

SERVICE CATEGORY: REHABILITATION SERVICES

SERVICE DEFINITION

Service Name	RECOVERY SUPPORT - MENTAL HEALTH AND/OR SUBSTANCE USE
Funding Source	Behavioral Health
Setting	Community based
Facility or Professional License	As required by DHHS Division of Public Health
Basic Definition	Recovery Support services promote successful independent community living by assisting individuals in achieving behavioral health goals, supporting recovery, and connecting the individual to services aiding the goals. Recovery Support links individuals to community resources, identifies and problem solves barriers that limit independent living, and builds on strengths and interests that support wellbeing. Crisis relapse prevention, active case management, and referral to other independent living and behavioral health services are provided to assist the individual in maintaining self-sufficiency and wellbeing.
Service Expectations	<ul style="list-style-type: none"> • A mental health assessment and/or substance use assessment conducted by a licensed, qualified professional at admission or completed within 12 months prior to the date of admission that includes a current diagnosis, level of care recommendation and a discharge plan. If the prior assessment is not relevant or does not contain the necessary information then a mental health or substance use assessment addendum would be necessary. The assessment will serve as the treatment plan until the treatment plan can be developed • A treatment/rehabilitation/recovery plan developed by the treatment team within 30 days of admission that integrates individual strengths & needs, formal and informal supports, measurable goals, and a documented discharge and relapse prevention plan. The treatment plan is reviewed by the treatment team, including the individual served, every 120 days or as clinically indicated • Implementation or development of a crisis relapse prevention plan, addressing mental health and/or substance use disorder needs • Connection to community resources for behavioral health and independent community living needs • Advocacy, problem solving, active intervention for stabilization, prevention of increased impairment, and psychoeducation for illness management • Face-to-face contact a minimum of 1 time per month • All services must be culturally sensitive

Service Name	RECOVERY SUPPORT - MENTAL HEALTH AND/OR SUBSTANCE USE
Length of Services	Length of service is individualized and based on clinical criteria for admission and continuing stay, as well as the client's ability to demonstrate progress on individual treatment/recovery goals. The amount, duration, and frequency of the service will be documented in the treatment plan.
Staffing	<ul style="list-style-type: none"> • Supervision by a licensed clinician • Recovery Support Worker: High school diploma or equivalent; two years lived experience or two years direct care experience in the human services field; knowledge of community resources, trauma informed care principles, recovery and rehabilitation principles. Peer Support certification preferred.
Staffing Ratio	1 Recovery Support Worker:50 individuals
Hours of Operation	24/7 Access to service during weekend/evening hours, or in time of crisis with the support of a behavioral health professional.
Individual Desired Outcome	<ul style="list-style-type: none"> • Individual has substantially met the individualized Recovery Support Plan goals and objectives. • Individual demonstrates ability to maintain independent living without ongoing active intervention. • Individual has established formal and informal community supports.

UTILIZATION GUIDELINES

RECOVERY SUPPORT

I. Admission Guidelines

Consumer must meet all of the following admission guidelines to be admitted to this service.

1. Diagnosed with a behavioral health disorder.
2. Demonstrated inability to sustain independent housing and living without professional support.
3. History of multiple treatment episodes and/or recent episode with a history of poor treatment adherence or outcome.
4. Requires assistance in obtaining and coordinating treatment, rehabilitation, and social services.
5. Does not require more intensive intervention.

II. Continued Stay Guidelines

Consumer must meet all of the following continued stay guidelines to continue receiving this service.

1. Continues to meet Admission Guidelines.
2. Demonstrated ability to engage in individualized treatment/recovery/rehabilitation goals and objectives.