

Nebraska Strong Recovery Project

Stress and distress are
common during recovery.

You are not alone...



NEBRASKA STRONG
RECOVERY PROJECT

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FREE & CONFIDENTIAL

Nebraska Rural Response Hotline

1-800-464-0258

National Disaster Distress Helpline

1-800-985-5990

Who We Are:

We are Nebraska Strong Recovery Project, an outreach program working with public and private partnerships, volunteer groups, non-governmental organizations, and faith-based entities. We provide community-based counseling and identify unmet needs during our current flooding disaster in the State of Nebraska. Federal Emergency Management Agency (FEMA) awarded the Nebraska Department of Health and Human Services (DHHS) the funding to implement our crisis counseling program.

What We Do:

- Build non-intrusive connections with survivors
- Provide physical and emotional support
- Address immediate needs
- Offer constructive assistance and public information
- Connect survivors to social supports
- Give voice to survivors' stories, disaster reactions, and strengths
- Encourage survivors to take an active role in their own recovery



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