



Behavioral Health Advisory Committee Meeting

Meeting Minutes
September 6, 2023

Advisory Members Present:

Jeff Leach
Medjine Desgraves
John Sheehan
Rob Hillabrand
Amy Zimmer
Michealle Vega-Hernandez

Advisory Members Absent:

Chris Kelly
Sharon Bump

Region 6 Staff Present

Patti Jurjevich
Taren Petersen
Melissa Schaefer
Jennifer Sanders

Recorder:

Bev Jackson

1. Welcome and Roll Call

Jeff Leach welcomed everyone and called the meeting to order at 9:01AM.

2. Roll Call

Roll call of the members determined that there was a quorum.

3. Approval of the August 2, 2023, Meeting Minutes

John Sheehan made the motion to approve the August 2, 2023 meeting minutes.
Rob Hillabrand seconded the motion.
The motion passed unanimously upon voice vote.

4. Approval of the Agenda

John Sheehan made the motion to approve the September 6, 2023 agenda.
Rob Hillabrand seconded the motion.
The motion passed unanimously upon voice vote.

5. System of Care II (SOCII) Grant, Year 3 – Melissa Schaefer

a. Review of Funding and Budget Narrative

Melissa presented a PowerPoint giving an overview of SOC II funding and budget. A copy of this was also included in everyone's packet.

Region 6 was awarded \$997,879.00 for year 3 of the grant, to serve the counties of Cass and Washington. This encompasses 8 school districts which serve 7,578 children and youth, ages birth to 21.

The focus of this grant will be:

- Improving access to mental health services for youth
- Providing peer to peer support to families
- Training in evidence-based practices and awareness in children's mental health

The goals of the grant are as follows:

- Single point of access
- Early identification
- Family engagement
- Enhanced infrastructure

Melissa asked if there were any questions and John Sheehan asked Melissa to describe what is a parent mentor. Melissa explained that these are parents that have had a child navigate the mental health system, and they do receive a small stipend. John then asked if the student needs to have an IEP to participate and Melissa stated that no, they do not, but most do have an IEP.

Arrow Caryl of Region 6 asked if there is another child, that is out of school, that has mental health issues, would the child that is in school qualify? Melissa answered yes, they would qualify, as this is a family based service.

Medjine Desgraves then asked what is MTSS, and Melissa answered that it is Multi-tiered System of Support.

There were no further questions or comments.

b. BHAC Recommendation to the Regional Governing Board

John made the motion to recommend to the Regional Governing Board.

Medjine seconded the motion.

A roll call vote was done, and the motion passed unanimously.

6. Annual KidSquad Report – Melissa Schaefer

Melissa shared a PowerPoint highlighting the finer points of the annual report. Copies of both the PowerPoint and Annual Report were included in everyone's packets.

The Nebraska Department of Health and Human Services, Division of Children and Family Services Childcare Development Fund provides funding to support the KidSquad program. The KidSquad program also receives funding from Nebraska Early Childhood Collaborative, United Way of the Midlands and anonymous donors.

KidSquad is a cooperative venture of seven partner agencies. Agencies providing consultation, assessment, and training are Center for Holistic Development, Child Saving Institute, Heartland Family Service and Lutheran Family Services. Training, evaluation and support are provided by Early Childhood Training Center, Munroe-Meyer Institute and Region 6 Behavioral Healthcare. KidSquad provides early childhood consultation to address the diverse behavioral health needs of young children and the environmental and educational needs of childcare facilities in Douglas and Sarpy Counties.

There were no questions or comments.

7. Intermediate Psychiatric Residential-Adults request for Proposal (RFP) – Jennifer Sanders

a. Review of Funding and Budget Narrative

Jennifer gave an overview of the RFP. There was also a copy in the members' packets. Region 6 Behavioral Healthcare issued a Request for Proposal (RFP) to seek a qualified, interested provider to develop an Intermediate Psychiatric Residential Facility for adults 19+ with mental health or co-occurring disorders seeking reintegration into the community.

Jennifer then shared the schedule of events, proposals received, and the review committee recommendation. The committee recommended that Community Alliance be awarded \$716,489 for a partial year, with \$978,789 being awarded for FY25.

Jennifer asked if there were any questions, and John asked Jennifer to explain what it means when a proposal didn't meet the minimum. Jennifer replied that in this case, one proposal was late, submitted after the deadline and the other proposal had incomplete forms.

John then asked if this is a step-down from inpatient. Jennifer replied yes, it is, and then asked Lorie Thomas to further explain.

Lorie explained that instead of the 3-6 months, it will now be 6-9 months to cycle through, thus a longer time frame for what the consumer needs. Lorie also pointed out that this is not a secure residence, and at this point Community Alliance will be able to serve with a capacity of 8-10 consumers, with the possibility of exceeding those numbers. John asked if the location is separate from Community Alliance, and Jennifer replied that yes, it will be.

Michealle Vega-Hernandez asked if there is concern that Community Alliance would only be able to serve 8-10 consumers when there seems to be such a need for services. and Jennifer answered that there may be the possibility for a larger capacity in the future.

John asked why the CA proposal was selected over or better than Center Pointe's proposal. Taren responded that both proposals were good, but different. The Review Committee liked CA's focus on whole health and clear expectations laid out in daily routines as two examples of why the CA proposal was favored.

There were no further questions or comments.

b. BHAC Recommendation to the Regional Governing Board

John made the motion to recommend to the Regional Governing Board.

Michealle seconded the motion.

A roll call vote was done, and the motion passed unanimously.

8. Dialectical Behavior Therapy (DBT) Training Update – Jennifer Sanders

Jennifer gave an overview of the ongoing DBT trainings and there was a handout included in everyone's packets for review.

Jennifer explained that DBT is Cognitive Behavioral Treatment designed by Marsha Linehan. It was originally a standard behavioral treatment for chronically suicidal adults. It incorporates mindfulness and acceptance strategies with behavioral change strategies. It is a modular treatment comprised of modes and functions. The overall goal of DBT is to "Build a Life Worth Living."

This is a 2-year training program with an overarching goal of assisting agencies to become sustained Full Fidelity DBT programs. It is targeted for both clinicians and front-line staff, and includes extensive coaching, consultation and supervision, with quarterly on-site reviews.

Jennifer asked if there were any questions.

Michealle asked what is required to become Full Fidelity. Jennifer responded that it requires the 2 year training program.

Amy asked why a stipend is being offered, and Jennifer answered that it is a fairly extensive training, and so Region 6 wanted to offer that as an incentive.

John asked what designates a "full caseload" and Taren answered that it depends upon services and care needed, but it should be no more than 4 outpatient or 2 inpatient consumers.

Jennifer added that only Network Providers may become Full Fidelity, others may become DBT Informed.

There were no further questions or comments.

9. Status Reports for Period Ending July 31, 2023 – Taren Petersen

Reports were included in the packets for everyone’s review.

a. Contract Service Report - Taren Petersen

Taren gave an update of the July 2023 Contract Service Reports. The drawdown target is expected to be at 8.3%. Mental Health is at 5.22% and Substance Use is at 5.72%.

She then drew everyone’s attention to the additional Contract Drawdown Sheet which gives the information at a quick glance.

There were no questions or comments.

b. Emergency Service Report – Taren Petersen

Taren gave everyone an update on the current progress in the emergency systems.

The number of calls for Law Enforcement were down, while calls for others are up.

Michealle asked why the budget is smaller for Detox. Taren stated that it is based on how the centers draw down the dollars from previous years. Taren also stated that as long as there are dollars available, Region 6 can shift dollars as needed.

There were no further questions or comments.

10. Public Comments

There were no public comments.

Jeff shared that the next meeting will be held on October 4, 2023 and he asked that committee members bring some ideas for the Holiday Luncheon location to the next meeting.

11. Adjourn

A motion to adjourn was made by John.

Medjine seconded the motion.

The motion passed unanimously upon voice vote.

The meeting was adjourned at 9:47AM.

Prepared By: Beverly S. Jackson Date: 11-1-2023

Approved By: [Signature] Date: 11/1/23