

Region 6 Behavioral Healthcare Request for Letters of Interest Recovery Housing

INTRODUCTION

Region 6 Behavioral Healthcare, a political subdivision of the State of Nebraska, has the statutory responsibility for organizing and supervising comprehensive mental health and substance abuse services in the Region 6 service area which includes Cass, Dodge, Douglas, Sarpy and Washington counties in eastern Nebraska.

Region 6, one of six behavioral health regions in Nebraska, along with the state's regional centers, make up the state's public mental health and substance abuse prevention system, also known as the Nebraska Behavioral Health System (NBHS). Region 6 is governed by a board of county commissioners, who are elected officials from each of the counties represented in the Regional geographic area. The Regional Governing Board (RGB) is under contract with the Nebraska Department of Health and Human Services (DHHS), the designated authority for administration of mental health and substance abuse programs for the state.

Each RGB appoints a Regional Administrator (RA) to be the chief executive officer responsible to the RGB. The RGB also appoints an advisory committee for the purposes of advising the RGB regarding the provision of coordinated and comprehensive behavioral health services within the Region to best meet the needs of the general public. In Region 6, the Behavioral Health Advisory Committee (BHAC) is comprised of up to 14 members including consumers, concerned citizens, and representatives from other community service systems in the Region.

REQUEST FOR LETTERS OF INTEREST

The purpose of this Request for Letter of Interest (RFL) is to seek qualified, interested providers to provide Recovery Housing services and supports to individuals with a diagnosed Opioid Use Disorder (OUD) and/or Stimulant Use Disorders (SUD) who need housing in a supported, safe recovery housing environment in the Region 6 geographical area. The RFL process is designed to be a competitive selection process, where cost is not required to be the sole determining factor.

POPULATION

The population for which the RFL eligible programs/services will be provided in Region 6:

- Must serve populations within the counties of Cass, Dodge, Douglas, Sarpy, and/or Washington in Nebraska
- Must serve populations with an Opioid Use Disorder and/or a Stimulant Use Disorder.

ELIGIBILITY CRITERIA

The interested organizations must be a state, county, or community-based agency that is a legal entity already established and functioning with paid personnel and demonstrable experience in working with the identified population. Interested organizations should have the following experience and skills:

- Ability to establish and maintain a Recovery Housing facility that is similar to or in line with the National Alliance for Recovery Residences (NARR) principles and standards.
- Ability to deliver recovery-oriented support services to individuals with an Opioid Use Disorder or Stimulant Use Disorder.
- Ability to offer on-site or the ability to coordinate and collaborate with external substance use disorder service agencies to ensure residents have access to clinical services in the residents; treatment, discharge, and continuing care plan.
- Ability to establish and implement policies and procedures for house rules and for record keeping of residents' charges, payments, and deposits
- Ability to collect and report certain data so that SAMHSA can meet its obligations under the Government Performance and Results (GPRA) Modernization Act of 2010.
- Must possess appropriate state licensure and credentialing by appropriate State of Nebraska Departments, Divisions, or Boards, as approved by NE DHHS or have a plan in place to achieve such licensure/credentialing before the Agreement is awarded **(if necessary, where it applies)**.

Interested organizations must provide a physical recovery housing facility which meets state and/or local occupancy requirements and includes the following but not limited to:

- Assistance to individuals to transition to independent living.
- Safe, stable, and sober environment.
- Ability to meet the needs of applicants/residents requiring Americans with Disabilities Act (ADA) accommodations.
- Ensure Naloxone is available and accessible in the residence.
- Ensure that all house managers and/or staff are trained to deliver Naloxone in the case of an overdose.

USE OF FUNDS

Region 6 Behavioral Healthcare has \$172,000 in funding for contracts through the end of the current federal fiscal year. **These funds are not sustainable. The funding available are one-time funds available through September 30, 2021.** The Region reserves the right to alter, modify, amend and/or withdraw funding during the award cycle based on the availability of funding and the on-going assessment of funded programs and strategies.

Funds may be used for but not limited to the following activities:

- Recovery Housing Operations
 - House fees for Consumers with a diagnosed Opioid Use Disorder or Stimulant Use Disorder
 - Implementation of evidence-based practices
 - Purchase of equipment needed for implementation or continuation of an evidence-based practice
 - Training for staff for practice or an evidence-based practice

- Recovery Housing Staffing
 - Personnel expenses for staff not covered by another payor
 - Training for staff
 - Hiring of staff
- Supportive Services
 - Implementation of supportive service for Opioid Use Disorder or Stimulant Use Disorder Consumers
 - Job training, resume writing, interview skills etc.
 - Self-Care education
 - Life Skills education
- Set-Aside funds to cover expenses not otherwise covered by other payers specifically for Opioid Use Disorder or Stimulant Use Disorder Consumers:
 - Transportation to doctor appointments
 - Transportation to job interviews
 - Transportation to employer
 - Psychotropic Medication co-pays
 - Mental Health and/or Substance Use Treatment deductibles
 - Childcare assistance
 - Assistance with moving costs

Funds cannot be used for the following activities:

- Financial contributions to individuals
- Fund-raising events
- Lobbying
- Abortion
- Laboratory or clinical research
- Projects which do not serve the designated geographical area
- Purchase or improvement of land
- Purchase or permanently improve a building or other facility
- Purchase major medical equipment
- Cash payments to intended recipients of health service
- Promotional and incentive items
- Food or beverages

SCHEDULE OF EVENTS

Release of RFL	Monday, January 25, 2021
Letters Due to Region 6 by 5:00 p.m.	Friday, February 5, 2021
Meeting for Eligible Interested Organizations	Thursday, February 11, 2021
Formal Submissions by Providers	Friday, February 26, 2021
Reviewed by Behavioral Health Advisory Committee	Wednesday, March 3, 2021
Approval of Selected Organizations by Region 6 Governing Board	Wednesday, March 10, 2021
Written Allocation Announcements of Funding Disseminated after Regional Governing Board Meeting	After Friday, March 12, 2021

GENERAL INSTRUCTIONS ON SUBMISSION OF LETTERS

All instructions, conditions, and requirements included in this document are considered mandatory unless otherwise stated. Letters that do not conform to the items provided in this document will not be considered.

The closing date for receipt of Letter of Interest is February 5, 2021. All Letters must be received by Region 6 Behavioral Healthcare office by 5:00pm, Friday, February 5, 2021. Electronic copies of letters will be accepted.

The organizational narrative should include a response to the required items below as they relate to your interest in this grant project. Using a 10-point font or larger, the Letter of Interest should not exceed seven (7) typed pages.

One or more provider may be funded through this Request for Letters of Interest process.

Providers that submit a Letter of Interest and meet the eligibility requirements will be invited to attend the grant planning meeting/conference or zoom call February 11, 2021. This planning meeting will allow for the creation of a collaborative, comprehensive plan for these funds.

Interested organizations must submit a Letter of Interest, however submitting a Letter of Interest does not bind your organization to receive funds or participate in the grant project.

Region 6 Behavioral Healthcare shall not be held responsible for any cost incurred in the development or submission of the Request for Letters of Interest.

Letters must be sent or delivered to:

Attention: Jennifer Determan

Region 6 Behavioral Healthcare

4715 S 132nd Street

Omaha, NE 68137

jdeterman@regionsix.com

- Applicants shall not be allowed to alter or amend their Letters
- Electronic copies may be accepted
- No requests for extensions of the due date will be approved
- Region 6 Behavioral Healthcare/RGB accepts no responsibility for mislabeled/missent mail

LETTER OF INTEREST

The Letter of Interest should address the following:

- Explain how your organization meets eligibility criteria.
- Describe current and potential community collaborations.
- Discuss how many persons you would be able to serve.
- Discuss your facility and highlight benefits of the facility.
- Discuss your sustainability efforts for this program.
- Address your experience with and ability to work within the Region 6 counties of Cass, Dodge, Douglas, Sarpy and/or Washington.
- Illustrate your ability to develop and collect outcome measures and evaluation data.