



Behavioral Health Advisory Committee Meeting
Meeting Minutes
April 5, 2023 9:00am

Advisory Members Present:

Jeff Leach
Happy Aldana
John Sheehan
Rob Hillabrand
Sharon Price
Amy Zimmer
Chris Kelly
Medjine Desgraves

Advisory Members Absent:

Michealle Vega-Hernandez

Region 6 Staff Present

Patti Jurjevich
Taren Petersen
Crystal Fuller
Curt Vincentini
Jennifer Sanders

Recorder:

Bev Jackson

1. Welcome and Roll Call

Jeff Leach welcomed everyone and called the meeting to order at 9:00am.
Roll call of the members determined that there was a quorum.

2. Approval of the March 1, 2023, Meeting Minutes

John Sheehan made the motion to approve the March 1, 2023, meeting minutes.
Chris Kelly seconded the motion.
The motion passed unanimously upon voice vote.

3. Approval of the Agenda

John made a motion to approve the April 5, 2023 agenda.
Happy Aldana seconded the motion.
The motion passed unanimously upon voice vote.

4. Administrator's Report – Patti Jurjevich

Patti shared with the committee members that the 15% increase in revenue that was received in FY23 will not be included in the FY24 budget. This amounts to a 3.4 million reduction in the Region 6

budget and 10 million state-wide. Work is continuing with the Appropriations Committee Members, including meeting with them to explain why the dollars weren't spent in FY23, but why they will be needed in FY24. The Governor has stated the dollars can be pulled from the existing budget. The Appropriations Committee will meet next on April 22. They are on day 57 of a 90 day session, and the process has been slow. It is projected that only 21 bills will be processed in that time and that they may have to resort to "mega bills".

Patti also stated that LB433, the bill which would require budget changes to occur in a timelier manner, was not prioritized, so it is slim to none that it will pass.

Patti shared the Legislative timeline, stating that May 2nd is when the debate will happen and then on May 18 the budget has to be finalized. It will then be sent to the Governor. Patti stated that he, the Governor, has the power to line item veto.

There were no questions or comments.

5. Overview of Opioids, Overdose, and Support – Crystal Fuller

Crystal shared a PowerPoint, of which there was also a printout of in everyone's' packets. This hour-long training is funded by the State Opioid Response (SOR) Grant and is given in many areas of the community.

A part of this training is Stigma Reduction Efforts in the form of the following:

- Mental Health First Aid (MHFA)
 - 8 Hour Community Education Course with a 3-year Certification
- Recovery Champions of Nebraska
 - Peer Driven Initiatives, Trainings, Connection
- Peer Support Specialists and Recovery Support
 - Persons with lived experience helping others find their voice
- What Makes Us
 - Community campaign highlighting personal stories of those impacted by mental health challenges

Crystal went on to explain what an opioid is, the different types, how opioids work and reasons to use opioids.

Crystal then shared horrific information that there is a new lethal street drug called Xylazine, and that according to the DEA, Xylazine is the deadliest drug threat the United States has ever faced. The DEA has seized xylazine and fentanyl mixtures in 48 of 50 States. The DEA Laboratory System reported in 2022 that 23% of fentanyl powder and 7% of fentanyl pills seized by the DEA contained xylazine. Xylazine and fentanyl drug mixtures place users at a higher risk of suffering fatal drug poisoning. Because xylazine is not an opioid, naloxone (Narcan) does not reverse its effects. Xylazine overdose is often fatal in humans.

Naloxone is the only drug that can reverse the effects of an opioid overdose. There is no prescription needed for Naloxone and it is available at pharmacies.

Stop Overdose Nebraska provides a no cost option for Narcan Nasal Spray, with up to 4 kits (8 doses) provided at time of dispense. Anyone can get Narcan.

Crystal then proceeded to share a brief video that showed how to administer Narcan, and the symptoms to look for.

Crystal also shared drug disposal resources, such as Deterra disposal pouches and safe storage options such as lock boxes and locking medication bags.

Chris asked about oxycontin abuse, and are there "guardrails" in place for physicians who prescribe it? Crystal replied that physicians are better educated in the use and abuse and are mindful to prescribe when appropriate and are also utilizing pain management centers more.

Crystal stated that she is open to providing this hour-long training wherever it is requested.

There were no further questions or comments.

6. Update on New Board of Mental Health (BOMH) Position for Cass/Sarpy Counties – Curt Vincentini

Curt introduced Arrow Caryl, the Sarpy/Cass BOMH Coordinator. This continually evolving position is a new position and doesn't exist anywhere else in the state.

Arrow then proceeded to give an update of what he has been doing in these beginning stages. He shared that this position and himself, have been embraced by the County Attorneys and providers alike.

John asked if he is primarily working with outpatient clients and Arrow answered yes, as that seems to be where the greatest need is at this time.

There were no further questions or comments.

7. Update on 988 Data – Jennifer Sanders

Jennifer shared a handout that was in everyone's packets for review.

She then proceeded to give a breakdown of the data that was provided by Boys Town, such as Nebraska 988 call volume, inbound contacts, digital volume, MCR data, and emergency interventions.

John asked why some of the calls were not answered, Jennifer responded that sometimes people would also hang up. She stated that the average wait for call to be routed to Boys Town was 1 minute and 10 seconds.

Jennifer also stated that 988 does not currently use Geolocation, but if there was an emergency, 911 would be called.

Chris asked if out of state calls are routed by their area code and Medjine asked if they would be routed to their proper area and how? Jennifer wasn't sure, unless the caller notified the center of their location. Jennifer stated that she would get back to them with that information. Amy asked is the work being done to bridge the routing delay and Jennifer answered that Boys Town has acknowledged that it is a concern, but they have not yet found a solution.

Jennifer then shared with everyone where she had placed 988 posters and other handouts. Chris asked if she has placed posters at the universities, she stated no, and that she will place items there, and asked for more ideas on where to hang the 988 posters. Jeff suggested County Fairs.

There were no further questions or comments.

8. Tobacco Free Nebraska (TFN) – Crystal Fuller

a. Review of Funding and Budget Narrative

Crystal shared a handout that was in everyone's packets for review. This is a funding renewal for FY24/FY25, stating that the maximum allocation available for FY24 and FY25 is \$1,136,321.00.

Crystal then gave a summary of the coalition member organizations and their budget totals for each year.

There were no questions or comments.

b. BHAC Recommendation to the Regional Governing Board

John made the motion to approve the funding and budget for Tobacco Free Nebraska and move it forward to the Regional Governing Board for their approval.

Amy Zimmer seconded the motion.

The motion passed unanimously upon roll call vote.

9. Intermediate Psychiatric Residential-Adults Request for Proposal (RFP) – Taren Petersen

a. Review of Funding and Budget Narrative

Taren shared a handout that was included in everyone’s packets for review. She then proceeded to give an overview of the RFP, including the schedule of events, submissions received and the review committee’s recommendation.

The review committee met on March 28, 2023. Review committee members discussed the proposal and submitted their individual scores. At the end of the review, it was determined that an interview session with Capture would be helpful to answer questions, as well as obtain clarification on several points within the application.

The interview session was held on March 30, 2023 at the Region 6 office with leadership from Capture. Interviewers included various members from the review committee.

Questions were prepared ahead of time with all questions pertaining to the RFP itself. At the conclusion of the interview session, it is recommended that Region 6 not move forward with Capture’s proposal for Intermediate Psychiatric Residential services.

John asked if this would be here in Omaha, and Taren replied yes. Amy asked if it is similar to Telecare and Taren replied, no, this this is really for persons with high needs. Medjine asked if the RFP will remain open and Taren replied that has been closed but will be reissued at a later date.

There were no further questions or comments.

b. BHAC Recommendation to the Regional Governing Board

John made the motion to approve the recommendation and to move it forward to the Regional Governing Board for their approval.

Medjine Desgraves seconded the motion.

The motion passed unanimously upon roll call vote.

10. Status Reports for Period Ending February 28, 2023 – Taren Petersen and Curt Vincentini

Reports were included in the packets for everyone’s review.

a. Contract Service Report - Taren Petersen

Taren gave an update of the February 2023 Contract Service Reports. Drawdown is expected to be at 66.67%. Mental Health is at 36.34% and Substance Use is at 47%.

She then drew everyone’s attention to the additional Contract Drawdown Sheet which gives the information at a quick glance.

There were no questions or comments.

b. Emergency Service Report – Miles Glasgow

Curt gave an update of the February 2023 Emergency Dashboard Report. He stated that the number of consumers in the ED that are waiting for a bed are down, as they are moving through the system quicker, and the EPC numbers are also down.

Curt also shared that Region 6 was in an Open Beds pilot program. The state has said that they like how this program has been working, so now it will become a state-wide program.

Patti asked when 988 activates Crisis Response, is it those that we fund? Curt replied that yes, it is and that they are also being offered Telehealth.

There were no further questions or comments.

11. Public Comments

There were no public comments.

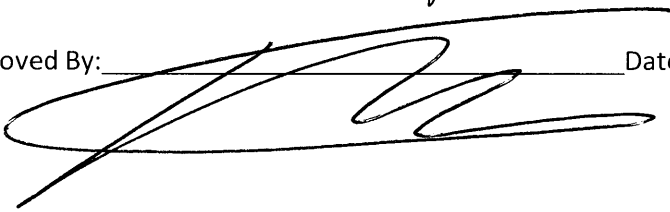
12. Adjourn

A motion to adjourn was made by John.

Medjine seconded the motion.

The motion passed unanimously upon voice vote.
The meeting was adjourned at 10:17AM.

Prepared By: Beverly S. Jackson Date: 8-2-23

Approved By:  Date: 8/2/23