

# Upcoming Trainings for Youth and Young Adults

## Healthy Relationships

- Ability to understand intrinsic value in self and others
- Understand the difference between healthy vs unhealthy relationships
- Understand the different types of abuse
- Know what a healthy partner looks like and know how to be a healthy partner

**When: October 18, 2022**

**Time: 4:00 pm—6:00 pm**

**Where: 4715 South 132nd Street, Omaha, NE 68137 and via zoom**

## Trafficking and Social Media Safety

Learn the definition of trafficking, the grooming process, social media's role, warnings signs and resources.

**When: November 15, 2022**

**Time: 4:00 pm—5:30 pm**

**Where: 4715 South 132nd Street, Omaha, NE 68137 and via zoom**

Trainings presented by the Set Free Project

For questions or to register:

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