and maintain a 2.5+ GPA. Income restrictions apply. Translators: Not available.

D2 Center

1941 S. 42nd St., Suite 503

Omaha, NE 68105

Phone: (402) 502-8534

www.d2center.org

Description: Youth Academic Navigators are available for checking in with students and helping students to make progress and earn credits in school. Tutoring and elective credit classes are offered by certified teachers for students that need academic assistance and additional opportunities to earn high school credit for graduation. Career navigation services offered for help with postsecondary planning

and connections for both career and educational opportunities. Services are also available to graduates.
Translators: Not available.

Educare **ESPAÑOL**

2123 Paul Street
Omaha, NE 68102
Phone: (402) 898-1783
www.educareomaha.com

Description: Childhood center that provides all day, year round education for economically disadvantaged children. Restrictions: Ages Birth to 5, must fall below federal poverty guidelines.
Translators: Spanish available.

Educational Service Unit #3 (ESU 3)

6949 South 110th Street
La Vista, NE 68128
Phone: (402) 597-4800
www.esu3.org

Description: Educational Service Unit #3 is an intermediate agency providing supplementary educational services to 18, K - 12 and two rural, Class I school districts in Douglas, Sarpy, Cass and Washington Counties in eastern Nebraska. One service provided is service coordination which is an entitlement for children age birth to 3 verified as having a disability according to Nebraska law. The goal is to teach & empower families to eventually act as their own service coordinator when service coordination ends on the August 31st after the child's 3rd birthday. Restrictions: The birth to 3 program provides early development special education services to any family with a child birth to 3 years of age who has a developmental delay according to Nebraska Department of Education Rule 51. Translators: Agency will arrange as needed.

EducationQuest Foundation

11031 Elm Street
Omaha, NE 68144
Phone: (402) 391-4033
www.educationquest.org

Description: Computerized database on scholarships, assistance with filing for student aid, info on colleges & universities. Restrictions: Free services for Nebraska students. Translators: Available at the Lincoln office.

Hope Center for Kids

2200 North 20th Street
Omaha, NE 68110
Phone: (402) 341-4673
www.hopecenterforkids.com

Description: Tutoring, literacy program, social skill building and recreation. Meals provided. School year hours: Mon, Tu, Thurs 3:30pm - 6:00pm, Wed 2:30pm-6:30pm, Fri 3:30pm-6:00pm. Summer

hours: Mon–Fri 11:00am - 4:00pm. Restrictions: Children ages 8- 19. \$10 membership fee. Translators: None.

Learning Disabilities Association

Phone: (402) 571-7771

www.ldaamerica.org/ida-chapters/nebraska/

Description: Information resources and support for children and adults with learning disabilities. Restrictions: None. Translators: Not available.

Literacy Center for the Midlands **ESPAÑOL**

324 South 72nd Street

Omaha, NE 68114

Phone: (402) 342-7323

www.giveliteracy.org

Description: Our volunteers work one-on-one with our Adult Basic Literacy and English as a Second Language (ESL) programs. The Reach Out and Read program provides books for children ages 6 months to 5 years of age through participating physician offices to promote the importance of early literacy. Restrictions: Tutoring services are for adults. Translators: Spanish available.

Maple Street YMCA

7502 Maple Street

Omaha, NE 68134

Phone: (402) 393-3700

www.metroymca.org

Description: Teen program ages 12 and up, every weekday from 2:30pm - 6:30pm. Restrictions: Free program to members, but there is a cost for non-members. Children must range in age from 7th to 10th grade. Translators: Not available.

Omaha Public Schools Adult Basic Education **ESPAÑOL**

3230 Burt Street

Omaha, NE 68131

NOTES:

Parent Training and Information Center (PTI) ESPAÑOL

1941 South 42nd Street, Suite 205

Omaha, NE 68105

Phone: (402) 346-0525

www.pti-nebraska.org

Description: Information and training to all parents of children with disabilities. Information on special education laws, IEP plans, and 504 plans. Restrictions: None. Translators: Spanish available.

South Omaha Boys and Girls Club ESPAÑOL

5051 South 22nd Street

Omaha, NE 68107

Phone: (402) 733-8333

www.bgcomaha.org

Description: Homework assistance in any subject. Runs during the school year, weekdays from 3:00pm - 8:00pm. Restrictions: Membership fee for the year is \$30. Translators: Spanish available.

Triage Program

1941 South 42nd Street, Suite 502

Omaha, NE 68105

Phone: (402) 934-4933

<https://www.reconnectsuccess.com/triage-youth-program>

Description: The overall purpose of the Triage program is to provide evidence-based support and services to youths at risk of becoming involved in criminal or delinquent behavior and youth and young adult offenders between the ages of 14-18 years who have not been convicted of an adult charge. Program areas include educational tutoring, job readiness, and personal development and accountability. Also has program Family Matters which provides mediation between parents and children. Requirements: Ages 14-18. Must attend one night a week during the first 60 days. Translators: Not available

Whiz Kids Tutoring **ESPAÑOL**

358 North 41st Street

Omaha, NE 68131

Phone: (402) 553-4003

www.avalonlearningcenter.com

Description: Year round private tutoring for grades K - 12 in all subjects. Study skills class available.

Restrictions: None. Translators: French & Spanish available.

YMCA Teen Center

NOTES:

Utility Assistance

American Red Cross **ESPAÑOL**

2912 South 80th Avenue
Omaha, NE 68124
Phone: (402) 343-7700
www.redcross.org

Description: Energy assistance. Emotional and financial assistance following a disaster, such as a house fire. Restrictions: None. Translators: Spanish available.

Bellevue Human Services

204 West Mission Avenue
Bellevue, NE 68005
Phone: (402) 682-6602
<http://www.bellevue.net/Departments/Human-Services/Overview>

Description: Emergency financial assistance, transportation & food. Clothing and pantry referrals. Restrictions: Bellevue residents only, must have shut off notice or eviction notice. Translators: Not available.

Douglas County General Assistance **ESPAÑOL**

1111 South 41st Street, Suite 220
Omaha, NE 68105
Phone: (402) 444-6215
<https://generalassist.douglascounty-ne.gov/>

Description: Rent, utility and clothing assistance. Restrictions: Income guidelines apply, must be a Douglas County resident. Translators: Spanish available.

Eastern Nebraska Community Action Partnership **ESPAÑOL**

2406 Fowler Avenue (North)	1908 Hancock Street (Sarpy)
Omaha, NE 68111	Bellevue, NE 68005
Phone: (402) 453-5656, ext. 200	Phone: (402) 292-2961
www.encapomaha.org	

Description: Rent and utility assistance when funds are available. Restrictions: Income guidelines apply. Translators: Spanish available.

Energy Assistance (Douglas & Sarpy Counties) ESPAÑOL

Health and Human Services
1215 South 42nd Street
Omaha, NE 68105
Phone: (402) 595-3400

Description: Financial assistance for utilities. Restrictions: Income guidelines apply, must live in Douglas or Sarpy County. Translators: Spanish available.

Heart Ministry Center

2222 Binney Street
Omaha, NE 68110
Phone: (402) 451-2321
www.heartministrycenter.org

Description: Assists with housing or utility payments. Restrictions: Must be a part of their case management program. Family must meet on of these requirements: be working full time with children under age of 18, receiving disability payments or be over the age of 65. Translators: None available.

Heartland Family Service (Omaha) ESPAÑOL

2101 South 42nd Street
Omaha, NE 68105
Phone: (402) 553-3000
www.heartlandfamilyservice.org

Description: Rent, deposit, and utility assistance. Restrictions: Nebraska residents only. Translators: Coordinated with the Latino Resource Center as needed.

Heartland Family Service (Papillion) ESPAÑOL

302 American Parkway
Papillion, NE 68046
Phone: (402) 339-2544
www.heartlandfamilyservice.org

Description: Utility assistance. Restrictions: Sarpy County residents only. Translators: Spanish available.

NOTES:

1715 Izard Street
Omaha, NE 68102
Phone: (402) 341-6561
www.holyfamilyomaha.org

Description: Food, utilities, rent, clothing, and medicine. Restrictions: Adults need photo ID, SS card, proof of residence, children need medical card. Open Mon - Wed from 9am – 1pm, with appt only. Translators: Not available.

Low Income Ministry

549 North "H" Street
Fremont, NE 68026-0598
Phone: (402) 727-6884
www.lowincomeministry.org

Description: Food, hygiene products, school supplies, household goods, clothes, financial assistance to avoid eviction and utility shut off. Restrictions: Services available to low income families who are residents of Dodge County. Maximum assistance of \$300 a year. Translators: Provided if needed.

Metropolitan Utilities District Energy Intervention (MUD) ESPAÑOL

1723 Harney Street
Omaha, NE 68102
Phone: (402) 554-6666
www.mudomaha.com

Description: Utility Assistance to help customers pay utility bills by referring them to community resources. Open Mon - Fri from 7:30am – 5:15pm. Runs Jan. to March. Restrictions: Program available to anyone with a disconnect notice residing in Douglas or Sarpy County. Walk in with the disconnect notice and you will be given the next available appointment by receptionist. Translators: Spanish speaking staff available.

Salvation Army (Fremont)

707 North "I" Street
Fremont, NE 68025
Phone: (402) 721-0930
<https://centralusa.salvationarmy.org/western/Fremont>

Description: Food Pantry, also provide utility, rent and prescription assistance. Restrictions: Income guidelines apply. Translators: Not available.

Salvation Army Material and Seasonal Assistance ESPAÑOL

3612 Cuming Street
Omaha, NE 68131
Phone: (402) 898-5860
www.salvationarmyusa.org

Description: Clothing, food, home furnishing, and housing. Emergency heat aid. Restrictions: Must provide picture ID, SS cards or birth certificate and proof of residence in last 30 days. Translators: Bi-lingual staff available.

Sarpy County General Assistance

1308 Golden Gate Drive
Papillion, NE 68046
Phone: (402) 593-4400
www.sarpy.com/humanservices/general_assistance_program.html

Description: Utility, rent and prescription assistance, non-food vouchers. Restrictions: Must call before receiving shut off notice or eviction notice, can help with current month's bill only. Sarpy County residents only. Translators: Not available.

SENCA- Southeast Nebraska Community Action Council

802 4th Street
Humbolt, NE 68376
Phone: (402) 862-2411
www.senca.org

Description: Utility and rent assistance, food and clothing pantry and emergency shelter. Restrictions: Income guidelines apply. For utility assistance, must have shut off notice. For rent assistance, must have eviction notice. Translators: Agency will provide if needed.

St. Vincent de Paul

14330 Eagle Run Drive
Omaha, NE 68164
Phone: (402) 496-7988
www.svdpomaha.org

Description: Back to School Drive for school supplies (July/August), holiday assistance (food, clothing, gifts- Nov/Dec), baby and maternity gifts (Jan), and refugee support. Translators: Not available.

Index

3

3 Rivers Public Health Department.....63

A

A Better Way Therapy.....72
A.R.C.H., INC.....106
AAA Center for Pregnancy Counseling.....115
AARP Nebraska Information Center.....115
Abraham’s Legal Clinic.....59
Adlerian Center.....72
Adopt a Family.....44
Adult Protective Services.....49, 59
Aid to Dependent Children.....63
AIDS Hotline.....49
Alcohol & Drug Abuse Hotline.....49
Alcoholics Anonymous.....112
American Diabetes Association.....114
American Red Cross.....125
Angel Guardians.....15
Angels Among Us.....63
Apex Foster Care.....41
Arlington Volunteer Fire and Rescue.....31
Associated Counseling Group.....72
At Ease.....72
Aureus Group.....24
Aurstaff.....24
Autism Center of Nebraska.....73, 114
Autism Society of Nebraska.....15
Avenue Scholars.....120
Avoca Fire Department.....29

B

Baby Hotline.....49
Beginning Experience (Divorced, widowed or separated).....115
Behave ‘n Day Center.....73
Bellevue Clothing Pantry.....10
Bellevue Housing Authority.....50
Bellevue Human Services.....33, 99, 125
Bellevue Volunteer Fire Department.....31
Beneficial Behavioral Health Services.....73
Bennington Volunteer Fire and Rescue.....30
Benson Baptist Church.....33
Best Buddies.....17
Better Living Counseling Services, Inc.....73
Big Brothers/Big Sisters.....89
Birth Parents Support Group.....115
Blair Community Schools.....22
Blair Housing Authority.....99
Boy Scouts of America.....c
Boys and Girls Clubs of Omaha.....c, 24
Boys and Girls Home and Family Services Inc.....94
Boys Town.....94, 103
Boys Town Center for Behavioral Health.....74
Boys Town Common Sense Parenting.....91
Boys Town Hotline.....49
Boys Town National Research Hospital.....47, 94

Boys Town Transition Clinic for Youth in Foster Care.....	47
Bright Futures Foundation.....	120
Bryan LGH West.....	47

C

Camp Floyd Rogers.....	4
Camp Kindness.....	4
Camp Superkids.....	4
Campus for Hope.....	107
Capstone Behavioral Health.....	75
Care Corps Shelter.....	103
Career Solution Inc.....	24
Caremark.....	69
CARES Program.....	97
Cass County Nebraska Sheriff.....	43
Cass Family Medicine.....	63
Catholic Charities.....	49, 75
Catholic Charities Phoenix House.....	18
Catholic Charities The Shelter.....	18
Cedars Youth Services.....	95
Celebrate Recovery.....	112
Celebrity Staffing.....	24
Center for Healthy Families.....	116
Center for Holistic Development Inc.....	75, 106
Center Pointe.....	95, 106
Centering Corporation.....	113
Charles Drew Health Center.....	64, 69, 114
Charles Drew Homeless Clinic.....	49
Child Abuse/Neglect Hotline.....	49
Child Connect.....	41
Child Protective Services.....	8, 59
Child Saving Institute.....	41, 75, 76, 91, 103, 116
Children & Adults with Attention Deficit Disorder (CHADD).....	114
Children’s Family Support Center.....	76
Children’s Hospital & Medical Center.....	47, 93
Children’s Respite Care Centers.....	5, 76, 92, 102
Christian Heritage.....	41
Clarinda Academy.....	95
Clarkson Medical Center.....	48
Club Z Tutoring.....	120
Coalition for the Advancement of Children’s Mental Health.....	22
Community Alliance.....	76
Community Counseling Program.....	77
Community Counseling Services.....	77
Community Treatment Aides.....	73
Completely Kids.....	5
Concord Center.....	59
Confidential Counseling.....	77
Creighton Psychiatry.....	78
Creighton University Educational Talent Search Program.....	120
Creighton University Medical Center.....	47
Creighton University Summer Sports Camps.....	5

D

Depression & Bi-Polar Support Alliance (Bellevue).....	114
Depressive/Manic Depressive.....	114
Developmental Services of Nebraska.....	15
Disability Claim Consultants.....	15
Divorce Care.....	115

Dodge Volunteer Fire Department.....	30
Domestic Violence Council.....	113
Douglas County Bureau of Vital Statistics.....	54
Douglas County Clerk of District Court.....	18
Douglas County Community Mental Health Center.....	47, 78
Douglas County District Court.....	60
Douglas County Drug Court.....	107
Douglas County General Assistance.....	99, 125
Douglas County Health Department.....	54, 64
Douglas County Housing Authority.....	50
Douglas County Prescription Discount Program.....	69
Douglas County Treasurer.....	54
Drug Test Services.....	21

E

Early Childhood Training Center.....	22
Early Interventions.....	22
Easter Seals.....	5, 23, 25, 102
Eastern Nebraska Community Action Partnership.....	44, 79, 99, 107, 125
Eastern Nebraska Office on Aging.....	115
Educare.....	120
Educational Service Unit #3.....	16, 121
EducationQuest Foundation.....	121
Ehrling-Bergquist Hospital.....	47
Elkhorn Suburban Fire Department.....	30
Elmwood Volunteer Fire & Rescue.....	29
Energy Assistance (Douglas & Sarpy Counties).....	126
Envision Counseling Center.....	79
ESL.....	57, 122
Essential Pregnancy Services.....	64, 115

F

Family 4 Life.....	92
Family Enrichment.....	79
Family Housing Advisory Services.....	50, 60
Family Life Office.....	79
Family Matters.....	123
Family Self Sufficiency Program.....	50
Family Works.....	107
Fathers for a Lifetime.....	115
First Lutheran Church Pantry.....	33
First Step Recovery and Wellness Center.....	108
Fontenelle Nature Discovery Camp.....	6
Fort Calhoun Fire and Rescue.....	32
Freedom Road House.....	108
Fremont Area Mediation.....	60
Fremont Area Medical Center.....	48
Fremont Fire Department.....	30
Fremont Housing Authority.....	51
Fremont Meals on Wheels.....	115
Fremont Senior Citizens Center.....	115
Friendship Home.....	19

G

Gendler Emergency Medication Services.....	69
Girl Scouts.....	6
Girls Inc.....	6
Girls Inc. Pathfinders Mentoring Program.....	89
Good Neighbor Ministries.....	33

Goodwill Industries.....	25
Goodwill Industries Partnership for Youth Development.....	25
Great Plains Counseling Center.....	80
Greenwood Fire and Rescue.....	29
Gretna Clinic.....	46
Gretna Volunteer Fire and Rescue.....	31

H

H & J Counseling.....	80
Habitat for Humanity.....	51
Head Start.....	23
Healing Tree Counseling.....	81
Heart Ministry Center.....	10, 34, 44, 89, 126
Heartland Family Service.....	19, 34, 44, 49, 52, 81, 92, 108, 113, 115, 126
Heartland Family Service Career Clothing Closet.....	10
Heartland Family Service Housing Solutions.....	52
Heartland Family Service Neighborhood Emergency Services.....	100
Heartland Family Service Solomon Girls Center.....	7
Heartland Family Service Youth Substance Abuse (YSA) Extended Outpatient Program	108
Holy Family Door Ministry.....	11, 34, 100, 127
Holy Name.....	35
Holy Name Housing Corporation.....	51
Hooper Volunteer Fire Department.....	30
Hope Center for Kids.....	121
Hope Medical Outreach Coalition.....	70

I

Immanuel Medical Center.....	46
Immigration Legal Clinics.....	60
Inroads Counseling.....	81
Intertribal treatment Center.....	109

J

Jacob's Place.....	96
Jefferson House.....	104
Jennie Edmundson Hospital.....	48
Jericho Counseling Associates.....	81
Jewish Family Services.....	81, 92
Job Corps.....	25
Joseph's Coat.....	35
Juan Diego Center.....	11, 35, 45, 61, 92
Just Friends.....	17
Justice for Our Neighbors.....	56
Juvenile Fire Starter Program.....	30

K

Kid Squad.....	23
Kids Can.....	7
Kountze Memorial Lutheran Church.....	35

L

La Vista Volunteer Fire and Rescue.....	31
Lakeside Hospital.....	46
Lasting Hope Recovery Center.....	82
Latino Center of the Midlands.....	26, 43
League of Human Dignity.....	16
Learning Disabilities Association.....	121
Legal Aid of Nebraska.....	61

Life Choices.....	11
Literacy Center for the Midlands.....	122
Low Income Ministry.....	11, 36, 45, 127
Lukis Counseling.....	82
Lutheran Family Services.....	42, 56, 82, 93, 109, 113
Lydia House.....	19, 104

M

Make A Wish Foundation.....	65
Marshall Drive Pantry.....	11, 36
Masonic Eastern Star Home for Children.....	96
Maternal Care Program.....	65
Medicaid.....	65
Medically Handicapped Children’s Program.....	65
Memorial Hospital.....	48
Mercy Hospital.....	46
Methodist Hospital.....	48, 77
Metro Area Transit.....	118
Metropolitan Utilities District.....	127
Mexican Consulate.....	54, 56, 61
Midlands Hospital.....	46
Midwest Minor Medical.....	21
MOBY.....	118
Munroe Meyer Institute.....	16, 82
Murdock Volunteer Fire Department.....	29
Murray Fire and Rescue.....	29
My Neighbors Closet Thrift Shop.....	12

N

NAMI.....	83, 114
National Attention Deficit Disorder Association (NADDA).....	114
National Domestic Violence Hotline.....	49
NE Health Connection (Kids Connection).....	64
Nebraska AIDS Project.....	66
Nebraska Appleseed.....	61
Nebraska Bar Association.....	61
Nebraska Children’s Home.....	93, 115
Nebraska Children’s Home Society.....	42, 49
Nebraska Department of Health and Human Services.....	28
Nebraska Family Helpline.....	49
Nebraska Family Support Network.....	49, 83, 114
Nebraska Health and Human Services.....	66
Nebraska Health Systems.....	48
Nebraska Lutheran Outdoor Ministries.....	7
Nebraska Volunteer Lawyers Project.....	61
Nebraska Workforce Development.....	26
NeedyMeds.....	70
NOVA Therapeutic Community.....	42, 84, 96, 109
Nurturing Parent Program.....	93

O

Ollie Webb Center.....	17, 24
Ollie Webb Center Just Friends Program.....	90
Omaha Bar Association.....	62
Omaha Domestic Violence.....	19
Omaha Fire and Rescue.....	31
Omaha Home for Boys.....	96, 97
Omaha Housing Authority.....	52
Omaha Public Schools.....	122

OMNI Behavioral Health	97
OneWorld Community Health Center	66
Open Door Mission	104
Operation School Bell	12
Owens Companies	21, 84

P

Papillion Fire and Rescue Department	31
Parent Training and Information Center	123
Parenting U	93
Parents Without Partners	115
Park Professional Group	85
Partnership for Prescription Assistance	70
Pathfinder Support Services, Inc.	21, 85
Pearl United Methodist Church	36
PFLAG	113
Planned Parenthood	67, 115, 117
Plattsmouth Volunteer Fire Department	29
Poison Control Center	49
Ponca Tribe of Nebraska	85
Positive Parenting	115
Pottawattamie County Victim Assistance Unit	62
PRISM (Parent Resource Information & Support Meetings)	115
Project Explore	7
Project Harmony	8
Project Hope	12, 36

R

Ralston Volunteer Fire and Rescue	31
Rape Crisis Information	113
Rapid Re-Housing	52
Rebuild Together	53
Region 6 Behavioral Healthcare	86
Release Ministries	90
Renaissance Health Clinic	67
Reruns R Fun	13
Respite Resource Center	102
Restored Hope	53
Rizzo and Associates	86
Ronald McDonald House	67

S

Safety and Health Council of Greater Omaha	58
Salem Food Pantry	36
Salvation Army	37, 53, 70, 71, 97, 100, 110, 127, 128
Salvation Army Material and Seasonal Assistance	13
Santa Monica	110
Sarpy County General Assistance	100, 128
Sarpy County Sheriff	43
Sarpy County Victim Assistance Unit	62
Sarpy County Victim/Witness Unit	20
Sarpy/Cass DH and Wellness	66
SENCA- Southeast Nebraska Community Action Council	13, 38, 101, 128
Share Iowa	37
Siena-Francis House	104, 110
Small Wonders	124
SNAP (food Stamp) outreach- at Food Bank for the Heartland	37
Social Security Administration	17, 55
Social Settlement	See Kids Can

South Omaha Boys and Girls Club.....	123
Southern Sudan Community Association.....	101
Spirit Horse Ranch.....	86
St. Benedict the Moor.....	38
St. Cecelia's Cathedral.....	38
St. Martin de Porres.....	38
St. Vincent de Paul.....	14, 38, 101, 128
State of Nebraska Driver License Exam Division.....	54
Stephen Center.....	53, 104, 110
Stones Worth Stepping.....	17
Suicide Prevention Resource Hotline.....	49
Survivors of Domestic Violence.....	113

T

Table Grace Cafe.....	39
Take Flight Farms.....	87
Tangier Shrine Center.....	67
TeamMates.....	90
Ted E. Bear Hollow.....	87
The Rose Theater.....	8
Timberlake Outreach Center.....	14, 39
Together Inc.....	14, 39, 71, 101, 118
Toys for Tots.....	44, 45
Transition Therapy.....	87
Triage Program.....	88, 123
Turning Point, Men's ¾ way house.....	111

U

United Healthcare Children's Foundation.....	68
United Way of the Midlands.....	49
University of Nebraska Medical Center.....	48, 65
Urban League of Nebraska.....	26
Urban Youth Empowerment Services (U-YES).....	26
US Citizenship and Immigration Services.....	55, 57

V

VA Medical Center.....	48
Valley Hope.....	111
Visiting Nurses Association.....	68
Vocational Rehabilitation.....	27
VODEC.....	27, 58
Voices for Children.....	62

W

Ways to Work.....	119
Wellspring.....	88
Westside Church Food Pantry.....	39
Whiz Kids Tutoring.....	124
WIC.....	40
Williams Prepared Place.....	111
Women's Center for Advancement.....	20, 27, 49, 113
Woodhaven Counseling.....	88

Y

YMCA.....	8, 122, 124
Young Widow and Widowers.....	115
Youth Care Homes.....	98
Youth Emergency Services.....	98, 105
YWCA Children's Domestic Violence Hotline.....	49

