**Region 6 Behavioral Healthcare**

Request for Information

for

Multisystemic Therapy

October 2021

# Section I-Introduction

## **Region 6 Behavioral Healthcare**

Region 6 Behavioral Healthcare (Region 6), a political subdivision of the State of Nebraska, has the statutory responsibility for organizing and supervising comprehensive mental health and substance use services in the Region 6 service area which includes Cass, Dodge, Douglas, Sarpy and Washington counties in eastern Nebraska.

Region 6, one of six mental health regions in Nebraska, along with the state’s regional centers, make up the state’s public mental health and substance abuse system, also known as the Nebraska Behavioral Health System (NBHS). Region 6 is governed by a board of county commissioners, who are elected officials from each of the counties represented in the Regional geographic area. The Regional Governing Board (RGB) is under contract with the Nebraska Department of Health and Human Services System (DHHS), the designated authority for administration of mental health and substance use programs for the state.

Each RGB appoints a Regional Administrator (RA) to be the chief executive officer responsible to the RGB. The RGB also appoints an advisory committee for the purpose of advising the Board regarding the provision of coordinated and comprehensive behavioral health services within the Region to best meet the needs of the general public. In Region 6, the Behavioral Health Advisory Committee (BHAC) is comprised of 10 members including consumers, concerned citizens, and representatives from other community systems in the Region.

The purpose of Region 6 Behavioral Healthcare is to provide coordination, program planning, financial and contract management and evaluation of mental health and substance use services funded through a network of providers.

## **Region 6 Population Served**

Region 6, as a payer of last resort, primarily serves financially eligible adults and youth with, or at-risk of serious mental illness and/or substance use. Region 6’s geographical area includes Cass, Dodge, Douglas, Sarpy and Washington Counties in eastern Nebraska.

For the purposes of this Request for Information (RFI), the population served by Multisystemic Therapy (MST) will be the target age range of youth 12-17, but youth of other ages can receive the service if medically necessary.

Region 6 is the funder of last resort and will not fund youth who have access to other funds/vouchers to cover the costs of MST. Youth/their families must meet eligibility requirements of Region 6.

# Section II-Request for Information (RFI)

**Statement of Need**

Multisystemic Therapy (MST) is an evidence based intensive treatment process that focuses on diagnosed behavioral health disorders and on environmental systems (family, school, peer groups, culture, neighborhood and community) that contribute to, or influence an individual’s involvement, or potential involvement in the juvenile justice system.  Currently, MST is paid for by various systems/methods (i.e., Probation vouchers, through Child and Family Services, Medicaid, some third-party insurance, private pay, etc.).  However, there are a few youth who are not in the systems mentioned or who do not have any of these payment opportunities.  These youth have been determined to need MST through a behavioral health assessment, but their families are unable to afford the cost of the therapy.   Often these youth end up forgoing the treatment due to their inability to pay for the service.  Region 6 has identified this gap in our public behavioral health system and would like to add MST as a funded service to youth whose families meet the Region’s eligibility criteria.

## **Purpose/Summary of RFI**

## Region 6 is issuing this RFI for the purpose of gathering information regarding organizations that are licensed Multisystemic Therapy (MST) providers, currently providing MST and are interested in entering into contract discussions with Region 6. If Region 6 receives fewer than 3 responses, they reserve the right to work with all of the agencies and enter into contract negotiations for MST services. If 3 or more responses are received, a formal Request for Proposals will be issued.

## **RFI Service**

The service in this RFI has a Service Definition from the Department of Health and Human Services – Division of Behavioral Health. See Attachment 1.

**Point of Contact**

The point of contact for this RFI is:

Taren Petersen, Director of Network Services at tpetersen@regionsix.com.

# Section III-Eligibility Criteria

**The applicant:**

1. May be a state, county, or community-based not-for-profit agency.
2. Must be a legal, respected entity already established and currently offering MST services in the Region 6 area.
3. Must agree to provide data/outcomes to Region 6.
4. Have not been debarred from receiving federal funds or under Office of Inspector General (OIG) investigation.
5. The entity responding either is or will become a Medicaid provider for MST and they would be wiling to agree to Region 6’s contractual requirements.

**Section IV-Use of Funds**

## **Allocation of Funds**

The service in this RFI proposal will be funded on a Fee for Service (FFS) meaning reimbursement will be based upon an established rate per hour, up to the specific amount established in a contract.

# Section V-RESPONSE Process

Organizations currently providing MST and are interested in contracting with Region 6 must submit a response by Wednesday, October 27, 2021. Responses should be submitted via e-mail to Taren Petersen at [tpetersen@regionsix.com](mailto:tpetersen@regionsix.com).

## **Schedule of Events**

Release of RFI Wednesday, October 6, 2021

Response Deadline Wednesday, October 27, 2021

4:00 pm (CST)

Interviews Scheduled and Thursday, October 28, 2021 -

Conducted (if needed) Monday, November 1, 2021

## **Written Questions and Answers**

Any explanation desired by the responder regarding the meaning or interpretation of any RFI provision should be submitted in writing to Taren Petersen at [tpetersen@regionsix.com](mailto:tpetersen@regionsix.com).

Questions must be presented in writing to be answered. The questions and their responses will be posted on the Region 6 website: [www.regionsix.com](http://www.regionsix.com).

## **Cost Liability**

Region 6 Behavioral Healthcare assumes no responsibility or liability for costs by the respondent prior to the execution of an agreement between the organization and Region 6.

## **Disclaimer**

All the information contained within this RFI and its attachment reflect the best and most accurate information available to Region 6 Behavioral Healthcare at the time of the RFI preparation. No inaccuracies in such information shall constitute a basis for legal recovery of damages, either real or punitive. If it becomes necessary to revise any part of this RFI, a supplement will be issued on the Region 6 website: [www.regionsix.com](http://www.regionsix.com).

## **Oral Interviews**

Region 6 reserves the right to conduct oral interviews if required. Any cost incidental to the interviews shall be borne entirely by the respondent and will not be compensated by Region 6 Behavioral Healthcare or the RGB.

## **Indemnification**

The respondent shall assume all risk of loss in the performance of the response submission and shall indemnify and hold harmless Region 6 Behavioral Healthcare, its Governing Board, Advisory Committee members, and employees from all liabilities, demands, claims, suits, losses, damages, causes of action, fines or judgments and all expenses incident thereto, for injuries to persons and for loss of, damage to, or destruction of property caused by the negligent or intentional acts or omissions of the applicant, its officers, employees or agents; for any losses caused by failure of the applicant to comply with the terms and conditions of the contract; and for any losses caused by other parties which have entered into agreements with the respondent in connection with the performance of the contract.

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# Section VI-General Instructions on Submission of REsponses

All instructions included in this document are considered mandatory unless otherwise stated.

Responses should be prepared as an attachment and adhere to the format below for submission.

The due date for receipt of responses is October 27, 2021. All submissions must be e-mailed to the contact below by 4:00 p.m. (CST).

Responses must be e-mailed to:

**Taren Petersen at tpetersen@regionsix.com**

# SECTION VII – RESPONSE FORMAT

Responses must be organized in the following sections in the order listed below:

**1.** Organizational Capability and Outcomes: Describe your organization’s capability to provide MST services and information regarding your current MST outcomes:

* Brief organizational history
* Explanation history of providing MST services.
* Explain how your current MST services are culturally sensitive, age and developmentally appropriate.
* Share your organizations MST outcomes used to evaluate this service.
* What is your current MST capacity? Estimate the number of Region 6 eligible youth you think you might serve in a year.
* Identify all staff that will be working as part of the MST team

**2.** Service Costs:

● How is your current MST program reimbursed?

● If reimbursed on a rate, what is the rate?

# Attachments

Attachment A: Multisystemic Therapy Service Definition- **Note**: Current version is labeled as draft. Service definitions will be approved on November 1, 2021.